

Konkurencja 12
5.6.2010 - 18:30

Kobiet, 400m dowolny

25 - 84 lat
Wyniki

Punkty: DSV Masters 04

Pozycja			Wiek					Czas	Pkt.
Kategoria A									
1.	Siarheyenka Aksana		25	SPORT Figielski Warszawa				6:23.40	334
	50m:	40.34 40.34	150m:	2:13.69 47.68	250m:	3:54.14 50.18	350m:	5:35.66 50.44	
	100m:	1:26.01 45.67	200m:	3:03.96 50.27	300m:	4:45.22 51.08	400m:	6:23.40 47.74	
Kategoria B									
1.	Sopolińska Emilia		30	Zawodnik niezrzeszony				6:47.51	284
	50m:	45.62 45.62	150m:	2:26.24 50.76	250m:	4:10.60 52.26	350m:	5:57.00 53.35	
	100m:	1:35.48 49.86	200m:	3:18.34 52.10	300m:	5:03.65 53.05	400m:	6:47.51 50.51	
2.	Varela-Machado Lina Maria		33	Zawodnik niezrzeszony				6:56.02	267
	50m:	41.60 41.60	150m:	2:21.02 51.70	250m:	4:09.22 54.77	350m:	6:00.31 55.58	
	100m:	1:29.32 47.72	200m:	3:14.45 53.43	300m:	5:04.73 55.51	400m:	6:56.02 55.71	
Kategoria C									
1.	Sołtyk Judyta		36	AZS Almamer Warszawa				5:14.61	616
	50m:	35.22 35.22	150m:	1:52.34 39.12	250m:	3:12.42 40.35	350m:	4:34.52 41.19	
	100m:	1:13.22 38.00	200m:	2:32.07 39.73	300m:	3:53.33 40.91	400m:	5:14.61 40.09	
2.	Mzyk Elżbieta		35	Polna Warszawa				7:06.07	248
	50m:	42.99 42.99	150m:	5:12.39 1:54.65	250m:		350m:		
	100m:	3:17.74 2:34.75	200m:		300m:	6:10.21	400m:	7:06.07	
Kategoria D									
1.	Zubel Beata		42	Uniwersytet Szczeciński				5:33.38	543
	50m:	38.24 38.24	150m:	2:00.87 41.93	250m:	3:25.90 42.58	350m:	4:51.44 42.77	
	100m:	1:18.94 40.70	200m:	2:43.32 42.45	300m:	4:08.67 42.77	400m:	5:33.38 41.94	
2.	Gołdziejewska Anna		43	Kormoran Olsztyn				5:49.81	470
	50m:	39.04 39.04	150m:	2:05.64 43.91	250m:	3:34.24 44.51	350m:	5:04.84 45.31	
	100m:	1:21.73 42.69	200m:	2:49.73 44.09	300m:	4:19.53 45.29	400m:	5:49.81 44.97	
Kategoria E									
1.	Goszczycka Jolanta		48	SPORT Figielski Warszawa				7:19.86	295
	50m:	48.80 48.80	150m:	2:38.81 56.34	250m:	4:31.32 55.87	350m:	6:26.35 57.98	
	100m:	1:42.47 53.67	200m:	3:35.45 56.64	300m:	5:28.37 57.05	400m:	7:19.86 53.51	
2.	Trochim Beata		47	Zawodnik niezrzeszony				7:34.70	267
	50m:	48.95 48.95	150m:	2:45.91 59.08	250m:	4:41.00 57.78	350m:	6:40.36 1:00.33	
	100m:	1:46.83 57.88	200m:	3:43.22 57.31	300m:	5:40.03 59.03	400m:	7:34.70 54.34	
Kategoria F									
1.	Wawer Matylda Katarzyna		50	Zawodnik niezrzeszony				7:14.48	360
	50m:	45.01 45.01	150m:	2:29.85 53.38	250m:	4:22.69 56.62	350m:	6:18.83 58.70	
	100m:	1:36.47 51.46	200m:	3:26.07 56.22	300m:	5:20.13 57.44	400m:	7:14.48 55.65	
2.	Dłbrowska Zofia		52	GTSiK SiKReT Gliwice				8:22.59	232
	50m:	49.07 49.07	150m:	2:57.14 1:07.29	250m:	5:10.54 1:06.03	350m:	7:23.00 1:05.71	
	100m:	1:49.85 1:00.78	200m:	4:04.51 1:07.37	300m:	6:17.29 1:06.75	400m:	8:22.59 59.59	

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Kategoria G

1. Kury ³ owicz Monika	55	UCSiR Warszawa	6:33.61	608
50m: 44.45 44.45	150m: 2:23.24 49.68	250m: 4:03.41 50.47	350m: 5:45.81 51.02	
100m: 1:33.56 49.11	200m: 3:12.94 49.70	300m: 4:54.79 51.38	400m: 6:33.61 47.80	

Kategoria H

1. Łutowicz Maria	60	Olimpia Poznań	6:34.14	665
50m: 43.28 43.28	150m: 2:25.20 51.75	250m: 4:09.26 51.69	350m: 5:47.91 49.35	
100m: 1:33.45 50.17	200m: 3:17.57 52.37	300m: 4:58.56 49.30	400m: 6:34.14 46.23	
2. Szemberg Anna	61	Warsaw Masters Team	7:39.50	420
50m: 48.31 48.31	150m: 2:45.44 59.28	250m: 5:44.17 1:59.17	350m:	
100m: 1:46.16 57.85	200m: 3:45.00 59.56	300m: 6:43.07 58.90	400m: 7:39.50	
3. Krac ^o niewska Alina	60	SPORT Figielski Warszawa	8:55.66	265
50m: 57.27 57.27	150m: 3:13.57 1:09.38	250m: 5:31.69 1:08.63	350m: 7:48.23 1:08.48	
100m: 2:04.19 1:06.92	200m: 4:23.06 1:09.49	300m: 6:39.75 1:08.06	400m: 8:55.66 1:07.43	

Kategoria I

1. Czabańska Barbara	65	SPORT Figielski Warszawa	10:17.80	189
50m: 1:13.92 1:13.92	150m: 3:55.99 1:21.17	250m: 6:31.17 1:15.67	350m: 9:04.35 1:16.59	
100m: 2:34.82 1:20.90	200m: 5:15.50 1:19.51	300m: 7:47.76 1:16.59	400m: 10:17.80 1:13.45	

Kategoria J

1. Wieczorkiewicz Alina	70	Masters P ^o ńsk	11:54.63	204
50m: 1:21.12 1:21.12	150m: 4:27.68 1:34.42	250m: 7:34.49 1:33.15	350m: 10:30.34 1:26.26	
100m: 2:53.26 1:32.14	200m: 6:01.34 1:33.66	300m: 9:04.08 1:29.59	400m: 11:54.63 1:24.29	