

Zimowe Mistrzostwa Polski Juniorów 16 - lat
Puławy, 29. - 31.1.2010

Konkurencja 12
2010-01-29 - 12:50

Chłopców, 400m zmienny

16 lat
Wyniki Eliminacje

Top Times Poland - 16 lat 4:12.87 CIEĆLAK Marcin MUWAR Gorzów Wlkp. 2008-11-28
Punkty: FINA 2009

Pozycja			Rok ur.						Czas	Pkt.	
1.	KLIZA Mateusz		94	Avia Œwidnik					4:36.67	673	A
	50m: 29.68	29.68	150m: 1:38.99	35.90	250m: 2:51.64	37.55	350m: 4:03.80	33.31			
	100m: 1:03.09	33.41	200m: 2:14.09	35.10	300m: 3:30.49	38.85	400m: 4:36.67	32.87			
2.	SZWEDZKI Dawid		94	Piłtka Konstantynów					4:37.79	665	A
	50m: 30.97	30.97	150m: 1:42.04	35.34	250m: 2:53.54	37.14	350m: 4:05.27	33.53			
	100m: 1:06.70	35.73	200m: 2:16.40	34.36	300m: 3:31.74	38.20	400m: 4:37.79	32.52			
3.	SMEJA Sławomir		94	AZS WSG Bydgoszcz					4:40.35	647	A
	50m: 29.69	29.69	150m: 1:39.67	36.18	250m: 2:56.15	40.15	350m: 4:09.58	32.70			
	100m: 1:03.49	33.80	200m: 2:16.00	36.33	300m: 3:36.88	40.73	400m: 4:40.35	30.77			
4.	MORAWSKI Krzysztof		94	Delfin Toruń					4:41.43	639	A
	50m: 29.77	29.77	150m: 1:38.45	34.20	250m: 2:53.11	40.69	350m: 4:08.30	34.56			
	100m: 1:04.25	34.48	200m: 2:12.42	33.97	300m: 3:33.74	40.63	400m: 4:41.43	33.13			
5.	OLENDER ALEKSANDER		94	Œl'sk Wrocław					4:43.23	627	A
	50m: 29.36	29.36	150m: 1:40.32	36.82	250m: 2:55.44	39.06	350m: 4:10.46	34.90			
	100m: 1:03.50	34.14	200m: 2:16.38	36.06	300m: 3:35.56	40.12	400m: 4:43.23	32.77			
6.	OSIŃSKI Szymon		94	Delfinek Łuków					4:44.23	621	A
	50m: 29.36	29.36	150m: 1:41.71	37.98	250m: 2:57.01	38.33	350m: 4:10.12	33.60			
	100m: 1:03.73	34.37	200m: 2:18.68	36.97	300m: 3:36.52	39.51	400m: 4:44.23	34.11			
7.	HABRAT Krzysztof		94	AZS AGH Kraków					4:44.76	617	B
	50m: 29.89	29.89	150m: 1:41.36	36.28	250m: 2:57.30	40.02	350m: 4:12.88	34.11			
	100m: 1:05.08	35.19	200m: 2:17.28	35.92	300m: 3:38.77	41.47	400m: 4:44.76	31.88			
8.	NOWICKI Mateusz		94	Aqua Bydgoszcz					4:45.43	613	B
	50m: 30.43	30.43	150m: 1:41.36	37.47	250m: 2:58.83	41.47	350m: 4:14.05	32.91			
	100m: 1:03.89	33.46	200m: 2:17.36	36.00	300m: 3:41.14	42.31	400m: 4:45.43	31.38			
9.	BEDNARCZYK PAWEŁ		94	Œl'sk Wrocław					4:48.53	593	B
	50m: 30.54	30.54	150m: 1:42.78	37.69	250m: 3:00.52	40.93	350m: 4:15.35	33.27			
	100m: 1:05.09	34.55	200m: 2:19.59	36.81	300m: 3:42.08	41.56	400m: 4:48.53	33.18			
10.	POPRAWA Michał		94	AZS AWF Katowice					4:48.66	592	B
	50m: 29.60	29.60	150m: 1:41.19	37.27	250m: 2:59.15	41.74	350m: 4:15.58	33.15			
	100m: 1:03.92	34.32	200m: 2:17.41	36.22	300m: 3:42.43	43.28	400m: 4:48.66	33.08			
11.	OSNOWSKI Bartosz		94	Ósemka Starogard Gd.					4:50.38	582	B
	50m: 31.31	31.31	150m: 1:43.94	36.03	250m: 3:02.19	43.06	350m: 4:17.90	33.40			
	100m: 1:07.91	36.60	200m: 2:19.13	35.19	300m: 3:44.50	42.31	400m: 4:50.38	32.48			
12.	STANIELEWICZ BARTOSZ		94	Olimpijczyk Aleksandrów					4:50.56	581	B
	50m: 29.90	29.90	150m: 1:41.25	36.85	250m: 2:58.30	39.92	350m: 4:15.82	35.47			
	100m: 1:04.40	34.50	200m: 2:18.38	37.13	300m: 3:40.35	42.05	400m: 4:50.56	34.74			
13.	SZOŁOCH Robert		94	Dwójka Morena Gdańsk					4:53.04	566	R
	50m: 29.50	29.50	150m: 1:39.54	36.54	250m: 2:58.86	42.84	350m: 4:18.33	36.08			
	100m: 1:03.00	33.50	200m: 2:16.02	36.48	300m: 3:42.25	43.39	400m: 4:53.04	34.71			
14.	UCZEK Piotr		94	Ikar Mielec					4:55.15	554	R
	50m: 31.32	31.32	150m: 1:45.22	38.32	250m: 3:03.21	40.52	350m: 4:20.57	35.57			
	100m: 1:06.90	35.58	200m: 2:22.69	37.47	300m: 3:45.00	41.79	400m: 4:55.15	34.58			
15.	HAJDA Marcin		94	AZS AWF Katowice					4:56.32	548	
	50m: 31.45	31.45	150m: 1:44.38	37.34	250m: 3:03.98	42.78	350m: 4:21.98	34.91			
	100m: 1:07.04	35.59	200m: 2:21.20	36.82	300m: 3:47.07	43.09	400m: 4:56.32	34.34			
16.	ZIELIŃSKI Michał		94	Start Łódź					4:57.09	543	
	50m: 29.02	29.02	150m: 1:41.50	38.72	250m: 3:03.19	43.40	350m: 4:22.03	35.54			
	100m: 1:02.78	33.76	200m: 2:19.79	38.29	300m: 3:46.49	43.30	400m: 4:57.09	35.06			
17.	KĘPKA Maciej		94	Gim 92 Ursynów					4:58.01	538	
	50m: 29.58	29.58	150m: 1:41.13	36.98	250m: 2:59.14	40.85	350m: 4:19.77	37.40			
	100m: 1:04.15	34.57	200m: 2:18.29	37.16	300m: 3:42.37	43.23	400m: 4:58.01	38.24			

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Pozycja			Rok ur.					Czas	Pkt.
18.	RÓD• Maciej		94	MKP Szczecin				5:03.09	512
	50m:	29.71 29.71	150m:	1:43.18 38.33	250m:	3:06.77 45.35	350m:	4:28.44 36.12	
	100m:	1:04.85 35.14	200m:	2:21.42 38.24	300m:	3:52.32 45.55	400m:	5:03.09 34.65	
19.	NIEMYSKI Patryk		94	Jedynka Ożarów Maz.				5:04.80	503
	50m:	30.50 30.50	150m:	1:47.66 40.39	250m:	3:10.20 43.94	350m:	4:30.45 35.62	
	100m:	1:07.27 36.77	200m:	2:26.26 38.60	300m:	3:54.83 44.63	400m:	5:04.80 34.35	
20.	SZUDZIK Przemysław		94	Jedynka Elbląg				5:07.72	489
	50m:	32.65 32.65	150m:	1:50.72 40.45	250m:	3:12.37 41.82	350m:	4:31.95 35.92	
	100m:	1:10.27 37.62	200m:	2:30.55 39.83	300m:	3:56.03 43.66	400m:	5:07.72 35.77	
21.	PAŁKOWSKI Jakub		94	Kmita Zabierzów				5:09.91	479
	50m:	31.64 31.64	150m:	1:48.19 39.96	250m:	3:11.18 44.50	350m:	4:33.40 37.46	
	100m:	1:08.23 36.59	200m:	2:26.68 38.49	300m:	3:55.94 44.76	400m:	5:09.91 36.51	
22.	MADURA Rafał		94	Ikar Mielec				5:10.21	477
	50m:	31.73 31.73	150m:	1:49.92 40.78	250m:	3:15.77 45.52	350m:	4:37.01 33.53	
	100m:	1:09.14 37.41	200m:	2:30.25 40.33	300m:	4:03.48 47.71	400m:	5:10.21 33.20	
23.	ZALEWSKI Bartosz		94	AZS AWF Katowice				5:10.73	475
	50m:	31.02 31.02	150m:	1:51.25 41.92	250m:	3:14.31 42.43	350m:	4:36.33 38.32	
	100m:	1:09.33 38.31	200m:	2:31.88 40.63	300m:	3:58.01 43.70	400m:	5:10.73 34.40	
DYSKW.	KOŁODZIEJCZAK Filip		94	Start Łódź					K 11