

Mistrzostwa ŒEI'ska OPEN i Jun. 14,15,16 lat
Gliwice, 18. - 19.6.2010

Konkurencja 12
2010-06-18 - 16:20

Męczyzn, 400m zmienny

Open
Wyniki

Punkty: FINA 2009

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m
Open								
1.	POPRAWA, Micha ³	94	Ks Azs Awf Katowice	4:48.56	1:04.85	1:15.39	1:25.01	1:03.31
	50m: 29.81	29.81	150m: 1:43.10	38.25	250m: 3:02.33	42.09	350m: 4:18.11	32.86
	100m: 1:04.85	35.04	200m: 2:20.24	37.14	300m: 3:45.25	42.92	400m: 4:48.56	30.45
2.	CHMIEL, Łukasz	93	CSiR MOS D'browa Górnica	4:51.17	1:03.84	1:16.17	1:26.03	1:05.13
	50m: 29.65	29.65	150m: 1:42.49	38.65	250m: 3:02.57	42.56	350m: 4:19.78	33.74
	100m: 1:03.84	34.19	200m: 2:20.01	37.52	300m: 3:46.04	43.47	400m: 4:51.17	31.39
3.	JANKOWSKI, Pawe ³	95	CSiR MOS D'browa Górnica	4:58.38	1:07.49	1:14.44	1:27.10	1:09.35
	50m: 31.53	31.53	150m: 1:44.90	37.41	250m: 3:04.70	42.77	350m: 4:24.33	35.30
	100m: 1:07.49	35.96	200m: 2:21.93	37.03	300m: 3:49.03	44.33	400m: 4:58.38	34.05
4.	HAJDA, Marcin	94	Ks Azs Awf Katowice	5:01.81	1:07.04	1:17.58	1:27.71	1:09.48
	50m: 30.58	30.58	150m: 1:46.37	39.33	250m: 3:07.93	43.31	350m: 4:27.57	35.24
	100m: 1:07.04	36.46	200m: 2:24.62	38.25	300m: 3:52.33	44.40	400m: 5:01.81	34.24
5.	KŁOS, Grzegorz	95	Ks Azs Awf Katowice	5:04.20	1:12.21	1:21.91	1:22.70	1:07.38
	50m: 33.04	33.04	150m: 1:54.37	42.16	250m: 3:15.57	41.45	350m: 4:30.99	34.17
	100m: 1:12.21	39.17	200m: 2:34.12	39.75	300m: 3:56.82	41.25	400m: 5:04.20	33.21
6.	KWIECIEŃ, Micha ³	94	MKS-SMS Victoria Racibórz	5:06.19	1:10.91	1:19.06	1:28.61	1:07.61
	50m: 32.46	32.46	150m: 1:50.94	40.03	250m: 3:13.06	43.09	350m: 4:32.51	33.93
	100m: 1:10.91	38.45	200m: 2:29.97	39.03	300m: 3:58.58	45.52	400m: 5:06.19	33.68
7.	JONIEC, Artur	95	AZS AWF Katowice	5:09.66	1:07.57	1:21.11	1:33.41	1:07.57
	50m: 30.93	30.93	150m: 1:47.97	40.40	250m: 3:15.38	46.70	350m: 4:36.07	33.98
	100m: 1:07.57	36.64	200m: 2:28.68	40.71	300m: 4:02.09	46.71	400m: 5:09.66	33.59
8.	CZWARTOSZ, Mateusz	93	Delfin Po³aniec	5:10.18	1:09.56	1:21.48	1:29.77	1:09.37
	50m: 31.36	31.36	150m: 1:50.58	41.02	250m: 3:15.90	44.86	350m: 4:36.01	35.20
	100m: 1:09.56	38.20	200m: 2:31.04	40.46	300m: 4:00.81	44.91	400m: 5:10.18	34.17
9.	MIKA, Kamil	95	Ks Azs Awf Katowice	5:15.89	1:11.33	1:24.02	1:25.83	1:14.71
	50m: 33.44	33.44	150m: 1:54.06	42.73	250m: 3:17.58	42.23	350m: 4:39.29	38.11
	100m: 1:11.33	37.89	200m: 2:35.35	41.29	300m: 4:01.18	43.60	400m: 5:15.89	36.60
10.	FALIS, Dawid	96	CSiR MOS D'browa Górnica	5:16.52	1:11.36	1:22.87	1:29.92	1:12.37
	50m: 32.96	32.96	150m: 1:53.34	41.98	250m: 3:18.96	44.73	350m: 4:40.92	36.77
	100m: 1:11.36	38.40	200m: 2:34.23	40.89	300m: 4:04.15	45.19	400m: 5:16.52	35.60
11.	ULFIK, Pawe ³	94	Mks - Mos Katowice	5:20.98	1:08.79	1:25.09	1:35.60	1:11.50
	50m: 31.30	31.30	150m: 1:52.18	43.39	250m: 3:21.13	47.25	350m: 4:46.00	36.52
	100m: 1:08.79	37.49	200m: 2:33.88	41.70	300m: 4:09.48	48.35	400m: 5:20.98	34.98
12.	FREMEL, Dawid	96	UKS Wodnik Siemianowice	5:22.93	1:13.55	1:25.40	1:29.25	1:14.73
	50m: 33.98	33.98	150m: 1:56.62	43.07	250m: 3:23.04	44.09	350m: 4:45.97	37.77
	100m: 1:13.55	39.57	200m: 2:38.95	42.33	300m: 4:08.20	45.16	400m: 5:22.93	36.96
13.	SKRZYPIEC, Wojciech	96	Ka Piatka Chorzów	5:24.00	1:12.86	1:25.21	1:35.02	1:10.91
	50m: 33.59	33.59	150m: 1:55.68	42.82	250m: 3:25.54	47.47	350m: 4:49.06	35.97
	100m: 1:12.86	39.27	200m: 2:38.07	42.39	300m: 4:13.09	47.55	400m: 5:24.00	34.94
14.	BOBROWSKI, Martin	96	UKS Wodnik Siemianowice	5:29.60	1:14.21	1:28.17	1:31.28	1:15.94
	50m: 34.10	34.10	150m: 1:58.56	44.35	250m: 3:27.65	45.27	350m: 4:51.74	38.08
	100m: 1:14.21	40.11	200m: 2:42.38	43.82	300m: 4:13.66	46.01	400m: 5:29.60	37.86
15.	ŁOŒE, Konrad	96	UKS Wodnik Siemianowice	5:34.28	1:13.50	1:24.02	1:39.48	1:17.28
	50m: 33.93	33.93	150m: 1:55.34	41.84	250m: 3:26.83	49.31	350m: 4:56.42	39.42
	100m: 1:13.50	39.57	200m: 2:37.52	42.18	300m: 4:17.00	50.17	400m: 5:34.28	37.86
16.	SORDYL, Mateusz	99	ULKS Victoria Kozy	6:18.43	1:32.39	1:34.42	1:49.46	1:22.16
	50m: 41.43	41.43	150m: 2:20.92	48.53	250m: 4:01.63	54.82	350m: 5:38.06	41.79
	100m: 1:32.39	50.96	200m: 3:06.81	45.89	300m: 4:56.27	54.64	400m: 6:18.43	40.37

14 lat

1.	FALIS, Dawid	96	CSiR MOS D'browa Górnica	5:16.52	1:11.36	1:22.87	1:29.92	1:12.37
	50m: 32.96	32.96	150m: 1:53.34	41.98	250m: 3:18.96	44.73	350m: 4:40.92	36.77
	100m: 1:11.36	38.40	200m: 2:34.23	40.89	300m: 4:04.15	45.19	400m: 5:16.52	35.60
2.	FREMEL, Dawid	96	UKS Wodnik Siemianowice	5:22.93	1:13.55	1:25.40	1:29.25	1:14.73
	50m: 33.98	33.98	150m: 1:56.62	43.07	250m: 3:23.04	44.09	350m: 4:45.97	37.77
	100m: 1:13.55	39.57	200m: 2:38.95	42.33	300m: 4:08.20	45.16	400m: 5:22.93	36.96

Mistrzostwa ŒEI'ska OPEN i Jun. 14,15,16 lat
Gliwice, 18. - 19.6.2010

Konkurencja 12, Ch³opców, 400m zmienny, 14 lat

Pozycja	Rok ur.	Czas Pkt.	100m	200m	300m	400m					
3. SKRZYPIEC, Wojciech	96	5:24.00	1:12.86	1:25.21	1:35.02	1:10.91					
50m:	33.59	33.59	150m:	1:55.68	42.82	250m:	3:25.54	47.47	350m:	4:49.06	35.97
100m:	1:12.86	39.27	200m:	2:38.07	42.39	300m:	4:13.09	47.55	400m:	5:24.00	34.94
4. BOBROWSKI, Martin	96	5:29.60	1:14.21	1:28.17	1:31.28	1:15.94					
50m:	34.10	34.10	150m:	1:58.56	44.35	250m:	3:27.65	45.27	350m:	4:51.74	38.08
100m:	1:14.21	40.11	200m:	2:42.38	43.82	300m:	4:13.66	46.01	400m:	5:29.60	37.86
5. ŒOŒE, Konrad	96	5:34.28	1:13.50	1:24.02	1:39.48	1:17.28					
50m:	33.93	33.93	150m:	1:55.34	41.84	250m:	3:26.83	49.31	350m:	4:56.42	39.42
100m:	1:13.50	39.57	200m:	2:37.52	42.18	300m:	4:17.00	50.17	400m:	5:34.28	37.86

15 lat

1. JANKOWSKI, Pawe ³	95	4:58.38	1:07.49	1:14.44	1:27.10	1:09.35					
50m:	31.53	31.53	150m:	1:44.90	37.41	250m:	3:04.70	42.77	350m:	4:24.33	35.30
100m:	1:07.49	35.96	200m:	2:21.93	37.03	300m:	3:49.03	44.33	400m:	4:58.38	34.05
2. KŒOS, Grzegorz	95	5:04.20	1:12.21	1:21.91	1:22.70	1:07.38					
50m:	33.04	33.04	150m:	1:54.37	42.16	250m:	3:15.57	41.45	350m:	4:30.99	34.17
100m:	1:12.21	39.17	200m:	2:34.12	39.75	300m:	3:56.82	41.25	400m:	5:04.20	33.21
3. JONIEC, Artur	95	5:09.66	1:07.57	1:21.11	1:33.41	1:07.57					
50m:	30.93	30.93	150m:	1:47.97	40.40	250m:	3:15.38	46.70	350m:	4:36.07	33.98
100m:	1:07.57	36.64	200m:	2:28.68	40.71	300m:	4:02.09	46.71	400m:	5:09.66	33.59
4. MIKA, Kamil	95	5:15.89	1:11.33	1:24.02	1:25.83	1:14.71					
50m:	33.44	33.44	150m:	1:54.06	42.73	250m:	3:17.58	42.23	350m:	4:39.29	38.11
100m:	1:11.33	37.89	200m:	2:35.35	41.29	300m:	4:01.18	43.60	400m:	5:15.89	36.60

16 lat

1. POPRAWA, Micha ³	94	4:48.56	1:04.85	1:15.39	1:25.01	1:03.31					
50m:	29.81	29.81	150m:	1:43.10	38.25	250m:	3:02.33	42.09	350m:	4:18.11	32.86
100m:	1:04.85	35.04	200m:	2:20.24	37.14	300m:	3:45.25	42.92	400m:	4:48.56	30.45
2. HAJDA, Marcin	94	5:01.81	1:07.04	1:17.58	1:27.71	1:09.48					
50m:	30.58	30.58	150m:	1:46.37	39.33	250m:	3:07.93	43.31	350m:	4:27.57	35.24
100m:	1:07.04	36.46	200m:	2:24.62	38.25	300m:	3:52.33	44.40	400m:	5:01.81	34.24
3. KWIECIEŃ, Micha ³	94	5:06.19	1:10.91	1:19.06	1:28.61	1:07.61					
50m:	32.46	32.46	150m:	1:50.94	40.03	250m:	3:13.06	43.09	350m:	4:32.51	33.93
100m:	1:10.91	38.45	200m:	2:29.97	39.03	300m:	3:58.58	45.52	400m:	5:06.19	33.68
4. ULFIK, Pawe ³	94	5:20.98	1:08.79	1:25.09	1:35.60	1:11.50					
50m:	31.30	31.30	150m:	1:52.18	43.39	250m:	3:21.13	47.25	350m:	4:46.00	36.52
100m:	1:08.79	37.49	200m:	2:33.88	41.70	300m:	4:09.48	48.35	400m:	5:20.98	34.98