

Letnie Mistrzostwa Polski Juniorów Młodszych 16 lat
Gorzów Wlkp., 9. - 11.7.2010

Konkurencja 36
2010-07-11

Ch³opców, 1500m dowolny

16 lat
Wyniki

Rekord Polski 16 lat 15:35.41 PIELOWSKI Krzysztof KOOLS Gorzów Wlkp. 2007-12-02

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	KACZMARSKI Marcin		94	KSZO Ostrowiec				15:56.30	764
	100m: 58.96	1:03.02	500m: 5:12.51	1:03.95	900m: 9:29.56	1:04.34	1300m: 13:49.02	1:05.07	
	200m: 2:01.98	1:03.02	600m: 6:16.60	1:04.09	1000m: 10:34.40	1:04.84	1400m: 14:54.20	1:05.18	
	300m: 3:05.03	1:03.05	700m: 7:20.74	1:04.14	1100m: 11:39.15	1:04.75	1500m: 15:56.30	1:02.10	
	400m: 4:08.56	1:03.53	800m: 8:25.22	1:04.48	1200m: 12:43.95	1:04.80			
2.	ZABOROWSKI Filip		94	MKP Szczecin				16:05.02	744
	100m: 1:00.70	1:00.70	500m: 5:20.79	1:04.79	900m: 9:38.66	1:04.23	1300m: 13:57.14	1:04.73	
	200m: 2:05.78	1:05.08	600m: 6:25.36	1:04.57	1000m: 10:43.47	1:04.81	1400m: 15:01.88	1:04.74	
	300m: 3:10.87	1:05.09	700m: 7:29.93	1:04.57	1100m: 11:47.98	1:04.51	1500m: 16:05.02	1:03.14	
	400m: 4:16.00	1:05.13	800m: 8:34.43	1:04.50	1200m: 12:52.41	1:04.43			
3.	SMEJA Sławomir		94	AZS- WSG Astoria Bydgoszcz				16:24.69	700
	100m: 1:00.68	1:00.68	500m: 5:21.49	1:05.33	900m: 9:47.68	1:06.28	1300m: 14:14.00	1:06.86	
	200m: 2:05.67	1:04.99	600m: 6:27.49	1:06.00	1000m: 10:54.24	1:06.56	1400m: 15:20.41	1:06.41	
	300m: 3:10.73	1:05.06	700m: 7:34.10	1:06.61	1100m: 12:00.43	1:06.19	1500m: 16:24.69	1:04.28	
	400m: 4:16.16	1:05.43	800m: 8:41.40	1:07.30	1200m: 13:07.14	1:06.71			
4.	NOWICKI Mateusz		94	Pietnastka Bydgoszcz				16:42.70	663
	100m: 1:03.44	1:03.44	500m: 5:31.23	1:07.01	900m: 9:59.62	1:07.00	1300m: 14:29.76	1:07.70	
	200m: 2:10.31	1:06.87	600m: 6:38.50	1:07.27	1000m: 11:07.12	1:07.50	1400m: 15:37.42	1:07.66	
	300m: 3:16.90	1:06.59	700m: 7:45.60	1:07.10	1100m: 12:14.30	1:07.18	1500m: 16:42.70	1:05.28	
	400m: 4:24.22	1:07.32	800m: 8:52.62	1:07.02	1200m: 13:22.06	1:07.76			
5.	HABRAT KRZYSZTOF		94	AZS-AGH Kraków				16:46.18	656
	100m: 1:01.88	1:01.88	500m: 5:30.46	1:08.06	900m: 10:01.28	1:07.74	1300m: 14:32.76	1:07.78	
	200m: 2:07.96	1:06.08	600m: 6:38.33	1:07.87	1000m: 11:09.17	1:07.89	1400m: 15:40.44	1:07.68	
	300m: 3:14.90	1:06.94	700m: 7:46.01	1:07.68	1100m: 12:17.02	1:07.85	1500m: 16:46.18	1:05.74	
	400m: 4:22.40	1:07.50	800m: 8:53.54	1:07.53	1200m: 13:24.98	1:07.96			
6.	DALECKI Krzysztof		94	CEI ¹ sk Wrocław				17:01.50	627
	100m: 1:02.15	1:02.15	500m: 5:31.30	1:07.62	900m: 10:05.13	1:09.25	1300m: 14:43.45	1:10.48	
	200m: 2:08.64	1:06.49	600m: 6:39.04	1:07.74	1000m: 11:14.59	1:09.46	1400m: 15:53.76	1:10.31	
	300m: 3:15.74	1:07.10	700m: 7:47.39	1:08.35	1100m: 12:23.31	1:08.72	1500m: 17:01.50	1:07.74	
	400m: 4:23.68	1:07.94	800m: 8:55.88	1:08.49	1200m: 13:32.97	1:09.66			
7.	KOTLEWSKI Micha ³		94	Zryw Opole				17:05.29	620
	100m: 1:03.94	1:03.94	500m: 5:37.28	1:08.50	900m: 10:12.96	1:09.01	1300m: 14:50.47	1:09.34	
	200m: 2:11.73	1:07.79	600m: 6:46.41	1:09.13	1000m: 11:22.37	1:09.41	1400m: 16:00.01	1:09.54	
	300m: 3:20.16	1:08.43	700m: 7:55.34	1:08.93	1100m: 12:31.58	1:09.21	1500m: 17:05.29	1:05.28	
	400m: 4:28.78	1:08.62	800m: 9:03.95	1:08.61	1200m: 13:41.13	1:09.55			
8.	KWIECIEŃ Micha ³ SR		94	Victoria Racibórz				17:09.82	612
	100m: 1:03.67	1:03.67	500m: 5:32.06	1:07.46	900m: 10:07.24	1:09.80	1300m: 14:50.23	1:10.14	
	200m: 2:10.40	1:06.73	600m: 6:39.73	1:07.67	1000m: 11:17.87	1:10.63	1400m: 15:58.74	1:08.51	
	300m: 3:17.39	1:06.99	700m: 7:48.19	1:08.46	1100m: 12:29.16	1:11.29	1500m: 17:09.82	1:11.08	
	400m: 4:24.60	1:07.21	800m: 8:57.44	1:09.25	1200m: 13:40.09	1:10.93			
9.	ROGOZIŃSKI Łukasz		94	KSZO Ostrowiec				17:27.16	582
	100m: 1:04.56	1:04.56	500m: 5:44.42	1:09.96	900m: 10:25.25	1:10.43	1300m: 15:07.33	1:10.79	
	200m: 2:13.83	1:09.27	600m: 6:53.93	1:09.51	1000m: 11:35.22	1:09.97	1400m: 16:17.92	1:10.59	
	300m: 3:23.97	1:10.14	700m: 8:04.35	1:10.42	1100m: 12:45.70	1:10.48	1500m: 17:27.16	1:09.24	
	400m: 4:34.46	1:10.49	800m: 9:14.82	1:10.47	1200m: 13:56.54	1:10.84			
10.	SZEWCZYK Mateusz		94	Jedynka Elbl ^g				17:38.30	564
	100m: 1:04.62	1:04.62	500m: 5:46.59	1:11.09	900m: 10:32.78	1:11.57	1300m: 15:18.65	1:11.54	
	200m: 2:14.14	1:09.52	600m: 6:58.20	1:11.61	1000m: 11:44.32	1:11.54	1400m: 16:29.70	1:11.05	
	300m: 3:24.66	1:10.52	700m: 8:09.80	1:11.60	1100m: 12:55.51	1:11.19	1500m: 17:38.30	1:08.60	
	400m: 4:35.50	1:10.84	800m: 9:21.21	1:11.41	1200m: 14:07.11	1:11.60			
11.	GWIAZDA Micha ³		94	Skarpa Lublin				17:41.64	559
	100m: 1:07.70	1:07.70	500m: 5:52.57	1:11.32	900m: 10:37.60	1:11.61	1300m: 15:23.25	1:11.40	
	200m: 2:18.97	1:11.27	600m: 7:03.37	1:10.80	1000m: 11:49.15	1:11.55	1400m: 16:34.38	1:11.13	
	300m: 3:30.36	1:11.39	700m: 8:14.38	1:11.01	1100m: 12:59.94	1:10.79	1500m: 17:41.64	1:07.26	
	400m: 4:41.25	1:10.89	800m: 9:25.99	1:11.61	1200m: 14:11.85	1:11.91			

Letnie Mistrzostwa Polski Juniorów Młodszych 16 lat
Gorzów Wlkp., 9. - 11.7.2010

Konkurencja 36, Ch³opców, 1500m dowolny, 16 lat

Pozycja				Rok ur.					Czas	Pkt.		
12.	BOŹYM Adam			94	Avia Ćwidnik				17:41.78	558		
	100m:	1:08.27	1:08.27	500m:	5:52.00	1:11.31	900m:	10:35.67	1:11.38	1300m:	15:23.13	1:12.30
	200m:	2:19.50	1:11.23	600m:	7:02.86	1:10.86	1000m:	11:47.34	1:11.67	1400m:	16:34.55	1:11.42
	300m:	3:30.41	1:10.91	700m:	8:13.54	1:10.68	1100m:	12:58.67	1:11.33	1500m:	17:41.78	1:07.23
	400m:	4:40.69	1:10.28	800m:	9:24.29	1:10.75	1200m:	14:10.83	1:12.16			
13.	OŃOG Karol			94	CKSiS Skawina				18:11.19	514		
	100m:	1:08.17	1:08.17	500m:	5:58.50	1:12.51	900m:	10:50.95	1:13.51	1300m:	15:46.47	1:14.26
	200m:	2:20.63	1:12.46	600m:	7:11.18	1:12.68	1000m:	12:04.54	1:13.59	1400m:	17:00.27	1:13.80
	300m:	3:33.51	1:12.88	700m:	8:24.11	1:12.93	1100m:	13:18.21	1:13.67	1500m:	18:11.19	1:10.92
	400m:	4:45.99	1:12.48	800m:	9:37.44	1:13.33	1200m:	14:32.21	1:14.00			
14.	SZOSTAK Michał			94	Orka Zamocœæ				18:21.71	500		
	100m:	1:08.16	1:08.16	500m:	5:59.74	1:13.40	900m:	10:55.56	1:14.60	1300m:	15:56.06	1:14.81
	200m:	2:20.48	1:12.32	600m:	7:13.20	1:13.46	1000m:	12:10.11	1:14.55	1400m:	17:10.14	1:14.08
	300m:	3:33.20	1:12.72	700m:	8:26.95	1:13.75	1100m:	13:25.59	1:15.48	1500m:	18:21.71	1:11.57
	400m:	4:46.34	1:13.14	800m:	9:40.96	1:14.01	1200m:	14:41.25	1:15.66			
15.	ARENDOWSKI Piotr			94	MOSM Tychy				19:40.70	406		
	100m:	1:11.23	1:11.23	500m:	6:24.89	1:19.72	900m:	11:44.73	1:19.64	1300m:	17:04.78	1:19.76
	200m:	2:27.62	1:16.39	600m:	7:44.45	1:19.56	1000m:	13:04.35	1:19.62	1400m:	18:23.72	1:18.94
	300m:	3:46.13	1:18.51	700m:	9:04.97	1:20.52	1100m:	14:24.69	1:20.34	1500m:	19:40.70	1:16.98
	400m:	5:05.17	1:19.04	800m:	10:25.09	1:20.12	1200m:	15:45.02	1:20.33			