

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 11. - 12.6.2010

Konkurencja 30
2010-06-12 - 12:50

Chłopców, 400m zmienny

12 - 15 lat
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.	
12 lat										
1.	MILCZAREK, PIOTR		98	UKS 190 Łódź				5:48.97	341	
	50m:	35.01 35.01	150m:	2:03.71	46.22	250m:	3:40.24	52.54	350m:	5:11.87 39.24
	100m:	1:17.49 42.48	200m:	2:47.70	43.99	300m:	4:32.63	52.39	400m:	5:48.97 37.10
2.	LESZCZYŃSKI, Mateusz		98	Uks Meduza Warszawa				6:04.15	300	
	50m:	37.66 37.66	150m:	2:10.25	47.25	250m:	3:49.82	52.32	350m:	5:23.33 41.01
	100m:	1:23.00 45.34	200m:	2:57.50	47.25	300m:	4:42.32	52.50	400m:	6:04.15 40.82
3.	POZNACHOWSKI, Wiktor		98	MKS Polonia Warszawa				6:10.24	285	
	50m:	40.75 40.75	150m:	2:19.05	47.48	250m:	3:58.15	53.19	350m:	5:31.03 39.68
	100m:	1:31.57 50.82	200m:	3:04.96	45.91	300m:	4:51.35	53.20	400m:	6:10.24 39.21
4.	SASIN, Paweł		98	Uks Meduza Warszawa				6:19.46	265	
	50m:	41.01 41.01	150m:	2:15.92	49.55	250m:	4:01.06	58.16	350m:	5:39.11 40.93
	100m:	1:26.37 45.36	200m:	3:02.90	46.98	300m:	4:58.18	57.12	400m:	6:19.46 40.35
5.	KUSZEWSKI, Jędrzej		98	MKS Polonia Warszawa				6:28.85	246	
	50m:	40.71 40.71	150m:	2:17.64	48.98	250m:	3:59.66	53.31	350m:	5:42.29 48.36
	100m:	1:28.66 47.95	200m:	3:06.35	48.71	300m:	4:53.93	54.27	400m:	6:28.85 46.56
6.	KULIK, Krzysztof		98	UKS Trójka Puławy				6:39.37	227	
	50m:	45.30 45.30	150m:	2:34.63	52.52	250m:	4:19.54	53.63	350m:	6:00.23 45.95
	100m:	1:42.11 56.81	200m:	3:25.91	51.28	300m:	5:14.28	54.74	400m:	6:39.37 39.14
DYSKW.	DZIADEK, JAN		98	BUKS Warszawa				6:08.02		
	50m:	39.97 39.97	150m:	2:16.38	47.88	250m:	3:53.46	50.42	350m:	5:26.43 39.95
	100m:	1:28.50 48.53	200m:	3:03.04	46.66	300m:	4:46.48	53.02	400m:	6:08.02 41.59
13 lat										
1.	PIETRZAK, Dawid		97	AZS WSG Astoria Bydgoszcz				5:03.31	519	
	50m:	31.76 31.76	150m:	1:47.71	39.29	250m:	3:11.43	44.97	350m:	4:30.75 34.48
	100m:	1:08.42 36.66	200m:	2:26.46	38.75	300m:	3:56.27	44.84	400m:	5:03.31 32.56
2.	KA•MIERCZAK, Wojciech		97	UKS Kapry Armexim Pruszków				5:18.15	450	
	50m:	33.55 33.55	150m:	1:54.04	40.83	250m:	3:20.51	45.75	350m:	4:43.04 37.59
	100m:	1:13.21 39.66	200m:	2:34.76	40.72	300m:	4:05.45	44.94	400m:	5:18.15 35.11
3.	FEDOROWICZ, Jakub		97	MKS Wodnik Radom				5:26.31	417	
	50m:	34.04 34.04	150m:	1:58.06	44.04	250m:	3:25.05	44.58	350m:	4:49.46 40.25
	100m:	1:14.02 39.98	200m:	2:40.47	42.41	300m:	4:09.21	44.16	400m:	5:26.31 36.85
4.	STECKO, Michał		97	UKS Kapry Armexim Pruszków				5:41.35	364	
	50m:	37.51 37.51	150m:	2:04.66	44.38	250m:	3:35.58	48.91	350m:	5:03.73 38.45
	100m:	1:20.28 42.77	200m:	2:46.67	42.01	300m:	4:25.28	49.70	400m:	5:41.35 37.62
5.	GOLIŃSKI, PATRYK		97	BUKS Warszawa				5:44.45	354	
	50m:	37.23 37.23	150m:	2:09.24	44.75	250m:	3:41.28	49.09	350m:	5:08.29 37.90
	100m:	1:24.49 47.26	200m:	2:52.19	42.95	300m:	4:30.39	49.11	400m:	5:44.45 36.16
6.	BŁCZKOWSKI, Bartosz		97	IKS Konstancin				5:52.24	331	
	50m:	39.64 39.64	150m:	2:13.61	45.47	250m:	3:45.61	48.49	350m:	5:14.90 39.32
	100m:	1:28.14 48.50	200m:	2:57.12	43.51	300m:	4:35.58	49.97	400m:	5:52.24 37.34
7.	OLSZEWSKI, Maciej		97	UKS Rekin Warszawa				5:56.80	319	
	50m:	44.76 44.76	150m:	2:23.75	47.57	250m:	3:50.73	41.32	350m:	5:19.18 43.15
	100m:	1:36.18 51.42	200m:	3:09.41	45.66	300m:	4:36.03	45.30	400m:	5:56.80 37.62
8.	MIKOŁAJ, Robert		97	UKS Victoria Józefów				5:58.16	315	
	50m:	36.62 36.62	150m:	2:09.95	47.59	250m:	3:45.05	51.30	350m:	5:17.76 42.30
	100m:	1:22.36 45.74	200m:	2:53.75	43.80	300m:	4:35.46	50.41	400m:	5:58.16 40.40
9.	MAZUROWSKI, Kacper		97	UKS "GIM 92 Ursynów" Warszawa				6:23.74	256	
	50m:	40.15 40.15	150m:	2:19.39	50.53	250m:	4:01.86	53.69	350m:	5:40.21 45.62
	100m:	1:28.86 48.71	200m:	3:08.17	48.78	300m:	4:54.59	52.73	400m:	6:23.74 43.53

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 11. - 12.6.2010

Konkurencja 30, Ch³opców, 400m zmienny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
10.	POPŁAWSKI, Łukasz		97	Wodnik W ³ oc ³ awek				6:39.36	227		
	50m:	44.15 44.15	150m:	2:30.52	53.47	250m:	4:16.04	53.20	350m:	5:56.86	47.92
	100m:	1:37.05 52.90	200m:	3:22.84	52.32	300m:	5:08.94	52.90	400m:	6:39.36	42.50

14 lat

1.	STĘPIEŃ, KONRAD		96	MKS Polonia Warszawa				5:01.62	528		
	50m:	32.62 32.62	150m:	1:49.14	38.62	250m:	3:10.17	42.03	350m:	4:26.65	34.29
	100m:	1:10.52 37.90	200m:	2:28.14	39.00	300m:	3:52.36	42.19	400m:	5:01.62	34.97
2.	PIECHOWIAK, Bartosz		96	AZS WSG Astoria Bydgoszcz				5:03.13	520		
	50m:	30.24 30.24	150m:	1:45.99	38.75	250m:	3:11.03	45.66	350m:	4:30.63	34.21
	100m:	1:07.24 37.00	200m:	2:25.37	39.38	300m:	3:56.42	45.39	400m:	5:03.13	32.50
3.	LECIEKIEWICZ, KONRAD		96	MKS Polonia Warszawa				5:07.75	497		
	50m:	33.15 33.15	150m:	1:51.38	40.13	250m:	3:14.71	45.48	350m:	4:34.63	34.62
	100m:	1:11.25 38.10	200m:	2:29.23	37.85	300m:	4:00.01	45.30	400m:	5:07.75	33.12
4.	ŁAGOCKI, JAN		96	MKS Polonia Warszawa				5:13.01	472		
	50m:	33.05 33.05	150m:	1:53.53	41.08	250m:	3:18.48	45.38	350m:	4:39.69	35.28
	100m:	1:12.45 39.40	200m:	2:33.10	39.57	300m:	4:04.41	45.93	400m:	5:13.01	33.32
5.	BANDURSKI, PIOTR		96	BUKS Warszawa				5:15.75	460		
	50m:	32.28 32.28	150m:	1:53.39	42.19	250m:	3:20.25	45.94	350m:	4:42.36	35.73
	100m:	1:11.20 38.92	200m:	2:34.31	40.92	300m:	4:06.63	46.38	400m:	5:15.75	33.39
6.	CHRUŒCICKI, OSKAR		96	MKS Polonia Warszawa				5:37.72	376		
	50m:	35.03 35.03	150m:	2:02.96	45.67	250m:	3:36.00	48.47	350m:	5:03.44	38.29
	100m:	1:17.29 42.26	200m:	2:47.53	44.57	300m:	4:25.15	49.15	400m:	5:37.72	34.28
7.	GAŁECKI, MATEUSZ		96	BUKS Warszawa				6:09.28	287		
	50m:	35.36 35.36	150m:	2:13.26	48.57	250m:	3:55.71	54.40	350m:	5:31.15	41.98
	100m:	1:24.69 49.33	200m:	3:01.31	48.05	300m:	4:49.17	53.46	400m:	6:09.28	38.13

15 lat

1.	KUBKOWSKI, Bart ³ omiej		95	MKS Medyk Gizycko				4:51.43	585		
	50m:	29.95 29.95	150m:	1:43.84	38.23	250m:	3:04.56	42.60	350m:	4:20.20	32.39
	100m:	1:05.61 35.66	200m:	2:21.96	38.12	300m:	3:47.81	43.25	400m:	4:51.43	31.23
2.	EWIEK, Kacper		95	MKS Polonia Warszawa				4:53.88	571		
	50m:	30.38 30.38	150m:	1:44.07	37.04	250m:	3:03.67	42.15	350m:	4:20.93	34.16
	100m:	1:07.03 36.65	200m:	2:21.52	37.45	300m:	3:46.77	43.10	400m:	4:53.88	32.95
3.	ŁECKI, Wojciech		95	UKS Jagiellonka Warszawa				5:06.58	503		
	50m:	29.90 29.90	150m:	1:44.60	38.97	250m:	3:09.78	47.07	350m:	4:32.09	36.04
	100m:	1:05.63 35.73	200m:	2:22.71	38.11	300m:	3:56.05	46.27	400m:	5:06.58	34.49
4.	SMEJA, Patryk		95	AZS WSG Astoria Bydgoszcz				5:16.43	457		
	50m:	33.45 33.45	150m:	1:56.88	44.21	250m:	3:21.71	43.86	350m:	4:42.13	36.15
	100m:	1:12.67 39.22	200m:	2:37.85	40.97	300m:	4:05.98	44.27	400m:	5:16.43	34.30
5.	PADZIŃSKI, Krzysztof		95	UKS Jagiellonka Warszawa				5:23.27	429		
	50m:	33.00 33.00	150m:	1:54.87	43.01	250m:	3:21.39	44.46	350m:	4:46.08	39.04
	100m:	1:11.86 38.86	200m:	2:36.93	42.06	300m:	4:07.04	45.65	400m:	5:23.27	37.19
PKG	SIOR, PATRYK		94	MKS Polonia Warszawa				4:51.55	585		
	50m:	31.48 31.48	150m:	1:43.43	36.15	250m:	3:02.31	43.76	350m:	4:19.72	33.71
	100m:	1:07.28 35.80	200m:	2:18.55	35.12	300m:	3:46.01	43.70	400m:	4:51.55	31.83
PKZ	ALEWSKI, Igor		93	Wodnik W ³ oc ³ awek				5:38.33	374		
	50m:	34.49 34.49	150m:	2:02.41	47.80	250m:	3:33.26	47.28	350m:	5:00.57	39.45
	100m:	1:14.61 40.12	200m:	2:45.98	43.57	300m:	4:21.12	47.86	400m:	5:38.33	37.76