

Konkurencja 13
5.6.2010 - 19:00

Mężczyzn, 400m dowolny

25 - 84 lat
Wyniki

Punkty: DSV Masters 04

Pozycja					Wiek					Czas	Pkt.	
Kategoria A												
1.	Mermer Micha ³				25	Wroc ³ awski Park Wodny				5:42.95	349	
	50m:	36.69	36.69	150m:	2:00.84	42.73	250m:	3:30.48	45.52	350m:	5:00.09	44.69
	100m:	1:18.11	41.42	200m:	2:44.96	44.12	300m:	4:15.40	44.92	400m:	5:42.95	42.86
Kategoria B												
1.	Kuratczyk Pawe ³				31	SPORT Figielski Warszawa				5:16.00	441	
	50m:	34.41	34.41	150m:	1:51.53	39.23	250m:	3:13.45	41.25	350m:	4:36.45	41.51
	100m:	1:12.30	37.89	200m:	2:32.20	40.67	300m:	3:54.94	41.49	400m:	5:16.00	39.55
2.	Sawicki Łukasz				33	Zawodnik niezrzeszony				6:18.39	257	
	50m:	38.49	38.49	150m:	2:10.78	48.04	250m:	3:49.19	49.59	350m:	5:28.54	50.11
	100m:	1:22.74	44.25	200m:	2:59.60	48.82	300m:	4:38.43	49.24	400m:	6:18.39	49.85
3.	Darowski Dariusz				33	SPORT Figielski Warszawa				7:10.32	174	
	50m:	40.58	40.58	150m:	2:24.34	54.90	250m:	4:19.27	58.76	350m:	6:12.45	58.06
	100m:	1:29.44	48.86	200m:	3:20.51	56.17	300m:	5:14.39	55.12	400m:	7:10.32	57.87
Kategoria C												
1.	Jaroń Tomasz				39	Zawodnik niezrzeszony				5:56.66	325	
	50m:	38.28	38.28	150m:	2:05.00	44.72	250m:	3:35.37	45.52	350m:	5:10.76	47.43
	100m:	1:20.28	42.00	200m:	2:49.85	44.85	300m:	4:23.33	47.96	400m:	5:56.66	45.90
Kategoria D												
1.	Bar Wies ³ aw				40	Zawodnik niezrzeszony				5:18.08	492	
	50m:	32.24	32.24	150m:	1:47.64	39.05	250m:	3:09.29	42.07	350m:	4:35.62	43.94
	100m:	1:08.59	36.35	200m:	2:27.22	39.58	300m:	3:51.68	42.39	400m:	5:18.08	42.46
2.	Zach Pawe ³				42	Entre Warszawa				6:02.62	332	
	50m:	40.85	40.85	150m:	2:10.94	45.76	250m:	3:44.00	46.24	350m:	5:18.08	47.47
	100m:	1:25.18	44.33	200m:	2:57.76	46.82	300m:	4:30.61	46.61	400m:	6:02.62	44.54
Kategoria E												
1.	Leszczyński Jerzy				46	Zawodnik niezrzeszony				5:25.37	526	
	50m:	35.82	35.82	150m:	1:56.17	40.77	250m:	3:18.98	41.63	350m:	4:43.65	42.53
	100m:	1:15.40	39.58	200m:	2:37.35	41.18	300m:	4:01.12	42.14	400m:	5:25.37	41.72
2.	R ¹ pa ³ a Leszek				48	Zawodnik niezrzeszony				6:20.58	329	
	50m:	42.96	42.96	150m:	2:18.08	48.00	250m:	3:54.75	48.67	350m:	5:32.05	48.37
	100m:	1:30.08	47.12	200m:	3:06.08	48.00	300m:	4:43.68	48.93	400m:	6:20.58	48.53
3.	Nowicki Robert				47	Zawodnik niezrzeszony				6:47.88	267	
	50m:	45.84	45.84	150m:	2:26.95	51.56	250m:	4:11.90	52.78	350m:	5:56.38	52.18
	100m:	1:35.39	49.55	200m:	3:19.12	52.17	300m:	5:04.20	52.30	400m:	6:47.88	51.50
4.	Ciupiński Jaros ³ aw				45	UCSiR Warszawa				7:07.84	231	
	50m:	45.21	45.21	150m:	2:31.87	54.83	250m:	4:24.11	55.95	350m:	6:16.13	56.26
	100m:	1:37.04	51.83	200m:	3:28.16	56.29	300m:	5:19.87	55.76	400m:	7:07.84	51.71

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Kategoria F

1. Wolny Dariusz	50	Redeco Wroc ³ aw	4:39.06	889
50m: 33.35 33.35	150m: 1:43.94 34.73	250m: 2:53.51 34.83	350m: 4:04.09 35.18	
100m: 1:09.21 35.86	200m: 2:18.68 34.74	300m: 3:28.91 35.40	400m: 4:39.06 34.97	
2. Gryboœ Andrzej	52	SPORT Figielski Warszawa	6:01.99	407
50m: 37.47 37.47	150m: 2:06.14 45.88	250m: 3:41.22 48.04	350m: 5:16.79 47.61	
100m: 1:20.26 42.79	200m: 2:53.18 47.04	300m: 4:29.18 47.96	400m: 6:01.99 45.20	
3. Puchalski Bogdan	54	Masters Polkowice	6:31.33	322
50m: 42.60 42.60	150m: 2:17.87 49.12	250m: 3:59.54 51.50	350m: 5:41.03 51.39	
100m: 1:28.75 46.15	200m: 3:08.04 50.17	300m: 4:49.64 50.10	400m: 6:31.33 50.30	
4. Miñski Andrzej	54	Zawodnik niezrzeszony	6:32.87	318
50m: 41.25 41.25	150m: 2:21.37 51.90	250m: 4:55.17 50.77	350m: 5:46.16	
100m: 1:29.47 48.22	200m: 4:04.40 1:43.03	300m:	400m: 6:32.87 46.71	
5. Wiatr W ³ odzimierz	53	CityZen AZS AWF Poznañ	6:40.59	300
50m: 43.88 43.88	150m: 2:23.63 51.18	250m: 4:08.81 52.91	350m: 5:53.43 51.88	
100m: 1:32.45 48.57	200m: 3:15.90 52.27	300m: 5:01.55 52.74	400m: 6:40.59 47.16	
6. Łatecki W ³ odzimierz	52	Zgiersko-Łęczyckie WOPR	7:36.19	203
50m: 47.25 47.25	150m: 2:39.60 58.29	250m: 4:38.54 1:00.37	350m: 6:38.90 1:00.08	
100m: 1:41.31 54.06	200m: 3:38.17 58.57	300m: 5:38.82 1:00.28	400m: 7:36.19 57.29	

Kategoria G

1. Warcho ³ Miros ³ aw	57	Warsaw Masters Team	4:59.88	870
50m: 34.18 34.18	150m: 1:48.50 37.53	250m: 3:05.01 38.19	350m: 4:22.26 38.31	
100m: 1:10.97 36.79	200m: 2:26.82 38.32	300m: 3:43.95 38.94	400m: 4:59.88 37.62	
2. VorbrodT Tadeusz	57	SPORT Figielski Warszawa	6:38.34	371
50m: 45.38 45.38	150m: 2:22.81 50.42	250m: 4:04.26 51.53	350m: 5:48.82 51.21	
100m: 1:32.39 47.01	200m: 3:12.73 49.92	300m: 4:57.61 53.35	400m: 6:38.34 49.52	
3. Pomianowski Jan	57	Zawodnik niezrzeszony	11:19.96	74
50m: 1:10.78 1:10.78	150m: 4:01.20 1:27.88	250m: 6:53.62 1:23.21	350m: 9:55.99 1:33.66	
100m: 2:33.32 1:22.54	200m: 5:30.41 1:29.21	300m: 8:22.33 1:28.71	400m: 11:19.96 1:23.97	

Kategoria H

1. KoŸlicki Tadeusz	60	SPORT Figielski Warszawa	10:09.55	113
50m: 1:01.53 1:01.53	150m: 3:37.20 1:19.45	250m: 6:14.63 1:18.03	350m: 8:55.28 1:20.90	
100m: 2:17.75 1:16.22	200m: 4:56.60 1:19.40	300m: 7:34.38 1:19.75	400m: 10:09.55 1:14.27	

Kategoria I

1. Borodziuk Stefan	66	Warsaw Masters Team	7:15.36	424
50m: 45.46 45.46	150m: 2:34.52 55.60	250m: 4:28.09 56.73	350m: 6:22.44 56.73	
100m: 1:38.92 53.46	200m: 3:31.36 56.84	300m: 5:25.71 57.62	400m: 7:15.36 52.92	
2. Piotrowski Maciej	68	SPORT Figielski Warszawa	7:48.56	340
50m: 49.80 49.80	150m: 2:50.75 1:01.25	250m: 4:52.63 1:00.99	350m: 6:52.25 58.86	
100m: 1:49.50 59.70	200m: 3:51.64 1:00.89	300m: 5:53.39 1:00.76	400m: 7:48.56 56.31	