

Zimowe Mistrzostwa Polski Juniorów 16 - lat
Puławy, 29. - 31.1.2010

Konkurencja 20
2010-01-30 - 17:40

Chłopców, 400m dowolny

16 lat
Wyniki Finał

Top Times Poland - 16 lat 3:50.48 MROZ Gregor POL ??? 1999-03-01

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.		
Finał A											
1.	KURANT Roger		94	KSZO Ostrowiec Œw.				3:57.68	752		
	50m:	27.57 27.57	150m:	1:27.34	29.75	250m:	2:27.59	30.25	350m:	3:28.27	30.34
	100m:	57.59 30.02	200m:	1:57.34	30.00	300m:	2:57.93	30.34	400m:	3:57.68	29.41
2.	ZONIUK MACIEJ		94	Œel'sk Wrocław				4:01.86	713		
	50m:	28.03 28.03	150m:	1:28.80	30.38	250m:	2:29.96	30.45	350m:	3:31.51	30.88
	100m:	58.42 30.39	200m:	1:59.51	30.71	300m:	3:00.63	30.67	400m:	4:01.86	30.35
3.	KACZMARSKI Marcin		94	KSZO Ostrowiec Œw.				4:02.10	711		
	50m:	27.79 27.79	150m:	1:28.99	30.85	250m:	2:31.34	31.27	350m:	3:32.91	30.64
	100m:	58.14 30.35	200m:	2:00.07	31.08	300m:	3:02.27	30.93	400m:	4:02.10	29.19
4.	ZABOROWSKI Filip SS		94	Flota Gdynia				4:03.51	699		
	50m:	27.66 27.66	150m:	1:29.03	30.76	250m:	2:30.44	30.69	350m:	3:32.93	31.32
	100m:	58.27 30.61	200m:	1:59.75	30.72	300m:	3:01.61	31.17	400m:	4:03.51	30.58
5.	RYSKI Marcin		94	Kormoran Olsztyn				4:05.10	685		
	50m:	28.80 28.80	150m:	1:30.08	30.59	250m:	2:31.90	30.81	350m:	3:34.07	30.95
	100m:	59.49 30.69	200m:	2:01.09	31.01	300m:	3:03.12	31.22	400m:	4:05.10	31.03
6.	SMEJA Sławomir		94	AZS WSG Bydgoszcz				4:06.04	678		
	50m:	27.78 27.78	150m:	1:29.50	30.98	250m:	2:31.86	31.19	350m:	3:35.40	31.71
	100m:	58.52 30.74	200m:	2:00.67	31.17	300m:	3:03.69	31.83	400m:	4:06.04	30.64
Finał B											
7.	LASSEK Bartłomiej		94	Trójka Łódź				4:09.08	653		
	50m:	28.71 28.71	150m:	1:30.55	30.70	250m:	2:33.06	31.43	350m:	3:37.80	32.31
	100m:	59.85 31.14	200m:	2:01.63	31.08	300m:	3:05.49	32.43	400m:	4:09.08	31.28
8.	TOMASZEWSKI Jacek		94	Rekin Warszawa				4:11.06	638		
	50m:	29.27 29.27	150m:	1:32.57	31.89	250m:	2:37.33	32.62	350m:	3:41.24	31.54
	100m:	1:00.68 31.41	200m:	2:04.71	32.14	300m:	3:09.70	32.37	400m:	4:11.06	29.82
9.	NOWICKI Mateusz		94	Aqua Bydgoszcz				4:11.97	631		
	50m:	29.09 29.09	150m:	1:32.15	31.79	250m:	2:36.37	32.02	350m:	3:40.25	31.97
	100m:	1:00.36 31.27	200m:	2:04.35	32.20	300m:	3:08.28	31.91	400m:	4:11.97	31.72
10.	GORRA Daniel		94	MKP Szczecin				4:16.36	599		
	50m:	29.36 29.36	150m:	1:33.08	32.17	250m:	2:38.37	32.62	350m:	3:44.13	32.79
	100m:	1:00.91 31.55	200m:	2:05.75	32.67	300m:	3:11.34	32.97	400m:	4:16.36	32.23
11.	BREMBOR Tomasz		94	AZS AWF Katowice				4:17.50	591		
	50m:	27.95 27.95	150m:	1:31.53	32.42	250m:	2:37.56	32.84	350m:	3:45.04	33.78
	100m:	59.11 31.16	200m:	2:04.72	33.19	300m:	3:11.26	33.70	400m:	4:17.50	32.46
12.	KWIECIEŃ Michał		94	Victoria Racibórz				4:17.59	591		
	50m:	28.25 28.25	150m:	1:31.95	32.19	250m:	2:38.09	33.18	350m:	3:45.56	33.90
	100m:	59.76 31.51	200m:	2:04.91	32.96	300m:	3:11.66	33.57	400m:	4:17.59	32.03