

Grand Prix Polski - Kozenice 2010  
Kozenice, 9. - 10.1.2010

Konkurencja 1  
2010-01-09 - 10:25

Kobiet, 400m zmienny

14 lat i starsi  
Wyniki

Top Times "Poland" Open	4:31.89	BARANOWSKA Katarzyna	MKSZC	Debrecen (HUN)	2007-12-16
Top Times "Poland" 14	4:53.95	SZMAGALSKA Agata	SLGOR	Gorzow Wielkopolski	2009-11-29
Top Times "Poland" 15	4:46.72	URBANCZYK Aleksandra	POL	???	2002-11-01
Top Times "Poland" 16	4:42.49	JEDRZEJCZAK Otylia	POL	???	1999-12-01
Top Times "Poland" 17	4:38.72	SZCZEPANIAK Karolina	AZWAR	Gorzow Wielkopolski	2009-11-29
Top Times "Poland" 18	4:33.70	BARANOWSKA Katarzyna	POL	Trieste (ITA)	2005-12-11
Top Times "Poland" 19 +	4:31.89	BARANOWSKA Katarzyna	MKSZC	Debrecen (HUN)	2007-12-16

Punkty: FINA 2009

Pozycja	Rok ur.	Czas	Pkt.
1. SIKORA Paulina SO	93 Unia Oœwiêcim	<b>5:00.26</b>	704
50m: 32.76 32.76	150m: 1:48.87 39.63	250m: 3:09.82 43.22	350m: 4:28.64 35.46
100m: 1:09.24 36.48	200m: 2:26.60 37.73	300m: 3:53.18 43.36	400m: 5:00.26 31.62
2. RADLIŃSKA Marcelina	93 Orka Zamocœæ	<b>5:01.20</b>	698
50m: 31.01 31.01	150m: 1:46.09 39.21	250m: 3:06.86 41.90	350m: 4:26.21 35.65
100m: 1:06.88 35.87	200m: 2:24.96 38.87	300m: 3:50.56 43.70	400m: 5:01.20 34.99
3. ZACHARSKA Inga	94 Ursynów Warszawa	<b>5:08.92</b>	647
50m: 32.88 32.88	150m: 1:50.78 39.53	250m: 3:13.55 44.24	350m: 4:34.35 36.70
100m: 1:11.25 38.37	200m: 2:29.31 38.53	300m: 3:57.65 44.10	400m: 5:08.92 34.57
4. PUŁKA Magdalena SO	92 Unia Oœwiêcim	<b>5:09.57</b>	643
50m: 33.71 33.71	150m: 1:51.45 39.11	250m: 3:15.08 45.14	350m: 4:35.26 34.96
100m: 1:12.34 38.63	200m: 2:29.94 38.49	300m: 4:00.30 45.22	400m: 5:09.57 34.31
5. KORZENIOWSKA Marta SO	93 Unia Oœwiêcim	<b>5:10.58</b>	636
50m: 33.56 33.56	150m: 1:54.01 42.03	250m: 3:16.56 42.08	350m: 4:36.03 36.16
100m: 1:11.98 38.42	200m: 2:34.48 40.47	300m: 3:59.87 43.31	400m: 5:10.58 34.55
6. PODLECKA Agnieszka	94 MKP Szczecin	<b>5:11.87</b>	628
50m: 34.41 34.41	150m: 1:52.79 39.16	250m: 3:17.20 46.93	350m: 4:38.40 34.61
100m: 1:13.63 39.22	200m: 2:30.27 37.48	300m: 4:03.79 46.59	400m: 5:11.87 33.47
7. WIERTEL Agata	95 Lublinianka	<b>5:15.22</b>	609
50m: 34.22 34.22	150m: 1:52.52 38.38	250m: 3:16.77 47.02	350m: 4:40.13 36.96
100m: 1:14.14 39.92	200m: 2:29.75 37.23	300m: 4:03.17 46.40	400m: 5:15.22 35.09
8. PRZASNEK Zuzanna SS	94 MKP Szczecin	<b>5:18.00</b>	593
50m: 34.12 34.12	150m: 1:51.35 37.45	250m: 3:17.78 48.34	350m: 4:42.56 36.19
100m: 1:13.90 39.78	200m: 2:29.44 38.09	300m: 4:06.37 48.59	400m: 5:18.00 35.44
9. KRZYŃOSTANIAK Agnieszka SS	93 MKP Szczecin	<b>5:20.25</b>	580
50m: 34.19 34.19	150m: 1:54.83 39.97	250m: 3:20.31 47.43	350m: 4:44.89 36.34
100m: 1:14.86 40.67	200m: 2:32.88 38.05	300m: 4:08.55 48.24	400m: 5:20.25 35.36
10. KAMIŃSKA Joanna	94 Start ŁódŹ	<b>5:26.54</b>	548
50m: 34.82 34.82	150m: 1:56.27 40.57	250m: 3:22.44 47.46	350m: 4:48.18 38.34
100m: 1:15.70 40.88	200m: 2:34.98 38.71	300m: 4:09.84 47.40	400m: 5:26.54 38.36
11. BŹCZYK Paula	93 Trójka ŁódŹ	<b>5:26.62</b>	547
50m: 35.06 35.06	150m: 1:56.35 41.46	250m: 3:24.40 47.82	350m: 4:50.05 38.31
100m: 1:14.89 39.83	200m: 2:36.58 40.23	300m: 4:11.74 47.34	400m: 5:26.62 36.57
12. BORDŃOŁ Katarzyna	94 Skarpa Lublin	<b>5:33.04</b>	516
50m: 36.86 36.86	150m: 2:00.30 39.79	250m: 3:28.51 48.25	350m: 4:55.99 37.73
100m: 1:20.51 43.65	200m: 2:40.26 39.96	300m: 4:18.26 49.75	400m: 5:33.04 37.05
13. JEZUITA Joanna	94 Polonia Warszawa	<b>5:35.48</b>	505
50m: 34.83 34.83	150m: 2:01.02 44.76	250m: 3:31.05 46.83	350m: 4:57.08 38.63
100m: 1:16.26 41.43	200m: 2:44.22 43.20	300m: 4:18.45 47.40	400m: 5:35.48 38.40
14. NIZIO Nicola SS	93 MKP Szczecin	<b>5:43.12</b>	472
50m: 36.73 36.73	150m: 2:05.47 46.01	250m: 3:37.05 48.32	350m: 5:05.21 39.93
100m: 1:19.46 42.73	200m: 2:48.73 43.26	300m: 4:25.28 48.23	400m: 5:43.12 37.91