

XVI Ogólnopolska Olimpiada Młodzie y  
Drzonków, 23. - 25.7.2010

Konkurencja 19  
2010-07-24 - 9:36

Kobiet, 400m dowolny

17 - 18 lat  
Wyniki Eliminacje

RP 17	4:12.62	Paula UKOWSKA	ZROPO	Doha (QAT)	2009-12-09
RP 18	4:12.62	Paula UKOWSKA	ZROPO	Doha (QAT)	2009-12-09

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	Małgorzata LIPI SKA		93	KSZO Ostrowiec w.			<b>4:30.06</b>	694 A	
	50m: 31.53 31.53	150m: 1:38.94 33.91		250m: 2:48.13 34.62		350m: 3:56.95 34.38			
	100m: 1:05.03 33.50	200m: 2:13.51 34.57		300m: 3:22.57 34.44		400m: 4:30.06 33.11			
2.	Paula UKOWSKA		93	MKS ZRYW Opole			<b>4:30.10</b>	694 A	
	50m: 32.34 32.34	150m: 1:41.38 34.14		250m: 2:50.15 33.89		350m: 3:58.02 34.05			
	100m: 1:07.24 34.90	200m: 2:16.26 34.88		300m: 3:23.97 33.82		400m: 4:30.10 32.08			
3.	Manuela WIKIEŁ		92	U KS Ostroł ka			<b>4:30.43</b>	691 A	
	50m: 31.75 31.75	150m: 1:40.23 34.63		250m: 2:48.92 34.28		350m: 3:57.61 34.30			
	100m: 1:05.60 33.85	200m: 2:14.64 34.41		300m: 3:23.31 34.39		400m: 4:30.43 32.82			
4.	Joanna ZACHOSZCZ		93	SŁOWIANKA Gorzów Wlkp.			<b>4:31.26</b>	685 A	
	50m: 31.16 31.16	150m: 1:38.59 33.91		250m: 2:47.56 34.50		350m: 3:57.06 34.69			
	100m: 1:04.68 33.52	200m: 2:13.06 34.47		300m: 3:22.37 34.81		400m: 4:31.26 34.20			
5.	Magdalena SO PUŁKA		92	UKP UNIA O wi cim			<b>4:32.81</b>	673 A	
	50m: 31.52 31.52	150m: 1:39.57 34.59		250m: 2:48.67 34.53		350m: 3:58.66 35.16			
	100m: 1:04.98 33.46	200m: 2:14.14 34.57		300m: 3:23.50 34.83		400m: 4:32.81 34.15			
6.	Monika CHODYNA		92	KORMORAN Olsztyn			<b>4:32.87</b>	673 A	
	50m: 32.09 32.09	150m: 1:40.07 34.28		250m: 2:49.33 34.58		350m: 3:58.80 34.73			
	100m: 1:05.79 33.70	200m: 2:14.75 34.68		300m: 3:24.07 34.74		400m: 4:32.87 34.07			
7.	Natalia PAWLACZEK		93	MKS ZRYW Opole			<b>4:35.05</b>	657 A	
	50m: 30.49 30.49	150m: 1:38.02 34.42		250m: 2:48.55 35.19		350m: 4:00.57 36.09			
	100m: 1:03.60 33.11	200m: 2:13.36 35.34		300m: 3:24.48 35.93		400m: 4:35.05 34.48			
8.	Karolina WAKUŁA		93	AZS AWF Katowice			<b>4:35.32</b>	655 A	
	50m: 31.97 31.97	150m: 1:41.75 35.20		250m: 2:52.09 34.81		350m: 4:02.01 34.62			
	100m: 1:06.55 34.58	200m: 2:17.28 35.53		300m: 3:27.39 35.30		400m: 4:35.32 33.31			
9.	Zofia SZPAK		92	KORNER Zielona Góra			<b>4:40.72</b>	618 B	
	50m: 31.74 31.74	150m: 1:42.67 36.14		250m: 2:54.34 35.59		350m: 4:06.06 35.86			
	100m: 1:06.53 34.79	200m: 2:18.75 36.08		300m: 3:30.20 35.86		400m: 4:40.72 34.66			
10.	Izabella SP GRZEGORCZYK		93	POSNANIA Pozna			<b>4:41.64</b>	612 B	
	50m: 32.41 32.41	150m: 1:43.02 35.60		250m: 2:55.06 35.85		350m: 4:07.31 36.31			
	100m: 1:07.42 35.01	200m: 2:19.21 36.19		300m: 3:31.00 35.94		400m: 4:41.64 34.33			
11.	Dorota ZEMBRZUSKA		93	UKS G-8 BIELANY Warszawa			<b>4:42.21</b>	608 B	
	50m: 1:45.04 1:45.04	150m:		250m: 2:56.21 35.78		350m: 4:08.40 36.48			
	100m: 1:07.68	200m: 2:20.43		300m: 3:31.92 35.71		400m: 4:42.21 33.81			
12.	Angelika SO PRZYSTALSKA		93	UKP UNIA O wi cim			<b>4:42.35</b>	607 B	
	50m: 32.58 32.58	150m: 1:43.42 35.92		250m: 2:55.24 35.84		350m: 4:07.39 36.15			
	100m: 1:07.50 34.92	200m: 2:19.40 35.98		300m: 3:31.24 36.00		400m: 4:42.35 34.96			
13.	Karolina KUZAWI SKA		93	MZOS Płock			<b>4:43.71</b>	598 B	
	50m: 30.96 30.96	150m: 1:39.67 34.99		250m: 2:51.64 36.00		350m: 4:06.80 37.88			
	100m: 1:04.68 33.72	200m: 2:15.64 35.97		300m: 3:28.92 37.28		400m: 4:43.71 36.91			
14.	Agata LEWANDOWSKA		93	UKS GIM 92 Ursynów			<b>4:44.67</b>	592 B	
	50m: 32.85 32.85	150m: 1:44.16 35.95		250m: 2:57.13 36.68		350m: 4:10.02 36.75			
	100m: 1:08.21 35.36	200m: 2:20.45 36.29		300m: 3:33.27 36.14		400m: 4:44.67 34.65			
15.	Aleksandra SO ZAGRODNIK		93	UKP UNIA O wi cim			<b>4:50.27</b>	559 B	
	50m: 32.62 32.62	150m: 1:45.07 36.99		250m: 2:59.31 37.22		350m: 4:13.75 37.13			
	100m: 1:08.08 35.46	200m: 2:22.09 37.02		300m: 3:36.62 37.31		400m: 4:50.27 36.52			
16.	Ewa PIASECKA		92	AZS AWF Katowice			<b>4:53.38</b>	541 B	
	50m: 32.94 32.94	150m: 1:46.04 37.14		250m: 3:00.92 37.47		350m: 4:16.84 38.05			
	100m: 1:08.90 35.96	200m: 2:23.45 37.41		300m: 3:38.79 37.87		400m: 4:53.38 36.54			

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Konkurencja 19, Kobiet, 400m dowolny, Eliminacje, 17 - 18 lat

Pozycja				Rok ur.					Czas	Pkt.	
17.	Paula B	CZYK		93	MKS TRÓJKA	Łód			<b>4:56.46</b>	524 R	
	50m:	32.87	32.87	150m:	1:46.86	37.70	250m:	3:02.79	37.66	350m: 4:18.92	38.03
	100m:	1:09.16	36.29	200m:	2:25.13	38.27	300m:	3:40.89	38.10	400m: 4:56.46	37.54
18.	Alicja	KOŁODZIEJ		93	AZS AWF	Katowice			<b>5:10.76</b>	455 R	
	50m:	33.60	33.60	150m:	1:51.04	39.42	250m:	3:10.56	39.94	350m: 4:30.43	39.83
	100m:	1:11.62	38.02	200m:	2:30.62	39.58	300m:	3:50.60	40.04	400m: 5:10.76	40.33
19.	Martyna	WITKOWSKA		92	SŁOWIANKA	Gorzów Wlkp.			<b>5:12.38</b>	448	
	50m:	36.33	36.33	150m:	1:54.38	39.28	250m:		350m:		
	100m:	1:15.10	38.77	200m:	2:34.19	39.81	300m:	3:54.28	400m:	5:12.38	