

Zimowe Mistrzostwa Polski w Pływaniu Juniorów M³odszych - 14 lat
Zamoœæ, 15. - 17.1.2010

Konkurencja 11
2010-01-15 - 12:04

Dziewcz¹t, 400m zmienny

14 lat

Wyniki Eliminacje

Top Times "Poland" 4:53.95 SZMAGALSKA Agata SLGOR Gorzow Wielkopolski 2009-11-29

Punkty: FINA 2009

Pozycja	Rok ur.	Czas		Pkt.
1. SZPUCHA Katarzyna	96	Olimpijczyk Aleksandrów		5:03.67 681 A
50m: 32.53 32.53	150m: 1:46.55 37.50	250m: 3:05.58 40.78	350m: 4:26.49 37.64	
100m: 1:09.05 36.52	200m: 2:24.80 38.25	300m: 3:48.85 43.27	400m: 5:03.67 37.18	
2. DWORACZEK Paulina	96	Jordan Kraków		5:09.68 642 A
50m: 33.25 33.25	150m: 1:51.53 39.77	250m: 3:13.95 43.34	350m: 4:35.79 37.21	
100m: 1:11.76 38.51	200m: 2:30.61 39.08	300m: 3:58.58 44.63	400m: 5:09.68 33.89	
3. BAKIES Gabriela	96	Piłtka Konstantynów		5:09.75 641 A
50m: 34.09 34.09	150m: 1:50.18 38.42	250m: 3:13.63 44.97	350m: 4:34.95 35.75	
100m: 1:11.76 37.67	200m: 2:28.66 38.48	300m: 3:59.20 45.57	400m: 5:09.75 34.80	
4. PIASKOWSKA Weronika	96	Olimpijczyk Aleksandrów		5:10.80 635 A
50m: 33.46 33.46	150m: 1:52.00 39.89	250m: 3:15.08 43.90	350m: 4:36.16 36.23	
100m: 1:12.11 38.65	200m: 2:31.18 39.18	300m: 3:59.93 44.85	400m: 5:10.80 34.64	
5. NIENAŁTOWSKA Natalia	96	Polonia Warszawa		5:11.61 630 A
50m: 32.14 32.14	150m: 1:49.80 39.37	250m: 3:13.57 44.75	350m: 4:36.71 37.59	
100m: 1:10.43 38.29	200m: 2:28.82 39.02	300m: 3:59.12 45.55	400m: 5:11.61 34.90	
6. ZBROJEWSKA Michalina	96	Piłtka Konstantynów		5:17.81 594 A
50m: 35.88 35.88	150m: 1:58.33 40.95	250m: 3:21.34 43.18	350m: 4:41.75 37.29	
100m: 1:17.38 41.50	200m: 2:38.16 39.83	300m: 4:04.46 43.12	400m: 5:17.81 36.06	
7. ULATOWSKA Alicja	96	Unia Oœwiêcim		5:20.90 577 B
50m: 33.70 33.70	150m: 1:55.37 41.98	250m: 3:21.27	350m: 4:44.27 37.48	
100m: 1:13.39 39.69	200m:	300m: 4:06.79 45.52	400m: 5:20.90 36.63	
8. HALAGIERA Joanna	96	S³owianka Gorzów Wlkp.		5:24.02 560 B
50m: 35.25 35.25	150m: 1:57.43 40.88	250m: 3:23.71 46.95	350m: 4:47.42 37.18	
100m: 1:16.55 41.30	200m: 2:36.76 39.33	300m: 4:10.24 46.53	400m: 5:24.02 36.60	
9. PACIORKIEWICZ Agata	96	Start ŁódŸ		5:26.69 547 B
50m: 35.33 35.33	150m: 1:59.18 41.86	250m: 3:25.50 46.10	350m: 4:50.73 38.47	
100m: 1:17.32 41.99	200m: 2:39.40 40.22	300m: 4:12.26 46.76	400m: 5:26.69 35.96	
10. BARCZUCH Aleksandra	96	Olimpijczyk Aleksandrów		5:28.70 537 B
50m: 38.03 38.03	150m: 2:02.84 40.66	250m: 3:29.32 46.13	350m: 4:53.19 37.74	
100m: 1:22.18 44.15	200m: 2:43.19 40.35	300m: 4:15.45 46.13	400m: 5:28.70 35.51	
11. BARTOSZEK Joanna	96	Gilus Gilowice		5:30.23 529 B
50m: 36.67 36.67	150m: 2:00.28 41.92	250m: 3:28.13 46.53	350m: 4:52.88 37.33	
100m: 1:18.36 41.69	200m: 2:41.60 41.32	300m: 4:15.55 47.42	400m: 5:30.23 37.35	
12. ROGACZ Katarzyna	96	Victoria Racibórz		5:33.03 516 B
50m: 37.61 37.61	150m: 2:03.91 42.87	250m: 3:29.87 44.43	350m: 4:54.80 39.79	
100m: 1:21.04 43.43	200m: 2:45.44 41.53	300m: 4:15.01 45.14	400m: 5:33.03 38.23	
13. POPIEL Joanna	96	G-8 Bielany		5:33.13 516 R
50m: 35.05 35.05	150m: 1:57.72 42.43	250m: 3:29.60 50.36	350m: 4:56.84 39.00	
100m: 1:15.29 40.24	200m: 2:39.24 41.52	300m: 4:17.84 48.24	400m: 5:33.13 36.29	
14. CZŁOWIEK Roksana	96	Unia Oœwiêcim		5:34.33 510 R
50m: 34.93 34.93	150m: 2:01.62 44.72	250m: 3:30.11 44.84	350m: 4:57.60 40.50	
100m: 1:16.90 41.97	200m: 2:45.27 43.65	300m: 4:17.10 46.99	400m: 5:34.33 36.73	
15. CIUPA Aleksandra	96	AZS WSG Bydgoszcz		5:35.11 507
50m: 35.16 35.16	150m: 1:58.89 43.34	250m: 3:29.46 48.18	350m: 4:57.77 39.14	
100m: 1:15.55 40.39	200m: 2:41.28 42.39	300m: 4:18.63 49.17	400m: 5:35.11 37.34	
16. TERECH Kinga	96	Orze³ Elbl¹g		5:35.32 506
50m: 35.77 35.77	150m: 1:58.88 42.20	250m: 3:27.98 47.61	350m: 4:55.97 39.76	
100m: 1:16.68 40.91	200m: 2:40.37 41.49	300m: 4:16.21 48.23	400m: 5:35.32 39.35	
17. RZYSKA Anna	96	Kormoran Olsztyn		5:36.08 502
50m: 35.37 35.37	150m: 1:58.95 43.59	250m: 3:29.02 47.72	350m: 4:58.05 41.37	
100m: 1:15.36 39.99	200m: 2:41.30 42.35	300m: 4:16.68 47.66	400m: 5:36.08 38.03	

Zimowe Mistrzostwa Polski w Pływaniu Juniorów Młodszych - 14 lat
Zamość, 15. - 17.1.2010

Konkurencja 11, Dziewczyna, 400m zmienny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	KILIAŃSKA Martyna		96	BUKS Warszawa				5:37.79	495		
	50m:	35.64 35.64	150m:	2:01.93	44.21	250m:	3:31.86	47.67	350m:	4:59.29	39.85
	100m:	1:17.72 42.08	200m:	2:44.19	42.26	300m:	4:19.44	47.58	400m:	5:37.79	38.50
19.	WOSZCZYŃSKA Aleksandra		96	KSZO Ostrowiec Św.				5:38.82	490		
	50m:	35.03 35.03	150m:	1:59.61	43.83	250m:	3:29.83	48.04	350m:	4:59.93	40.68
	100m:	1:15.78 40.75	200m:	2:41.79	42.18	300m:	4:19.25	49.42	400m:	5:38.82	38.89
20.	KARYKOWSKA Katarzyna		96	Skarpa Lublin				5:41.87	477		
	50m:	36.30 36.30	150m:	2:02.05	44.33	250m:	3:33.77	49.21	350m:	5:03.52	40.34
	100m:	1:17.72 41.42	200m:	2:44.56	42.51	300m:	4:23.18	49.41	400m:	5:41.87	38.35
21.	BUCZAK Ewelina		96	Słowianka Gorzów Wlkp.				5:43.59	470		
	50m:	34.61 34.61	150m:	2:00.86	44.98	250m:	3:32.86	48.25	350m:	5:03.39	40.85
	100m:	1:15.88 41.27	200m:	2:44.61	43.75	300m:	4:22.54	49.68	400m:	5:43.59	40.20
22.	MAJOS Paulina		96	Korona-Swim Kielce				5:45.92	461		
	50m:	36.01 36.01	150m:	2:02.06	44.38	250m:	3:36.58	51.39	350m:	5:08.05	38.97
	100m:	1:17.68 41.67	200m:	2:45.19	43.13	300m:	4:29.08	52.50	400m:	5:45.92	37.87
23.	RAMIAN Anna		96	Korona-Swim Kielce				5:53.79	431		
	50m:	36.43 36.43	150m:	2:03.18	43.97	250m:	3:40.36	53.07	350m:	5:15.15	41.21
	100m:	1:19.21 42.78	200m:	2:47.29	44.11	300m:	4:33.94	53.58	400m:	5:53.79	38.64
24.	GRYSZKA Magdalena		96	Akwawit Leszno				6:05.08	392		
	50m:	37.84 37.84	150m:	2:09.17	48.22	250m:	3:47.55	52.35	350m:	5:23.07	42.48
	100m:	1:20.95 43.11	200m:	2:55.20	46.03	300m:	4:40.59	53.04	400m:	6:05.08	42.01
DYSKW.	KWIATKOWSKA Magdalena		96	AZS AWF Poznań					K 11		