

Główne Mistrzostwa Polski Seniorów i Młodzie owców  
Olsztyn, 13- - 16-6-2013

Event 27  
2013-06-15 - 18:15

Women, 400m Freestyle

Open  
Results Finals

Rekord Polski	4:04.23	JEDRZEJCZAK Otylia	00114	Melbourne (AUS)	2007-03-25
Minimum Mistrzostwa wiata Seniorów	4:09.81				
Minimum Mistrzostwa wiata Juniorów	4:13.46				
Minimum Mistrzostwa Europy Juniorów	4:26.16				

Points: FINA 2013

Rank			YB					Time	Pts
<b>Final A</b>									
1.	BURSKA Justyna		95	Piatka Konstantynow Lodzki				<b>4:18.65</b>	790
	50m: 31.39 31.39	150m: 1:37.81	32.99	250m: 2:43.06	32.00	350m: 3:47.62	32.09		
	100m: 1:04.82 33.43	200m: 2:11.06	33.25	300m: 3:15.53	32.47	400m: 4:18.65	31.03		
2.	ZACHOSZCZ Joanna		93	AZS UWM Olsztyn				<b>4:19.81</b>	779
	50m: 31.43 31.43	150m: 1:37.47	32.93	250m: 2:42.87	32.03	350m: 3:47.70	32.26		
	100m: 1:04.54 33.11	200m: 2:10.84	33.37	300m: 3:15.44	32.57	400m: 4:19.81	32.11		
3.	CZERNIAK Monika		92	AZS UWM Olsztyn				<b>4:20.12</b>	777
	50m: 31.54 31.54	150m: 1:38.10	33.29	250m: 2:44.05	32.62	350m: 3:48.97	32.24		
	100m: 1:04.81 33.27	200m: 2:11.43	33.33	300m: 3:16.73	32.68	400m: 4:20.12	31.15		
4.	KARPISZ Milena <i>minimum MEJ</i>		97	Piatka Konstantynow Lodzki				<b>4:20.72</b>	771
	50m: 31.45 31.45	150m: 1:38.10	33.20	250m: 2:43.87	32.62	350m: 3:48.91	32.26		
	100m: 1:04.90 33.45	200m: 2:11.25	33.15	300m: 3:16.65	32.78	400m: 4:20.72	31.81		
5.	WASILEWSKA Barbara		94	LKS"Omega"Kleszczow				<b>4:21.32</b>	766
	50m: 30.85 30.85	150m: 1:37.18	33.01	250m: 2:43.17	32.68	350m: 3:49.16	33.04		
	100m: 1:04.17 33.32	200m: 2:10.49	33.31	300m: 3:16.12	32.95	400m: 4:21.32	32.16		
6.	KASPEREK Katarzyna SSZ		96	MKP Szczecin				<b>4:21.63</b>	763
	50m: 30.69 30.69	150m: 1:37.16	33.57	250m: 2:44.00	33.39	350m: 3:50.61	33.28		
	100m: 1:03.59 32.90	200m: 2:10.61	33.45	300m: 3:17.33	33.33	400m: 4:21.63	31.02		
7.	BERNAT Aleksandra		90	KS Warta Poznan				<b>4:26.30</b>	724
	50m: 30.81 30.81	150m: 1:37.51	33.67	250m: 2:45.34	33.97	350m: 3:53.44	34.12		
	100m: 1:03.84 33.03	200m: 2:11.37	33.86	300m: 3:19.32	33.98	400m: 4:26.30	32.86		
8.	WIKIEL Manuela		92	AZS UWM Olsztyn				<b>4:26.79</b>	720
	50m: 31.60 31.60	150m: 1:38.68	33.55	250m: 2:45.89	33.38	350m: 3:53.76	34.06		
	100m: 1:05.13 33.53	200m: 2:12.51	33.83	300m: 3:19.70	33.81	400m: 4:26.79	33.03		
9.	RUDAWSKA Adrianna		96	UKS Olimpijczyk				<b>4:32.47</b>	676
	50m: 31.32 31.32	150m: 1:39.61	34.36	250m: 2:48.48	34.55	350m: 3:58.61	35.13		
	100m: 1:05.25 33.93	200m: 2:13.93	34.32	300m: 3:23.48	35.00	400m: 4:32.47	33.86		
10.	ZYGO Karolina		96	KS Olimpia Lublin				<b>4:36.68</b>	645
	50m: 31.72 31.72	150m: 1:39.20	33.82	250m: 2:48.88	34.88	350m: 4:00.79	36.08		
	100m: 1:05.38 33.66	200m: 2:14.00	34.80	300m: 3:24.71	35.83	400m: 4:36.68	35.89		
<b>Final B</b>									
11.	KUNKA Kamila SO		96	UKP Unia Oswiecim				<b>4:26.17</b>	725
	50m: 29.94 29.94	150m: 1:36.68	33.58	250m: 2:44.85	33.90	350m: 3:52.89	33.67		
	100m: 1:03.10 33.16	200m: 2:10.95	34.27	300m: 3:19.22	34.37	400m: 4:26.17	33.28		
12.	NIENALTOWSKA Natalia		96	MKS Polonia Warszawa				<b>4:27.14</b>	717
	50m: 30.97 30.97	150m: 1:37.72	33.76	250m: 2:46.10	33.94	350m: 3:53.80	33.54		
	100m: 1:03.96 32.99	200m: 2:12.16	34.44	300m: 3:20.26	34.16	400m: 4:27.14	33.34		
13.	KOTOWICZ Anna		98	UKS MOS Elk				<b>4:28.84</b>	703
	50m: 30.52 30.52	150m: 1:38.13	34.10	250m: 2:46.73	34.21	350m: 3:56.21	34.69		
	100m: 1:04.03 33.51	200m: 2:12.52	34.39	300m: 3:21.52	34.79	400m: 4:28.84	32.63		
14.	NITA Anna		97	Piatka Konstantynow Lodzki				<b>4:30.27</b>	692
	50m: 31.63 31.63	150m: 1:38.87	33.78	250m: 2:47.75	34.42	350m: 3:56.85	34.20		
	100m: 1:05.09 33.46	200m: 2:13.33	34.46	300m: 3:22.65	34.90	400m: 4:30.27	33.42		
15.	PODLEWSKA Miriam		97	KS Posnania Poznan				<b>4:32.42</b>	676
	50m: 30.66 30.66	150m: 1:38.87	34.38	250m: 2:48.69	34.87	350m: 3:58.99	34.88		
	100m: 1:04.49 33.83	200m: 2:13.82	34.95	300m: 3:24.11	35.42	400m: 4:32.42	33.43		

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Event 27, Women, 400m Freestyle, Final, Open

Rank			YB					Time	Pts		
16.	HALAGIERA Joanna		96	MKP Słowianka Gorzów				<b>4:32.49</b>	676		
	50m:	31.43 31.43	150m:	1:40.14	34.80	250m:	2:49.92	35.02	350m:	3:59.63	34.91
	100m:	1:05.34 33.91	200m:	2:14.90	34.76	300m:	3:24.72	34.80	400m:	4:32.49	32.86
17.	SZYMANSKA Monika		96	LKS"Omega"Kleszczów				<b>4:33.40</b>	669		
	50m:	31.90 31.90	150m:	1:40.33	34.47	250m:	2:49.52	34.62	350m:	3:59.36	34.85
	100m:	1:05.86 33.96	200m:	2:14.90	34.57	300m:	3:24.51	34.99	400m:	4:33.40	34.04
18.	PIECHOTA Paulina		99	UKS 190 Łódź				<b>4:33.79</b>	666		
	50m:	30.39 30.39	150m:	1:40.24	35.37	250m:	2:50.16	35.15	350m:	4:00.83	35.19
	100m:	1:04.87 34.48	200m:	2:15.01	34.77	300m:	3:25.64	35.48	400m:	4:33.79	32.96
19.	LEONCZUK Sara		99	UKS MOS Elk				<b>4:35.90</b>	651		
	50m:	30.60 30.60	150m:	1:39.06	34.73	250m:	2:49.65	35.43	350m:	4:01.29	35.98
	100m:	1:04.33 33.73	200m:	2:14.22	35.16	300m:	3:25.31	35.66	400m:	4:35.90	34.61