

Grand Prix Małopolski runda VI  
Kraków, 26-10-2013

Konkurencja 4  
2013-10-26 - 10:02

M czynn, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
<b>16 lat i starsi</b>											
1.	TWAROWSKI, Jerzy SK		95	SMS Kraków				<b>3:58.77</b>	702		
	50m:	27.11 27.11	150m:	1:26.87	29.92	250m:	2:27.30	30.24	350m:	3:28.88	30.73
	100m:	56.95 29.84	200m:	1:57.06	30.19	300m:	2:58.15	30.85	400m:	3:58.77	29.89
2.	KLIZA, Mateusz		94	AZS AGH Kraków				<b>4:00.02</b>	691		
	50m:	28.56 28.56	150m:	1:29.44	30.51	250m:	2:30.10	30.32	350m:	3:30.15	29.70
	100m:	58.93 30.37	200m:	1:59.78	30.34	300m:	3:00.45	30.35	400m:	4:00.02	29.87
3.	CZARNOTA, Mateusz		91	UKP Unia O wi cim				<b>4:02.84</b>	667		
	50m:	28.25 28.25	150m:	1:28.67	29.87	250m:	2:29.57	30.74	350m:	3:32.01	31.12
	100m:	58.80 30.55	200m:	1:58.83	30.16	300m:	3:00.89	31.32	400m:	4:02.84	30.83
4.	MURZYN, Dawid SK		97	MKS Jordan Kraków				<b>4:05.58</b>	645		
	50m:	28.30 28.30	150m:	1:30.61	31.57	250m:	2:33.54	31.03	350m:	3:35.70	30.94
	100m:	59.04 30.74	200m:	2:02.51	31.90	300m:	3:04.76	31.22	400m:	4:05.58	29.88
5.	BAŁABUCH, Krystian SO		95	BOSiR Brzesko				<b>4:08.75</b>	621		
	50m:	28.38 28.38	150m:	1:31.15	31.74	250m:	2:34.03	31.40	350m:	3:37.39	31.73
	100m:	59.41 31.03	200m:	2:02.63	31.48	300m:	3:05.66	31.63	400m:	4:08.75	31.36
6.	LITWA, Krzysztof SK		96	MKS Jordan Kraków				<b>4:09.19</b>	617		
	50m:	28.39 28.39	150m:	1:31.16	31.78	250m:	2:34.80	31.84	350m:	3:38.29	31.64
	100m:	59.38 30.99	200m:	2:02.96	31.80	300m:	3:06.65	31.85	400m:	4:09.19	30.90
7.	FALACI SKI, Maciej SK		96	SMS Kraków				<b>4:12.84</b>	591		
	50m:	28.28 28.28	150m:	1:30.78	31.75	250m:	2:35.15	32.34	350m:	3:41.42	33.27
	100m:	59.03 30.75	200m:	2:02.81	32.03	300m:	3:08.15	33.00	400m:	4:12.84	31.42
8.	LECHOWICZ, Filip		97	KS Korona Kraków				<b>4:19.80</b>	545		
	50m:	29.78 29.78	150m:	1:35.14	33.02	250m:	2:41.78	33.31	350m:	3:48.11	33.07
	100m:	1:02.12 32.34	200m:	2:08.47	33.33	300m:	3:15.04	33.26	400m:	4:19.80	31.69
9.	SAFIN, Konrad SK		96	SMS Kraków				<b>4:20.36</b>	541		
	50m:	29.02 29.02	150m:	1:32.81	32.51	250m:	2:40.29	33.95	350m:	3:47.60	33.78
	100m:	1:00.30 31.28	200m:	2:06.34	33.53	300m:	3:13.82	33.53	400m:	4:20.36	32.76
10.	SOWIER, Wojciech		97	MKS Jordan Kraków				<b>4:29.88</b>	486		
	50m:	30.56 30.56	150m:	1:38.70	34.25	250m:	2:47.68	34.45	350m:	3:56.57	34.26
	100m:	1:04.45 33.89	200m:	2:13.23	34.53	300m:	3:22.31	34.63	400m:	4:29.88	33.31
11.	CHOŁDA, Łukasz		97	MKS Jordan Kraków				<b>4:36.63</b>	451		
	50m:	31.01 31.01	150m:	1:40.34	34.89	250m:	2:51.67	35.75	350m:	4:03.84	35.86
	100m:	1:05.45 34.44	200m:	2:15.92	35.58	300m:	3:27.98	36.31	400m:	4:36.63	32.79
12.	ZAJ C, Kacper		96	KS Korona Kraków				<b>4:45.70</b>	410		
	50m:	33.22 33.22	150m:	1:44.73	35.84	250m:	2:57.87	36.79	350m:	4:10.61	35.58
	100m:	1:08.89 35.67	200m:	2:21.08	36.35	300m:	3:35.03	37.16	400m:	4:45.70	35.09
<b>15 lat</b>											
1.	ULATOWSKI, Wojciech SO		98	UKP Unia O wi cim				<b>4:11.71</b>	599		
	50m:	28.38 28.38	150m:	1:31.69	31.89	250m:	2:36.05	32.43	350m:	3:40.80	32.19
	100m:	59.80 31.42	200m:	2:03.62	31.93	300m:	3:08.61	32.56	400m:	4:11.71	30.91
2.	TOPOLSKI, Arkadiusz SO		98	UKP Unia O wi cim				<b>4:12.93</b>	590		
	50m:	27.77 27.77	150m:	1:31.47	32.09	250m:	2:36.89	32.73	350m:	3:42.05	32.15
	100m:	59.38 31.61	200m:	2:04.16	32.69	300m:	3:09.90	33.01	400m:	4:12.93	30.88
3.	HOJDA, Bartłomiej SO		98	UKP Unia O wi cim				<b>4:22.66</b>	527		
	50m:	29.50 29.50	150m:	1:33.81	32.59	250m:	2:41.56	33.82	350m:	3:49.15	33.92
	100m:	1:01.22 31.72	200m:	2:07.74	33.93	300m:	3:15.23	33.67	400m:	4:22.66	33.51
4.	KŁAPA, Filip SO		98	UKP Unia O wi cim				<b>4:28.94</b>	491		
	50m:	30.18 30.18	150m:	1:38.24	34.50	250m:	2:47.03	34.19	350m:	3:55.81	34.07
	100m:	1:03.74 33.56	200m:	2:12.84	34.60	300m:	3:21.74	34.71	400m:	4:28.94	33.13

Grand Prix Małopolski runda VI  
Kraków, 26-10-2013

Konkurencja 4, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.		
5.	ZIEMIANIN, Jakub		98	Kmita Zabierzów				<b>4:31.89</b>	475		
	50m:	29.70 29.70	150m:	1:37.11	34.52	250m:	2:47.20	35.29	350m:	3:58.13	35.97
	100m:	1:02.59 32.89	200m:	2:11.91	34.80	300m:	3:22.16	34.96	400m:	4:31.89	33.76
6.	GRABARCZYK, Olaf		98	UKP Unia O wi cim				<b>4:35.73</b>	456		
	50m:	30.32 30.32	150m:	1:40.09	35.79	250m:	2:51.95	36.19	350m:	4:02.11	35.37
	100m:	1:04.30 33.98	200m:	2:15.76	35.67	300m:	3:26.74	34.79	400m:	4:35.73	33.62
7.	PRZYBYŁA, Kacper SO		98	UKP Unia O wi cim				<b>4:36.15</b>	454		
	50m:	29.82 29.82	150m:	1:37.99	34.50	250m:	2:47.80	35.22	350m:	3:59.83	35.61
	100m:	1:03.49 33.67	200m:	2:12.58	34.59	300m:	3:24.22	36.42	400m:	4:36.15	36.32
8.	WAWRO, Wojciech SO		98	Motyl Stalowa Wola				<b>4:50.37</b>	390		
	50m:	31.25 31.25	150m:	1:44.78	37.74	250m:	3:00.24	37.21	350m:	4:13.86	36.48
	100m:	1:07.04 35.79	200m:	2:23.03	38.25	300m:	3:37.38	37.14	400m:	4:50.37	36.51

14 lat

1.	KEMPA, Mikołaj So		99	MMKS K dzierzyn Ko le				<b>4:18.12</b>	556		
	50m:	28.23 28.23	150m:	1:32.17	32.32	250m:	2:38.82	33.67	350m:	3:45.78	33.52
	100m:	59.85 31.62	200m:	2:05.15	32.98	300m:	3:12.26	33.44	400m:	4:18.12	32.34
2.	MACNER, Michał So		99	Mks Park Wodny Tarnowskie Góry				<b>4:19.82</b>	545		
	50m:	28.64 28.64	150m:	1:33.47	32.95	250m:	2:40.41	33.36	350m:	3:47.81	33.69
	100m:	1:00.52 31.88	200m:	2:07.05	33.58	300m:	3:14.12	33.71	400m:	4:19.82	32.01
3.	WASIUK, Jakub So		99	MMKS K dzierzyn Ko le				<b>4:25.91</b>	508		
	50m:	29.75 29.75	150m:	1:35.54	33.60	250m:	2:43.65	34.11	350m:	3:52.07	34.28
	100m:	1:01.94 32.19	200m:	2:09.54	34.00	300m:	3:17.79	34.14	400m:	4:25.91	33.84
4.	STEC, Kacper		99	Kmita Zabierzów				<b>4:30.50</b>	483		
	50m:	29.95 29.95	150m:	1:37.15	34.10	250m:	2:47.05	34.88	350m:	3:57.30	34.99
	100m:	1:03.05 33.10	200m:	2:12.17	35.02	300m:	3:22.31	35.26	400m:	4:30.50	33.20
5.	BLACHURA, Patryk So		99	Ulks Victoria Kozy				<b>4:33.56</b>	467		
	50m:	29.67 29.67	150m:	1:37.93	35.02	250m:	2:48.09	35.16	350m:	3:58.69	34.68
	100m:	1:02.91 33.24	200m:	2:12.93	35.00	300m:	3:24.01	35.92	400m:	4:33.56	34.87
6.	MARCZUK, Szymon So		99	UKP Unia O wi cim				<b>4:36.36</b>	453		
	50m:	30.46 30.46	150m:	1:40.22	35.47	250m:	2:51.57	35.47	350m:	4:03.35	36.28
	100m:	1:04.75 34.29	200m:	2:16.10	35.88	300m:	3:27.07	35.50	400m:	4:36.36	33.01
7.	PI TKA, Marcin		99	UKS SMS Galicja Kraków				<b>4:39.99</b>	435		
	50m:	30.78 30.78	150m:	1:42.42	36.55	250m:	2:55.37	36.36	350m:	4:05.63	34.02
	100m:	1:05.87 35.09	200m:	2:19.01	36.59	300m:	3:31.61	36.24	400m:	4:39.99	34.36
8.	MAZUR, Dominik		99	Kmita Zabierzów				<b>4:41.31</b>	429		
	50m:	30.79 30.79	150m:	1:40.31	35.47	250m:	2:52.80	36.41	350m:	4:05.46	35.95
	100m:	1:04.84 34.05	200m:	2:16.39	36.08	300m:	3:29.51	36.71	400m:	4:41.31	35.85
9.	SORDYŁ, Mateusz So		99	Ulks Victoria Kozy				<b>4:41.67</b>	427		
	50m:	31.57 31.57	150m:	1:44.06	36.59	250m:	2:56.49	36.06	350m:	4:08.89	35.90
	100m:	1:07.47 35.90	200m:	2:20.43	36.37	300m:	3:32.99	36.50	400m:	4:41.67	32.78
10.	KOLANOWSKI, Wiktor		99	UKS SMS Galicja Kraków				<b>4:41.94</b>	426		
	50m:	32.84 32.84	150m:	1:46.59	37.32	250m:	2:58.09	35.68	350m:	4:08.87	34.77
	100m:	1:09.27 36.43	200m:	2:22.41	35.82	300m:	3:34.10	36.01	400m:	4:41.94	33.07
11.	CIASTO , Sebastian So		99	UKP Unia O wi cim				<b>4:42.66</b>	423		
	50m:	32.02 32.02	150m:	1:43.49	36.18	250m:	2:56.13	36.15	350m:	4:08.69	35.74
	100m:	1:07.31 35.29	200m:	2:19.98	36.49	300m:	3:32.95	36.82	400m:	4:42.66	33.97
12.	OSTROWSKI, Dominik So		99	UKP Unia O wi cim				<b>4:42.67</b>	423		
	50m:	31.08 31.08	150m:	1:41.72	36.07	250m:	2:54.54	36.41	350m:	4:07.66	36.38
	100m:	1:05.65 34.57	200m:	2:18.13	36.41	300m:	3:31.28	36.74	400m:	4:42.67	35.01
13.	PI TEK, Michał		99	KS Korona Kraków				<b>4:43.74</b>	418		
	50m:	32.90 32.90	150m:	1:44.26	35.78	250m:	2:57.17	36.19	350m:	4:09.84	36.08
	100m:	1:08.48 35.58	200m:	2:20.98	36.72	300m:	3:33.76	36.59	400m:	4:43.74	33.90

Grand Prix Małopolski runda VI  
Kraków, 26-10-2013

Konkurencja 4, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
14.	KOPRYNIA, Tomasz		99	Kmita Zabierzów				<b>4:44.89</b>	413
	50m:	30.38 30.38	150m:	1:41.43	36.17	250m:	2:56.20 37.72	350m:	4:09.62 36.04
	100m:	1:05.26 34.88	200m:	2:18.48	37.05	300m:	3:33.58 37.38	400m:	4:44.89 35.27
15.	ZBRO EK, Radosław		99	UKS SMS Galicja Kraków				<b>4:45.07</b>	412
	50m:	31.66 31.66	150m:	1:43.54	36.25	250m:	2:56.58 36.64	350m:	4:09.64 36.70
	100m:	1:07.29 35.63	200m:	2:19.94	36.40	300m:	3:32.94 36.36	400m:	4:45.07 35.43
16.	MASŁOWSKI, Konrad So		99	UKP Unia O wi cim				<b>4:47.33</b>	403
	50m:	31.17 31.17	150m:	1:45.35	37.86	250m:	2:59.33 36.77	350m:	4:12.37 35.73
	100m:	1:07.49 36.32	200m:	2:22.56	37.21	300m:	3:36.64 37.31	400m:	4:47.33 34.96
17.	BADAN, Dawid So		99	UKP Unia O wi cim				<b>4:50.52</b>	389
	50m:	32.47 32.47	150m:	1:45.61	36.97	250m:	3:00.62 37.89	350m:	4:14.42 36.58
	100m:	1:08.64 36.17	200m:	2:22.73	37.12	300m:	3:37.84 37.22	400m:	4:50.52 36.10
18.	MACI G, Piotr		99	TS Wisła Kraków				<b>4:52.31</b>	382
	50m:	32.88 32.88	150m:	1:47.30	37.61	250m:	3:02.93 37.47	350m:	4:17.88 37.09
	100m:	1:09.69 36.81	200m:	2:25.46	38.16	300m:	3:40.79 37.86	400m:	4:52.31 34.43
19.	GWÓ D , Jan So		99	UKP Unia O wi cim				<b>4:56.63</b>	366
	50m:	33.40 33.40	150m:	1:47.58	37.95	250m:	3:03.70 37.96	350m:	4:19.74 37.91
	100m:	1:09.63 36.23	200m:	2:25.74	38.16	300m:	3:41.83 38.13	400m:	4:56.63 36.89
20.	KULCZYK, Leon		99	Kmita Zabierzów				<b>5:16.24</b>	302
	50m:	34.05 34.05	150m:	1:51.29	39.45	250m:	3:13.18 41.36	350m:	4:35.09 41.37
	100m:	1:11.84 37.79	200m:	2:31.82	40.53	300m:	3:53.72 40.54	400m:	5:16.24 41.15

13 lat

1.	KURLETO, Piotr		00	KS Korona Kraków				<b>4:56.16</b>	368
	50m:	33.72 33.72	150m:	1:47.54	37.91	250m:	3:03.08 38.32	350m:	4:20.16 38.11
	100m:	1:09.63 35.91	200m:	2:24.76	37.22	300m:	3:42.05 38.97	400m:	4:56.16 36.00
2.	MIODUSZEWSKI, Bła ej		00	CKiS Skawina				<b>4:57.46</b>	363
	50m:	32.51 32.51	150m:	1:48.11	38.86	250m:	3:05.56 38.35	350m:	4:21.17 38.09
	100m:	1:09.25 36.74	200m:	2:27.21	39.10	300m:	3:43.08 37.52	400m:	4:57.46 36.29
3.	KŁAPUT, Bartosz		00	UKS SMS Galicja Kraków				<b>5:08.27</b>	326
	50m:	32.83 32.83	150m:	1:50.66	39.42	250m:	3:09.41 38.59	350m:	4:30.04 40.95
	100m:	1:11.24 38.41	200m:	2:30.82	40.16	300m:	3:49.09 39.68	400m:	5:08.27 38.23
4.	MAYERBERG, Kacper SO		00	UKP Unia O wi cim				<b>5:10.44</b>	319
	50m:	35.41 35.41	150m:	1:54.03	39.79	250m:	3:14.25 39.84	350m:	4:33.22 39.13
	100m:	1:14.24 38.83	200m:	2:34.41	40.38	300m:	3:54.09 39.84	400m:	5:10.44 37.22
5.	SIONKOWSKI, Arkadiusz		00	Kmita Zabierzów				<b>5:21.11</b>	288
	50m:	34.14 34.14	150m:	1:55.64	41.30	250m:	3:19.36 41.58	350m:	4:42.91 41.71
	100m:	1:14.34 40.20	200m:	2:37.78	42.14	300m:	4:01.20 41.84	400m:	5:21.11 38.20
6.	JEDLI SKI, Radoslaw SO		00	UKP Unia O wi cim				<b>5:21.72</b>	287
	50m:	34.48 34.48	150m:	1:54.58	40.74	250m:	3:19.42 42.27	350m:	4:42.92 40.99
	100m:	1:13.84 39.36	200m:	2:37.15	42.57	300m:	4:01.93 42.51	400m:	5:21.72 38.80
7.	SZAŁA NY, Bartosz SO		00	UKP Unia O wi cim				<b>5:36.92</b>	250
	50m:	36.69 36.69	150m:	2:02.59	43.30	250m:	3:30.30 43.90	350m:	4:56.58 42.65
	100m:	1:19.29 42.60	200m:	2:46.40	43.81	300m:	4:13.93 43.63	400m:	5:36.92 40.34