

G³ówne Mistrzostwa Polski Seniorów i M³odzieźowców
Gliwice, 3. - 6.6.2010

Konkurencja 17

Kobiet, 400m zmienny

Open

2010-06-04 - 11:21

Wyniki Eliminacje

Rekord Polski Seniorów	4:36.95	BARANOWSKA, Katarzyna	MKSZC	Pekin	2009-08-09
Min ME Sen Budapeszt	4:47.51	,			
Min MEJun Helsinki 8-wynik	4:59.80	,			
Min MEJun Helsinki 12-wynik	5:01.18	,			

Punkty: FINA 2010

Pozycja			Rok ur.							Czas	Pkt.	
1.	YEVCCHAK, Anna		93	MKS Zryw Opole						4:59.52	728	A
	50m:	31.72 31.72	150m:	1:47.56	38.69	250m:	3:09.09	43.83	350m:	4:26.66	34.92	
	100m:	1:08.87 37.15	200m:	2:25.26	37.70	300m:	3:51.74	42.65	400m:	4:59.52	32.86	
2.	OLCZAK, Mirela		93	MKP „S ³ owianka" Gorzów Wlkp.						4:59.99	724	A
	50m:	30.78 30.78	150m:	1:44.86	39.33	250m:	3:07.36	44.38	350m:	4:26.19	35.70	
	100m:	1:05.53 34.75	200m:	2:22.98	38.12	300m:	3:50.49	43.13	400m:	4:59.99	33.80	
3.	CHARLOS, Natalia		93	PZP						5:00.31	722	A
	50m:	32.49 32.49	150m:	1:48.23	39.11	250m:	3:10.25	44.32	350m:	4:27.65	33.35	
	100m:	1:09.12 36.63	200m:	2:25.93	37.70	300m:	3:54.30	44.05	400m:	5:00.31	32.66	
4.	OŁENOWSKA, Katarzyna		90	KP MZOS P ³ ock						5:01.20	715	A
	50m:	31.53 31.53	150m:	1:46.63	39.11	250m:	3:07.98	43.26	350m:	4:26.73	35.38	
	100m:	1:07.52 35.99	200m:	2:24.72	38.09	300m:	3:51.35	43.37	400m:	5:01.20	34.47	
5.	SZCZEPANIAK, Karolina		92	AZS AWF Warszawa						5:02.02	710	A
	50m:	32.07 32.07	150m:	1:47.30	38.05	250m:	3:08.87	44.17	350m:	4:28.97	35.98	
	100m:	1:09.25 37.18	200m:	2:24.70	37.40	300m:	3:52.99	44.12	400m:	5:02.02	33.05	
6.	UKOWSKA, Paula SZG		93	MKS Zryw Opole						5:03.63	698	A
	50m:	31.13 31.13	150m:	1:44.95	38.93	250m:	3:07.02	45.56	350m:	4:29.61	36.94	
	100m:	1:06.02 34.89	200m:	2:21.46	36.51	300m:	3:52.67	45.65	400m:	5:03.63	34.02	
7.	DAWIDOWICZ, Anna		93	UKS "Pi ¹ tka" Konstantynów						5:04.19	695	A
	50m:	32.89 32.89	150m:	1:48.88	39.29	250m:	3:10.29	43.66	350m:	4:29.36	35.79	
	100m:	1:09.59 36.70	200m:	2:26.63	37.75	300m:	3:53.57	43.28	400m:	5:04.19	34.83	
8.	CIESIELSKA, Sylwia		95	KS Warta Poznań						5:06.67	678	A
	50m:	33.31 33.31	150m:	1:50.88	39.26	250m:	3:13.62	43.85	350m:	4:32.72	34.86	
	100m:	1:11.62 38.31	200m:	2:29.77	38.89	300m:	3:57.86	44.24	400m:	5:06.67	33.95	
9.	ZACHOSZCZ, Joanna		93	MKP „S ³ owianka" Gorzów Wlkp.						5:07.92	670	B
	50m:	31.86 31.86	150m:	1:49.91	41.58	250m:	3:12.50	42.97	350m:	4:32.75	36.47	
	100m:	1:08.33 36.47	200m:	2:29.53	39.62	300m:	3:56.28	43.78	400m:	5:07.92	35.17	
10.	SZMAGALSKA, Agata		95	MKP „S ³ owianka" Gorzów Wlkp.						5:08.22	668	B
	50m:	31.23 31.23	150m:	1:46.26	38.56	250m:	3:09.84	45.02	350m:	4:32.81	36.11	
	100m:	1:07.70 36.47	200m:	2:24.82	38.56	300m:	3:56.70	46.86	400m:	5:08.22	35.41	
11.	PELOWSKA, Aleksandra, SG		93	UKS Jedyńka Solex Lębork						5:10.95	650	B
	50m:	33.10 33.10	150m:	1:51.35	41.47	250m:	3:13.64	42.70	350m:	4:34.70	37.83	
	100m:	1:09.88 36.78	200m:	2:30.94	39.59	300m:	3:56.87	43.23	400m:	5:10.95	36.25	
12.	STASZKIEWICZ, Katarzyna		90	AZS AWF Wroc ³ aw						5:11.30	648	B
	50m:	31.30 31.30	150m:	1:48.94	40.67	250m:	3:13.49	44.17	350m:	4:35.15	37.31	
	100m:	1:08.27 36.97	200m:	2:29.32	40.38	300m:	3:57.84	44.35	400m:	5:11.30	36.15	
13.	KOZŁOWSKA, Anna		96	MUKS Piętnastka AQUA Bydgoszcz						5:11.73	645	B
	50m:	33.01 33.01	150m:	1:50.48	39.95	250m:	3:14.20	44.28	350m:	4:36.48	37.01	
	100m:	1:10.53 37.52	200m:	2:29.92	39.44	300m:	3:59.47	45.27	400m:	5:11.73	35.25	
14.	KORZENIOWSKA, Marta SO		93	UKP UNIA Ocęwięcim						5:13.01	637	B
	50m:	32.64 32.64	150m:	1:50.99	41.02	250m:	3:15.41	43.51	350m:	4:36.96	37.85	
	100m:	1:09.97 37.33	200m:	2:31.90	40.91	300m:	3:59.11	43.70	400m:	5:13.01	36.05	
15.	MÓZGOWSKA, JAGODA		90	AZS AGH Kraków						5:13.32	636	B
	50m:	31.60 31.60	150m:	1:48.56	40.06	250m:	3:11.08	43.33	350m:	4:35.37	39.14	
	100m:	1:08.50 36.90	200m:	2:27.75	39.19	300m:	3:56.23	45.15	400m:	5:13.32	37.95	
16.	WIERTEL, Agata		95	MTP Lublinianka Lublin						5:14.78	627	B
	50m:	33.51 33.51	150m:	1:51.24	39.57	250m:	3:16.95	47.54	350m:	4:39.71	36.38	
	100m:	1:11.67 38.16	200m:	2:29.41	38.17	300m:	4:03.33	46.38	400m:	5:14.78	35.07	

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Konkurencja 17, Kobiety, 400m zmienny, Eliminacje, Open

Pozycja			Rok ur.					Czas	Pkt.			
17.	PIASECKA, Marta	SK	91	AZS AWF Katowice				5:14.98	626 R			
	50m:	32.67	32.67	150m:	1:50.98	40.37	250m:	3:17.42	46.31	350m:	4:39.61	35.27
	100m:	1:10.61	37.94	200m:	2:31.11	40.13	300m:	4:04.34	46.92	400m:	5:14.98	35.37
18.	POZORSKA, Agata		94	MUKS Piętnastka AQUA Bydgoszcz				5:16.71	615 R			
	50m:	33.11	33.11	150m:	1:51.57	40.73	250m:	3:17.44	46.00	350m:	4:40.48	36.58
	100m:	1:10.84	37.73	200m:	2:31.44	39.87	300m:	4:03.90	46.46	400m:	5:16.71	36.23
19.	SZCZYTKO, ALICJA		95	MUKS Olimpijczyk Suwa ³ ki				5:18.31	606			
	50m:	32.27	32.27	150m:	1:52.57	41.39	250m:	3:18.42	45.62	350m:	4:42.58	36.77
	100m:	1:11.18	38.91	200m:	2:32.80	40.23	300m:	4:05.81	47.39	400m:	5:18.31	35.73
20.	WIZNER, Katarzyna		94	MUKS Piętnastka AQUA Bydgoszcz				5:18.41	606			
	50m:	33.60	33.60	150m:	1:52.80	41.08	250m:	3:18.76	46.16	350m:	4:42.35	36.42
	100m:	1:11.72	38.12	200m:	2:32.60	39.80	300m:	4:05.93	47.17	400m:	5:18.41	36.06
21.	PAWLIKOWSKA, Agata		94	MKS Juwenia Wroc ³ aw				5:19.20	601			
	50m:	32.03	32.03	150m:	1:52.53	42.42	250m:	3:16.67	43.00	350m:	4:41.53	39.08
	100m:	1:10.11	38.08	200m:	2:33.67	41.14	300m:	4:02.45	45.78	400m:	5:19.20	37.67
22.	BERNAT, Aleksandra		90	KS Warta Poznań				5:22.33	584			
	50m:	32.93	32.93	150m:	1:55.02	43.96	250m:	3:24.10	46.28	350m:	4:47.59	36.34
	100m:	1:11.06	38.13	200m:	2:37.82	42.80	300m:	4:11.25	47.15	400m:	5:22.33	34.74
23.	CHLIPAŁA, Patrycja		93	MKS Jordan Kraków				5:25.04	569			
	50m:	33.69	33.69	150m:	1:53.81	40.18	250m:	3:21.35	47.94	350m:	4:47.87	37.64
	100m:	1:13.63	39.94	200m:	2:33.41	39.60	300m:	4:10.23	48.88	400m:	5:25.04	37.17
24.	KWIATKOWSKA, MAGDALENA		96	AZS-AWF Poznań				5:35.30	518			
	50m:	36.03	36.03	150m:	2:01.95	42.76	250m:	3:32.50	48.40	350m:	4:59.30	38.07
	100m:	1:19.19	43.16	200m:	2:44.10	42.15	300m:	4:21.23	48.73	400m:	5:35.30	36.00
25.	MNICH, OLIMPIA		96	AZS-AWF Poznań				5:38.59	503			
	50m:	36.96	36.96	150m:	2:03.84	44.44	250m:	3:36.85	50.01	350m:	5:03.01	36.48
	100m:	1:19.40	42.44	200m:	2:46.84	43.00	300m:	4:26.53	49.68	400m:	5:38.59	35.58
26.	DERDA, NATALIA		95	MUKS Olimpijczyk Suwa ³ ki				5:39.53	499			
	50m:	35.25	35.25	150m:	2:01.50	45.20	250m:	3:32.39	47.62	350m:	5:01.37	39.16
	100m:	1:16.30	41.05	200m:	2:44.77	43.27	300m:	4:22.21	49.82	400m:	5:39.53	38.16
27.	BARTOSZEWICZ, EWELINA		95	MUKS Olimpijczyk Suwa ³ ki				5:43.04	484			
	50m:	32.96	32.96	150m:	1:58.55	46.59	250m:	3:34.16	50.23	350m:	5:04.53	39.99
	100m:	1:11.96	39.00	200m:	2:43.93	45.38	300m:	4:24.54	50.38	400m:	5:43.04	38.51
28.	ZBOROWSKA, Marta	SP	91	TS Olimpia Poznań				5:51.93	448			
	50m:	34.83	34.83	150m:	2:00.75	44.88	250m:	3:35.63	51.47	350m:	5:11.47	41.91
	100m:	1:15.87	41.04	200m:	2:44.16	43.41	300m:	4:29.56	53.93	400m:	5:51.93	40.46