

Liga SMS runda I 2010
Kraków, 11. - 12.12.2010

Konkurencja 35
2010-12-12 - 10:46

M czyzn, 400m dowolny

Open
Wyniki

Punkty: FINA 2010

Pozycja			Rok ur.					Czas	Pkt.
1.	SZUBA, Michał		93	SMS Wrocław				3:54.15	750
	50m:	27.44 27.44	150m:	1:26.16 29.40	250m:	2:25.50 29.45	350m:	3:25.37 29.83	
	100m:	56.76 29.32	200m:	1:56.05 29.89	300m:	2:55.54 30.04	400m:	3:54.15 28.78	
2.	TOWAREK, Sebastian		93	SMS Wrocław				4:00.73	690
	50m:	27.93 27.93	150m:	1:28.09 30.38	250m:	2:29.70 30.82	350m:	3:31.21 30.63	
	100m:	57.71 29.78	200m:	1:58.88 30.79	300m:	3:00.58 30.88	400m:	4:00.73 29.52	
3.	MELLER, Olaf SG		92	SMS Gda sk				4:00.85	689
	50m:	27.37 27.37	150m:	1:28.39 30.82	250m:	2:29.72 30.16	350m:	3:30.51 30.52	
	100m:	57.57 30.20	200m:	1:59.56 31.17	300m:	2:59.99 30.27	400m:	4:00.85 30.34	
4.	BOR, Radosław		93	SMS Zielona Góra				4:02.57	674
	50m:	28.33 28.33	150m:	1:28.55 30.08	250m:	2:29.80 30.56	350m:	3:31.82 30.82	
	100m:	58.47 30.14	200m:	1:59.24 30.69	300m:	3:01.00 31.20	400m:	4:02.57 30.75	
5.	KURANT, Roger		94	SMS Szczecin				4:03.94	663
	50m:	27.68 27.68	150m:	1:28.17 30.52	250m:	2:30.53 31.31	350m:	3:34.53 32.12	
	100m:	57.65 29.97	200m:	1:59.22 31.05	300m:	3:02.41 31.88	400m:	4:03.94 29.41	
6.	KLIZA, Mateusz		94	SMS Kraków				4:04.05	662
	50m:	28.36 28.36	150m:	1:29.11 30.62	250m:	2:30.78 30.78	350m:	3:33.23 31.23	
	100m:	58.49 30.13	200m:	2:00.00 30.89	300m:	3:02.00 31.22	400m:	4:04.05 30.82	
7.	RYBI SKI, Dawid		93	SMS Wrocław				4:05.38	651
	50m:	28.43 28.43	150m:	1:31.23 32.26	250m:	2:33.77 30.91	350m:	3:35.52 30.30	
	100m:	58.97 30.54	200m:	2:02.86 31.63	300m:	3:05.22 31.45	400m:	4:05.38 29.86	
8.	GŁYK, Wojciech SO		92	SMS O wi cim				4:07.11	638
	50m:	28.66 28.66	150m:	1:30.55 31.23	250m:	2:33.14 31.12	350m:	3:35.97 31.49	
	100m:	59.32 30.66	200m:	2:02.02 31.47	300m:	3:04.48 31.34	400m:	4:07.11 31.14	
9.	KUT, Bartosz		93	SMS Kraków				4:07.58	634
	50m:	28.04 28.04	150m:	1:29.86 31.29	250m:	2:33.37 31.79	350m:	3:37.16 31.95	
	100m:	58.57 30.53	200m:	2:01.58 31.72	300m:	3:05.21 31.84	400m:	4:07.58 30.42	
10.	KOTLEWSKI, Michał		94	SMS Kraków				4:07.64	634
	50m:	28.92 28.92	150m:	1:31.33 31.49	250m:	2:34.69 31.79	350m:	3:38.46 31.93	
	100m:	59.84 30.92	200m:	2:02.90 31.57	300m:	3:06.53 31.84	400m:	4:07.64 29.18	
11.	BRZOZA, Jakub		93	SMS Wrocław				4:08.81	625
	50m:	27.99 27.99	150m:	1:30.02 31.42	250m:	2:34.02 31.88	350m:	3:38.26 31.81	
	100m:	58.60 30.61	200m:	2:02.14 32.12	300m:	3:06.45 32.43	400m:	4:08.81 30.55	
12.	DALECKI, Krzysztof		94	SMS Wrocław				4:10.93	609
	50m:	29.23 29.23	150m:	1:31.99 31.24	250m:	2:35.59 32.09	350m:	3:39.86 32.28	
	100m:	1:00.75 31.52	200m:	2:03.50 31.51	300m:	3:07.58 31.99	400m:	4:10.93 31.07	
13.	S KOWSKI, Daniel		95	SMS Warszawa				4:13.44	591
	50m:	29.40 29.40	150m:	1:33.73 32.41	250m:	2:39.58 33.24	350m:	3:43.98 31.45	
	100m:	1:01.32 31.92	200m:	2:06.34 32.61	300m:	3:12.53 32.95	400m:	4:13.44 29.46	
14.	ŁOPACI SKI, Kacper SO		95	SMS O wi cim				4:14.59	583
	50m:	28.19 28.19	150m:	1:31.74 31.92	250m:	2:36.90 32.56	350m:	3:42.72 32.81	
	100m:	59.82 31.63	200m:	2:04.34 32.60	300m:	3:09.91 33.01	400m:	4:14.59 31.87	
15.	TABISZ, Paweł SR		94	SMS Racibórz				4:19.14	553
	50m:	29.36 29.36	150m:	1:33.91 32.37	250m:	2:38.43 32.40	350m:	3:45.69 33.94	
	100m:	1:01.54 32.18	200m:	2:06.03 32.12	300m:	3:11.75 33.32	400m:	4:19.14 33.45	
16.	DZIENISZEWSKI, Michał		94	SMS O wi cim				4:20.09	547
	50m:	28.87 28.87	150m:	1:33.67 32.48	250m:	2:39.96 33.09	350m:	3:48.50 34.15	
	100m:	1:01.19 32.32	200m:	2:06.87 33.20	300m:	3:14.35 34.39	400m:	4:20.09 31.59	
17.	SKROBISZ, Marek		94	SMS Warszawa				4:24.59	520
	50m:	29.02 29.02	150m:	1:35.30 33.48	250m:	2:42.31 32.86	350m:	3:50.39 34.39	
	100m:	1:01.82 32.80	200m:	2:09.45 34.15	300m:	3:16.00 33.69	400m:	4:24.59 34.20	

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Konkurencja 35, M czynn, 400m dowolny, Open

Pozycja			Rok ur.						Czas	Pkt.
18.	SZAMRETA, Marcel		94	SMS Kraków					4:26.94	506
	50m: 28.85 28.85	150m: 1:34.99	33.32	250m: 2:43.47	34.33	350m: 3:53.00	34.77			
	100m: 1:01.67 32.82	200m: 2:09.14	34.15	300m: 3:18.23	34.76	400m: 4:26.94	33.94			
19.	PŁONOWSKI, Miłosz SG		93	SMS Gdańsk					4:30.41	487
	50m: 29.25 29.25	150m: 1:35.65	33.68	250m: 2:44.42	34.61	350m: 3:54.89	34.89			
	100m: 1:01.97 32.72	200m: 2:09.81	34.16	300m: 3:20.00	35.58	400m: 4:30.41	35.52			
20.	GABRYSZ, Wojciech		95	SMS Racibórz					4:30.92	484
	50m: 29.03 29.03	150m: 1:36.01	34.16	250m: 2:46.37	35.05	350m: 3:57.78	35.67			
	100m: 1:01.85 32.82	200m: 2:11.32	35.31	300m: 3:22.11	35.74	400m: 4:30.92	33.14			
21.	KUCHARSKI, Michał		93	SMS Poznań					4:31.78	479
	50m: 29.46 29.46	150m: 1:34.94	32.80	250m: 2:43.16	34.77	350m: 3:56.29	36.95			
	100m: 1:02.14 32.68	200m: 2:08.39	33.45	300m: 3:19.34	36.18	400m: 4:31.78	35.49			
22.	PTASZYŃSKI, Mikołaj		95	SMS Zielona Góra					4:32.76	474
	50m: 30.37 30.37	150m: 1:38.35	34.00	250m: 2:47.00	34.22	350m: 3:58.01	35.48			
	100m: 1:04.35 33.98	200m: 2:12.78	34.43	300m: 3:22.53	35.53	400m: 4:32.76	34.75			