

Letnie Mistrzostwa Polski Juniorów Młodszych 16 lat
Gorzów Wlkp., 9. - 11.7.2010

Konkurencja 12
2010-07-09

Chłopców, 400m zmienny

16 lat
Wyniki Finał

Rekord Polski 16 lat 4:27.40 CIEŃLAK Marcin MUWAR Praga (CZE) 2008-12-05

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
Finał A									
1.	ZABOROWSKI Filip	94	MKP Szczecin					4:35.11	696
	50m: 28.37 28.37	150m: 1:36.21 35.06	250m: 2:50.40 39.08	350m: 4:03.24 31.82					
	100m: 1:01.15 32.78	200m: 2:11.32 35.11	300m: 3:31.42 41.02	400m: 4:35.11 31.87					
2.	KLIZA Mateusz	94	Avia Œwidnik					4:37.76	676
	50m: 28.37 28.37	150m: 1:36.72 35.95	250m: 2:52.12 39.23	350m: 4:05.01 32.77					
	100m: 1:00.77 32.40	200m: 2:12.89 36.17	300m: 3:32.24 40.12	400m: 4:37.76 32.75					
3.	ŒWITKOWSKI Jan	94	Skarpa Lublin					4:38.57	670
	50m: 29.67 29.67	150m: 1:38.79 35.55	250m: 2:55.59 41.36	350m: 4:09.00 31.90					
	100m: 1:03.24 33.57	200m: 2:14.23 35.44	300m: 3:37.10 41.51	400m: 4:38.57 29.57					
4.	KACZMARSKI Marcin	94	KSZO Ostrowiec					4:39.10	666
	50m: 29.31 29.31	150m: 1:38.18 35.44	250m: 2:55.68 43.14	350m: 4:09.85 31.44					
	100m: 1:02.74 33.43	200m: 2:12.54 34.36	300m: 3:38.41 42.73	400m: 4:39.10 29.25					
5.	SMEJA Sławomir	94	AZS- WSG Astoria Bydgoszcz					4:39.97	660
	50m: 29.64 29.64	150m: 1:41.36 37.40	250m: 2:58.80 39.86	350m: 4:09.72 31.00					
	100m: 1:03.96 34.32	200m: 2:18.94 37.58	300m: 3:38.72 39.92	400m: 4:39.97 30.25					
6.	SZWEDZKI Dawid	94	Piłtka Konstantynów					4:43.77	634
	50m: 31.34 31.34	150m: 1:44.22 36.59	250m: 2:58.70 39.09	350m: 4:11.70 32.87					
	100m: 1:07.63 36.29	200m: 2:19.61 35.39	300m: 3:38.83 40.13	400m: 4:43.77 32.07					
7.	HABRAT KRZYSZTOF	94	AZS-AGH Kraków					4:47.58	609
	50m: 29.48 29.48	150m: 1:42.62 38.06	250m: 3:00.77 41.25	350m: 4:15.53 33.54					
	100m: 1:04.56 35.08	200m: 2:19.52 36.90	300m: 3:41.99 41.22	400m: 4:47.58 32.05					
8.	POPRAWA Michał	94	AZS-AWF Katowice					4:51.66	584
	50m: 30.27 30.27	150m: 1:42.44 38.28	250m: 3:03.48 43.57	350m: 4:20.49 32.57					
	100m: 1:04.16 33.89	200m: 2:19.91 37.47	300m: 3:47.92 44.44	400m: 4:51.66 31.17					
Finał B									
9.	NOWICKI Mateusz	94	Pietnastka Bydgoszcz					4:50.02	594
	50m: 29.57 29.57	150m: 1:42.46 37.80	250m: 3:01.38 42.49	350m: 4:17.98 33.31					
	100m: 1:04.66 35.09	200m: 2:18.89 36.43	300m: 3:44.67 43.29	400m: 4:50.02 32.04					
10.	STANIELEWICZ Bartosz	94	Olimpijczyk Aleksandrów					4:55.87	559
	50m: 30.07 30.07	150m: 1:43.53 38.75	250m: 3:02.94 40.64	350m: 4:20.51 35.07					
	100m: 1:04.78 34.71	200m: 2:22.30 38.77	300m: 3:45.44 42.50	400m: 4:55.87 35.36					
11.	HAJDA Marcin	94	AZS-AWF Katowice					5:00.43	534
	50m: 30.37 30.37	150m: 1:45.37 39.12	250m: 3:07.28 43.87	350m: 4:26.85 35.22					
	100m: 1:06.25 35.88	200m: 2:23.41 38.04	300m: 3:51.63 44.35	400m: 5:00.43 33.58					
12.	UCZEK Piotr	94	Ikar Mielec					5:00.44	534
	50m: 31.50 31.50	150m: 1:49.76 41.16	250m: 3:10.03 40.09	350m: 4:26.39 35.19					
	100m: 1:08.60 37.10	200m: 2:29.94 40.18	300m: 3:51.20 41.17	400m: 5:00.44 34.05					
13.	NIEMYSKI Patryk	94	1 Ożarów Mazowiecki					5:01.13	530
	50m: 30.23 30.23	150m: 1:47.45 40.57	250m: 3:09.86 41.79	350m: 4:28.96 34.96					
	100m: 1:06.88 36.65	200m: 2:28.07 40.62	300m: 3:54.00 44.14	400m: 5:01.13 32.17					
14.	KWIECIEŃ Michał SR	94	Victoria Racibórz					5:03.72	517
	50m: 31.39 31.39	150m: 1:49.58 40.28	250m: 3:10.91 42.62	350m: 4:30.18 34.60					
	100m: 1:09.30 37.91	200m: 2:28.29 38.71	300m: 3:55.58 44.67	400m: 5:03.72 33.54					
15.	DUDEK Michał	94	Bobry Dębica					5:03.83	516
	50m: 33.46 33.46	150m: 1:53.49 41.30	250m: 3:13.63 38.72	350m: 4:29.44 35.58					
	100m: 1:12.19 38.73	200m: 2:34.91 41.42	300m: 3:53.86 40.23	400m: 5:03.83 34.39					
16.	SZUDZIK Przemysław	94	Jedynka Elbląg					5:08.45	494
	50m: 32.77 32.77	150m: 1:51.26 40.68	250m: 3:13.89 42.35	350m: 4:32.95 35.21					
	100m: 1:10.58 37.81	200m: 2:31.54 40.28	300m: 3:57.74 43.85	400m: 5:08.45 35.50					