

Zimowe Mistrzostwa Polski w Pływaniu Juniorów M<sup>3</sup>odszych - 14 lat  
Zamoce, 15. - 17.1.2010

Konkurencja 11  
2010-01-15 - 18:04

Dziewcz<sup>1</sup>t, 400m zmienny

14 lat  
Wyniki Fina<sup>3</sup>

Top Times "Poland" 4:53.95 SZMAGALSKA Agata SLGOR Gorzow Wielkopolski 2009-11-29  
Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
<b>Fina<sup>3</sup> A</b>									
1.	SZPUCHA Katarzyna		96	Olimpijczyk Aleksandrów				<b>4:59.66</b>	708
	50m:	32.55 32.55	150m:	1:47.66	37.95	250m:	3:06.55 40.20	350m:	4:24.50 35.93
	100m:	1:09.71 37.16	200m:	2:26.35	38.69	300m:	3:48.57 42.02	400m:	4:59.66 35.16
2.	DWORACZEK Paulina		96	Jordan Kraków				<b>5:03.55</b>	682
	50m:	32.70 32.70	150m:	1:50.32	39.23	250m:	3:11.50 42.48	350m:	4:30.05 35.12
	100m:	1:11.09 38.39	200m:	2:29.02	38.70	300m:	3:54.93 43.43	400m:	5:03.55 33.50
3.	PIASKOWSKA Weronika		96	Olimpijczyk Aleksandrów				<b>5:05.24</b>	670
	50m:	33.30 33.30	150m:	1:50.62	39.60	250m:	3:11.93 42.37	350m:	4:30.83 35.17
	100m:	1:11.02 37.72	200m:	2:29.56	38.94	300m:	3:55.66 43.73	400m:	5:05.24 34.41
4.	NIENAŁTOWSKA Natalia		96	Polonia Warszawa				<b>5:08.88</b>	647
	50m:	32.26 32.26	150m:	1:50.46	39.82	250m:	3:13.29 44.13	350m:	4:34.06 36.40
	100m:	1:10.64 38.38	200m:	2:29.16	38.70	300m:	3:57.66 44.37	400m:	5:08.88 34.82
5.	BAKIES Gabriela		96	Piłtka Konstantynów				<b>5:11.78</b>	629
	50m:	33.39 33.39	150m:	1:50.21	39.61	250m:	3:14.18 45.21	350m:	4:36.66 37.03
	100m:	1:10.60 37.21	200m:	2:28.97	38.76	300m:	3:59.63 45.45	400m:	5:11.78 35.12
6.	ZBROJEWSKA Michalina		96	Piłtka Konstantynów				<b>5:22.07</b>	571
	50m:	36.45 36.45	150m:	2:00.37	41.63	250m:	3:24.23 43.20	350m:	4:45.78 37.40
	100m:	1:18.74 42.29	200m:	2:41.03	40.66	300m:	4:08.38 44.15	400m:	5:22.07 36.29
<b>Fina<sup>3</sup> B</b>									
7.	HALAGIERA Joanna		96	S <sup>3</sup> owianka Gorzów Wlkp.				<b>5:17.07</b>	598
	50m:	35.76 35.76	150m:	1:58.08	40.81	250m:	3:22.55 45.07	350m:	4:43.32 35.26
	100m:	1:17.27 41.51	200m:	2:37.48	39.40	300m:	4:08.06 45.51	400m:	5:17.07 33.75
8.	ULATOWSKA Alicja		96	Unia Ocęwięcim				<b>5:17.34</b>	597
	50m:	33.38 33.38	150m:	1:54.22	41.53	250m:	3:20.00 45.61	350m:	4:43.42 37.14
	100m:	1:12.69 39.31	200m:	2:34.39	40.17	300m:	4:06.28 46.28	400m:	5:17.34 33.92
9.	BARTOSZEK Joanna		96	Gilus Gilowice				<b>5:20.47</b>	579
	50m:	35.88 35.88	150m:	1:58.03	40.71	250m:	3:23.10 44.75	350m:	4:45.48 36.86
	100m:	1:17.32 41.44	200m:	2:38.35	40.32	300m:	4:08.62 45.52	400m:	5:20.47 34.99
10.	PACIORKIEWICZ Agata		96	Start Łódź				<b>5:26.11</b>	550
	50m:	36.21 36.21	150m:	2:00.44	42.97	250m:	3:27.22 45.04	350m:	4:51.15 38.27
	100m:	1:17.47 41.26	200m:	2:42.18	41.74	300m:	4:12.88 45.66	400m:	5:26.11 34.96
11.	BARCZUCH Aleksandra		96	Olimpijczyk Aleksandrów				<b>5:32.76</b>	517
	50m:	37.25 37.25	150m:	2:04.58	42.13	250m:	3:32.49 46.58	350m:	4:57.08 38.20
	100m:	1:22.45 45.20	200m:	2:45.91	41.33	300m:	4:18.88 46.39	400m:	5:32.76 35.68
12.	ROGACZ Katarzyna		96	Victoria Racibórz				<b>5:33.21</b>	515
	50m:	38.73 38.73	150m:	2:06.13	42.77	250m:	3:32.70 44.38	350m:	4:57.27 39.35
	100m:	1:23.36 44.63	200m:	2:48.32	42.19	300m:	4:17.92 45.22	400m:	5:33.21 35.94