

Zimowe Mistrzostwa Polski w Pływaniu Juniorów M³odszych - 14 lat
Zamość, 15. - 17.1.2010

Konkurencja 12
2010-01-15 - 18:17

Ch³opców, 400m zmienny

14 lat
Wyniki Fina³

Top Times "Poland" 4:39.64 KLIZA Mateusz AVSWI Puławy 2008-12-06

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.	
Fina³ A										
1.	KROGULSKI Filip		96	Unia Oświęcim				4:49.16	589	
	50m:	30.63 30.63	150m:	1:43.69	37.54	250m:	3:01.68	41.35	350m:	4:17.38 32.72
	100m:	1:06.15 35.52	200m:	2:20.33	36.64	300m:	3:44.66	42.98	400m:	4:49.16 31.78
2.	STĘPIEŃ Konrad		96	Polonia Warszawa				4:52.02	572	
	50m:	30.60 30.60	150m:	1:44.60	38.77	250m:	3:02.62	40.53	350m:	4:18.15 34.40
	100m:	1:05.83 35.23	200m:	2:22.09	37.49	300m:	3:43.75	41.13	400m:	4:52.02 33.87
3.	WOJDAK Wojciech		96	Wiking Brzesko				4:54.71	557	
	50m:	32.92 32.92	150m:	1:49.72	38.45	250m:	3:08.06	40.70	350m:	4:23.04 33.32
	100m:	1:11.27 38.35	200m:	2:27.36	37.64	300m:	3:49.72	41.66	400m:	4:54.71 31.67
4.	WERTEPNY Damian		96	Shark Rudna				4:54.72	557	
	50m:	29.75 29.75	150m:	1:41.56	37.65	250m:	3:01.47	42.95	350m:	4:20.52 35.38
	100m:	1:03.91 34.16	200m:	2:18.52	36.96	300m:	3:45.14	43.67	400m:	4:54.72 34.20
5.	PAWEŁEK Igor		96	Aqua Bydgoszcz				4:55.04	555	
	50m:	32.72 32.72	150m:	1:48.45	36.61	250m:	3:06.75	42.40	350m:	4:23.55 34.13
	100m:	1:11.84 39.12	200m:	2:24.35	35.90	300m:	3:49.42	42.67	400m:	4:55.04 31.49
6.	PIECHOWIAK Bartosz		96	AZS WSG Bydgoszcz				5:04.84	503	
	50m:	30.88 30.88	150m:	1:47.17	40.53	250m:	3:11.86	45.74	350m:	4:31.54 34.51
	100m:	1:06.64 35.76	200m:	2:26.12	38.95	300m:	3:57.03	45.17	400m:	5:04.84 33.30
Fina³ B										
7.	PERYDZEŃSKI Damian		96	Olimpijczyk Aleksandrów				5:01.49	520	
	50m:	31.11 31.11	150m:	1:46.39	38.26	250m:	3:08.23	44.61	350m:	4:28.05 34.98
	100m:	1:08.13 37.02	200m:	2:23.62	37.23	300m:	3:53.07	44.84	400m:	5:01.49 33.44
8.	SZWARACKI Jędrzej		96	Dwójka Morena Gdańsk				5:04.51	505	
	50m:	33.00 33.00	150m:	1:50.74	40.43	250m:	3:12.38	42.53	350m:	4:30.51 35.13
	100m:	1:10.31 37.31	200m:	2:29.85	39.11	300m:	3:55.38	43.00	400m:	5:04.51 34.00
9.	SALIK Jakub		96	Juvenia Wroc ³ aw				5:10.64	475	
	50m:	34.21 34.21	150m:	1:56.36	43.63	250m:	3:16.27	38.55	350m:	4:34.27 38.12
	100m:	1:12.73 38.52	200m:	2:37.72	41.36	300m:	3:56.15	39.88	400m:	5:10.64 36.37
10.	MIELCZAREK Filip		96	Skra Be ³ chatów				5:11.48	471	
	50m:	35.00 35.00	150m:	1:53.20	38.38	250m:	3:16.38	45.06	350m:	4:37.99 35.67
	100m:	1:14.82 39.82	200m:	2:31.32	38.12	300m:	4:02.32	45.94	400m:	5:11.48 33.49
11.	BOBROWSKI Martin		96	Wodnik Siemianowice				5:19.68	436	
	50m:	33.68 33.68	150m:	1:54.25	41.40	250m:	3:21.21	45.81	350m:	4:44.20 37.29
	100m:	1:12.85 39.17	200m:	2:35.40	41.15	300m:	4:06.91	45.70	400m:	5:19.68 35.48
12.	BUCZKOWSKI Kamil		96	Shark Rudna				5:19.78	436	
	50m:	34.30 34.30	150m:	1:55.90	41.04	250m:	3:20.61	44.65	350m:	4:44.38 36.79
	100m:	1:14.86 40.56	200m:	2:35.96	40.06	300m:	4:07.59	46.98	400m:	5:19.78 35.40