

XVI Ogólnopolska Olimpiada Młodzie y
Drzonków, 23. - 25.7.2010

Konkurencja 19
2010-07-24

Kobiet, 400m dowolny

17 - 18 lat
Wyniki Finał

| | | | | | |
|-------|---------|---------------|-------|------------|------------|
| RP 17 | 4:12.62 | Paula UKOWSKA | ZROPO | Doha (QAT) | 2009-12-09 |
| RP 18 | 4:12.62 | Paula UKOWSKA | ZROPO | Doha (QAT) | 2009-12-09 |

Punkty: FINA 2010

| Pozycja | | Rok ur. | | | Czas | Pkt. |
|----------------|-------------------------|---------------|--------------------------|---------------|----------------|---------------------|
| Finał A | | | | | | |
| 1. | Paula UKOWSKA | 93 | MKS ZRYW Opole | | 4:21.52 | 764 |
| | 50m: 30.00 30.00 | 150m: 1:34.25 | 32.43 | 250m: 2:40.71 | 33.12 | 350m: 3:48.17 33.33 |
| | 100m: 1:01.82 31.82 | 200m: 2:07.59 | 33.34 | 300m: 3:14.84 | 34.13 | 400m: 4:21.52 33.35 |
| 2. | Manuela WIKIEŁ | 92 | U KS Ostroł ka | | 4:22.79 | 753 |
| | 50m: 30.80 30.80 | 150m: 1:36.22 | 32.91 | 250m: 2:42.66 | 32.89 | 350m: 3:49.51 33.48 |
| | 100m: 1:03.31 32.51 | 200m: 2:09.77 | 33.55 | 300m: 3:16.03 | 33.37 | 400m: 4:22.79 33.28 |
| 3. | Małgorzata LIPI SKA | 93 | KSZO Ostrowiec w. | | 4:26.69 | 721 |
| | 50m: 30.51 30.51 | 150m: 1:36.44 | 33.20 | 250m: 2:44.54 | 33.93 | 350m: 3:53.29 33.91 |
| | 100m: 1:03.24 32.73 | 200m: 2:10.61 | 34.17 | 300m: 3:19.38 | 34.84 | 400m: 4:26.69 33.40 |
| 4. | Joanna ZACHOSZCZ | 93 | SŁOWIANKA Gorzów Wlkp. | | 4:28.03 | 710 |
| | 50m: 30.65 30.65 | 150m: 1:36.01 | 33.18 | 250m: 2:44.06 | 34.09 | 350m: 3:53.57 34.72 |
| | 100m: 1:02.83 32.18 | 200m: 2:09.97 | 33.96 | 300m: 3:18.85 | 34.79 | 400m: 4:28.03 34.46 |
| 5. | Monika CHODYNA | 92 | KORMORAN Olsztyn | | 4:31.37 | 684 |
| | 50m: 32.09 32.09 | 150m: 1:39.27 | 33.89 | 250m: 2:48.11 | 34.54 | 350m: 3:57.77 34.86 |
| | 100m: 1:05.38 33.29 | 200m: 2:13.57 | 34.30 | 300m: 3:22.91 | 34.80 | 400m: 4:31.37 33.60 |
| 6. | Karolina WAKUŁA | 93 | AZS AWF Katowice | | 4:31.42 | 684 |
| | 50m: | 150m: | | 250m: | | 350m: 3:58.60 34.49 |
| | 100m: 1:05.85 | 200m: 2:14.63 | | 300m: 3:24.11 | | 400m: 4:31.42 32.82 |
| 7. | Magdalena SO PUŁKA | 92 | UKP UNIA O wi cim | | 4:32.18 | 678 |
| | 50m: 30.85 30.85 | 150m: 1:38.90 | 34.38 | 250m: 2:48.32 | 34.47 | 350m: 3:58.26 34.85 |
| | 100m: 1:04.52 33.67 | 200m: 2:13.85 | 34.95 | 300m: 3:23.41 | 35.09 | 400m: 4:32.18 33.92 |
| 8. | Natalia PAWLACZEK | 93 | MKS ZRYW Opole | | 4:40.80 | 617 |
| | 50m: 1:40.06 1:40.06 | 150m: | | 250m: | | 350m: 4:05.49 35.96 |
| | 100m: 1:04.50 | 200m: 2:16.14 | | 300m: 3:29.53 | | 400m: 4:40.80 35.31 |
| Finał B | | | | | | |
| 9. | Zofia SZPAK | 92 | KORNER Zielona Góra | | 4:37.92 | 637 |
| | 50m: 31.18 31.18 | 150m: 1:41.38 | 35.68 | 250m: 2:52.94 | 35.48 | 350m: 4:03.27 34.93 |
| | 100m: 1:05.70 34.52 | 200m: 2:17.46 | 36.08 | 300m: 3:28.34 | 35.40 | 400m: 4:37.92 34.65 |
| 10. | Agata LEWANDOWSKA | 93 | UKS GIM 92 Ursynów | | 4:40.70 | 618 |
| | 50m: 32.16 32.16 | 150m: 1:42.74 | 35.91 | 250m: 2:54.82 | 35.87 | 350m: 4:06.44 35.06 |
| | 100m: 1:06.83 34.67 | 200m: 2:18.95 | 36.21 | 300m: 3:31.38 | 36.56 | 400m: 4:40.70 34.26 |
| 11. | Dorota ZEMBRZUSKA | 93 | UKS G-8 BIELANY Warszawa | | 4:40.83 | 617 |
| | 50m: 31.56 31.56 | 150m: 1:41.28 | 35.62 | 250m: 2:53.52 | 36.49 | 350m: 4:05.78 36.07 |
| | 100m: 1:05.66 34.10 | 200m: 2:17.03 | 35.75 | 300m: 3:29.71 | 36.19 | 400m: 4:40.83 35.05 |
| 12. | Izabella SP GRZEGORCZYK | 93 | POSNANIA Pozna | | 4:40.90 | 617 |
| | 50m: 31.33 31.33 | 150m: 1:41.13 | 35.37 | 250m: 2:53.46 | 35.92 | 350m: 4:06.24 36.45 |
| | 100m: 1:05.76 34.43 | 200m: 2:17.54 | 36.41 | 300m: 3:29.79 | 36.33 | 400m: 4:40.90 34.66 |
| 13. | Angelika SO PRZYSTALSKA | 93 | UKP UNIA O wi cim | | 4:41.80 | 611 |
| | 50m: 31.83 31.83 | 150m: 1:41.38 | 35.22 | 250m: 2:53.01 | 36.03 | 350m: 4:06.07 36.86 |
| | 100m: 1:06.16 34.33 | 200m: 2:16.98 | 35.60 | 300m: 3:29.21 | 36.20 | 400m: 4:41.80 35.73 |
| 14. | Ewa PIASECKA | 92 | AZS AWF Katowice | | 4:51.58 | 551 |
| | 50m: 32.38 32.38 | 150m: 1:44.42 | 36.70 | 250m: 2:59.14 | 37.64 | 350m: 4:15.38 38.52 |
| | 100m: 1:07.72 35.34 | 200m: 2:21.50 | 37.08 | 300m: 3:36.86 | 37.72 | 400m: 4:51.58 36.20 |
| 15. | Aleksandra SO ZAGRODNIK | 93 | UKP UNIA O wi cim | | 4:52.08 | 548 |
| | 50m: 33.21 33.21 | 150m: 1:44.97 | 36.72 | 250m: | | 350m: 4:15.55 38.01 |
| | 100m: 1:08.25 35.04 | 200m: 2:22.36 | 37.39 | 300m: 3:37.54 | | 400m: 4:52.08 36.53 |
| 16. | Paula B CZYK | 93 | MKS TRÓJKA Łód | | 4:56.23 | 526 |
| | 50m: | 150m: 1:46.20 | 37.37 | 250m: 3:02.59 | 39.02 | 350m: |
| | 100m: 1:08.83 | 200m: 2:23.57 | 37.37 | 300m: 3:39.80 | 37.21 | 400m: 4:56.23 |