

Zimowe Mistrzostwa Polski w Pływaniu Juniorów M³odszych - 14 lat
Zamoce, 15. - 17.1.2010

Konkurencja 12
2010-01-15 - 12:35

Ch³opców, 400m zmienny

14 lat
Wyniki Eliminacje

Top Times "Poland" 4:39.64 KLIZA Mateusz AVSWI Pulawy 2008-12-06
Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
1.	KROGULSKI Filip		96	Unia Oewięcim				4:54.60	557 A
	50m:	31.14 31.14	150m:	1:46.54 38.74	250m:	3:06.28 42.41	350m:	4:22.75 32.97	
	100m:	1:07.80 36.66	200m:	2:23.87 37.33	300m:	3:49.78 43.50	400m:	4:54.60 31.85	
2.	PAWEŁEK Igor		96	Aqua Bydgoszcz				4:55.37	553 A
	50m:	32.44 32.44	150m:	1:47.04 36.48	250m:	3:05.13 43.29	350m:	4:22.06 33.78	
	100m:	1:10.56 38.12	200m:	2:21.84 34.80	300m:	3:48.28 43.15	400m:	4:55.37 33.31	
3.	WERTEPNY Damian		96	Shark Rudna				4:56.47	547 A
	50m:	31.53 31.53	150m:	1:45.96 37.71	250m:	3:05.75 43.02	350m:	4:23.72 34.76	
	100m:	1:08.25 36.72	200m:	2:22.73 36.77	300m:	3:48.96 43.21	400m:	4:56.47 32.75	
4.	WOJDAK Wojciech		96	Wiking Brzesko				4:59.79	529 A
	50m:	33.09 33.09	150m:	1:51.56 39.55	250m:	3:10.00 40.28	350m:	4:27.07 34.64	
	100m:	1:12.01 38.92	200m:	2:29.72 38.16	300m:	3:52.43 42.43	400m:	4:59.79 32.72	
5.	STĀPIEŃ Konrad		96	Polonia Warszawa				5:01.57	520 A
	50m:	31.76 31.76	150m:	1:47.44 38.84	250m:	3:07.85 41.59	350m:	4:26.25 36.25	
	100m:	1:08.60 36.84	200m:	2:26.26 38.82	300m:	3:50.00 42.15	400m:	5:01.57 35.32	
6.	PIECHOWIAK Bartosz		96	AZS WSG Bydgoszcz				5:04.46	505 A
	50m:	30.22 30.22	150m:	1:46.87 40.68	250m:	3:10.82 45.05	350m:	4:31.01 34.75	
	100m:	1:06.19 35.97	200m:	2:25.77 38.90	300m:	3:56.26 45.44	400m:	5:04.46 33.45	
7.	SZWARACKI Jędrzej		96	Dwójka Morena Gdańsk				5:06.68	494 B
	50m:	32.09 32.09	150m:	1:49.39 40.03	250m:	3:13.31 43.74	350m:	4:32.96 34.92	
	100m:	1:09.36 37.27	200m:	2:29.57 40.18	300m:	3:58.04 44.73	400m:	5:06.68 33.72	
8.	PERYDZEŃSKI Damian		96	Olimpijczyk Aleksandrów				5:08.17	487 B
	50m:	33.07 33.07	150m:	1:50.10 38.60	250m:	3:12.55 45.26	350m:	4:34.21 35.87	
	100m:	1:11.50 38.43	200m:	2:27.29 37.19	300m:	3:58.34 45.79	400m:	5:08.17 33.96	
9.	SALAMON Jonasz		96	Górnik Radlin				5:09.07	483 B
	50m:	34.39 34.39	150m:	1:51.81 38.13	250m:	3:14.37 45.20	350m:	4:35.15 35.37	
	100m:	1:13.68 39.29	200m:	2:29.17 37.36	300m:	3:59.78 45.41	400m:	5:09.07 33.92	
10.	SALIK Jakub		96	Juvenia Wroc ³ aw				5:09.45	481 B
	50m:	33.70 33.70	150m:	1:54.94 43.40	250m:	3:14.82 38.81	350m:	4:33.21 38.02	
	100m:	1:11.54 37.84	200m:	2:36.01 41.07	300m:	3:55.19 40.37	400m:	5:09.45 36.24	
11.	MIELCZAREK Filip		96	Skra Be ³ chatów				5:11.78	470 B
	50m:	34.16 34.16	150m:	1:52.74 38.90	250m:	3:17.21 46.71	350m:	4:38.45 35.57	
	100m:	1:13.84 39.68	200m:	2:30.50 37.76	300m:	4:02.88 45.67	400m:	5:11.78 33.33	
12.	RYKACZEWSKI Szymon		96	Znicz Koszalin				5:12.25	468 B
	50m:	31.53 31.53	150m:	1:50.59 41.27	250m:	3:13.58 41.56	350m:	4:36.24 39.64	
	100m:	1:09.32 37.79	200m:	2:32.02 41.43	300m:	3:56.60 43.02	400m:	5:12.25 36.01	
13.	BUCZKOWSKI Kamil		96	Shark Rudna				5:14.47	458 R
	50m:	32.88 32.88	150m:	1:51.43 40.12	250m:	3:15.15 44.63	350m:	4:38.59 36.93	
	100m:	1:11.31 38.43	200m:	2:30.52 39.09	300m:	4:01.66 46.51	400m:	5:14.47 35.88	
14.	BOBROWSKI Martin		96	Wodnik Siemianowice				5:18.22	442 R
	50m:	33.68 33.68	150m:	1:54.63 42.28	250m:	3:20.63 44.69	350m:	4:43.20 36.73	
	100m:	1:12.35 38.67	200m:	2:35.94 41.31	300m:	4:06.47 45.84	400m:	5:18.22 35.02	
15.	BISZKONT Damian		96	Avia Œwidnik				5:18.76	440
	50m:	33.48 33.48	150m:	1:53.84 41.44	250m:	3:19.98 44.56	350m:	4:42.57 36.90	
	100m:	1:12.40 38.92	200m:	2:35.42 41.58	300m:	4:05.67 45.69	400m:	5:18.76 36.19	
16.	BOROWCZYK Oskar		96	AZS AWF Poznań				5:20.95	431
	50m:	34.56 34.56	150m:	1:57.06 41.58	250m:	3:23.02 45.10	350m:	4:45.60 36.37	
	100m:	1:15.48 40.92	200m:	2:37.92 40.86	300m:	4:09.23 46.21	400m:	5:20.95 35.35	
17.	WOLANEK Szymon		96	Start ŁódŹ				5:21.28	430
	50m:	34.40 34.40	150m:	1:56.35 42.77	250m:	3:23.18 45.26	350m:	4:45.93 36.87	
	100m:	1:13.58 39.18	200m:	2:37.92 41.57	300m:	4:09.06 45.88	400m:	5:21.28 35.35	

Zimowe Mistrzostwa Polski w Pływaniu Juniorów M³odszych - 14 lat
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Konkurencja 12, Ch³opców, 400m zmienny, Eliminacje, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	BANDURSKI Piotr		96	BUKS Warszawa				5:21.29	430		
	50m:	32.22 32.22	150m:	1:52.77	42.73	250m:	3:19.85	45.93	350m:	4:45.13	38.45
	100m:	1:10.04 37.82	200m:	2:33.92	41.15	300m:	4:06.68	46.83	400m:	5:21.29	36.16
19.	ŁOŃ Konrad		96	Wodnik Siemianowice				5:22.89	423		
	50m:	33.51 33.51	150m:	1:52.55	40.24	250m:	3:20.51	47.72	350m:	4:46.17	37.68
	100m:	1:12.31 38.80	200m:	2:32.79	40.24	300m:	4:08.49	47.98	400m:	5:22.89	36.72
20.	CERODEK Arkadiusz		96	Lublinianka				5:23.02	423		
	50m:	33.96 33.96	150m:	1:56.74	41.99	250m:	3:25.18	46.63	350m:	4:49.09	36.50
	100m:	1:14.75 40.79	200m:	2:38.55	41.81	300m:	4:12.59	47.41	400m:	5:23.02	33.93
21.	RUTKOWSKI Krzysztof		96	Lublinianka				5:23.53	421		
	50m:	33.85 33.85	150m:	1:58.12	43.41	250m:	3:26.43	45.63	350m:	4:49.20	35.36
	100m:	1:14.71 40.86	200m:	2:40.80	42.68	300m:	4:13.84	47.41	400m:	5:23.53	34.33
22.	BASIUŁ Maciej		96	Avia Ćwidnik				5:24.67	416		
	50m:	33.39 33.39	150m:	1:54.28	41.46	250m:	3:21.34	45.87	350m:	4:47.37	38.22
	100m:	1:12.82 39.43	200m:	2:35.47	41.19	300m:	4:09.15	47.81	400m:	5:24.67	37.30
23.	LISZEWSKI Przemysław		96	Unia Oświęcim				5:25.56	413		
	50m:	35.13 35.13	150m:	1:59.08	43.34	250m:	3:25.15	43.45	350m:	4:48.53	39.35
	100m:	1:15.74 40.61	200m:	2:41.70	42.62	300m:	4:09.18	44.03	400m:	5:25.56	37.03
24.	SOROKA Krzysztof		96	Skarpa Lublin				5:25.88	412		
	50m:	33.65 33.65	150m:	1:56.64	44.66	250m:	3:24.44	44.82	350m:	4:48.90	38.46
	100m:	1:11.98 38.33	200m:	2:39.62	42.98	300m:	4:10.44	46.00	400m:	5:25.88	36.98
25.	SZAMOTULSKI Krzysztof		96	Sówianka Gorzów Wlkp.				5:27.98	404		
	50m:	34.24 34.24	150m:	1:55.83	42.50	250m:	3:24.81	47.52	350m:	4:51.87	38.42
	100m:	1:13.33 39.09	200m:	2:37.29	41.46	300m:	4:13.45	48.64	400m:	5:27.98	36.11
26.	CHROBOK Szymon		96	Gilus Gilowice				5:29.79	397		
	50m:	35.45 35.45	150m:	2:00.49	42.37	250m:	3:29.24	46.70	350m:	4:53.96	38.05
	100m:	1:18.12 42.67	200m:	2:42.54	42.05	300m:	4:15.91	46.67	400m:	5:29.79	35.83
27.	GAŁACH Amadeusz		96	Akwawit Leszno				5:30.96	393		
	50m:	34.90 34.90	150m:	2:00.36	46.17	250m:	3:32.95	47.59	350m:	4:57.22	38.06
	100m:	1:14.19 39.29	200m:	2:45.36	45.00	300m:	4:19.16	46.21	400m:	5:30.96	33.74
28.	WOŃIAK Piotr		96	Jordan Kraków				5:34.94	379		
	50m:	35.27 35.27	150m:	1:59.70	43.89	250m:	3:31.71	48.76	350m:	4:58.67	37.71
	100m:	1:15.81 40.54	200m:	2:42.95	43.25	300m:	4:20.96	49.25	400m:	5:34.94	36.27
29.	BIJAK Patryk		96	Jordan Kraków				5:39.73	363		
	50m:	38.27 38.27	150m:	2:06.14	41.10	250m:	3:33.87	46.71	350m:	5:01.59	38.68
	100m:	1:25.04 46.77	200m:	2:47.16	41.02	300m:	4:22.91	49.04	400m:	5:39.73	38.14
30.	SMYK Marcin		96	Orka Zamość				5:45.07	347		
	50m:	35.38 35.38	150m:	2:06.90	46.49	250m:	3:37.95	44.72	350m:	5:06.63	41.68
	100m:	1:20.41 45.03	200m:	2:53.23	46.33	300m:	4:24.95	47.00	400m:	5:45.07	38.44
31.	SIERADZKI Dawid		96	Juvenia Białyostok				5:47.98	338		
	50m:	34.78 34.78	150m:	2:02.10	43.35	250m:	3:38.29	52.69	350m:		
	100m:	1:18.75 43.97	200m:	2:45.60	43.50	300m:	4:29.07	50.78	400m:	5:47.98	
DYSKW.	BANECKI Krzysztof		96	SKS Konstancin					G 8		
DYSKW.	WIATROWSKI Filip		96	Delfin Tarnobrzeg					G 9		