

Zimowe Mistrzostwa Polski Juniorów 16 - lat  
Puławy, 29. - 31.1.2010

Konkurencja 11  
2010-01-29 - 18:15

Dziewcz't, 400m zmienny

16 lat  
Wyniki Fina<sup>3</sup>

Top Times Poland - 16 lat 4:42.49 JEDRZEJCZAK Otylia POL ??? 1999-12-01

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.	
<b>Fina<sup>3</sup> A</b>										
1.	POZORSKA Agata		94	Aqua Bydgoszcz				<b>5:02.95</b>	686	
	50m:	33.08 33.08	150m:	1:49.37	38.95	250m:	3:09.54	42.51	350m:	4:28.67 35.61
	100m:	1:10.42 37.34	200m:	2:27.03	37.66	300m:	3:53.06	43.52	400m:	5:02.95 34.28
2.	BAJORSKA Dorota SO		94	Unia Oświęcim				<b>5:03.88</b>	679	
	50m:	32.64 32.64	150m:	1:50.37	39.92	250m:	3:12.57	43.25	350m:	4:30.95 35.18
	100m:	1:10.45 37.81	200m:	2:29.32	38.95	300m:	3:55.77	43.20	400m:	5:03.88 32.93
3.	ZACHARSKA Inga		94	Gim 92 Ursynów				<b>5:05.70</b>	667	
	50m:	32.66 32.66	150m:	1:49.50	38.95	250m:	3:11.27	43.44	350m:	4:31.31 36.05
	100m:	1:10.55 37.89	200m:	2:27.83	38.33	300m:	3:55.26	43.99	400m:	5:05.70 34.39
4.	DUDEK Marlena SO		94	Unia Oświęcim				<b>5:09.18</b>	645	
	50m:	35.26 35.26	150m:	1:55.98	40.49	250m:	3:16.49	41.50	350m:	4:34.75 36.13
	100m:	1:15.49 40.23	200m:	2:34.99	39.01	300m:	3:58.62	42.13	400m:	5:09.18 34.43
5.	WIZNER Katarzyna		94	Aqua Bydgoszcz				<b>5:11.26</b>	632	
	50m:	33.30 33.30	150m:	1:51.97	40.80	250m:	3:16.65	45.97	350m:	4:36.40 35.41
	100m:	1:11.17 37.87	200m:	2:30.68	38.71	300m:	4:00.99	44.34	400m:	5:11.26 34.86
6.	MENDOWSKA Katarzyna		94	Warta Poznań				<b>5:15.09</b>	609	
	50m:	33.29 33.29	150m:	1:51.36	39.74	250m:	3:16.54	45.91	350m:	4:39.57 36.84
	100m:	1:11.62 38.33	200m:	2:30.63	39.27	300m:	4:02.73	46.19	400m:	5:15.09 35.52
<b>Fina<sup>3</sup> B</b>										
7.	UCHAŃSKA Karolina		94	KSZO Ostrowiec Cew.				<b>5:12.76</b>	623	
	50m:	34.02 34.02	150m:	1:54.03	40.70	250m:	3:17.11	43.17	350m:	4:37.64 36.29
	100m:	1:13.33 39.31	200m:	2:33.94	39.91	300m:	4:01.35	44.24	400m:	5:12.76 35.12
8.	KRUCZALAK Paulina SO		94	Unia Oświęcim				<b>5:21.23</b>	575	
	50m:	34.49 34.49	150m:	1:53.88	39.53	250m:	3:19.03	46.10	350m:	4:45.05 38.51
	100m:	1:14.35 39.86	200m:	2:32.93	39.05	300m:	4:06.54	47.51	400m:	5:21.23 36.18
9.	ZGODA Edyta		94	Jordan Kraków				<b>5:21.56</b>	573	
	50m:	34.43 34.43	150m:	1:53.94	40.69	250m:	3:19.14	45.68	350m:	4:44.92 39.54
	100m:	1:13.25 38.82	200m:	2:33.46	39.52	300m:	4:05.38	46.24	400m:	5:21.56 36.64