

Liga SMS II runda
Wroc³aw, 12. - 13.6.2010

Konkurencja 34
2010-06-13 - 10:50

Kobiet, 400m dowolny

Open
Wyniki

Punkty: FINA 2010

Pozycja	Rok ur.		Czas		Pkt.	100m	200m	300m	400m		
1. WIKIEŁ Manuela	92	SMS Szczecin	4:28.72	704	1:05.31	1:08.26	1:08.01	1:07.14			
50m:	31.60	31.60	150m:	1:39.75	34.44	250m:	2:47.53	33.96	350m:	3:55.64	34.06
100m:	1:05.31	33.71	200m:	2:13.57	33.82	300m:	3:21.58	34.05	400m:	4:28.72	33.08
2. POAROWSZCZYK Beata	91	SMS Wroc³aw	4:31.48	683	1:05.24	1:08.44	1:08.37	1:09.43			
50m:	31.56	31.56	150m:	1:39.52	34.28	250m:	2:47.97	34.29	350m:	3:56.31	34.26
100m:	1:05.24	33.68	200m:	2:13.68	34.16	300m:	3:22.05	34.08	400m:	4:31.48	35.17
3. TROJANOWSKA Kinga	95	SMS Oœwiêcim	4:35.70	652	1:05.88	1:09.95	1:11.00	1:08.87			
50m:	31.70	31.70	150m:	1:40.75	34.87	250m:	2:51.25	35.42	350m:	4:02.25	35.42
100m:	1:05.88	34.18	200m:	2:15.83	35.08	300m:	3:26.83	35.58	400m:	4:35.70	33.45
4. PAWLACZEK Natalia	93	SMS Kraków	4:35.81	651	1:05.56	1:10.22	1:10.90	1:09.13			
50m:	31.73	31.73	150m:	1:40.24	34.68	250m:	2:50.96	35.18	350m:	4:01.76	35.08
100m:	1:05.56	33.83	200m:	2:15.78	35.54	300m:	3:26.68	35.72	400m:	4:35.81	34.05
5. WAKUŁA Karolina	93	SMS Oœwiêcim	4:37.25	641	1:07.35	1:11.07	1:10.63	1:08.20			
50m:	32.42	32.42	150m:	1:42.67	35.32	250m:	2:53.67	35.25	350m:	4:03.86	34.81
100m:	1:07.35	34.93	200m:	2:18.42	35.75	300m:	3:29.05	35.38	400m:	4:37.25	33.39
6. GRZEGORCZYK Izabella	93	SMS Poznań	4:38.00	636	1:06.13	1:10.54	1:11.54	1:09.79			
50m:	32.09	32.09	150m:	1:41.50	35.37	250m:	2:52.43	35.76	350m:	4:04.11	35.90
100m:	1:06.13	34.04	200m:	2:16.67	35.17	300m:	3:28.21	35.78	400m:	4:38.00	33.89
7. KULIGOWSKA Marcela	94	SMS Szczecin	4:43.30	601	1:07.73	1:11.97	1:12.05	1:11.55			
50m:	32.45	32.45	150m:	1:43.53	35.80	250m:	2:55.52	35.82	350m:	4:07.96	36.21
100m:	1:07.73	35.28	200m:	2:19.70	36.17	300m:	3:31.75	36.23	400m:	4:43.30	35.34
8. BOREK Aleksandra	94	SMS Kraków	4:44.09	596	1:08.08	1:12.84	1:12.96	1:10.21			
50m:	32.41	32.41	150m:	1:44.59	36.51	250m:	2:57.10	36.18	350m:	4:09.23	35.35
100m:	1:08.08	35.67	200m:	2:20.92	36.33	300m:	3:33.88	36.78	400m:	4:44.09	34.86
9. MISZTAŁ Beata	94	SMS Wroc³aw	4:49.30	564	1:08.48	1:14.38	1:14.39	1:12.05			
50m:	32.20	32.20	150m:	1:45.49	37.01	250m:	3:00.12	37.26	350m:	4:13.38	36.13
100m:	1:08.48	36.28	200m:	2:22.86	37.37	300m:	3:37.25	37.13	400m:	4:49.30	35.92
10. SZWARC Alicja	92	SMS Poznań	4:50.19	559	1:09.14	1:13.03	1:14.06	1:13.96			
50m:	33.56	33.56	150m:	1:45.44	36.30	250m:	2:59.07	36.90	350m:	4:14.07	37.84
100m:	1:09.14	35.58	200m:	2:22.17	36.73	300m:	3:36.23	37.16	400m:	4:50.19	36.12
11. DYMNA Anna Maria	95	SMS Wroc³aw	4:58.00	516	1:09.82	1:17.07	1:15.74	1:15.37			
50m:	32.46	32.46	150m:	1:47.89	38.07	250m:	3:04.44	37.55	350m:	4:20.17	37.54
100m:	1:09.82	37.36	200m:	2:26.89	39.00	300m:	3:42.63	38.19	400m:	4:58.00	37.83
12. KIERSZTYN Magdalena	95	SMS Racibórz	4:59.98	506	1:10.32	1:16.87	1:17.93	1:14.86			
50m:	33.22	33.22	150m:	1:47.89	37.57	250m:	3:05.66	38.47	350m:	4:22.66	37.54
100m:	1:10.32	37.10	200m:	2:27.19	39.30	300m:	3:45.12	39.46	400m:	4:59.98	37.32
13. LEWANDOWSKA Kamila	95	SMS Gdańsk	5:00.43	504	1:10.12			1:16.53			
50m:	32.92	32.92	150m:	1:47.93	37.81	250m:	3:05.61		350m:	4:23.03	39.13
100m:	1:10.12	37.20	200m:			300m:	3:43.90	38.29	400m:	5:00.43	37.40
14. SYLWESTRZAK Izabella	96	SMS Gdańsk	5:01.16	500	1:10.28	1:17.29	1:18.55	1:15.04			
50m:	32.95	32.95	150m:	1:48.70	38.42	250m:	3:06.73	39.16	350m:	4:24.11	37.99
100m:	1:10.28	37.33	200m:	2:27.57	38.87	300m:	3:46.12	39.39	400m:	5:01.16	37.05
15. ANDRZEJCZUK Martynika	94	SMS Wroc³aw	5:08.12	467	1:11.71	1:18.45	1:19.65	1:18.31			
50m:	33.54	33.54	150m:	1:50.56	38.85	250m:	3:09.81	39.65	350m:	4:29.30	39.49
100m:	1:11.71	38.17	200m:	2:30.16	39.60	300m:	3:49.81	40.00	400m:	5:08.12	38.82