

Otwarte Letnie Mistrzostwa DOZP  
Wołów, 18. - 19.6.2010

Konkurencja 4  
2010-06-18 - 11:20

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2010

Pozycja	Rok ur.			Czas	Pkt.	100m	200m	300m	400m			
<b>Młodzik</b>												
1.	HACZKIEWICZ Paulina	97	MKS Rokita Brzeg Dolny	<b>5:52.40</b>	447	1:15.04	1:30.64	1:48.41	1:18.31			
	50m:	34.72	34.72	150m:	2:01.23	46.19	250m:	3:39.39	53.71	350m:	5:13.17	39.08
	100m:	1:15.04	40.32	200m:	2:45.68	44.45	300m:	4:34.09	54.70	400m:	5:52.40	39.23
2.	KUSCH Katarzyna	97	MKS Juwenia Wroc³aw	<b>6:00.37</b>	418	1:19.06			1:20.56			
	50m:	36.49	36.49	150m:	2:07.25	48.19	250m:	3:46.30	53.51	350m:	5:20.87	41.06
	100m:	1:19.06	42.57	200m:			300m:	4:39.81	54.70	400m:	6:00.37	39.50
3.	BOGUCKA Dagmara	97	MKS Juwenia Wroc³aw	<b>6:04.83</b>	402	1:22.96	1:33.05	1:44.22	1:24.60			
	50m:	37.89	37.89	150m:	2:10.13	47.17	250m:	3:47.91	51.90	350m:	5:24.53	44.30
	100m:	1:22.96	45.07	200m:	2:56.01	45.88	300m:	4:40.23	52.32	400m:	6:04.83	40.30
4.	SZTANDERA Dominika	97	MKS 9 Dzier¿oniów	<b>6:15.91</b>	368	1:34.34	1:39.75	1:36.69	1:25.13			
	50m:	39.02	39.02	150m:	2:26.55	52.21	250m:	4:01.54	47.45	350m:	5:35.33	44.55
	100m:	1:34.34	55.32	200m:	3:14.09	47.54	300m:	4:50.78	49.24	400m:	6:15.91	40.58
5.	MIREK Klaudia	98	MKS 9 Dzier¿oniów	<b>6:43.71</b>	297	1:32.73	1:45.83	1:53.61	1:31.54			
	50m:	42.00	42.00	150m:	2:25.89	53.16	250m:	4:14.77	56.21	350m:	5:59.92	47.75
	100m:	1:32.73	50.73	200m:	3:18.56	52.67	300m:	5:12.17	57.40	400m:	6:43.71	43.79
6.	STECYK Klaudia	97	MKS Juwenia Wroc³aw	<b>6:49.84</b>	284	1:39.46	1:48.47	1:49.56	1:32.35			
	50m:	42.77	42.77	150m:	2:35.15	55.69	250m:	4:22.72	54.79	350m:	6:06.02	48.53
	100m:	1:39.46	56.69	200m:	3:27.93	52.78	300m:	5:17.49	54.77	400m:	6:49.84	43.82
7.	BŁASZCZYK Nikola	98	MKS 9 Dzier¿oniów	<b>7:03.19</b>	258	1:43.99	1:44.90	1:54.35	1:39.95			
	50m:	42.88	42.88	150m:	2:37.59	53.60	250m:	4:26.05	57.16	350m:	6:14.27	51.03
	100m:	1:43.99	1:01.11	200m:	3:28.89	51.30	300m:	5:23.24	57.19	400m:	7:03.19	48.92
8.	ROMANOWICZ ANNA	97	Uks Shark Rudna	<b>7:08.47</b>	248	1:43.86	1:54.68	1:52.62	1:37.31			
	50m:	44.01	44.01	150m:	2:42.10	58.24	250m:	4:33.82	55.28	350m:	6:20.86	49.70
	100m:	1:43.86	59.85	200m:	3:38.54	56.44	300m:	5:31.16	57.34	400m:	7:08.47	47.61

Junior m³odszy

1.	LIS Zuzanna	95	UPKS Wodnik Rawicz	<b>5:45.42</b>	474	1:20.69	1:31.29	1:32.88	1:20.56			
	50m:	35.98	35.98	150m:	2:06.52	45.83	250m:	3:38.39	46.41	350m:	5:06.61	41.75
	100m:	1:20.69	44.71	200m:	2:51.98	45.46	300m:	4:24.86	46.47	400m:	5:45.42	38.81
2.	NIEMCZYK Miros³awa	95	UKS "DZIEWIĘTKA" OSRÓDZIE	<b>5:53.47</b>	443	1:21.47	1:35.40	1:37.10	1:19.45			
	50m:	37.98	37.98	150m:	2:09.71	48.24	250m:	3:45.22	48.35	350m:	5:14.54	40.57
	100m:	1:21.47	43.49	200m:	2:56.87	47.16	300m:	4:33.97	48.75	400m:	5:53.42	38.88

16 lat i starsi

1.	MENDOWSKA Katarzyna	94	KS Warta Poznań	<b>5:26.38</b>	562	1:14.28	1:25.18	1:33.40	1:13.52			
	50m:	33.88	33.88	150m:	1:57.76	43.48	250m:	3:26.13	46.67	350m:	4:50.10	37.24
	100m:	1:14.28	40.40	200m:	2:39.46	41.70	300m:	4:12.86	46.73	400m:	5:26.38	36.28
2.	MICHALKIEWICZ Nikola	94	MKS 9 Dzier¿oniów	<b>6:17.39</b>	363	1:26.31	1:34.25	1:53.54	1:23.29			
	50m:	37.84	37.84	150m:	2:14.57	48.26	250m:	3:56.91	56.35	350m:	5:37.07	42.97
	100m:	1:26.31	48.47	200m:	3:00.56	45.99	300m:	4:54.10	57.19	400m:	6:17.39	40.32
3.	GÓRAJEWSKA Martyna	94	MKS 9 Dzier¿oniów	<b>6:23.38</b>	347	1:25.27	1:42.41	1:47.11	1:28.59			
	50m:	37.25	37.25	150m:	2:16.18	50.91	250m:	4:00.34	52.66	350m:	5:39.51	44.72
	100m:	1:25.27	48.02	200m:	3:07.68	51.50	300m:	4:54.79	54.45	400m:	6:23.38	43.87