

Grand Prix Małopolski runda VII
Kraków, 25-1-2014

Konkurencja 4 M czyzn, 400m dowolny 14 lat i starsi
2014-01-25 - 9:40 Wyniki

Rek.Okr. 3:41.36 KORZENIOWSKI, Paweł Dwory Unia O wi cim 2004-12-12

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.
17 lat i starsi			
1. TWAROWSKI, Jerzy SK	95 SMS Kraków	4:02.12	673
50m: 27.78 27.78	150m: 1:29.87 31.22	250m: 2:31.79 30.77	350m: 3:32.42 30.12
100m: 58.65 30.87	200m: 2:01.02 31.15	300m: 3:02.30 30.51	400m: 4:02.12 29.70
2. KARKUT, Kamil SK	96 SMS Kraków	4:10.06	611
50m: 28.19 28.19	150m: 1:29.42 30.47	250m: 2:31.66 31.52	350m: 3:36.83 33.05
100m: 58.95 30.76	200m: 2:00.14 30.72	300m: 3:03.78 32.12	400m: 4:10.06 33.23
3. KICA, Paweł	96 KS Korona Kraków	4:19.20	549
50m: 30.64 30.64	150m: 1:34.55 31.75	250m: 2:39.22 32.33	350m: 3:45.51 33.50
100m: 1:02.80 32.16	200m: 2:06.89 32.34	300m: 3:12.01 32.79	400m: 4:19.20 33.69
4. WAJDA, Tomasz	97 KS Korona Kraków	4:21.84	532
50m: 29.75 29.75	150m: 1:33.16 31.66	250m: 2:38.30 32.91	350m: 3:47.33 34.84
100m: 1:01.50 31.75	200m: 2:05.39 32.23	300m: 3:12.49 34.19	400m: 4:21.84 34.51
5. LECHOWICZ, Artur	97 KS Korona Kraków	4:38.00	445
50m: 30.97 30.97	150m: 1:40.48 35.12	250m: 2:52.24 36.05	350m: 4:03.06 34.84
100m: 1:05.36 34.39	200m: 2:16.19 35.71	300m: 3:28.22 35.98	400m: 4:38.00 34.94
6. ZAJ C, Kacper	96 KS Korona Kraków	4:38.76	441
50m: 32.06 32.06	150m: 1:42.01 34.98	250m: 2:53.83 35.81	350m: 4:04.64 34.45
100m: 1:07.03 34.97	200m: 2:18.02 36.01	300m: 3:30.19 36.36	400m: 4:38.76 34.12
7. SOWIER, Wojciech	97 MKS Jordan Kraków	4:41.22	429
50m: 30.52 30.52	150m: 1:39.33 34.96	250m: 2:51.74 36.51	350m: 4:05.12 37.01
100m: 1:04.37 33.85	200m: 2:15.23 35.90	300m: 3:28.11 36.37	400m: 4:41.22 36.10
16 lat			
1. HOJDA, Bart ,omiej SO	98 UKP Unia O wi cim	4:19.94	544
50m: 29.17 29.17	150m: 1:33.96 33.06	250m: 2:40.40 33.20	350m: 3:47.43 33.46
100m: 1:00.90 31.73	200m: 2:07.20 33.24	300m: 3:13.97 33.57	400m: 4:19.94 32.51
15 lat			
1. KEMPA, Mikołaj So	99 MMKS K dzierzyn-Ko le	4:17.65	559
50m: 28.65 28.65	150m: 1:33.66 33.01	250m: 2:39.48 32.45	350m: 3:45.96 33.24
100m: 1:00.65 32.00	200m: 2:07.03 33.37	300m: 3:12.72 33.24	400m: 4:17.65 31.69
2. STANEK, Adam So	99 MKS Gogolin	4:23.94	520
50m: 31.46 31.46	150m: 1:38.66 33.56	250m: 2:45.98 33.43	350m: 3:52.12 32.61
100m: 1:05.10 33.64	200m: 2:12.55 33.89	300m: 3:19.51 33.53	400m: 4:23.94 31.82
3. FIEDOSIUK, Rafał SO	99 UKP Unia O wi cim	4:23.97	519
50m: 29.83 29.83	150m: 1:37.10 34.00	250m: 2:44.19 33.41	350m: 3:51.57 33.25
100m: 1:03.10 33.27	200m: 2:10.78 33.68	300m: 3:18.32 34.13	400m: 4:23.97 32.40
4. GOLENIEC, Kamil SO	99 UKP Unia O wi cim	4:24.94	514
50m: 30.01 30.01	150m: 1:36.90 33.75	250m: 2:44.77 33.87	350m: 3:52.68 34.01
100m: 1:03.15 33.14	200m: 2:10.90 34.00	300m: 3:18.67 33.90	400m: 4:24.94 32.26
5. WASIUK, Jakub So	99 MMKS K dzierzyn-Ko le	4:25.93	508
50m: 30.20 30.20	150m: 1:36.16 33.04	250m: 2:43.37 33.70	350m: 3:52.08 34.56
100m: 1:03.12 32.92	200m: 2:09.67 33.51	300m: 3:17.52 34.15	400m: 4:25.93 33.85
6. STEC, Kacper	99 UKP Kmita Zabierzów	4:26.41	505
50m: 30.13 30.13	150m: 1:37.31 33.93	250m: 2:46.34 34.47	350m: 3:54.53 33.92
100m: 1:03.38 33.25	200m: 2:11.87 34.56	300m: 3:20.61 34.27	400m: 4:26.41 31.88
7. KRULIKOWSKI, Maciej SO	99 UKP Unia O wi cim	4:29.11	490
50m: 28.69 28.69	150m: 1:36.25 34.68	250m: 2:46.69 35.16	350m: 3:56.36 34.22
100m: 1:01.57 32.88	200m: 2:11.53 35.28	300m: 3:22.14 35.45	400m: 4:29.11 32.75

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Konkurencja 4, Chłopców, 400m dowolny, 15 lat

Pozycja			Rok ur.				Czas				Pkt.	
8.	WINIARSKI, Mateusz SK		99	SMS Kraków				4:30.70				482
	50m:	30.74 30.74	150m:	1:38.35	34.40	250m:	2:47.44	34.79	350m:	3:57.37	34.96	
	100m:	1:03.95 33.21	200m:	2:12.65	34.30	300m:	3:22.41	34.97	400m:	4:30.70	33.33	
9.	OSTROWSKI, Dominik So		99	UKP Unia O wi cim				4:30.74				481
	50m:	31.07 31.07	150m:	1:39.02	34.16	250m:	2:47.57	34.17	350m:	3:56.82	34.71	
	100m:	1:04.86 33.79	200m:	2:13.40	34.38	300m:	3:22.11	34.54	400m:	4:30.74	33.92	
10.	PODWIKA, Kamil		99	SMS Galicja Kraków				4:33.38				467
	50m:	31.67 31.67	150m:	1:39.31	34.08	250m:	2:48.63	34.68	350m:	3:58.72	35.15	
	100m:	1:05.23 33.56	200m:	2:13.95	34.64	300m:	3:23.57	34.94	400m:	4:33.38	34.66	
11.	KOLANOWSKI, Wiktor		99	SMS Galicja Kraków				4:35.48				457
	50m:	31.86 31.86	150m:	1:43.94	36.94	250m:	2:50.93	34.42	350m:	4:01.22	35.31	
	100m:	1:07.00 35.14	200m:	2:16.51	32.57	300m:	3:25.91	34.98	400m:	4:35.48	34.26	
12.	ZBRO EK, Radosław		99	SMS Galicja Kraków				4:38.70				441
	50m:	32.27 32.27	150m:	1:41.88	35.00	250m:	2:52.79	35.38	350m:	4:03.99	35.65	
	100m:	1:06.88 34.61	200m:	2:17.41	35.53	300m:	3:28.34	35.55	400m:	4:38.70	34.71	
13.	RÓ ANOWSKI, Mateusz		99	Omega Olkusz				4:46.28				407
	50m:	31.98 31.98	150m:	1:43.53	36.28	250m:	2:56.73	36.50	350m:	4:10.19	36.46	
	100m:	1:07.25 35.27	200m:	2:20.23	36.70	300m:	3:33.73	37.00	400m:	4:46.28	36.09	
14.	BADAN, Dawid SO		99	UKP Unia O wi cim				4:46.64				406
	50m:	32.25 32.25	150m:	1:44.60	36.54	250m:	2:57.34	36.98	350m:	4:10.72	48.29	
	100m:	1:08.06 35.81	200m:	2:20.36	35.76	300m:	3:22.43	25.09	400m:	4:46.64	35.92	
15.	GWÓ D , Jan SO		99	UKP Unia O wi cim				4:53.53				378
	50m:	33.24 33.24	150m:	1:46.96	37.40	250m:	3:02.14	37.66	350m:	4:16.90	37.10	
	100m:	1:09.56 36.32	200m:	2:24.48	37.52	300m:	3:39.80	37.66	400m:	4:53.53	36.63	

14 lat

1.	PLUTECKI, Dawid		00	SMS Galicja Kraków				4:43.53				419
	50m:	30.41 30.41	150m:	1:40.38	35.73	250m:	2:54.43	37.21	350m:	4:08.75	36.78	
	100m:	1:04.65 34.24	200m:	2:17.22	36.84	300m:	3:31.97	37.54	400m:	4:43.53	34.78	
2.	KURLETO, Piotr		00	KS Korona Kraków				4:46.79				405
	50m:	32.58 32.58	150m:	1:46.36	37.26	250m:	3:01.60	38.07	350m:	4:14.37	35.75	
	100m:	1:09.10 36.52	200m:	2:23.53	37.17	300m:	3:38.62	37.02	400m:	4:46.79	32.42	
3.	MIODUSZEWSKI, Bła ej		00	CKiS Skawina				4:50.26				391
	50m:	32.33 32.33	150m:	1:45.92	37.88	250m:	3:00.97	37.01	350m:	4:15.51	36.59	
	100m:	1:08.04 35.71	200m:	2:23.96	38.04	300m:	3:38.92	37.95	400m:	4:50.26	34.75	
4.	KŁAPUT, Bartosz		00	SMS Galicja Kraków				4:54.84				373
	50m:	33.22 33.22	150m:	1:49.36	38.33	250m:	3:05.21	37.59	350m:	4:19.15	36.29	
	100m:	1:11.03 37.81	200m:	2:27.62	38.26	300m:	3:42.86	37.65	400m:	4:54.84	35.69	
5.	SUMARA, Konrad		00	TS Wisła Kraków				4:59.37				356
	50m:	33.92 33.92	150m:	1:51.30	39.20	250m:	3:06.90	36.08	350m:	4:22.97	37.50	
	100m:	1:12.10 38.18	200m:	2:30.82	39.52	300m:	3:45.47	38.57	400m:	4:59.37	36.40	
6.	SIONKOWSKI, Arkadiusz		00	UKP Kmita Zabierzów				5:00.90				350
	50m:	32.56 32.56	150m:	1:49.05	38.52	250m:	3:06.88	38.39	350m:	4:23.96	38.74	
	100m:	1:10.53 37.97	200m:	2:28.49	39.44	300m:	3:45.22	38.34	400m:	5:00.90	36.94	
7.	STANO, Jakub		00	Omega Olkusz				5:06.67				331
	50m:	34.36 34.36	150m:	1:51.86	39.19	250m:	3:10.35	39.19	350m:	4:29.52	39.34	
	100m:	1:12.67 38.31	200m:	2:31.16	39.30	300m:	3:50.18	39.83	400m:	5:06.67	37.15	
8.	MAYERBERG, Kacper SO		00	UKP Unia O wi cim				5:06.70				331
	50m:	35.47 35.47	150m:	1:53.23	39.29	250m:	3:11.41	38.91	350m:	4:30.35	39.53	
	100m:	1:13.94 38.47	200m:	2:32.50	39.27	300m:	3:50.82	39.41	400m:	5:06.70	36.35	
9.	BIGAJSKI, Aleksander		00	KS Korona Kraków				5:09.37				322
	50m:	34.67 34.67	150m:	1:52.07	39.07	250m:	3:11.41	39.72	350m:	4:31.79	40.25	
	100m:	1:13.00 38.33	200m:	2:31.69	39.62	300m:	3:51.54	40.13	400m:	5:09.37	37.58	

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Konkurencja 4, Chłopców, 400m dowolny, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
10.	SZAŁA NY, Bartosz	SO		00	UKP Unia O wi cim				5:18.13	296		
	50m:	34.51	34.51	150m:	1:55.56	41.08	250m:	3:18.84	41.53	350m:	4:39.85	40.48
	100m:	1:14.48	39.97	200m:	2:37.31	41.75	300m:	3:59.37	40.53	400m:	5:18.13	38.28