

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Gorzów Wlkp., 29. - 31.1.2010

Konkurencja 20
2010-01-30

Ch³opców, 400m dowolny

17 - 18 lat
Wyniki Fina³

Rekord Polski 17	3:49.96	STAŃCZYK Przemysław	MKSZC	P ³ ock	2002-11-29
Rekord Polski 18	3:43.83	SAWRYMOWICZ Mateusz	MKSZC	Triest (ITA)	2005-12-08

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.			
Fina³ A												
1.	PULWIN Pawe ³ SO		92	Unia Oe ³ więcim				3:53.61	792			
	50m:	27.07	27.07	150m:	1:26.08	29.52	250m:	2:25.53	29.76	350m:	3:25.57	30.00
	100m:	56.56	29.49	200m:	1:55.77	29.69	300m:	2:55.57	30.04	400m:	3:53.61	28.04
2.	MISIAK Piotr		92	G-8 Bielany Warszawa				3:53.64	791			
	50m:	26.97	26.97	150m:	1:26.71	29.93	250m:	2:26.29	29.80	350m:	3:25.51	29.34
	100m:	56.78	29.81	200m:	1:56.49	29.78	300m:	2:56.17	29.88	400m:	3:53.64	28.13
3.	BOR Radosław SZG		93	Korner Zielona Góra				3:53.75	790			
	50m:	27.67	27.67	150m:	1:27.41	29.93	250m:	2:26.67	29.38	350m:	3:26.12	29.51
	100m:	57.48	29.81	200m:	1:57.29	29.88	300m:	2:56.61	29.94	400m:	3:53.75	27.63
4.	SZUBA Micha ³		93	CEI ¹ sk Wroc ³ aw				3:53.94	788			
	50m:	27.41	27.41	150m:	1:26.27	29.43	250m:	2:25.86	29.87	350m:	3:25.59	29.75
	100m:	56.84	29.43	200m:	1:55.99	29.72	300m:	2:55.84	29.98	400m:	3:53.94	28.35
5.	BOROWICZ SKONECZNY Sylwester		92	Kormoran Olsztyn				3:53.96	788			
	50m:	27.53	27.53	150m:	1:26.86	29.74	250m:	2:26.41	29.77	350m:	3:25.62	29.34
	100m:	57.12	29.59	200m:	1:56.64	29.78	300m:	2:56.28	29.87	400m:	3:53.96	28.34
6.	DUBIEL Adam		93	MTP Lublinianka				4:00.19	728			
	50m:	27.19	27.19	150m:	1:26.94	30.00	250m:	2:27.45	30.39	350m:	3:29.75	31.39
	100m:	56.94	29.75	200m:	1:57.06	30.12	300m:	2:58.36	30.91	400m:	4:00.19	30.44
7.	TOWAREK Sebastian		93	CEI ¹ sk Wroc ³ aw				4:01.44	717			
	50m:	27.16	27.16	150m:	1:27.90	30.38	250m:	2:29.35	30.70	350m:	3:31.38	31.04
	100m:	57.52	30.36	200m:	1:58.65	30.75	300m:	3:00.34	30.99	400m:	4:01.44	30.06
8.	BRZOZA Jakub		93	CEI ¹ sk Wroc ³ aw				4:03.75	697			
	50m:	27.70	27.70	150m:	1:28.71	30.92	250m:	2:30.53	30.82	350m:	3:33.18	31.22
	100m:	57.79	30.09	200m:	1:59.71	31.00	300m:	3:01.96	31.43	400m:	4:03.75	30.57
Fina³ B												
9.	KOTKOWICZ Micha ³		93	S ³ owianka Gorzów				4:01.30	718			
	50m:	27.56	27.56	150m:	1:28.49	30.56	250m:	2:29.91	30.83	350m:	3:31.22	30.55
	100m:	57.93	30.37	200m:	1:59.08	30.59	300m:	3:00.67	30.76	400m:	4:01.30	30.08
10.	SZYDŁOWSKI Adrian		92	Orlik Lublin				4:02.33	709			
	50m:	27.49	27.49	150m:	1:28.87	30.86	250m:	2:29.68	30.10	350m:	3:32.13	31.28
	100m:	58.01	30.52	200m:	1:59.58	30.71	300m:	3:00.85	31.17	400m:	4:02.33	30.20
11.	SYGNECKI Janusz SO		92	Unia Oe ³ więcim				4:02.75	706			
	50m:	27.93	27.93	150m:	1:29.57	31.16	250m:	2:31.15	30.66	350m:	3:33.28	31.18
	100m:	58.41	30.48	200m:	2:00.49	30.92	300m:	3:02.10	30.95	400m:	4:02.75	29.47
12.	RYBIŃSKI Dawid		93	CEI ¹ sk Wroc ³ aw				4:04.01	695			
	50m:	27.38	27.38	150m:	1:27.23	30.35	250m:	2:29.64	31.40	350m:	3:32.85	31.61
	100m:	56.88	29.50	200m:	1:58.24	31.01	300m:	3:01.24	31.60	400m:	4:04.01	31.16
13.	PALMI-KUKIEŁKO Mieszko		93	CEI ¹ sk Wroc ³ aw				4:04.91	687			
	50m:	27.89	27.89	150m:	1:28.95	30.78	250m:	2:31.06	31.05	350m:	3:34.31	31.82
	100m:	58.17	30.28	200m:	2:00.01	31.06	300m:	3:02.49	31.43	400m:	4:04.91	30.60
14.	UKOWSKI Maciej		93	CEI ¹ sk Wroc ³ aw				4:05.58	681			
	50m:	28.06	28.06	150m:	1:29.58	30.88	250m:	2:31.78	30.87	350m:	3:34.68	31.54
	100m:	58.70	30.64	200m:	2:00.91	31.33	300m:	3:03.14	31.36	400m:	4:05.58	30.90
15.	GŁYK Wojciech SO		92	Orka Lędziny				4:07.18	668			
	50m:	28.41	28.41	150m:	1:30.16	31.09	250m:	2:33.18	31.58	350m:	3:36.22	31.73
	100m:	59.07	30.66	200m:	2:01.60	31.44	300m:	3:04.49	31.31	400m:	4:07.18	30.96
16.	POŁAWSKI Mariusz		93	G-8 Bielany Warszawa				4:07.27	668			
	50m:	28.37	28.37	150m:	1:30.38	31.16	250m:	2:33.54	31.67	350m:	3:36.50	31.86
	100m:	59.22	30.85	200m:	2:01.87	31.49	300m:	3:04.64	31.10	400m:	4:07.27	30.77