

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Gorzów Wlkp., 29. - 31.1.2010

Konkurencja 11
2010-01-29

Kobiet, 400m zmienny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski 17	4:38.72	SZCZEPANIAK Karolina	AZWAR	Gorzów Wlkp.	2009-11-29
Rekord Polski 18	4:33.70	BARANOWSKA Katarzyna	MKSZC	Triest (ITA)	2005-12-11

Punkty: FINA 2009

Pozycja				Rok ur.					Czas	Pkt.		
1.	JANKOWSKA Marta SO			92	AZS AWF Katowice				4:58.10	720 A		
	50m:	31.83	31.83	150m:	1:45.55	38.35	250m:	3:05.56	42.40	350m:	4:23.50	35.32
	100m:	1:07.20	35.37	200m:	2:23.16	37.61	300m:	3:48.18	42.62	400m:	4:58.10	34.60
2.	KORZENIOWSKA Marta SO			93	Unia Ooewięcim				5:04.77	673 A		
	50m:	32.52	32.52	150m:	1:49.56	39.93	250m:	3:10.12	41.64	350m:	4:29.16	37.08
	100m:	1:09.63	37.11	200m:	2:28.48	38.92	300m:	3:52.08	41.96	400m:	5:04.77	35.61
3.	UKOWSKA Paula SZG			93	Zryw Opole				5:06.08	665 A		
	50m:	33.58	33.58	150m:	1:48.26	37.60	250m:	3:08.92	43.41	350m:	4:30.47	36.14
	100m:	1:10.66	37.08	200m:	2:25.51	37.25	300m:	3:54.33	45.41	400m:	5:06.08	35.61
4.	PUŁKA Magdalena SO			92	Unia Ooewięcim				5:07.37	656 A		
	50m:	32.66	32.66	150m:	1:48.78	38.54	250m:	3:12.00	43.73	350m:	4:31.83	35.15
	100m:	1:10.24	37.58	200m:	2:28.27	39.49	300m:	3:56.68	44.68	400m:	5:07.37	35.54
5.	TCHÓRZ Alicja			92	S ³ owianka Gorzów				5:08.17	651 A		
	50m:	32.47	32.47	150m:	1:49.06	39.65	250m:	3:12.37	43.52	350m:	4:32.24	36.23
	100m:	1:09.41	36.94	200m:	2:28.85	39.79	300m:	3:56.01	43.64	400m:	5:08.17	35.93
6.	KAMIŃSKA Aleksandra			92	Zryw Opole				5:09.87	641 A		
	50m:	33.55	33.55	150m:	1:51.46	40.14	250m:	3:14.64	43.50	350m:	4:34.45	36.15
	100m:	1:11.32	37.77	200m:	2:31.14	39.68	300m:	3:58.30	43.66	400m:	5:09.87	35.42
7.	ZACHOSZCZ Joanna			93	S ³ owianka Gorzów				5:12.36	626 A		
	50m:	32.21	32.21	150m:	1:48.69	39.74	250m:	3:08.12	40.97	350m:	4:25.74	36.31
	100m:	1:08.95	36.74	200m:	2:27.15	38.46	300m:	3:49.43	41.31	400m:	5:12.36	46.62
8.	CHLIPAŁA Patrycja SK			93	Jordan Kraków				5:12.70	623 A		
	50m:	34.10	34.10	150m:	1:51.67	38.83	250m:	3:15.18	45.50	350m:	4:37.16	35.75
	100m:	1:12.84	38.74	200m:	2:29.68	38.01	300m:	4:01.41	46.23	400m:	5:12.70	35.54
9.	PELOWSKA Aleksandra			93	Solex Lębork				5:14.51	613 R		
	50m:	33.39	33.39	150m:	1:52.63	41.02	250m:	3:15.19	43.63	350m:	4:36.68	37.62
	100m:	1:11.61	38.22	200m:	2:31.56	38.93	300m:	3:59.06	43.87	400m:	5:14.51	37.83
10.	WISNIEWSKA Magdalena			93	Posnania Poznań				5:22.50	568 R		
	50m:	33.82	33.82	150m:	2:34.92	40.65	250m:	4:06.22	46.32	350m:	5:22.55	38.01
	100m:	1:54.27	1:20.45	200m:	3:19.90	44.98	300m:	4:44.54	38.32	400m:	5:22.50	
11.	BŹCZYK Paula			93	Trójka ŁódŹ				5:25.07	555		
	50m:	32.85	32.85	150m:	1:51.13	40.49	250m:	3:18.45	47.35	350m:	4:46.53	39.56
	100m:	1:10.64	37.79	200m:	2:31.10	39.97	300m:	4:06.97	48.52	400m:	5:25.07	38.54
12.	PUZANISTA Katarzyna			93	Start ŁódŹ				5:28.00	540		
	50m:	34.38	34.38	150m:	1:55.64	41.44	250m:	3:21.24	45.15	350m:	4:48.41	40.74
	100m:	1:14.20	39.82	200m:	2:36.09	40.45	300m:	4:07.67	46.43	400m:	5:28.00	39.59