

Memoria³ Kosakowskiego 2010
Janów Lubelski, 27.3.2010

Konkurencja 13
27.3.10 - 12:34

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2009

Pozycja			Rok ur.					Czas	Pkt.		
1.	RADLIŃSKA Marcelina		93	Orka Zamoceæ				4:38.67	625		
	50m:	30.93 30.93	150m:	1:40.99	35.71	250m:	2:53.32	36.11	350m:	4:04.64	35.83
	100m:	1:05.28 34.35	200m:	2:17.21	36.22	300m:	3:28.81	35.49	400m:	4:38.67	34.03
2.	WOŁOSZYN Sonia		95	Salos Kielce				4:38.76	624		
	50m:	31.26 31.26	150m:	1:40.64	35.36	250m:	2:52.56	35.90	350m:	4:04.28	35.84
	100m:	1:05.28 34.02	200m:	2:16.66	36.02	300m:	3:28.44	35.88	400m:	4:38.76	34.48
3.	AMBROŃKIEWICZ Kinga		95	Wis ³ a Pu ³ awy				5:01.01	496		
	50m:	32.96 32.96	150m:	1:47.64	38.04	250m:	3:05.73	39.15	350m:	4:23.47	39.01
	100m:	1:09.60 36.64	200m:	2:26.58	38.94	300m:	3:44.46	38.73	400m:	5:01.01	37.54
4.	WIECZOREK Magdalena		98	Fala Kracænik				5:10.24	453		
	50m:	35.11 35.11	150m:	1:55.13	40.54	250m:	3:13.96	40.67	350m:	4:32.76	39.11
	100m:	1:14.59 39.48	200m:	2:33.29	38.16	300m:	3:53.65	39.69	400m:	5:10.24	37.48
5.	MARZEC Paulina		97	Salos Kielce				5:12.68	442		
	50m:	35.87 35.87	150m:	1:54.94	40.10	250m:	3:15.24	40.26	350m:	4:35.75	40.27
	100m:	1:14.84 38.97	200m:	2:34.98	40.04	300m:	3:55.48	40.24	400m:	5:12.68	36.93
6.	GOLEŃ Martyna		98	Fala Kracænik				5:15.55	430		
	50m:	35.37 35.37	150m:	1:56.26	41.02	250m:	3:16.34	40.06	350m:	4:37.38	40.48
	100m:	1:15.24 39.87	200m:	2:36.28	40.02	300m:	3:56.90	40.56	400m:	5:15.55	38.17
7.	KAMIŃSKA Daria		97	Wodnik Radom				5:23.47	400		
	50m:	40.67 40.67	150m:	1:58.43	47.59	250m:	3:21.81	41.93	350m:	4:44.79	34.85
	100m:	1:10.84 30.17	200m:	2:39.88	41.45	300m:	4:09.94	48.13	400m:	5:23.47	38.68
8.	NOGAJ Paulina		98	Wodnik Radom				5:24.09	397		
	50m:	37.55 37.55	150m:	2:00.09	40.56	250m:	3:24.18	43.62	350m:	4:46.64	41.17
	100m:	1:19.53 41.98	200m:	2:40.56	40.47	300m:	4:05.47	41.29	400m:	5:24.09	37.45
9.	SACZUK Aleksandra		98	Lublinianka				5:30.74	374		
	50m:	37.18 37.18	150m:	2:00.87	42.63	250m:	3:26.46	42.87	350m:	4:51.24	41.97
	100m:	1:18.24 41.06	200m:	2:43.59	42.72	300m:	4:09.27	42.81	400m:	5:30.74	39.50
10.	ZABURKO Joanna		97	Lublinianka				5:32.96	366		
	50m:	37.47 37.47	150m:	2:00.75	42.12	250m:	3:28.08	44.97	350m:	4:51.47	42.13
	100m:	1:18.63 41.16	200m:	2:43.11	42.36	300m:	4:09.34	41.26	400m:	5:32.96	41.49
11.	STOPYRA Martyna		98	Lublinianka				5:50.15	315		
	50m:	37.67 37.67	150m:	2:07.64	45.35	250m:	3:38.09	45.31	350m:	5:07.76	45.53
	100m:	1:22.29 44.62	200m:	2:52.78	45.14	300m:	4:22.23	44.14	400m:	5:50.15	42.39
12.	SADURSKA Martyna		97	Lublinianka				5:51.80	311		
	50m:	39.09 39.09	150m:	2:06.76	44.00	250m:	3:36.76	44.85	350m:	5:05.78	44.28
	100m:	1:22.76 43.67	200m:	2:51.91	45.15	300m:	4:21.50	44.74	400m:	5:51.80	46.02
13.	JAKÓBIK Sara		98	Sparta Bi ³ goraj				6:02.41	284		
	50m:	42.91 42.91	150m:	2:18.83	47.89	250m:	3:52.25	46.11	350m:	5:19.97	44.13
	100m:	1:30.94 48.03	200m:	3:06.14	47.31	300m:	4:35.84	43.59	400m:	6:02.41	42.44
14.	CHMIEL Paulina		98	Lublinianka				6:06.38	275		
	50m:	39.28 39.28	150m:	2:10.15	45.79	250m:	3:44.36	46.78	350m:	5:18.45	47.46
	100m:	1:24.36 45.08	200m:	2:57.58	47.43	300m:	4:30.99	46.63	400m:	6:06.38	47.93
15.	KOŃCIK Patrycja		98	Sparta Bi ³ goraj				6:17.53	251		
	50m:	41.49 41.49	150m:	2:17.64	48.90	250m:	3:55.09	48.84	350m:	5:31.55	48.19
	100m:	1:28.74 47.25	200m:	3:06.25	48.61	300m:	4:43.36	48.27	400m:	6:17.53	45.98
16.	ZDZIOBŁO Kinga		98	Sparta Bi ³ goraj				6:24.81	237		
	50m:	42.08 42.08	150m:	2:21.15	49.42	250m:	4:01.56	50.25	350m:	5:40.07	47.99
	100m:	1:31.73 49.65	200m:	3:11.31	50.16	300m:	4:52.08	50.52	400m:	6:24.81	44.74