

III Międzynarodowe Mistrzostwa Miasta Kędzierzyna-Koźła w Pływaniu „Koziołki Pływackie 2010 „
Kędzierzyn-Koźle, 7. - 8.5.2010

Konkurencja 15
8.5.10 - 10:55

Dziewcząt, 400m dowolny

12 - 15 lat
Wyniki

Punkty: FINA 2009

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. Katarzyna Mycak	98	5:11.18	449
50m: 35.98 35.98 150m: 1:56.00 40.32 250m: 3:16.86 40.37 350m: 4:37.13 40.01			
100m: 1:15.68 39.70 200m: 2:36.49 40.49 300m: 3:57.12 40.26 400m: 5:11.18 34.05			
2. Aleksandra GRUSZCZYŃSKA	98	5:11.54	447
50m: 35.22 35.22 150m: 1:52.00 38.49 250m: 3:12.20 40.01 350m: 4:33.43 40.29			
100m: 1:13.51 38.29 200m: 2:32.19 40.19 300m: 3:53.14 40.94 400m: 5:11.54 38.11			
3. Nina Kowalik	98	5:11.93	446
50m: 35.05 35.05 150m: 1:53.37 39.72 250m: 3:13.40 40.03 350m: 4:34.42 40.36			
100m: 1:13.65 38.60 200m: 2:33.37 40.00 300m: 3:54.06 40.66 400m: 5:11.93 37.51			
4. Aleksandra Kasperek	98	5:28.88	380
50m: 36.47 36.47 150m: 2:00.10 42.76 250m: 3:26.94 43.74 350m: 4:49.76 40.98			
100m: 1:17.34 40.87 200m: 2:43.20 43.10 300m: 4:08.78 41.84 400m: 5:28.88 39.12			
5. Marcelina BRYCĘ	98	5:29.63	378
50m: 37.49 37.49 150m: 1:59.36 41.14 250m: 3:40.28 40.90			
100m: 1:18.22 40.73 200m: 2:41.96 42.60 300m: 4:08.28 40.45			
6. Roksana Kolber	98	5:48.18	320
50m: 38.80 38.80 150m: 2:08.00 44.87 250m: 3:37.04 44.53 350m: 5:06.42 44.24			
100m: 1:23.13 44.33 200m: 2:52.51 44.51 300m: 4:22.18 45.14 400m: 5:48.18 41.76			
7. Natalia Parys	98	5:51.47	312
50m: 37.89 37.89 150m: 2:05.02 44.17 250m: 3:36.12 45.97 350m: 5:07.42 45.29			
100m: 1:20.85 42.96 200m: 2:50.15 45.13 300m: 4:22.13 46.01 400m: 5:51.47 44.05			
8. Natalia Krypczyk	98	6:18.67	249
50m: 41.55 41.55 150m: 2:17.60 48.70 250m: 3:55.09 48.42 350m: 5:31.40 47.79			
100m: 1:28.90 47.35 200m: 3:06.67 49.07 300m: 4:43.61 48.52 400m: 6:18.67 47.27			
13 lat			
1. ALEKSANDRA TURAJCZYK	97	4:47.32	570
50m: 32.61 32.61 150m: 1:44.74 36.65 250m: 2:59.08 37.22 350m: 4:12.95 36.64			
100m: 1:08.09 35.48 200m: 2:21.86 37.12 300m: 3:36.31 37.23 400m: 4:47.32 34.37			
2. Marta Œeliwińska	97	4:49.29	559
50m: 32.96 32.96 150m: 1:46.31 37.49 250m: 2:59.57 37.35 350m: 4:12.65 36.59			
100m: 1:08.82 35.86 200m: 2:22.22 35.91 300m: 3:36.06 36.49 400m: 4:49.29 36.64			
3. Natalia Woźniak	97	4:56.95	517
50m: 33.98 33.98 150m: 1:47.81 37.29 250m: 3:03.61 38.04 350m: 4:19.58 38.00			
100m: 1:10.52 36.54 200m: 2:25.57 37.76 300m: 3:41.58 37.97 400m: 4:56.95 37.37			
4. Wiktoria Rostowska	97	5:00.19	500
50m: 33.70 33.70 150m: 1:47.83 38.10 250m: 3:05.09 38.69 350m: 4:22.60 38.35			
100m: 1:09.73 36.03 200m: 2:26.40 38.57 300m: 3:44.25 39.16 400m: 5:00.19 37.59			
5. DOMINIKA SOBÓEK	97	5:03.48	484
50m: 33.97 33.97 150m: 1:50.09 38.52 250m: 3:08.06 39.02 350m: 4:26.58 39.08			
100m: 1:11.57 37.60 200m: 2:29.04 38.95 300m: 3:47.50 39.44 400m: 5:03.48 36.90			
6. Daria Sztandera	97	5:10.04	454
50m: 34.18 34.18 150m: 1:51.10 39.10 250m: 3:11.58 40.15 350m: 4:32.37 40.49			
100m: 1:12.00 37.82 200m: 2:31.43 40.33 300m: 3:51.88 40.30 400m: 5:10.04 37.67			
7. MAGDALENA SZLAGOR	97	5:11.04	449
50m: 34.77 34.77 150m: 1:53.83 39.62 250m: 3:13.74 40.18 350m: 4:33.94 40.02			
100m: 1:14.21 39.44 200m: 2:33.56 39.73 300m: 3:53.92 40.18 400m: 5:11.04 37.10			

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Konkurencja 15, Dziewczyna, 400m dowolny

14 - 15 lat

1. Marta Milewska		96	KS Piatka Chorzów	4:43.54	593
50m: 32.40	32.40	150m: 1:44.36	36.25	250m: 2:56.54	35.72
100m: 1:08.11	35.71	200m: 2:20.82	36.46	300m: 3:32.45	35.91
				350m: 4:08.51	36.06
				400m: 4:43.54	35.03
2. Sonia Nowak		96	KS Piatka Chorzów	4:52.67	540
50m: 33.96	33.96	150m: 1:47.74	37.33	250m: 3:02.67	37.34
100m: 1:10.41	36.45	200m: 2:25.33	37.59	300m: 3:39.40	36.73
				350m: 4:16.39	36.99
				400m: 4:52.67	36.28
3. Karolina Maciuch		96	DOKiS SP VEGA Dobrodzień	4:52.91	538
50m: 32.89	32.89	150m: 1:45.47	36.60	250m: 3:00.51	37.91
100m: 1:08.87	35.98	200m: 2:22.60	37.13	300m: 3:38.54	38.03
				350m: 4:16.91	38.37
				400m: 4:52.91	36.00
4. Paulina Majos		96	MUKP Korona-Swim Kielce	4:55.33	525
50m: 32.98	32.98	150m: 1:46.80	37.52	250m: 3:02.65	38.29
100m: 1:09.28	36.30	200m: 2:24.36	37.56	300m: 3:41.21	38.56
				350m: 4:18.88	37.67
				400m: 4:55.33	36.45
5. Anna Knapik		96	KS Piatka Chorzów	4:56.95	517
50m: 33.58	33.58	150m: 1:47.75	37.61	250m: 3:03.08	37.88
100m: 1:10.14	36.56	200m: 2:25.20	37.45	300m: 3:41.24	38.16
				350m: 4:19.23	37.99
				400m: 4:56.95	37.72
6. Michalina Bohdanowicz		96	CSIR MOS Dłbrowa Górnicza	5:11.43	448
50m: 35.22	35.22	150m: 1:53.58	39.72	250m: 3:13.64	
100m: 1:13.86	38.64	200m:		300m: 3:53.71	40.07
				350m: 4:33.55	39.84
				400m: 5:11.43	37.88
7. Amanda Guzy		95	DOKiS SP VEGA Dobrodzień	5:19.28	416
50m: 35.41	35.41	150m: 1:55.87	40.67	250m: 3:18.20	41.24
100m: 1:15.20	39.79	200m: 2:36.96	41.09	300m: 3:59.42	41.22
				350m: 4:40.60	41.18
				400m: 5:19.28	38.68
8. Karolina Machaj		95	MMKS Zdzeszowice	5:58.12	294
50m: 40.83	40.83	150m: 2:11.69	45.71	250m: 3:42.57	44.96
100m: 1:25.98	45.15	200m: 2:57.61	45.92	300m: 4:27.42	44.85
				350m: 5:11.98	44.56
				400m: 5:58.12	46.14