

Liga SMS runda I 2010
Kraków, 11. - 12.12.2010

Konkurencja 32
2010-12-12 - 9:47

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.		
1.	PALUSZEK, Weronika		93	SMS Wrocław				4:59.92	659		
	50m:	32.75 32.75	150m:	1:51.83	40.55	250m:	3:10.78	39.50	350m:	4:26.23	35.66
	100m:	1:11.28 38.53	200m:	2:31.28	39.45	300m:	3:50.57	39.79	400m:	4:59.92	33.69
2.	UKOWSKA, Paula		93	SMS Zielona Góra				5:00.77	653		
	50m:	32.39 32.39	150m:	1:46.02	38.02	250m:	3:06.34	43.20	350m:	4:25.16	35.68
	100m:	1:08.00 35.61	200m:	2:23.14	37.12	300m:	3:49.48	43.14	400m:	5:00.77	35.61
3.	KAMI SKA, Aleksandra		92	SMS Wrocław				5:01.79	647		
	50m:	31.71 31.71	150m:	1:48.49	39.87	250m:	3:10.05	42.57	350m:	4:28.10	34.66
	100m:	1:08.62 36.91	200m:	2:27.48	38.99	300m:	3:53.44	43.39	400m:	5:01.79	33.69
4.	KOWALSKA, Agata		93	SMS Warszawa				5:03.23	637		
	50m:	31.31 31.31	150m:	1:48.24	39.50	250m:	3:10.87	43.87	350m:	4:30.77	34.75
	100m:	1:08.74 37.43	200m:	2:27.00	38.76	300m:	3:56.02	45.15	400m:	5:03.23	32.46
5.	PELOWSKA, Aleksandra, SG		93	SMS Gda sk				5:03.91	633		
	50m:	32.88 32.88	150m:	1:48.80	38.91	250m:	3:09.76	42.54	350m:	4:28.37	36.03
	100m:	1:09.89 37.01	200m:	2:27.22	38.42	300m:	3:52.34	42.58	400m:	5:03.91	35.54
6.	KORZENIOWSKA, Marta SO		93	SMS O wi cim				5:03.95	633		
	50m:	32.45 32.45	150m:	1:51.52	41.93	250m:	3:13.72	42.30	350m:	4:31.40	34.66
	100m:	1:09.59 37.14	200m:	2:31.42	39.90	300m:	3:56.74	43.02	400m:	5:03.95	32.55
7.	JANKOWSKA, Marta SO		92	SMS O wi cim				5:04.73	628		
	50m:	33.19 33.19	150m:	1:49.94	39.99	250m:	3:12.35	43.19	350m:	4:30.71	35.23
	100m:	1:09.95 36.76	200m:	2:29.16	39.22	300m:	3:55.48	43.13	400m:	5:04.73	34.02
8.	ULATOWSKA, Alicja		96	SMS O wi cim				5:06.03	620		
	50m:	33.58 33.58	150m:	1:50.93	38.81	250m:	3:12.92	43.32	350m:	4:32.90	35.52
	100m:	1:12.12 38.54	200m:	2:29.60	38.67	300m:	3:57.38	44.46	400m:	5:06.03	33.13
9.	MAŁECKA, Agnieszka		93	SMS Szczecin				5:06.93	615		
	50m:	32.27 32.27	150m:	1:48.66	39.04	250m:	3:10.71	44.69	350m:	4:32.82	36.73
	100m:	1:09.62 37.35	200m:	2:26.02	37.36	300m:	3:56.09	45.38	400m:	5:06.93	34.11
10.	MIKOŁAJCZAK, Anna		95	SMS Szczecin				5:14.41	572		
	50m:	33.06 33.06	150m:	1:51.68	40.91	250m:	3:16.82	44.74	350m:	4:39.51	37.40
	100m:	1:10.77 37.71	200m:	2:32.08	40.40	300m:	4:02.11	45.29	400m:	5:14.41	34.90
11.	SIRIGNANO, Luigia		96	SMS Kraków				5:18.91	548		
	50m:	35.27 35.27	150m:	1:55.86	39.64	250m:	3:19.43	44.01	350m:	4:42.86	37.31
	100m:	1:16.22 40.95	200m:	2:35.42	39.56	300m:	4:05.55	46.12	400m:	5:18.91	36.05
12.	CHLIPAŁA, Patrycja		93	SMS Kraków				5:19.35	546		
	50m:	33.79 33.79	150m:	1:52.26	39.79	250m:	3:17.53	46.11	350m:	4:42.36	37.56
	100m:	1:12.47 38.68	200m:	2:31.42	39.16	300m:	4:04.80	47.27	400m:	5:19.35	36.99
13.	ROGACZ, Katarzyna SR		96	SMS Racibórz				5:19.61	544		
	50m:	34.47 34.47	150m:	1:57.63	40.90	250m:	3:21.68	43.89	350m:	4:44.41	37.59
	100m:	1:16.73 42.26	200m:	2:37.79	40.16	300m:	4:06.82	45.14	400m:	5:19.61	35.20
14.	MENDOWSKA, Katarzyna		94	SMS Pozna				5:34.32	476		
	50m:	35.92 35.92	150m:	2:00.26	42.21	250m:	3:30.07	47.74	350m:	4:56.44	38.47
	100m:	1:18.05 42.13	200m:	2:42.33	42.07	300m:	4:17.97	47.90	400m:	5:34.32	37.88
DYSKW.	UCHA SKA, Karolina		94	SMS Szczecin				5:23.84			
	50m:	34.04 34.04	150m:	1:57.31	42.76	250m:	3:25.37	45.72	350m:	4:48.22	36.78
	100m:	1:14.55 40.51	200m:	2:39.65	42.34	300m:	4:11.44	46.07	400m:	5:23.84	35.62