

Grand Prix Polski - Kozenice 2010
Kozenice, 9. - 10.1.2010

Konkurencja 33
2010-01-10 - 10:15

Kobiet, 400m dowolny

14 lat i starsi
Wyniki

Top Times "Poland" Open	4:05.77	BARZYCKA Paulina	AZWAR	Gorzow	2005-11-26
Top Times "Poland" 14	4:16.92	KILIJADSKA Donata	KSOST	Gorzow Wielkopolski	2009-11-28
Top Times "Poland" 15	4:13.34	OLCZAK Mirela	SLGOR	Gorzow Wlkp.	2008-11-29
Top Times "Poland" 16	4:10.52	ZUKOWSKA Paula	ZROPO	Gorzow Wielkopolski	2009-11-28
Top Times "Poland" 17	4:09.11	SZCZEPANIAK Karolina	AZWAR	Gorzow Wielkopolski	2009-11-28
Top Times "Poland" 18	4:10.96	GAWEBCZYK Dominika	AWKAT	Gorzow Wielkopolski	2009-11-28
Top Times "Poland" 19 +	4:05.77	BARZYCKA Paulina	AZWAR	Gorzow	2005-11-26

Punkty: FINA 2009

Pozycja			Rok ur.				Czas				Pkt.
1.	WIKIEŁ Manuela SS		92 UŁEKS Ostro³eka				4:30.19				686
	50m:	31.11 31.11	150m:	1:38.13	33.83	250m:	2:46.40	34.03	350m:	3:55.89	34.86
	100m:	1:04.30 33.19	200m:	2:12.37	34.24	300m:	3:21.03	34.63	400m:	4:30.19	34.30
2.	RADLIŃSKA Marcelina		93 Orka Zamocœæ				4:34.77				652
	50m:	31.09 31.09	150m:	1:40.20	35.01	250m:	2:50.26	34.95	350m:	4:00.54	35.15
	100m:	1:05.19 34.10	200m:	2:15.31	35.11	300m:	3:25.39	35.13	400m:	4:34.77	34.23
3.	SÊDŁAK Katarzyna		94 Orka Zamocœæ				4:35.70				645
	50m:	32.43 32.43	150m:	1:41.72	34.97	250m:	2:51.07	34.70	350m:	4:01.72	35.61
	100m:	1:06.75 34.32	200m:	2:16.37	34.65	300m:	3:26.11	35.04	400m:	4:35.70	33.98
4.	SAK Agnieszka		93 Unia Tarnów				4:41.42				607
	50m:	32.75 32.75	150m:	1:42.99	35.46	250m:	2:55.00	36.10	350m:	4:05.91	35.34
	100m:	1:07.53 34.78	200m:	2:18.90	35.91	300m:	3:30.57	35.57	400m:	4:41.42	35.51
5.	WIERTEL Agata		95 Lublinianka				4:42.19				602
	50m:	32.79 32.79	150m:	1:45.39	36.54	250m:	2:57.54	35.96	350m:	4:08.00	35.13
	100m:	1:08.85 36.06	200m:	2:21.58	36.19	300m:	3:32.87	35.33	400m:	4:42.19	34.19
6.	TROJANOWSKA Kinga		95 Skra Be³chatów				4:42.71				599
	50m:	32.75 32.75	150m:	1:44.29	36.10	250m:	2:56.34	35.70	350m:	4:07.41	35.60
	100m:	1:08.19 35.44	200m:	2:20.64	36.35	300m:	3:31.81	35.47	400m:	4:42.71	35.30
7.	SZYNAL Ludwika		94 Skarpa Lublin				4:51.92				544
	50m:	34.01 34.01	150m:	1:47.15	36.84	250m:	3:01.09	36.67	350m:	4:15.42	37.10
	100m:	1:10.31 36.30	200m:	2:24.42	37.27	300m:	3:38.32	37.23	400m:	4:51.92	36.50
8.	BŦCZYK Paula		93 Trójka ŁódŦ				4:53.48				535
	50m:	33.28 33.28	150m:	1:46.55	37.14	250m:	3:01.07	37.26	350m:	4:16.20	37.50
	100m:	1:09.41 36.13	200m:	2:23.81	37.26	300m:	3:38.70	37.63	400m:	4:53.48	37.28
9.	BORDŦOŁ Katarzyna		94 Skarpa Lublin				4:56.12				521
	50m:	34.39 34.39	150m:	1:49.00	37.71	250m:	3:04.66	37.78	350m:	4:20.18	37.56
	100m:	1:11.29 36.90	200m:	2:26.88	37.88	300m:	3:42.62	37.96	400m:	4:56.12	35.94
10.	TWARDOWSKA Sylwia		93 Lublinianka				4:56.45				519
	50m:	33.92 33.92	150m:	1:49.40	38.24	250m:	3:04.98	37.50	350m:	4:19.99	37.20
	100m:	1:11.16 37.24	200m:	2:27.48	38.08	300m:	3:42.79	37.81	400m:	4:56.45	36.46
11.	KAMIŃSKA Joanna		94 Start ŁódŦ				4:57.69				513
	50m:	34.01 34.01	150m:	1:48.88	37.96	250m:	3:05.45	38.28	350m:	4:20.95	37.84
	100m:	1:10.92 36.91	200m:	2:27.17	38.29	300m:	3:43.11	37.66	400m:	4:57.69	36.74