

Grand Prix Małopolski runda II
Kraków, 8-11-2014

Konkurencja 3
2014-11-08 - 9:45

Kobiet, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
16 lat i starsi			
1. KUNKA, Kamila SO	96	UKP Unia O wi cim	4:25.16 691
50m: 30.60 30.60	150m: 1:37.25 33.64	250m: 2:44.67 33.67	350m: 3:52.35 33.89
100m: 1:03.61 33.01	200m: 2:11.00 33.75	300m: 3:18.46 33.79	400m: 4:25.16 32.81
2. KOZŁOWSKA, Anna SO	96	SMS O wi cim	4:34.18 625
50m: 31.70 31.70	150m: 1:40.25 34.49	250m: 2:49.64 34.62	350m: 3:59.60 34.97
100m: 1:05.76 34.06	200m: 2:15.02 34.77	300m: 3:24.63 34.99	400m: 4:34.18 34.58
3. SPROSKA, Magdalena SK	97	SMS Kraków	4:34.38 624
50m: 31.62 31.62	150m: 1:40.39 34.79	250m: 2:50.38 34.87	350m: 4:00.56 34.99
100m: 1:05.60 33.98	200m: 2:15.51 35.12	300m: 3:25.57 35.19	400m: 4:34.38 33.82
4. PANKOWSKA, Wiktoria SO	98	UKP Unia O wi cim	4:37.98 600
50m: 32.32 32.32	150m: 1:41.32 34.30	250m: 2:50.98 34.70	350m: 4:02.90 36.05
100m: 1:07.02 34.70	200m: 2:16.28 34.96	300m: 3:26.85 35.87	400m: 4:37.98 35.08
5. LEWANDOWSKA, Paulina SO	96	UKP Unia O wi cim	4:42.45 572
50m: 33.15 33.15	150m: 1:44.52 36.03	250m: 2:56.37 35.80	350m: 4:07.59 35.79
100m: 1:08.49 35.34	200m: 2:20.57 36.05	300m: 3:31.80 35.43	400m: 4:42.45 34.86
6. MYCAK, Katarzyna SO	98	UKP Unia O wi cim	4:43.25 567
50m: 32.60 32.60	150m: 1:43.77 35.82	250m: 2:56.09 36.47	350m: 4:08.40 36.21
100m: 1:07.95 35.35	200m: 2:19.62 35.85	300m: 3:32.19 36.10	400m: 4:43.25 34.85
7. SIE CZYK, Jowita SK	97	SMS Kraków	4:49.82 529
50m: 32.70 32.70	150m: 1:43.62 35.81	250m: 2:56.78 36.35	350m: 4:11.87 37.93
100m: 1:07.81 35.11	200m: 2:20.43 36.81	300m: 3:33.94 37.16	400m: 4:49.82 37.95
8. KOLBER, Roksana SO	98	UKP Unia O wi cim	4:57.78 488
50m: 34.31 34.31	150m: 1:49.32 37.55	250m: 3:04.91 37.88	350m: 4:21.61 38.15
100m: 1:11.77 37.46	200m: 2:27.03 37.71	300m: 3:43.46 38.55	400m: 4:57.78 36.17
9. SENETELSKA, Olga SK	97	MKS Jordan Kraków	5:00.64 474
50m: 34.01 34.01	150m: 1:50.30 38.65	250m: 3:06.80 38.17	350m: 4:23.23 38.18
100m: 1:11.65 37.64	200m: 2:28.63 38.33	300m: 3:45.05 38.25	400m: 5:00.64 37.41
14 - 15 lat			
1. KOŁODZIEJ, Katarzyna SO	00	UKP Unia O wi cim	4:39.41 591
50m: 32.61 32.61	150m: 1:44.05 35.70	250m: 2:55.22 35.55	350m: 4:05.55 34.71
100m: 1:08.35 35.74	200m: 2:19.67 35.62	300m: 3:30.84 35.62	400m: 4:39.41 33.86
2. LESZCZY SKA, Klaudia Julia SO	99	UKP Unia O wi cim	4:40.55 584
50m: 32.22 32.22	150m: 1:41.12 34.90	250m: 2:52.08 35.54	350m: 4:03.55 35.76
100m: 1:06.22 34.00	200m: 2:16.54 35.42	300m: 3:27.79 35.71	400m: 4:40.55 37.00
3. ADAMCZYK, Agata	99	UKA Aligator Gorzyce	4:44.55 559
50m: 33.36 33.36	150m: 1:45.14 36.13	250m: 2:58.28 36.72	350m: 4:10.64 35.88
100m: 1:09.01 35.65	200m: 2:21.56 36.42	300m: 3:34.76 36.48	400m: 4:44.55 33.91
4. PALKA, Maria SO	99	UKP Unia O wi cim	4:45.41 554
50m: 32.77 32.77	150m: 1:44.46 36.18	250m: 2:57.46 36.40	350m: 4:10.34 36.40
100m: 1:08.28 35.51	200m: 2:21.06 36.60	300m: 3:33.94 36.48	400m: 4:45.41 35.07
5. GÓRALCZYK, Anna SO	99	UKP Unia O wi cim	4:47.10 545
50m: 33.21 33.21	150m: 1:46.75 36.96	250m: 2:59.51 36.27	350m: 4:12.10 36.27
100m: 1:09.79 36.58	200m: 2:23.24 36.49	300m: 3:35.83 36.32	400m: 4:47.10 35.00
6. PISAREK, Justyna SO	00	UKP Unia O wi cim	4:49.67 530
50m: 33.03 33.03	150m: 1:47.55 37.65	250m: 3:01.43 37.28	350m: 4:14.61 36.50
100m: 1:09.90 36.87	200m: 2:24.15 36.60	300m: 3:38.11 36.68	400m: 4:49.67 35.06
7. SZUSTER, Aleksandra SO	00	UKP Unia O wi cim	4:51.90 518
50m: 31.97 31.97	150m: 1:45.94 38.16	250m: 3:01.56 37.57	350m: 4:16.27 37.50
100m: 1:07.78 35.81	200m: 2:23.99 38.05	300m: 3:38.77 37.21	400m: 4:51.90 35.63

Grand Prix Małopolski runda II
Kraków, 8-11-2014

Konkurencja 3, Dziewcz t, 400m dowolny, 14 - 15 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	SIKORA, Marta		00	UKS Jasien Sucha Beskidzka				4:53.06	512
	50m:	32.95 32.95	150m:	1:46.36 37.29	250m:	3:01.68 37.82	350m:	4:16.54 37.19	
	100m:	1:09.07 36.12	200m:	2:23.86 37.50	300m:	3:39.35 37.67	400m:	4:53.06 36.52	
9.	PIECZKA, Martyna		00	UKA Aligator Gorzyce				4:55.65	499
	50m:	34.03 34.03	150m:	1:47.70 37.15	250m:	3:03.61 37.95	350m:	4:19.04 37.31	
	100m:	1:10.55 36.52	200m:	2:25.66 37.96	300m:	3:41.73 38.12	400m:	4:55.65 36.61	
10.	YLSKA, Joanna		00	KS Korona Kraków				4:55.67	499
	50m:	35.45 35.45	150m:	1:50.19 37.56	250m:	3:05.06 37.10	350m:	4:19.51 37.00	
	100m:	1:12.63 37.18	200m:	2:27.96 37.77	300m:	3:42.51 37.45	400m:	4:55.67 36.16	
11.	RZEPCHY SKA, Patrycja SO		99	UKP Unia O wi cim				4:57.22	491
	50m:	32.10 32.10	150m:	1:46.30 37.74	250m:	3:03.21 39.04	350m:	4:20.63 39.03	
	100m:	1:08.56 36.46	200m:	2:24.17 37.87	300m:	3:41.60 38.39	400m:	4:57.22 36.59	
12.	GAJTKOWSKA, Zuzanna		00	UKA Aligator Gorzyce				5:06.59	447
	50m:	34.61 34.61	150m:	1:51.42 39.11	250m:	3:10.15 39.22	350m:	4:28.61 39.24	
	100m:	1:12.31 37.70	200m:	2:30.93 39.51	300m:	3:49.37 39.22	400m:	5:06.59 37.98	
13.	PYRLIK, Paulina SO		99	UKP Unia O wi cim				5:07.10	445
	50m:	33.43 33.43	150m:	1:50.89 39.31	250m:	3:09.81 39.60	350m:	4:29.05 39.47	
	100m:	1:11.58 38.15	200m:	2:30.21 39.32	300m:	3:49.58 39.77	400m:	5:07.10 38.05	
14.	KOWALSKA, Eliza		00	UKA Aligator Gorzyce				5:21.92	386
	50m:	31.83 31.83	150m:	1:52.80 43.39	250m:	3:18.71 43.19	350m:	4:42.87 39.82	
	100m:	1:09.41 37.58	200m:	2:35.52 42.72	300m:	4:03.05 44.34	400m:	5:21.92 39.05	

13 lat

1.	BURA, Dominika		01	UKA Aligator Gorzyce				4:44.05	562
	50m:	34.01 34.01	150m:	1:47.67 37.57	250m:	3:00.66 35.48	350m:	4:10.60 34.56	
	100m:	1:10.10 36.09	200m:	2:25.18 37.51	300m:	3:36.04 35.38	400m:	4:44.05 33.45	
2.	ZABOROWICZ, Julia		01	K.S. Górnik Sosnowiec				4:47.38	543
	50m:	32.76 32.76	150m:	1:45.93 37.14	250m:	2:59.28 35.92	350m:	4:12.78 36.96	
	100m:	1:08.79 36.03	200m:	2:23.36 37.43	300m:	3:35.82 36.54	400m:	4:47.38 34.60	
3.	NITA, Daria		01	KS Korona Kraków				4:47.53	542
	50m:	33.49 33.49	150m:	1:47.44 37.21	250m:	3:00.78 35.56	350m:	4:12.51 35.80	
	100m:	1:10.23 36.74	200m:	2:25.22 37.78	300m:	3:36.71 35.93	400m:	4:47.53 35.02	
4.	MUSIOŁ, Natalia		01	UKA Aligator Gorzyce				4:50.28	527
	50m:	32.82 32.82	150m:	1:46.42 37.27	250m:	3:00.72 37.32	350m:	4:14.84 36.92	
	100m:	1:09.15 36.33	200m:	2:23.40 36.98	300m:	3:37.92 37.20	400m:	4:50.28 35.44	
5.	SERAFIN, Magdalena		01	UKS SMS Galicja Kraków				4:57.77	488
	50m:	33.68 33.68	150m:	1:48.55 37.84	250m:	3:04.89 38.19	350m:	4:21.54 38.01	
	100m:	1:10.71 37.03	200m:	2:26.70 38.15	300m:	3:43.53 38.64	400m:	4:57.77 36.23	
6.	CIE LAR, Zuzanna		01	UKS SMS Galicja Kraków				5:03.34	462
	50m:	34.30 34.30	150m:	1:50.81 38.81	250m:	3:09.31 39.14	350m:	4:26.68 38.41	
	100m:	1:12.00 37.70	200m:	2:30.17 39.36	300m:	3:48.27 38.96	400m:	5:03.34 36.66	
7.	JANUSZ, Ewa		01	UKS SMS Galicja Kraków				5:05.39	452
	50m:	33.52 33.52	150m:	1:50.79 38.96	250m:	3:08.37 38.51	350m:	4:26.38 38.92	
	100m:	1:11.83 38.31	200m:	2:29.86 39.07	300m:	3:47.46 39.09	400m:	5:05.39 39.01	
8.	BATOR, Aleksandra SO		01	UKP Unia O wi cim				5:08.26	440
	50m:	34.57 34.57	150m:	1:52.23 39.24	250m:	3:11.45 40.04	350m:	4:30.69 39.73	
	100m:	1:12.99 38.42	200m:	2:31.41 39.18	300m:	3:50.96 39.51	400m:	5:08.26 37.57	
9.	LEWANDOWSKA, Natalia SO		01	SMS O wi cim				5:09.99	433
	50m:	34.18 34.18	150m:	1:51.31 39.15	250m:	3:12.14 40.49	350m:	4:31.62 39.74	
	100m:	1:12.16 37.98	200m:	2:31.65 40.34	300m:	3:51.88 39.74	400m:	5:09.99 38.37	
10.	MIETANA, Karolina		01	UKS SMS Galicja Kraków				5:11.82	425
	50m:	34.50 34.50	150m:	1:52.82 39.55	250m:	3:12.59 39.63	350m:	4:32.54 40.00	
	100m:	1:13.27 38.77	200m:	2:32.96 40.14	300m:	3:52.54 39.95	400m:	5:11.82 39.28	

Grand Prix Małopolski runda II
Kraków, 8-11-2014

Konkurencja 3, Dziewcz t, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
11.	ST PI SKA, Natalia			01	KS Korona Kraków				5:15.40	411		
	50m:	35.57	35.57	150m:	1:55.68	40.33	250m:	3:15.81	39.88	350m:	4:33.79	38.29
	100m:	1:15.35	39.78	200m:	2:35.93	40.25	300m:	3:55.50	39.69	400m:	5:15.40	41.61
12.	HOJOŁ, Agata			01	UKS SMS Galicja Kraków				5:17.43	403		
	50m:	35.92	35.92	150m:	1:55.42	39.96	250m:	3:15.17	39.73	350m:	4:35.27	41.19
	100m:	1:15.46	39.54	200m:	2:35.44	40.02	300m:	3:54.08	38.91	400m:	5:17.43	42.16
13.	KRÓTKI, Magdalena			01	UKA Aligator Gorzyce				5:20.68	391		
	50m:	36.39	36.39	150m:	1:58.12	41.53	250m:	3:20.39	41.45	350m:	4:41.96	39.92
	100m:	1:16.59	40.20	200m:	2:38.94	40.82	300m:	4:02.04	41.65	400m:	5:20.68	38.72
14.	HAŁKA, Wiktoria			01	RWKS SPARTA Biłgoraj				5:22.41	384		
	50m:	34.98	34.98	150m:	1:56.29	41.05	250m:	3:20.13	41.82	350m:	4:42.69	41.10
	100m:	1:15.24	40.26	200m:	2:38.31	42.02	300m:	4:01.59	41.46	400m:	5:22.41	39.72
15.	URAWSKA, Sabina SO			01	UKP Unia O wi cim				5:29.99	358		
	50m:	36.95	36.95	150m:	1:58.85	41.71	250m:	3:23.99	42.51	350m:	4:49.61	42.88
	100m:	1:17.14	40.19	200m:	2:41.48	42.63	300m:	4:06.73	42.74	400m:	5:29.99	40.38