

Liga SMS runda I 2010
Kraków, 11. - 12.12.2010

Konkurencja 33
2010-12-12 - 10:06

M czynn, 400m zmienny

Open
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.		
1.	SUZIN, Marcin		93	SMS Kraków				4:25.36	714		
	50m:	29.11 29.11	150m:	1:37.22	35.28	250m:	2:48.07	36.78	350m:	3:56.04	30.76
	100m:	1:01.94 32.83	200m:	2:11.29	34.07	300m:	3:25.28	37.21	400m:	4:25.36	29.32
2.	PEŁCZY SKI, Kacper SO		92	SMS O wi cim				4:25.48	713		
	50m:	28.52 28.52	150m:	1:36.35	35.78	250m:	2:47.28	35.93	350m:	3:55.50	30.88
	100m:	1:00.57 32.05	200m:	2:11.35	35.00	300m:	3:24.62	37.34	400m:	4:25.48	29.98
3.	PALMI-KUKIEŁKO, Mieszko		93	SMS Wrocław				4:28.06	693		
	50m:	29.06 29.06	150m:	1:36.39	34.72	250m:	2:49.27	38.71	350m:	3:58.56	30.39
	100m:	1:01.67 32.61	200m:	2:10.56	34.17	300m:	3:28.17	38.90	400m:	4:28.06	29.50
4.	KSI EK, Michał		93	SMS Kraków				4:30.11	677		
	50m:	28.97 28.97	150m:	1:37.04	35.23	250m:	2:49.58	38.51	350m:	3:59.43	31.24
	100m:	1:01.81 32.84	200m:	2:11.07	34.03	300m:	3:28.19	38.61	400m:	4:30.11	30.68
5.	TWAROWSKI, Jerzy		95	SMS Kraków				4:39.15	614		
	50m:	29.38 29.38	150m:	1:40.31	36.89	250m:	2:55.11	39.51	350m:	4:07.30	32.50
	100m:	1:03.42 34.04	200m:	2:15.60	35.29	300m:	3:34.80	39.69	400m:	4:39.15	31.85
6.	WIEK, Kacper		95	SMS Warszawa				4:39.93	608		
	50m:	31.06 31.06	150m:	1:43.20	36.23	250m:	2:57.93	38.96	350m:	4:09.94	31.82
	100m:	1:06.97 35.91	200m:	2:18.97	35.77	300m:	3:38.12	40.19	400m:	4:39.93	29.99
7.	UKOWSKI, Maciej		93	SMS Wrocław				4:40.59	604		
	50m:	30.12 30.12	150m:	1:40.30	36.94	250m:	2:55.69	39.61	350m:	4:08.43	32.38
	100m:	1:03.36 33.24	200m:	2:16.08	35.78	300m:	3:36.05	40.36	400m:	4:40.59	32.16
8.	BARAN, Rafał		93	SMS Kraków				4:40.88	602		
	50m:	29.10 29.10	150m:	1:38.61	36.26	250m:	2:54.46	40.17	350m:	4:08.30	32.25
	100m:	1:02.35 33.25	200m:	2:14.29	35.68	300m:	3:36.05	41.59	400m:	4:40.88	32.58
9.	OSNOWSKI, Bartosz		94	SMS Szczecin				4:45.42	574		
	50m:	31.00 31.00	150m:	1:43.10	35.72	250m:	2:59.66	41.40	350m:	4:14.15	32.34
	100m:	1:07.38 36.38	200m:	2:18.26	35.16	300m:	3:41.81	42.15	400m:	4:45.42	31.27
10.	URBA SKI, Krzysztof SG		93	SMS Gda sk				4:46.04	570		
	50m:	29.82 29.82	150m:	1:41.85	36.24	250m:	2:58.95	41.51	350m:	4:14.40	32.81
	100m:	1:05.61 35.79	200m:	2:17.44	35.59	300m:	3:41.59	42.64	400m:	4:46.04	31.64
11.	KROGULSKI, Filip		96	SMS O wi cim				4:46.33	569		
	50m:	30.97 30.97	150m:	1:41.13	35.10	250m:	2:58.22	41.53	350m:	4:14.63	33.70
	100m:	1:06.03 35.06	200m:	2:16.69	35.56	300m:	3:40.93	42.71	400m:	4:46.33	31.70
12.	ASULIAN, Axel		93	SMS O wi cim				4:46.36	568		
	50m:	29.50 29.50	150m:	1:39.75	36.40	250m:	2:57.14	41.50	350m:	4:13.65	34.07
	100m:	1:03.35 33.85	200m:	2:15.64	35.89	300m:	3:39.58	42.44	400m:	4:46.36	32.71
13.	G SIOR, Patryk		94	SMS Warszawa				4:48.80	554		
	50m:	31.02 31.02	150m:	1:42.36	35.58	250m:	2:59.12	41.64	350m:	4:15.50	34.15
	100m:	1:06.78 35.76	200m:	2:17.48	35.12	300m:	3:41.35	42.23	400m:	4:48.80	33.30
14.	RAPACEWICZ, Rafał SR		92	SMS Racibórz				4:57.07	509		
	50m:	30.95 30.95	150m:	1:47.33	41.00	250m:	3:04.82	36.56	350m:	4:22.27	37.30
	100m:	1:06.33 35.38	200m:	2:28.26	40.93	300m:	3:44.97	40.15	400m:	4:57.07	34.80
15.	KULASIEWICZ, Mateusz		94	SMS Szczecin				4:59.82	495		
	50m:	31.12 31.12	150m:	1:45.94	38.84	250m:	3:08.40	44.20	350m:	4:26.95	33.77
	100m:	1:07.10 35.98	200m:	2:24.20	38.26	300m:	3:53.18	44.78	400m:	4:59.82	32.87
DYSKW.	ZABOJSZCZ, Wojciech		95	SMS O wi cim				4:53.21			
	50m:	29.93 29.93	150m:	1:44.72	39.63	250m:	3:03.26	40.26	350m:	4:19.25	35.05
	100m:	1:05.09 35.16	200m:	2:23.00	38.28	300m:	3:44.20	40.94	400m:	4:53.21	33.96