

Letnie Mistrzostwa Polski M³odzików 13 lat
Gorzów Wlkp., 2. - 4.7.2010

Konkurencja 8
2010-07-02

Ch³opców, 400m zmienny

13 lat
Wyniki Eliminacje

Top Times "Poland" 4:44.32 DOLNIAK Grzegorz Szczecin 1987-11-28

Punkty: FINA 2009

Pozycja			Wiek					Czas	Pkt.
1.	PIETRZAK DAWID		13	AZS WSG Astoria Bydgoszcz				4:50.80	579 A
	50m: 30.16	30.16	150m:	250m: 3:01.50	41.99	350m:	4:17.99	34.02	
	100m: 1:04.54	34.38	200m: 2:19.51	300m: 3:43.97	42.47	400m:	4:50.80	32.81	
2.	SZMAJDA Micha ³		13	MUKS Olimpijczyk Suwa ³ ki				5:00.23	526 A
	50m: 30.68	30.68	150m: 1:46.25	39.78	250m: 3:07.77	43.20	350m:	4:27.83	35.62
	100m: 1:06.47	35.79	200m: 2:24.57	38.32	300m: 3:52.21	44.44	400m:	5:00.23	32.40
3.	PIERZYŃSKI Micha ³		13	MKS Trójka Łódź				5:00.37	526 A
	50m: 31.62	31.62	150m: 1:49.27	40.74	250m: 3:08.69	41.46	350m:	4:26.83	35.45
	100m: 1:08.53	36.91	200m: 2:27.23	37.96	300m: 3:51.38	42.69	400m:	5:00.37	33.54
4.	KA•MIERCZAK Wojciech		13	UKS Kapry-Armexim Pruszków				5:00.89	523 A
	50m: 31.68	31.68	150m: 1:47.97	39.00	250m: 3:08.67	42.51	350m:	4:26.85	35.51
	100m: 1:08.97	37.29	200m: 2:26.16	38.19	300m: 3:51.34	42.67	400m:	5:00.89	34.04
5.	RADUCKI ARKADIUSZ		13	KS Warta Poznań				5:09.76	479 A
	50m: 33.77	33.77	150m: 1:53.21	39.54	250m: 3:15.93	43.88	350m:	4:35.67	35.90
	100m: 1:13.67	39.90	200m: 2:32.05	38.84	300m: 3:59.77	43.84	400m:	5:09.76	34.09
6.	KOPCZYŃSKI Franciszek		13	KP AVIA Œwidnik				5:09.94	479 A
	50m: 33.17	33.17	150m: 1:52.63	41.27	250m: 3:17.89	44.81	350m:	4:37.90	35.06
	100m: 1:11.36	38.19	200m: 2:33.08	40.45	300m: 4:02.84	44.95	400m:	5:09.94	32.04
7.	JUCHNO Szymon		13	CSiR MOS D'browa Górnicza				5:10.76	475 A
	50m: 34.54	34.54	150m: 1:55.72	40.92	250m: 3:17.29	41.83	350m:	4:35.91	35.26
	100m: 1:14.80	40.26	200m: 2:35.46	39.74	300m: 4:00.65	43.36	400m:	5:10.76	34.85
8.	SCIBIOREK Krzysztof		13	SKS Start Łódź				5:12.70	466 A
	50m: 31.97	31.97	150m: 1:50.45	40.18	250m: 3:15.88	44.74	350m:	4:37.47	35.31
	100m: 1:10.27	38.30	200m: 2:31.14	40.69	300m: 4:02.16	46.28	400m:	5:12.70	35.23
9.	NOWODWORSKI Dawid		13	CSiR MOS D'browa Górnicza				5:13.75	461 B
	50m: 33.14	33.14	150m: 1:53.17	41.41	250m: 3:17.97	44.09	350m:	4:39.14	35.49
	100m: 1:11.76	38.62	200m: 2:33.88	40.71	300m: 4:03.65	45.68	400m:	5:13.75	34.61
10.	ADAMCZYK PATRYK		13	MKP Szczecin				5:15.44	454 B
	50m: 33.20	33.20	150m: 1:54.77	41.55	250m: 3:19.19	43.82	350m:	4:41.06	37.07
	100m: 1:13.22	40.02	200m: 2:35.37	40.60	300m: 4:03.99	44.80	400m:	5:15.44	34.38
11.	GRUDZIECKI Remigiusz		13	MMKS Kêdzierzyn-KoŸle				5:17.19	446 B
	50m: 33.73	33.73	150m: 1:54.59	43.79	250m: 3:21.34	45.18	350m:	4:43.16	36.16
	100m: 1:10.80	37.07	200m: 2:36.16	41.57	300m: 4:07.00	45.66	400m:	5:17.19	34.03
12.	JANICKI Jakub		13	UKS 54 Delfinek Bytom				5:18.73	440 B
	50m: 34.10	34.10	150m: 1:56.13	42.20	250m: 3:20.88	43.42	350m:	4:42.20	38.16
	100m: 1:13.93	39.83	200m: 2:37.46	41.33	300m: 4:04.04	43.16	400m:	5:18.73	36.53
13.	MULLER Maksym		13	MKP S ³ owianka Gorzów Wlkp.				5:18.86	440 B
	50m: 34.48	34.48	150m: 1:58.14	43.58	250m: 3:23.48	44.27	350m:	4:43.69	35.66
	100m: 1:14.56	40.08	200m: 2:39.21	41.07	300m: 4:08.03	44.55	400m:	5:18.86	35.17
14.	WŁODARCZYK STANISŁAW		13	MKP Szczecin				5:19.41	437 B
	50m: 33.76	33.76	150m: 1:56.59	43.79	250m: 3:22.43	44.08	350m:	4:44.26	37.32
	100m: 1:12.80	39.04	200m: 2:38.35	41.76	300m: 4:06.94	44.51	400m:	5:19.41	35.15
15.	BURBA Jakub		13	MKP S ³ owianka Gorzów Wlkp.				5:19.72	436 B
	50m: 32.89	32.89	150m: 1:54.24	42.85	250m: 3:20.62	45.41	350m:	4:45.19	38.23
	100m: 1:11.39	38.50	200m: 2:35.21	40.97	300m: 4:06.96	46.34	400m:	5:19.72	34.53
16.	BORYSIEWICZ Dawid		13	Znicz Koszalin				5:20.48	433 B
	50m: 34.01	34.01	150m: 1:58.84	43.16	250m: 3:25.35	44.34	350m:	4:47.13	36.59
	100m: 1:15.68	41.67	200m: 2:41.01	42.17	300m: 4:10.54	45.19	400m:	5:20.48	33.35
17.	SOKOŁOWSKI Ziemowit		13	AZS AWF Pozań				5:20.73	432 R
	50m: 37.38	37.38	150m: 1:59.51	39.58	250m: 3:24.13	45.75	350m:	4:45.86	36.21
	100m: 1:19.93	42.55	200m: 2:38.38	38.87	300m: 4:09.65	45.52	400m:	5:20.73	34.87

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Konkurencja 8, Ch³opców, 400m zmienny, Eliminacje, 13 lat

Pozycja			Wiek				Czas				Pkt.
18.	TAŃSKI Pawe ³		13	MKS Juvenia Wroc ³ aw					5:21.06	431	R
	50m:	34.84 34.84	150m:	2:01.35 42.96	250m:	3:24.62 40.42	350m:	4:45.30 38.48			
	100m:	1:18.39 43.55	200m:	2:44.20 42.85	300m:	4:06.82 42.20	400m:	5:21.06 35.76			
19.	CHOŁDA Łukasz		13	MKS Jordan Kraków					5:21.58	428	
	50m:	33.77 33.77	150m:	1:53.47 40.29	250m:	3:21.33 47.84	350m:	4:46.58 36.78			
	100m:	1:13.18 39.41	200m:	2:33.49 40.02	300m:	4:09.80 48.47	400m:	5:21.58 35.00			
20.	RUSZTYK Jakub		13	Delfin Inowroc ³ aw					5:23.32	422	
	50m:	35.25 35.25	150m:	1:57.55 42.11	250m:	3:23.76 45.15	350m:	4:46.75 37.55			
	100m:	1:15.44 40.19	200m:	2:38.61 41.06	300m:	4:09.20 45.44	400m:	5:23.32 36.57			
21.	KONOPKA Mateusz		13	KS Delfin Gdynia					5:24.54	417	
	50m:	32.96 32.96	150m:	1:54.58 42.52	250m:	3:22.35 46.89	350m:	4:47.54 37.59			
	100m:	1:12.06 39.10	200m:	2:35.46 40.88	300m:	4:09.95 47.60	400m:	5:24.54 37.00			
22.	GOLENIEC Łukasz		13	UKS Ósemka Oœwiêcim					5:25.99	411	
	50m:	33.29 33.29	150m:	2:39.17 1:25.89	250m:	3:26.52	350m:	4:50.46 36.68			
	100m:	1:13.28 39.99	200m:		300m:	4:13.78 47.26	400m:	5:25.99 35.53			
23.	CYBRZYŃSKI Damian		13	UKS Piłtka Konstantynów Łódzki					5:27.61	405	
	50m:	33.94 33.94	150m:	1:57.54 43.63	250m:	3:27.28 47.92	350m:	4:51.54 37.23			
	100m:	1:13.91 39.97	200m:	2:39.36 41.82	300m:	4:14.31 47.03	400m:	5:27.61 36.07			
24.	MŁYNARCZYK Adrian		13	MKS Jordan Kraków					5:27.91	404	
	50m:	35.66 35.66	150m:	1:59.99 41.37	250m:	3:28.14 48.85	350m:	4:53.85 36.57			
	100m:	1:18.62 42.96	200m:	2:39.29 39.30	300m:	4:17.28 49.14	400m:	5:27.91 34.06			
25.	MACHOWSKI Filip		13	MKS Ikar Mielec					5:28.19	403	
	50m:	36.69 36.69	150m:	1:59.68 40.86	250m:	3:26.37 45.45	350m:	4:51.57 38.92			
	100m:	1:18.82 42.13	200m:	2:40.92 41.24	300m:	4:12.65 46.28	400m:	5:28.19 36.62			
26.	KOSTECKI BRAJAN		13	KS Warta Poznań					5:28.65	401	
	50m:	34.42 34.42	150m:	2:40.89 1:26.54	250m:	4:13.99 47.27	350m:	5:28.65 37.27			
	100m:	1:14.35 39.93	200m:	3:26.72 45.83	300m:	4:51.38 37.39	400m:	5:28.65			
27.	KOSOWICZ Wojciech		13	Korner Zielona Góra					5:30.02	396	
	50m:	35.86 35.86	150m:	2:01.82 42.52	250m:	3:29.80 45.62	350m:	4:54.50 38.59			
	100m:	1:19.30 43.44	200m:	2:44.18 42.36	300m:	4:15.91 46.11	400m:	5:30.02 35.52			
28.	STARUCH Jan		13	MTP KORMORAN Olsztyn					5:30.46	395	
	50m:	35.11 35.11	150m:	2:00.91 44.39	250m:	3:27.83 44.26	350m:	4:53.31 39.46			
	100m:	1:16.52 41.41	200m:	2:43.57 42.66	300m:	4:13.85 46.02	400m:	5:30.46 37.15			
29.	MARKOWSKI Jakub		13	MKP S ³ owianka Gorzów Wlkp.					5:33.11	385	
	50m:	34.52 34.52	150m:	2:01.63 44.03	250m:	3:28.79 45.50	350m:	4:57.06 39.74			
	100m:	1:17.60 43.08	200m:	2:43.29 41.66	300m:	4:17.32 48.53	400m:	5:33.11 36.05			
30.	NIECZYPOROWSKI ŁUKASZ		13	KS Warta Poznań					5:34.68	380	
	50m:	36.70 36.70	150m:	2:02.17 44.22	250m:	3:30.58 44.64	350m:	4:55.44 39.35			
	100m:	1:17.95 41.25	200m:	2:45.94 43.77	300m:	4:16.09 45.51	400m:	5:34.68 39.24			
31.	SZYLDER Sebastian		13	UKS Aquatica Paw ³ owice					5:35.98	376	
	50m:	34.91 34.91	150m:	1:59.65 44.13	250m:	3:29.40 46.60	350m:	4:58.19 40.87			
	100m:	1:15.52 40.61	200m:	2:42.80 43.15	300m:	4:17.32 47.92	400m:	5:35.98 37.79			
32.	PALUSZKIEWICZ Dawid		13	Dwójka Morena Gdańsk					5:36.28	375	
	50m:	37.51 37.51	150m:	2:03.45 41.22	250m:	3:29.85 45.18	350m:	4:56.95 39.86			
	100m:	1:22.23 44.72	200m:	2:44.67 41.22	300m:	4:17.09 47.24	400m:	5:36.28 39.33			
33.	ZWOLIŃSKI Marcin		13	MKS MOS Katowice					5:38.05	369	
	50m:	36.71 36.71	150m:	2:03.57 44.46	250m:	3:34.42 48.65	350m:	5:01.11 37.46			
	100m:	1:19.11 42.40	200m:	2:45.77 42.20	300m:	4:23.65 49.23	400m:	5:38.05 36.94			
34.	SZUTKO Mateusz		13	MKS ĆAK Bia ³ a Podlaska					5:38.34	368	
	50m:	35.80 35.80	150m:	2:03.08 43.30	250m:	3:35.28 50.06	350m:	5:01.12 38.05			
	100m:	1:19.78 43.98	200m:	2:45.22 42.14	300m:	4:23.07 47.79	400m:	5:38.34 37.22			
35.	ĆAK Patryk		13	MUKP Fala Ropczyce					5:39.53	364	
	50m:	35.73 35.73	150m:	2:03.55 43.49	250m:	3:33.83 46.39	350m:	5:01.19 39.77			
	100m:	1:20.06 44.33	200m:	2:47.44 43.89	300m:	4:21.42 47.59	400m:	5:39.53 38.34			

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Pozycja			Wiek					Czas	Pkt.		
36.	ADAMOWSKI Mateusz		13	Korner Zielona Góra				5:40.72	360		
	50m:	36.72 36.72	150m:	2:03.79	43.20	250m:	3:35.17	46.31	350m:	5:03.17	38.87
	100m:	1:20.59 43.87	200m:	2:48.86	45.07	300m:	4:24.30	49.13	400m:	5:40.72	37.55
37.	KORZIŃSKI Mi ³ osz		13	MKS Juvenia Bia ³ ystok				5:41.31	358		
	50m:	35.97 35.97	150m:	2:01.35	43.53	250m:	3:33.65	49.96	350m:	5:04.44	39.63
	100m:	1:17.82 41.85	200m:	2:43.69	42.34	300m:	4:24.81	51.16	400m:	5:41.31	36.87
38.	ADAMCZYK Hubert		13	UKS Orka Zamoc ^æ				5:42.24	355		
	50m:	33.96 33.96	150m:	2:01.13	45.97	250m:	3:32.32	47.43	350m:	5:03.97	42.35
	100m:	1:15.16 41.20	200m:	2:44.89	43.76	300m:	4:21.62	49.30	400m:	5:42.24	38.27
39.	B ³ CZKOWSKI Bartosz		13	IKS Konstancin				5:45.35	346		
	50m:	36.99 36.99	150m:	2:08.21	44.96	250m:	3:39.41	48.83	350m:	5:07.43	39.07
	100m:	1:23.25 46.26	200m:	2:50.58	42.37	300m:	4:28.36	48.95	400m:	5:45.35	37.92
40.	KOKOT DAMIAN		13	MKP Szczecin				5:46.12	344		
	50m:	36.46 36.46	150m:	2:05.40	44.49	250m:	3:39.45	49.90	350m:	5:07.58	38.06
	100m:	1:20.91 44.45	200m:	2:49.55	44.15	300m:	4:29.52	50.07	400m:	5:46.12	38.54
41.	TCHÓRZEWSKI Krzysztof		13	Delfin Oborniki Wielkopolskie				5:48.35	337		
	50m:	35.85 35.85	150m:	2:02.12	43.47	250m:	3:40.34	52.70	350m:	5:10.37	37.97
	100m:	1:18.65 42.80	200m:	2:47.64	45.52	300m:	4:32.40	52.06	400m:	5:48.35	37.98
42.	KRYSTOŃ Ruben		13	KS Piatka Chorzów				5:50.24	332		
	50m:	35.89 35.89	150m:	2:03.98	46.14	250m:	3:38.93	48.37	350m:	5:10.68	41.84
	100m:	1:17.84 41.95	200m:	2:50.56	46.58	300m:	4:28.84	49.91	400m:	5:50.24	39.56
43.	KOWALCZYK Jakub		13	UKS NAWA Skierniewice				5:59.13	308		
	50m:	39.21 39.21	150m:	2:14.30	46.53	250m:	3:46.27	45.67	350m:	5:17.89	42.27
	100m:	1:27.77 48.56	200m:	3:00.60	46.30	300m:	4:35.62	49.35	400m:	5:59.13	41.24
44.	POPŁAWSKI ŁUKASZ		13	UKP Wodnik W ³ oc ³ awek				6:02.98	298		
	50m:	41.11 41.11	150m:	2:18.04	49.31	250m:	3:52.86	47.89	350m:	5:23.77	43.21
	100m:	1:28.73 47.62	200m:	3:04.97	46.93	300m:	4:40.56	47.70	400m:	6:02.98	39.21