

Zimowe Mistrzostwa Polski Juniorów 16 - lat
Puławy, 29. - 31.1.2010

Konkurencja 11
2010-01-29 - 12:30

Dziewcz't, 400m zmienny

16 lat
Wyniki Eliminacje

Top Times Poland - 16 lat 4:42.49 JEDRZEJCZAK Otylia POL ??? 1999-12-01

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.
1.	ZACHARSKA Inga		94	Gim 92 Ursynów				5:08.38	650 A
	50m:	32.17 32.17	150m:	1:48.46 38.67	250m:	3:11.00 44.16	350m:	4:32.64 37.64	
	100m:	1:09.79 37.62	200m:	2:26.84 38.38	300m:	3:55.00 44.00	400m:	5:08.38 35.74	
2.	POZORSKA Agata		94	Aqua Bydgoszcz				5:08.83	647 A
	50m:	33.66 33.66	150m:	1:51.55 39.81	250m:	3:13.68 43.41	350m:	4:33.59 35.60	
	100m:	1:11.74 38.08	200m:	2:30.27 38.72	300m:	3:57.99 44.31	400m:	5:08.83 35.24	
3.	BAJORSKA Dorota SO		94	Unia Oeowięcim				5:10.42	637 A
	50m:	33.30 33.30	150m:	1:53.14 41.42	250m:	3:16.37 43.44	350m:	4:36.01 36.44	
	100m:	1:11.72 38.42	200m:	2:32.93 39.79	300m:	3:59.57 43.20	400m:	5:10.42 34.41	
4.	DUDEK Marlena SO		94	Unia Oeowięcim				5:13.25	620 A
	50m:	35.43 35.43	150m:	1:56.69 40.20	250m:	3:18.61 42.11	350m:	4:38.12 36.83	
	100m:	1:16.49 41.06	200m:	2:36.50 39.81	300m:	4:01.29 42.68	400m:	5:13.25 35.13	
5.	WIZNER Katarzyna		94	Aqua Bydgoszcz				5:14.17	615 A
	50m:	33.82 33.82	150m:	1:52.84 40.89	250m:	3:16.65 44.45	350m:	4:38.23 35.92	
	100m:	1:11.95 38.13	200m:	2:32.20 39.36	300m:	4:02.31 45.66	400m:	5:14.17 35.94	
6.	MENDOWSKA Katarzyna		94	Warta Poznań				5:14.47	613 A
	50m:	32.95 32.95	150m:	1:51.48 40.14	250m:	3:16.11 44.21	350m:	4:38.53 36.93	
	100m:	1:11.34 38.39	200m:	2:31.90 40.42	300m:	4:01.60 45.49	400m:	5:14.47 35.94	
7.	PAWLKOWSKA Agata		94	Juwenia Wroc³aw				5:16.29	603 B
	50m:	32.36 32.36	150m:	1:51.66 41.86	250m:	3:13.95 41.69	350m:	4:37.89 40.29	
	100m:	1:09.80 37.44	200m:	2:32.26 40.60	300m:	3:57.60 43.65	400m:	5:16.29 38.40	
8.	UCHAŃSKA Karolina		94	KSZO Ostrowiec Œw.				5:18.49	590 B
	50m:	33.70 33.70	150m:	1:54.75 41.47	250m:	3:20.02 44.65	350m:	4:42.83 36.38	
	100m:	1:13.28 39.58	200m:	2:35.37 40.62	300m:	4:06.45 46.43	400m:	5:18.49 35.66	
9.	KRUCZALAK Paulina SO		94	Unia Oeowięcim				5:19.55	584 B
	50m:	35.01 35.01	150m:	1:54.09 39.32	250m:	3:18.87 45.78	350m:	4:43.41 37.62	
	100m:	1:14.77 39.76	200m:	2:33.09 39.00	300m:	4:05.79 46.92	400m:	5:19.55 36.14	
10.	ZGODA Edyta		94	Jordan Kraków				5:33.39	514 B
	50m:	34.48 34.48	150m:	1:55.24 41.61	250m:	3:23.01 46.61	350m:	4:52.55 41.99	
	100m:	1:13.63 39.15	200m:	2:36.40 41.16	300m:	4:10.56 47.55	400m:	5:33.39 40.84	
11.	TARNOPOLSKA Magdalena		94	Boby Dêbica				5:40.66	482 B
	50m:	34.00 34.00	150m:	1:58.12 43.94	250m:	3:30.01 47.56	350m:	5:00.24 41.53	
	100m:	1:14.18 40.18	200m:	2:42.45 44.33	300m:	4:18.71 48.70	400m:	5:40.66 40.42	
12.	STASINOWSKA Katarzyna		94	Start ŁódŸ				5:43.15	472 B
	50m:	35.57 35.57	150m:	2:02.59 45.53	250m:	3:33.90 47.64	350m:	5:02.84 41.46	
	100m:	1:17.06 41.49	200m:	2:46.26 43.67	300m:	4:21.38 47.48	400m:	5:43.15 40.31	
DYSKW.	BALICKA Urszula		94	MKP Szczecin					K 11