

Letnie Mistrzostwa Polski M<sup>3</sup>odzików 13 lat  
Gorzów Wlkp., 2. - 4.7.2010

Konkurencja 7  
2010-07-02

Dziewcz<sup>1</sup>t, 400m zmienny

13 lat  
Wyniki Eliminacje

Top Times "Poland" 4:57.31 SZCZEPANIAK Karolina POWAR Gorzow 2005-11-25

Punkty: FINA 2010

Pozycja			Wiek					Czas	Pkt.
1.	KARPISZ MILENA	13	TP Olimpijczyk Aleksandrów					<b>5:24.34</b>	A
	50m: 34.88 34.88	150m: 1:57.29 41.77	250m: 3:23.52 44.77	350m: 4:47.26 38.29					
	100m: 1:15.52 40.64	200m: 2:38.75 41.46	300m: 4:08.97 45.45	400m: 5:24.34 37.08					
2.	ŒCIESZKO Agnieszka	13	SKS Start ŁódŸ					<b>5:24.42</b>	A
	50m: 33.35 33.35	150m: 1:55.45 42.84	250m: 3:23.64 46.56	350m: 4:48.68 37.66					
	100m: 1:12.61 39.26	200m: 2:37.08 41.63	300m: 4:11.02 47.38	400m: 5:24.42 35.74					
3.	BIEDRZYCKA Iga	13	MKS "Roœ" Pisz					<b>5:24.70</b>	A
	50m: 33.97 33.97	150m: 1:55.78 41.39	250m: 3:21.96 44.99	350m: 4:47.42 39.44					
	100m: 1:14.39 40.42	200m: 2:36.97 41.19	300m: 4:07.98 46.02	400m: 5:24.70 37.28					
4.	MENDOWSKA PAULINA	13	KS Warta Poznañ					<b>5:29.42</b>	A
	50m: 35.72 35.72	150m: 1:58.82 41.65	250m: 3:25.73 45.21	350m: 4:51.75 39.87					
	100m: 1:17.17 41.45	200m: 2:40.52 41.70	300m: 4:11.88 46.15	400m: 5:29.42 37.67					
5.	KUBACKA Magda	13	UKS Hajduki Chorzów					<b>5:30.90</b>	A
	50m: 36.20 36.20	150m: 2:01.61 42.63	250m: 3:29.18 45.59	350m: 4:54.07 38.10					
	100m: 1:18.98 42.78	200m: 2:43.59 41.98	300m: 4:15.97 46.79	400m: 5:30.90 36.83					
6.	CIEBIELSKA Adrianna	13	MKP S <sup>3</sup> owianka Gorzów Wlkp.					<b>5:31.43</b>	A
	50m: 38.47 38.47	150m: 2:04.19 42.99	250m: 3:31.71 44.58	350m: 4:54.35 36.89					
	100m: 1:21.20 42.73	200m: 2:47.13 42.94	300m: 4:17.46 45.75	400m: 5:31.43 37.08					
7.	PAWLICKA Amanda	13	KS Pirania Jarocin					<b>5:31.80</b>	A
	50m: 34.78 34.78	150m: 1:59.68 42.94	250m: 3:30.80 48.39	350m: 4:55.80 37.80					
	100m: 1:16.74 41.96	200m: 2:42.41 42.73	300m: 4:18.00 47.20	400m: 5:31.80 36.00					
8.	MARZEC Sara	13	UKS Orka Łódziny					<b>5:31.99</b>	A
	50m: 36.61 36.61	150m: 2:01.83 43.42	250m: 3:30.97 46.51	350m: 4:55.75 37.96					
	100m: 1:18.41 41.80	200m: 2:44.46 42.63	300m: 4:17.79 46.82	400m: 5:31.99 36.24					
9.	GAMBUŒ Martyna	13	DOKiS VEGA Dobrodzieñ					<b>5:33.94</b>	B
	50m: 36.41 36.41	150m: 2:00.39 41.03	250m: 3:27.55 46.70	350m: 4:55.50 40.22					
	100m: 1:19.36 42.95	200m: 2:40.85 40.46	300m: 4:15.28 47.73	400m: 5:33.94 38.44					
10.	CZERNIAK Magdalena	13	MKP Bobry Dêbica					<b>5:35.89</b>	B
	50m: 34.71 34.71	150m: 1:58.92 43.07	250m: 3:28.21 47.65	350m: 5:35.89 1:17.83					
	100m: 1:15.85 41.14	200m: 2:40.56 41.64	300m: 4:18.06 49.85	400m: 5:35.89					
11.	RESZOTKO JULIA	13	MKP Szczecin					<b>5:38.44</b>	B
	50m: 36.85 36.85	150m: 2:04.03 42.00	250m: 3:33.50 46.56	350m: 5:01.52 39.20					
	100m: 1:22.03 45.18	200m: 2:46.94 42.91	300m: 4:22.32 48.82	400m: 5:38.44 36.92					
12.	ŒWIERCZEK Monika	13	KS Piatka Chorzów					<b>5:39.17</b>	B
	50m: 36.75 36.75	150m: 2:05.52 44.21	250m: 3:33.54 45.18	350m: 5:00.29 40.70					
	100m: 1:21.31 44.56	200m: 2:48.36 42.84	300m: 4:19.59 46.05	400m: 5:39.17 38.88					
13.	SOBOTNICKA Angelika	13	MKP S <sup>3</sup> owianka Gorzów Wlkp.					<b>5:39.61</b>	B
	50m: 35.07 35.07	150m: 2:02.69 46.34	250m: 3:34.68 47.91	350m: 5:01.80 38.85					
	100m: 1:16.35 41.28	200m: 2:46.77 44.08	300m: 4:22.95 48.27	400m: 5:39.61 37.81					
14.	SZTANDERA Daria	13	UKS DZIEWIŹTKA OSRIŒ KALISZ					<b>5:40.18</b>	B
	50m: 37.06 37.06	150m: 2:04.74 42.81	250m: 3:35.35 47.02	350m: 5:03.35 38.96					
	100m: 1:21.93 44.87	200m: 2:48.33 43.59	300m: 4:24.39 49.04	400m: 5:40.18 36.83					
15.	SZCZUKA Klaudia	13	MKP S <sup>3</sup> owianka Gorzów Wlkp.					<b>5:40.63</b>	B
	50m: 37.03 37.03	150m: 2:07.45 44.65	250m: 3:35.95 45.88	350m: 5:03.84 40.20					
	100m: 1:22.80 45.77	200m: 2:50.07 42.62	300m: 4:23.64 47.69	400m: 5:40.63 36.79					
16.	KANIAK Aleksandra	13	MKS Juwenia Wroc <sup>3</sup> aw					<b>5:43.24</b>	B
	50m: 39.43 39.43	150m: 2:09.52 44.07	250m: 3:38.38 45.56	350m: 5:05.34 40.03					
	100m: 1:25.45 46.02	200m: 2:52.82 43.30	300m: 4:25.31 46.93	400m: 5:43.24 37.90					
17.	WICENIEWSKA NATALIA	13	KS Warta Poznañ					<b>5:44.33</b>	R
	50m: 37.57 37.57	150m: 2:08.16 46.05	250m: 3:38.59 47.23	350m: 5:06.26 40.78					
	100m: 1:22.11 44.54	200m: 2:51.36 43.20	300m: 4:25.48 46.89	400m: 5:44.33 38.07					

Letnie Mistrzostwa Polski M<sup>3</sup>odzików 13 lat  
Gorzów Wlkp., 2. - 4.7.2010

Konkurencja 7, Dziewcz<sup>1</sup>t, 400m zmienny, Eliminacje, 13 lat

Pozycja			Wiek				Czas		Pkt.			
18.	ZAWOLIK	Wiktoria	13	KS KSZO Ostrowiec Ćwiętokrzyski				<b>5:45.79</b>	R			
	50m:	38.50	38.50	150m:	2:06.90	43.29	250m:	3:38.68	48.20	350m:	5:07.90	39.38
	100m:	1:23.61	45.11	200m:	2:50.48	43.58	300m:	4:28.52	49.84	400m:	5:45.79	37.89
19.	SADOWSKA	Natalia	13	MUKS Olimpijczyk Suwa <sup>3</sup> ki				<b>5:45.96</b>				
	50m:	35.99	35.99	150m:	2:00.78	43.66	250m:	3:34.65	50.53	350m:	5:05.78	39.90
	100m:	1:17.12	41.13	200m:	2:44.12	43.34	300m:	4:25.88	51.23	400m:	5:45.96	40.18
20.	STRZODA	Weronika	13	DOKiS VEGA Dobrodzień				<b>5:54.94</b>				
	50m:	38.99	38.99	150m:	2:11.77	47.21	250m:	3:46.37	48.06	350m:	5:16.81	39.63
	100m:	1:24.56	45.57	200m:	2:58.31	46.54	300m:	4:37.18	50.81	400m:	5:54.94	38.13
21.	MARCINKIEWICZ	Agata	13	MUKP Warszawianka Wodny Park				<b>6:08.01</b>				
	50m:	39.81	39.81	150m:	2:14.80	47.10	250m:	3:49.82	47.89	350m:	5:24.48	45.01
	100m:	1:27.70	47.89	200m:	3:01.93	47.13	300m:	4:39.47	49.65	400m:	6:08.01	43.53
22.	JAROMIN	Aleksandra	13	MOSiR Mys <sup>3</sup> owice				<b>6:08.51</b>				
	50m:	37.45	37.45	150m:	2:11.09	47.38	250m:	3:48.36	49.88	350m:	5:24.47	44.74
	100m:	1:23.71	46.26	200m:	2:58.48	47.39	300m:	4:39.73	51.37	400m:	6:08.51	44.04
DYSKW.	BAGIŃSKA	Zofia	13	Siódemka Sopot				<b>5:36.35</b>				
	Z G8											
	50m:	37.31	37.31	150m:	2:05.16	44.32	250m:	3:33.96	45.49	350m:	4:58.94	38.10
	100m:	1:20.84	43.53	200m:	2:48.47	43.31	300m:	4:20.84	46.88	400m:	5:36.35	37.41
DYSKW.	PIŃTEK	Monika	13	MKS Jordan Kraków				<b>5:42.99</b>				
	Z G1											
	50m:	37.27	37.27	150m:	2:02.83	41.88	250m:	3:34.05	47.57	350m:	5:03.39	41.70
	100m:	1:20.95	43.68	200m:	2:46.48	43.65	300m:	4:21.69	47.64	400m:	5:42.99	39.60