

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Gorzów Wlkp., 29. - 31.1.2010

Konkurencja 20
2010-01-30

Ch³opców, 400m dowolny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski 17	3:49.96	STAŃCZYK Przemysław	MKSZC	P ³ ock	2002-11-29
Rekord Polski 18	3:43.83	SAWRYMOWICZ Mateusz	MKSZC	Triest (ITA)	2005-12-08

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.		
1.	BOROWICZ SKONECZNY Sylwester		92	Kormoran Olsztyn				3:59.06	739 A		
	50m:	27.73 27.73	150m:	1:28.07	30.27	250m:	2:28.13	30.03	350m:	3:28.74	30.41
	100m:	57.80 30.07	200m:	1:58.10	30.03	300m:	2:58.33	30.20	400m:	3:59.06	30.32
2.	BOR Radosław SZG		93	Korner Zielona Góra				3:59.36	736 A		
	50m:	28.13 28.13	150m:	1:28.45	30.31	250m:	2:29.93	30.64	350m:	3:30.38	29.75
	100m:	58.14 30.01	200m:	1:59.29	30.84	300m:	3:00.63	30.70	400m:	3:59.36	28.98
3.	DUBIEL Adam		93	MTP Lublinianka				3:59.47	735 A		
	50m:	27.76 27.76	150m:	1:28.35	30.49	250m:	2:29.87	30.74	350m:	3:30.92	30.42
	100m:	57.86 30.10	200m:	1:59.13	30.78	300m:	3:00.50	30.63	400m:	3:59.47	28.55
4.	SZUBA Micha ³		93	CEI ¹ sk Wroc ³ aw				4:01.49	717 A		
	50m:	28.06 28.06	150m:	1:28.34	30.41	250m:	2:29.83	30.60	350m:	3:31.30	30.70
	100m:	57.93 29.87	200m:	1:59.23	30.89	300m:	3:00.60	30.77	400m:	4:01.49	30.19
5.	MISIAK Piotr		92	G-8 Bielany Warszawa				4:01.76	714 A		
	50m:	27.22 27.22	150m:	1:28.49	30.83	250m:	2:30.24	30.80	350m:	3:32.23	30.89
	100m:	57.66 30.44	200m:	1:59.44	30.95	300m:	3:01.34	31.10	400m:	4:01.76	29.53
6.	PULWIN Pawe ³ SO		92	Unia Oeawięcim				4:02.39	709 A		
	50m:	27.77 27.77	150m:	1:28.70	30.58	250m:	2:30.54	30.86	350m:	3:32.90	31.15
	100m:	58.12 30.35	200m:	1:59.68	30.98	300m:	3:01.75	31.21	400m:	4:02.39	29.49
7.	TOWAREK Sebastian		93	CEI ¹ sk Wroc ³ aw				4:02.76	705 A		
	50m:	27.68 27.68	150m:	1:28.17	30.59	250m:	2:30.16	31.12	350m:	3:32.52	31.17
	100m:	57.58 29.90	200m:	1:59.04	30.87	300m:	3:01.35	31.19	400m:	4:02.76	30.24
8.	BRZOZA Jakub		93	CEI ¹ sk Wroc ³ aw				4:03.90	696 A		
	50m:	27.89 27.89	150m:	1:29.25	30.85	250m:	2:31.49	31.10	350m:	3:33.65	31.10
	100m:	58.40 30.51	200m:	2:00.39	31.14	300m:	3:02.55	31.06	400m:	4:03.90	30.25
9.	RYBIŃSKI Dawid		93	CEI ¹ sk Wroc ³ aw				4:04.16	693 B		
	50m:	27.87 27.87	150m:	1:29.64	31.20	250m:	2:32.04	31.07	350m:	3:34.17	30.94
	100m:	58.44 30.57	200m:	2:00.97	31.33	300m:	3:03.23	31.19	400m:	4:04.16	29.99
10.	SYGNECKI Janusz SO		92	Unia Oeawięcim				4:04.90	687 B		
	50m:	27.54 27.54	150m:	1:27.72	30.44	250m:	2:29.78	31.15	350m:	3:33.91	32.57
	100m:	57.28 29.74	200m:	1:58.63	30.91	300m:	3:01.34	31.56	400m:	4:04.90	30.99
11.	SZYDŁOWSKI Adrian		92	Orlik Lublin				4:05.49	682 B		
	50m:	28.31 28.31	150m:	1:29.91	30.94	250m:	2:31.71	30.62	350m:	3:34.73	31.55
	100m:	58.97 30.66	200m:	2:01.09	31.18	300m:	3:03.18	31.47	400m:	4:05.49	30.76
	PALMI-KUKIEŁKO Mieszko		93	CEI ¹ sk Wroc ³ aw				4:05.49	682 B		
	50m:	28.40 28.40	150m:	1:30.19	31.26	250m:	2:32.73	31.30	350m:	3:35.18	31.16
	100m:	58.93 30.53	200m:	2:01.43	31.24	300m:	3:04.02	31.29	400m:	4:05.49	30.31
13.	GŁYK Wojciech SO		92	Orka Łędziny				4:05.71	680 B		
	50m:	28.38 28.38	150m:	1:29.79	31.01	250m:	2:31.84	30.93	350m:	3:34.25	31.40
	100m:	58.78 30.40	200m:	2:00.91	31.12	300m:	3:02.85	31.01	400m:	4:05.71	31.46
14.	KOTKOWICZ Micha ³		93	S ³ owianka Gorzów				4:06.88	671 B		
	50m:	27.78 27.78	150m:	1:30.56	31.85	250m:	2:33.66	31.39	350m:	3:36.46	31.28
	100m:	58.71 30.93	200m:	2:02.27	31.71	300m:	3:05.18	31.52	400m:	4:06.88	30.42
15.	POŁAWSKI Mariusz		93	G-8 Bielany Warszawa				4:07.43	666 B		
	50m:	27.64 27.64	150m:	1:29.10	31.03	250m:	2:32.42	31.51	350m:	3:36.11	31.91
	100m:	58.07 30.43	200m:	2:00.91	31.81	300m:	3:04.20	31.78	400m:	4:07.43	31.32
16.	UKOWSKI Maciej		93	CEI ¹ sk Wroc ³ aw				4:07.97	662 B		
	50m:	28.22 28.22	150m:	1:30.00	31.34	250m:	2:33.06	31.50	350m:	3:36.45	31.70
	100m:	58.66 30.44	200m:	2:01.56	31.56	300m:	3:04.75	31.69	400m:	4:07.97	31.52
17.	KSIĘEK Micha ³ SK		93	Jordan Kraków				4:07.99	662 R		
	50m:	28.09 28.09	150m:	1:30.00	31.24	250m:	2:33.07	31.48	350m:	3:36.79	31.80
	100m:	58.76 30.67	200m:	2:01.59	31.59	300m:	3:04.99	31.92	400m:	4:07.99	31.20

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Pozycja			Rok ur.				Czas		Pkt.		
18.	STOKARSKI Marek		92	G-8 Bielany Warszawa			4:10.18	645	R		
	50m:	28.90 28.90	150m:	1:31.91	31.51	250m:	2:35.36	31.75	350m:	3:38.94	31.66
	100m:	1:00.40 31.50	200m:	2:03.61	31.70	300m:	3:07.28	31.92	400m:	4:10.18	31.24
19.	ŒEWIŦTKIEWICZ Rafa ³		93	G-8 Bielany Warszawa			4:11.50	634			
	50m:	27.35 27.35	150m:	1:30.27	31.96	250m:	2:35.38	32.46	350m:	3:40.55	32.51
	100m:	58.31 30.96	200m:	2:02.92	32.65	300m:	3:08.04	32.66	400m:	4:11.50	30.95
20.	STACHOWICZ Marek		92	Juvenia Wroc ³ aw			4:12.03	630			
	50m:	27.69 27.69	150m:	1:30.01	31.66	250m:	2:34.72	32.36	350m:	3:39.94	32.32
	100m:	58.35 30.66	200m:	2:02.36	32.35	300m:	3:07.62	32.90	400m:	4:12.03	32.09
21.	SZARLIŦSKI Filip		92	Warszawianka			4:12.51	627			
	50m:	28.36 28.36	150m:	1:31.54	31.93	250m:	2:36.00	32.16	350m:	3:41.56	32.86
	100m:	59.61 31.25	200m:	2:03.84	32.30	300m:	3:08.70	32.70	400m:	4:12.51	30.95
22.	RUCIŦSKI Konrad		92	Kormoran Olsztyn			4:12.55	627			
	50m:	28.02 28.02	150m:	1:30.62	31.67	250m:	2:35.38	32.39	350m:	3:40.63	32.56
	100m:	58.95 30.93	200m:	2:02.99	32.37	300m:	3:08.07	32.69	400m:	4:12.55	31.92
23.	ZEMBRZUSKI Maciej		92	Kormoran Olsztyn			4:12.60	626			
	50m:	28.70 28.70	150m:	1:31.11	31.54	250m:	2:35.61	32.25	350m:	3:40.76	32.45
	100m:	59.57 30.87	200m:	2:03.36	32.25	300m:	3:08.31	32.70	400m:	4:12.60	31.84
24.	ASULIAN Axel SO		93	AZS AWF Katowice			4:12.74	625			
	50m:	28.41 28.41	150m:	1:32.60	32.68	250m:	2:37.52	32.08	350m:	3:41.92	32.26
	100m:	59.92 31.51	200m:	2:05.44	32.84	300m:	3:09.66	32.14	400m:	4:12.74	30.82
25.	SOBCZYK Kamil		93	Trójka ŁódŦ			4:15.04	608			
	50m:	26.41 26.41	150m:	1:28.94	31.84	250m:	2:35.03	33.23	350m:	3:42.55	33.94
	100m:	57.10 30.69	200m:	2:01.80	32.86	300m:	3:08.61	33.58	400m:	4:15.04	32.49
26.	KŦUSEK Adrian		93	Juvenia Wroc ³ aw			4:17.10	594			
	50m:	28.29 28.29	150m:	1:31.10	32.05	250m:	2:36.10	32.58	350m:	3:43.53	33.54
	100m:	59.05 30.76	200m:	2:03.52	32.42	300m:	3:09.99	33.89	400m:	4:17.10	33.57
27.	BIELAWSKI Micha ³		93	Gim 92 Ursynów Warszawa			4:19.40	578			
	50m:	27.85 27.85	150m:	1:32.65	33.04	250m:	2:39.34	33.14	350m:	3:46.54	33.49
	100m:	59.61 31.76	200m:	2:06.20	33.55	300m:	3:13.05	33.71	400m:	4:19.40	32.86
28.	HAŦACZKIEWICZ Pawe ³		93	Wis ³ a Pu ³ awy			4:21.20	566			
	50m:	27.70 27.70	150m:	1:31.30	32.69	250m:	2:39.13	34.09	350m:	3:47.84	34.25
	100m:	58.61 30.91	200m:	2:05.04	33.74	300m:	3:13.59	34.46	400m:	4:21.20	33.36
29.	TOMKO Filip		93	Kormoran Olsztyn			4:24.78	544			
	50m:	30.42 30.42	150m:	1:36.85	33.53	250m:	2:44.49	33.76	350m:	3:52.53	33.83
	100m:	1:03.32 32.90	200m:	2:10.73	33.88	300m:	3:18.70	34.21	400m:	4:24.78	32.25
30.	KAMIŦSKI Maciej		93	Orlik Lublin			4:25.00	542			
	50m:	29.39 29.39	150m:	1:34.51	33.17	250m:	2:41.90	33.97	350m:	3:51.12	34.74
	100m:	1:01.34 31.95	200m:	2:07.93	33.42	300m:	3:16.38	34.48	400m:	4:25.00	33.88
31.	GIERDA Mateusz		93	Juvenia Bia ³ ystok			4:28.32	522			
	50m:	30.12 30.12	150m:	1:36.19	34.09	250m:	2:45.18	34.47	350m:	3:54.51	34.63
	100m:	1:02.10 31.98	200m:	2:10.71	34.52	300m:	3:19.88	34.70	400m:	4:28.32	33.81
32.	MUSIAŦ Dawid		93	AZS AWFis GdaŦsk			4:28.58	521			
	50m:	28.93 28.93	150m:	1:34.20	33.51	250m:	2:43.00	34.72	350m:	3:53.59	35.28
	100m:	1:00.69 31.76	200m:	2:08.28	34.08	300m:	3:18.31	35.31	400m:	4:28.58	34.99
33.	MAKOWSKI Krzysztof		92	Œel ¹ sk Wroc ³ aw			4:31.97	502			
	50m:	28.24 28.24	150m:	1:34.07	34.15	250m:	2:44.96	35.89	350m:	3:55.12	35.92
	100m:	59.92 31.68	200m:	2:09.07	35.00	300m:	3:19.20	34.24	400m:	4:31.97	36.85
34.	GÓRNY Jakub		93	Posnania PoznaŦ			4:32.95	496			
	50m:	29.68 29.68	150m:	1:39.21	35.10	250m:	2:49.53	35.10	350m:	3:58.73	34.27
	100m:	1:04.11 34.43	200m:	2:14.43	35.22	300m:	3:24.46	34.93	400m:	4:32.95	34.22
35.	TKACZYK Andrzej		93	Gim 92 Ursynów Warszawa			4:36.57	477			
	50m:	29.65 29.65	150m:	1:38.21	34.78	250m:	2:49.48	35.53	350m:	4:00.57	35.67
	100m:	1:03.43 33.78	200m:	2:13.95	35.74	300m:	3:24.90	35.42	400m:	4:36.57	36.00

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Pozycja	Rok ur.								Czas	Pkt.	
36. CHWAŁEK Piotr	93 G-8 Bielany Warszawa								4:40.40	458	
50m:	30.24	30.24	150m:	1:40.32	35.58	250m:	2:52.10	35.38	350m:	4:04.71	36.41
100m:	1:04.74	34.50	200m:	2:16.72	36.40	300m:	3:28.30	36.20	400m:	4:40.40	35.69
37. KOŒCIELNIAK Bartosz	93 Rekin Œwiebodzice								4:51.43	408	
50m:	31.73	31.73	150m:	1:45.68	37.79	250m:	3:01.52	37.73	350m:	4:16.26	37.06
100m:	1:07.89	36.16	200m:	2:23.79	38.11	300m:	3:39.20	37.68	400m:	4:51.43	35.17
38. TOKARSKI Patryk	92 Jedenastka Jel.Góra								5:00.16	373	
50m:	29.84	29.84	150m:	1:40.67	36.38	250m:	2:58.45	39.47	350m:	4:20.29	41.58
100m:	1:04.29	34.45	200m:	2:18.98	38.31	300m:	3:38.71	40.26	400m:	5:00.16	39.87