

Letnie Mistrzostwa Polski Juniorów Młodszych 16 lat
Gorzów Wlkp., 9. - 11.7.2010

Konkurencja 12
2010-07-09

Chłopców, 400m zmienny

16 lat
Wyniki Eliminacje

Rekord Polski 16 lat 4:27.40 CIEŃELAK Marcin MUWAR Praga (CZE) 2008-12-05

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	ZABOROWSKI Filip	94	MKP Szczecin					4:37.13	681 A
	50m: 28.30 28.30	150m: 1:37.75 36.24	250m: 2:52.49 39.58	350m: 4:06.10 32.39					
	100m: 1:01.51 33.21	200m: 2:12.91 35.16	300m: 3:33.71 41.22	400m: 4:37.13 31.03					
2.	KLIZA Mateusz	94	Avia Ćwidnik					4:39.72	662 A
	50m: 29.67 29.67	150m: 1:39.98 36.53	250m: 2:55.00 38.16	350m: 4:07.59 32.94					
	100m: 1:03.45 33.78	200m: 2:16.84 36.86	300m: 3:34.65 39.65	400m: 4:39.72 32.13					
3.	KACZMARSKI Marcin	94	KSZO Ostrowiec					4:41.12	652 A
	50m: 29.33 29.33	150m: 1:38.16 35.45	250m: 2:55.87 43.37	350m: 4:10.75 31.96					
	100m: 1:02.71 33.38	200m: 2:12.50 34.34	300m: 3:38.79 42.92	400m: 4:41.12 30.37					
4.	ĆEWITKOWSKI Jan	94	Skarpa Lublin					4:42.68	641 A
	50m: 30.25 30.25	150m: 1:40.09 35.81	250m: 2:57.04 40.55	350m: 4:11.30 33.12					
	100m: 1:04.28 34.03	200m: 2:16.49 36.40	300m: 3:38.18 41.14	400m: 4:42.68 31.38					
5.	SMEJA Sławomir	94	AZS- WSG Astoria Bydgoszcz					4:42.92	640 A
	50m: 29.77 29.77	150m: 1:42.17 37.77	250m: 3:00.13 40.68	350m: 4:12.62 31.67					
	100m: 1:04.40 34.63	200m: 2:19.45 37.28	300m: 3:40.95 40.82	400m: 4:42.92 30.30					
6.	POPRAWA Michał	94	AZS-AWF Katowice					4:44.99	626 A
	50m: 29.84 29.84	150m: 1:41.25 36.76	250m: 3:00.12 42.30	350m: 4:14.37 31.69					
	100m: 1:04.49 34.65	200m: 2:17.82 36.57	300m: 3:42.68 42.56	400m: 4:44.99 30.62					
7.	SZWEDZKI Dawid	94	Piłtka Konstantynów					4:46.51	616 A
	50m: 31.42 31.42	150m: 1:44.67 36.97	250m: 2:59.84 39.73	350m: 4:14.24 33.70					
	100m: 1:07.70 36.28	200m: 2:20.11 35.44	300m: 3:40.54 40.70	400m: 4:46.51 32.27					
8.	HABRAT KRZYSZTOF	94	AZS-AGH Kraków					4:46.78	614 A
	50m: 29.44 29.44	150m: 1:41.35 37.16	250m: 2:59.26 41.03	350m: 4:15.54 34.45					
	100m: 1:04.19 34.75	200m: 2:18.23 36.88	300m: 3:41.09 41.83	400m: 4:46.78 31.24					
9.	NOWICKI Mateusz	94	Pietnastka Bydgoszcz					4:47.89	607 B
	50m: 29.92 29.92	150m: 1:41.58 37.57	250m: 3:00.58 42.73	350m: 4:16.51 33.05					
	100m: 1:04.01 34.09	200m: 2:17.85 36.27	300m: 3:43.46 42.88	400m: 4:47.89 31.38					
10.	DALECKI Krzysztof	94	Ćelisk Wrocław					4:54.76	566 B
	50m: 30.01 30.01	150m: 1:42.83 38.10	250m: 3:04.11 43.11	350m: 4:21.91 34.27					
	100m: 1:04.73 34.72	200m: 2:21.00 38.17	300m: 3:47.64 43.53	400m: 4:54.76 32.85					
11.	STANIELEWICZ Bartosz	94	Olimpijczyk Aleksandrów					4:59.08	541 B
	50m: 30.32 30.32	150m: 1:44.98 38.77	250m: 3:04.24 40.65	350m: 4:23.50 36.12					
	100m: 1:06.21 35.89	200m: 2:23.59 38.61	300m: 3:47.38 43.14	400m: 4:59.08 35.58					
12.	ĆUCZEK Piotr	94	Ikar Mielec					5:00.80	532 B
	50m: 31.88 31.88	150m: 1:50.41 41.81	250m: 3:10.92 40.30	350m: 4:26.95 35.00					
	100m: 1:08.60 36.72	200m: 2:30.62 40.21	300m: 3:51.95 41.03	400m: 5:00.80 33.85					
13.	DUDEK Michał	94	Bobry Dębica					5:01.91	526 B
	50m: 31.59 31.59	150m: 1:51.08 41.26	250m: 3:10.54 39.00	350m: 4:25.83 37.87					
	100m: 1:09.82 38.23	200m: 2:31.54 40.46	300m: 3:47.96 37.42	400m: 5:01.91 36.08					
14.	NIEMYSKI Patryk	94	1 Ożarów Mazowiecki					5:03.63	517 B
	50m: 30.45 30.45	150m: 1:47.37 40.90	250m: 3:09.64 42.33	350m: 4:29.58 35.28					
	100m: 1:06.47 36.02	200m: 2:27.31 39.94	300m: 3:54.30 44.66	400m: 5:03.63 34.05					
15.	HAJDA Marcin	94	AZS-AWF Katowice					5:04.14	515 B
	50m: 31.01 31.01	150m: 1:47.13 39.74	250m: 3:10.04 44.00	350m: 4:29.62 35.29					
	100m: 1:07.39 36.38	200m: 2:26.04 38.91	300m: 3:54.33 44.29	400m: 5:04.14 34.52					
16.	KWIECIEŃ Michał SR	94	Victoria Racibórz					5:09.70	488 B
	50m: 31.64 31.64	150m: 1:50.90 40.85	250m: 3:12.93 42.45	350m: 4:35.05 36.12					
	100m: 1:10.05 38.41	200m: 2:30.48 39.58	300m: 3:58.93 46.00	400m: 5:09.70 34.65					
17.	SZUDZIK Przemysław	94	Jedynka Elbląg					5:13.92	468 R
	50m: 32.86 32.86	150m: 1:51.53 39.76	250m: 3:16.35 43.79	350m: 4:37.48 35.66					
	100m: 1:11.77 38.91	200m: 2:32.56 41.03	300m: 4:01.82 45.47	400m: 5:13.92 36.44					

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18.	ULFIK Pawe ³		94	MOS Katowice				5:15.77	460	R		
	50m:	31.80	31.80	150m:	1:50.57	41.81	250m:	3:16.68	45.37	350m:	4:40.24	36.11
	100m:	1:08.76	36.96	200m:	2:31.31	40.74	300m:	4:04.13	47.45	400m:	5:15.77	35.53