

Grand Prix Małopolski runda VII
Kraków, 25-1-2014

Konkurencja 21
2014-01-25 - 12:35

Kobiet, 400m zmienny

14 lat i starsi
Wyniki

Rek.Okr. 4:41.50 SYNOWSKA, Ewa Korona Kraków 1993-03-25

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
16 lat											
1.	PANKOWSKA, Wiktoria SO		98	UKP Unia O wi cim				5:19.39	545		
	50m:	34.36 34.36	150m:	1:54.77	41.51	250m:	3:21.23	45.35	350m:	4:43.54	36.43
	100m:	1:13.26 38.90	200m:	2:35.88	41.11	300m:	4:07.11	45.88	400m:	5:19.39	35.85
2.	KOLBER, Roksana		98	UKP Unia O wi cim				5:23.95	523		
	50m:	34.26 34.26	150m:	1:57.19	44.12	250m:	3:26.26	45.79	350m:	4:49.64	37.37
	100m:	1:13.07 38.81	200m:	2:40.47	43.28	300m:	4:12.27	46.01	400m:	5:23.95	34.31
15 lat											
1.	NOWAK, Marta So		99	MMKS K dzierzyn-Ko le				5:24.26	521		
	50m:	34.68 34.68	150m:	1:56.37	41.09	250m:	3:21.90	44.08	350m:	4:47.60	39.85
	100m:	1:15.28 40.60	200m:	2:37.82	41.45	300m:	4:07.75	45.85	400m:	5:24.26	36.66
14 lat											
1.	W GRZYN, Natalia SO		00	UKP Unia O wi cim				5:28.28	502		
	50m:	34.92 34.92	150m:	1:57.04	42.38	250m:	3:25.83	47.54	350m:	4:52.14	37.99
	100m:	1:14.66 39.74	200m:	2:38.29	41.25	300m:	4:14.15	48.32	400m:	5:28.28	36.14
2.	WOJCIECHOWSKA, Maria SO		00	UKP Unia O wi cim				5:33.22	480		
	50m:	35.02 35.02	150m:	1:58.72	42.70	250m:	3:27.54	47.49	350m:	4:55.08	38.99
	100m:	1:16.02 41.00	200m:	2:40.05	41.33	300m:	4:16.09	48.55	400m:	5:33.22	38.14
3.	PISAREK, Justyna SO		00	UKP Unia O wi cim				5:35.21	472		
	50m:	35.60 35.60	150m:	2:00.81	43.82	250m:	3:30.69	46.24	350m:	4:57.59	40.19
	100m:	1:16.99 41.39	200m:	2:44.45	43.64	300m:	4:17.40	46.71	400m:	5:35.21	37.62
4.	SAŁBUT, Roksana SO		00	UKP Unia O wi cim				5:35.91	469		
	50m:	36.13 36.13	150m:	2:01.35	43.82	250m:	3:31.20	47.14	350m:	4:57.91	39.44
	100m:	1:17.53 41.40	200m:	2:44.06	42.71	300m:	4:18.47	47.27	400m:	5:35.91	38.00
5.	I YCKA, Marta		00	WODNIK Siemianowice I ski				5:47.09	425		
	50m:	35.58 35.58	150m:	2:02.99	46.03	250m:	3:39.62	52.59	350m:	5:10.26	37.35
	100m:	1:16.96 41.38	200m:	2:47.03	44.04	300m:	4:32.91	53.29	400m:	5:47.09	36.83
6.	LISOWSKA, Aleksandra		00	MMKS K dzierzyn-Ko le				5:52.39	406		
	50m:	38.87 38.87	150m:	2:11.25	46.48	250m:	3:44.46	48.60	350m:	5:13.21	40.98
	100m:	1:24.77 45.90	200m:	2:55.86	44.61	300m:	4:32.23	47.77	400m:	5:52.39	39.18
DYSKW.	MRUGACZ, Dominika		00	SMS Galicja Kraków				5:50.23			
	Z-2, G-8										
	50m:	38.23 38.23	150m:	2:06.66	44.83	250m:	3:42.19	50.36	350m:	5:11.30	38.48
	100m:	1:21.83 43.60	200m:	2:51.83	45.17	300m:	4:32.82	50.63	400m:	5:50.23	38.93