

Otwarte Letnie Mistrzostwa DOZP  
Wołów, 18. - 19.6.2010

Konkurencja 26  
2010-06-19 - 11:45

Kobiet, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2010

Pozycja	Rok ur.		Czas	Pkt.	100m	200m	300m	400m	
<b>Młodzik</b>									
1.	ZIĘBA Katarzyna	97	MKS Rokita Brzeg Dolny	<b>5:01.14</b>	500	1:10.40	1:18.31	1:18.20	1:14.23
	50m: 33.23	33.23	150m: 1:49.35	38.95	250m: 3:08.55	39.84	350m: 4:25.73	38.82	
	100m: 1:10.40	37.17	200m: 2:28.71	39.36	300m: 3:46.91	38.36	400m: 5:01.14	35.41	
2.	STRZELCZYK A.	97	Wks"œl'sk" Wroc³aw	<b>5:17.04</b>	429	1:14.45	1:21.61	1:21.70	1:19.28
	50m: 35.58	35.58	150m: 1:55.14	40.69	250m: 3:17.01	40.95	350m: 4:37.87	40.11	
	100m: 1:14.45	38.87	200m: 2:36.06	40.92	300m: 3:57.76	40.75	400m: 5:17.04	39.17	
3.	GNIEWOSZ OLGA	97	Uks Shark Rudna	<b>5:18.63</b>	422	1:16.55	1:23.72	1:22.92	1:15.44
	50m: 35.95	35.95	150m: 1:58.51	41.96	250m: 3:21.97	41.70	350m: 4:41.53	38.34	
	100m: 1:16.55	40.60	200m: 2:40.27	41.76	300m: 4:03.19	41.22	400m: 5:18.63	37.10	
4.	MAJ Wiktoria	97	MKS Juwenia Wroc³aw	<b>5:19.50</b>	419	1:16.16	1:24.99	1:23.33	1:15.02
	50m: 35.17	35.17	150m: 1:58.36	42.20	250m: 3:22.47	41.32	350m: 4:42.87	38.39	
	100m: 1:16.16	40.99	200m: 2:41.15	42.79	300m: 4:04.48	42.01	400m: 5:19.50	36.63	
5.	JASEK ALICJA	97	Wks"œl'sk" Wroc³aw	<b>5:19.87</b>	417	1:14.78	1:22.76	1:22.88	1:19.45
	50m: 35.06	35.06	150m: 1:56.01	41.23	250m: 3:18.85	41.31	350m: 4:40.98	40.56	
	100m: 1:14.78	39.72	200m: 2:37.54	41.53	300m: 4:00.42	41.57	400m: 5:19.87	38.89	
6.	SUCHANECKA Karolina	98	UPKS Wodnik Rawicz	<b>6:04.68</b>	282	1:23.87	1:33.46	1:35.28	1:32.07
	50m: 39.28	39.28	150m: 2:10.77	46.90	250m: 3:45.23	47.90	350m: 5:18.62	46.01	
	100m: 1:23.87	44.59	200m: 2:57.33	46.56	300m: 4:32.61	47.38	400m: 6:04.68	46.06	

Junior m³odszy

1.	WIÊCKOWSKA KAJA	95	Uks Shark Rudna	<b>4:57.57</b>	519	1:11.66	1:14.97	1:16.11	1:14.83
	50m: 34.61	34.61	150m: 1:49.00	37.34	250m: 3:04.56	37.93	350m: 4:20.49	37.75	
	100m: 1:11.66	37.05	200m: 2:26.63	37.63	300m: 3:42.74	38.18	400m: 4:57.57	37.08	
2.	SOBOLEWSKA Anna	95	KS Warta Poznañ	<b>5:01.34</b>	499	1:10.87	1:17.70	1:18.05	1:14.72
	50m: 33.89	33.89	150m: 1:49.14	38.27	250m: 3:07.63	39.06	350m: 4:24.99	38.37	
	100m: 1:10.87	36.98	200m: 2:28.57	39.43	300m: 3:46.62	38.99	400m: 5:01.34	36.35	
3.	MNICH OLIMPIA	95	AZS AWF Poznañ	<b>5:01.90</b>	497	1:11.96	1:16.40	1:17.69	1:15.85
	50m: 34.12	34.12	150m: 1:49.91	37.95	250m: 3:07.20	38.84	350m: 4:24.78	38.73	
	100m: 1:11.96	37.84	200m: 2:28.36	38.45	300m: 3:46.05	38.85	400m: 5:01.90	37.12	
4.	KLEMCZYŃSKA Magda	96	MKS Juwenia Wroc³aw	<b>5:11.06</b>	454	1:13.11	1:19.27	1:20.56	1:18.12
	50m: 34.10	34.10	150m: 1:52.99	39.88	250m: 3:12.45	40.07	350m: 4:32.32	39.38	
	100m: 1:13.11	39.01	200m: 2:32.38	39.39	300m: 3:52.94	40.49	400m: 5:11.06	38.74	
5.	RADZIK Adrianna	95	KS Warta Poznañ	<b>5:12.21</b>	449	1:11.81	1:17.77	1:21.51	1:21.12
	50m: 34.19	34.19	150m: 1:50.24	38.43	250m: 3:10.35	40.77	350m: 4:32.54	41.45	
	100m: 1:11.81	37.62	200m: 2:29.58	39.34	300m: 3:51.09	40.74	400m: 5:12.21	39.67	
6.	BUCHWALD Aleksandra	95	Astromal Akwawit Leszno	<b>5:35.31</b>	362	1:19.99	1:26.97	1:27.69	1:20.66
	50m: 37.36	37.36	150m: 2:03.09	43.10	250m: 3:30.68	43.72	350m: 4:56.52	41.87	
	100m: 1:19.99	42.63	200m: 2:46.96	43.87	300m: 4:14.65	43.97	400m: 5:35.31	38.79	

16 lat i starsi

1.	PO`AROWSZCZYK B.	91	Wks"œl'sk" Wroc³aw	<b>4:32.05</b>	679	1:04.22	1:08.13	1:09.54	1:10.16
	50m: 31.22	31.22	150m: 1:38.04	33.82	250m: 2:47.04	34.69	350m: 3:57.25	35.36	
	100m: 1:04.22	33.00	200m: 2:12.35	34.31	300m: 3:21.89	34.85	400m: 4:32.05	34.80	
2.	WAWRZYNIAK Joanna	94	UPKS Wodnik Rawicz	<b>5:19.97</b>	417	1:15.58	1:22.22	1:22.50	1:19.67
	50m: 35.62	35.62	150m: 1:56.29	40.71	250m: 3:18.91	41.11	350m: 4:40.87	40.57	
	100m: 1:15.58	39.96	200m: 2:37.80	41.51	300m: 4:00.30	41.39	400m: 5:19.97	39.10	
3.	MICHALKIEWICZ Nikola	94	MKS 9 Dzier¿oniów	<b>5:37.05</b>	357	1:18.98	1:27.60	1:26.22	1:24.25
	50m: 36.38	36.38	150m: 2:02.74	43.76	250m: 3:30.11	43.53	350m: 4:56.44	43.64	
	100m: 1:18.98	42.60	200m: 2:46.58	43.84	300m: 4:12.80	42.69	400m: 5:37.05	40.61	
4.	GÓRAJEWSKA Martyna	94	MKS 9 Dzier¿oniów	<b>5:47.72</b>	325			1:31.02	1:27.92
	50m: 36.60	36.60	150m: 2:03.77		250m: 3:34.44	45.66	350m: 5:05.39	45.59	
	100m:		200m: 2:48.78	45.01	300m: 4:19.80	45.36	400m: 5:47.72	42.33	