

Mi dzynarodowe zawody o Puchar Dyrektora SMS Kraków
Krakow, 28-2- - 1-3-2015

Event 17
2015-02-28 - 17:00

Women, 400m Freestyle

14 years and older
Results

Points: FINA 2014

Rank			YB					Time	Pts
17 years and older									
1.	ORCZYKOWSKA Wioletta		97	SMS Krakow				4:16.52	764
	50m:	29.97	29.97	150m:	1:34.74	32.89	250m:	2:40.00	32.72
	100m:	1:01.85	31.88	200m:	2:07.28	32.54	300m:	3:12.50	32.50
							350m:	3:45.09	32.59
							400m:	4:16.52	31.43
2.	NOWAK Julia		97	WKS Slask Wroclaw				4:21.40	722
	50m:	31.08	31.08	150m:	1:36.05	31.86	250m:	2:41.17	32.73
	100m:	1:04.19	33.11	200m:	2:08.44	32.39	300m:	3:14.21	33.04
							350m:	3:47.87	33.66
							400m:	4:21.40	33.53
3.	SPROSKA Magdalena		97	SMS Krakow				4:25.65	688
	50m:	30.88	30.88	150m:	1:38.98	34.25	250m:	2:46.28	33.36
	100m:	1:04.73	33.85	200m:	2:12.92	33.94	300m:	3:19.56	33.28
							350m:	3:53.18	33.62
							400m:	4:25.65	32.47
4.	NITA Anna		97	WKS Slask Wroclaw				4:26.21	683
	50m:	30.85	30.85	150m:	1:36.41	33.04	250m:	2:44.03	34.17
	100m:	1:03.37	32.52	200m:	2:09.86	33.45	300m:	3:18.34	34.31
							350m:	3:52.66	34.32
							400m:	4:26.21	33.55
5.	HALLDEN Louise		98	VSS Vaesby				4:30.58	651
	50m:	31.85	31.85	150m:	1:39.61	33.80	250m:	2:47.67	34.12
	100m:	1:05.81	33.96	200m:	2:13.55	33.94	300m:	3:22.22	34.55
							350m:	3:56.87	34.65
							400m:	4:30.58	33.71
6.	SPARMAN Tove		96	VSS Vaesby				4:38.33	598
	50m:	32.18	32.18	150m:	1:42.59	35.25	250m:	2:52.98	34.89
	100m:	1:07.34	35.16	200m:	2:18.09	35.50	300m:	3:28.18	35.20
							350m:	4:03.62	35.44
							400m:	4:38.33	34.71
7.	ZAJAC Oliwia		98	MKS Juvenia Wroclaw				4:39.93	588
	50m:	32.14	32.14	150m:	1:42.54	35.69	250m:	2:53.99	35.86
	100m:	1:06.85	34.71	200m:	2:18.13	35.59	300m:	3:29.96	35.97
							350m:	4:05.95	35.99
							400m:	4:39.93	33.98
8.	GRUSZCZYNSKA Aleksandra SO		98	UKP UNIA Oswiecim				4:42.30	573
	50m:	32.01	32.01	150m:	1:42.44	35.60	250m:	2:54.93	36.15
	100m:	1:06.84	34.83	200m:	2:18.78	36.34	300m:	3:30.92	35.99
							350m:	4:07.11	36.19
							400m:	4:42.30	35.19
9.	KOZIK Anna SO		98	UKP UNIA Oswiecim				4:47.60	542
	50m:	32.26	32.26	150m:	1:43.97	36.48	250m:	2:57.63	36.98
	100m:	1:07.49	35.23	200m:	2:20.65	36.68	300m:	3:34.61	36.98
							350m:	4:11.68	37.07
							400m:	4:47.60	35.92
10.	LOSAK Wiktoria		98	SMS Krakow				4:52.82	513
	50m:	33.29	33.29	150m:	1:47.94	37.54	250m:	3:02.89	37.30
	100m:	1:10.40	37.11	200m:	2:25.59	37.65	300m:	3:40.52	37.63
							350m:	4:17.58	37.06
							400m:	4:52.82	35.24
15 - 16 years									
1.	LICHWA Dominika SO		99	UKP UNIA Oswiecim				4:28.81	664
	50m:	31.45	31.45	150m:	1:39.26	34.33	250m:	2:48.10	34.57
	100m:	1:04.93	33.48	200m:	2:13.53	34.27	300m:	3:22.20	34.10
							350m:	3:56.03	33.83
							400m:	4:28.81	32.78
2.	SLIWOWSKA Katarzyna SO		99	UKP UNIA Oswiecim				4:29.32	660
	50m:	31.45	31.45	150m:	1:39.74	34.13	250m:	2:48.80	34.62
	100m:	1:05.61	34.16	200m:	2:14.18	34.44	300m:	3:23.27	34.47
							350m:	3:57.24	33.97
							400m:	4:29.32	32.08
3.	LESZCZYNSKA Klaudia Julia SO		99	UKP UNIA Oswiecim				4:32.23	639
	50m:	31.13	31.13	150m:	1:38.56	33.91	250m:	2:47.57	34.83
	100m:	1:04.65	33.52	200m:	2:12.74	34.18	300m:	3:22.18	34.61
							350m:	3:57.33	35.15
							400m:	4:32.23	34.90
4.	PAJAK Liliana SO		99	UKP UNIA Oswiecim				4:38.67	596
	50m:	32.22	32.22	150m:	1:41.38	34.86	250m:	2:52.58	35.72
	100m:	1:06.52	34.30	200m:	2:16.86	35.48	300m:	3:28.30	35.72
							350m:	4:03.72	35.42
							400m:	4:38.67	34.95
5.	GORALCZYK Anna SO		99	UKP UNIA Oswiecim				4:43.41	566
	50m:	33.09	33.09	150m:	1:44.57	36.00	250m:	2:56.49	35.91
	100m:	1:08.57	35.48	200m:	2:20.58	36.01	300m:	3:32.42	35.93
							350m:	4:08.50	36.08
							400m:	4:43.41	34.91
6.	TYMOFEJEWICZ Natalia SO		99	Motyl Stalowa Wola				4:49.34	532
	50m:	34.09	34.09	150m:	1:47.16	36.86	250m:	3:00.42	36.23
	100m:	1:10.30	36.21	200m:	2:24.19	37.03	300m:	3:36.87	36.45
							350m:	4:13.31	36.44
							400m:	4:49.34	36.03

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Event 17, Girls, 400m Freestyle, 15 - 16 years

Rank							YB							Time	Pts
7.	RZEPCZYNSKA Patrycja SO						99	UKP UNIA Oswiecim						4:50.60	525
	50m:	33.05	33.05	150m:	1:46.92	37.18	250m:	3:01.15	37.15	350m:	4:15.69	37.42			
	100m:	1:09.74	36.69	200m:	2:24.00	37.08	300m:	3:38.27	37.12	400m:	4:50.60	34.91			
8.	WARIAN Karolina						99	SMS Galicja Krakow						4:58.53	484
	50m:	35.12	35.12	150m:	1:52.91	38.96	250m:	3:08.25	37.11	350m:	4:22.30	36.91			
	100m:	1:13.95	38.83	200m:	2:31.14	38.23	300m:	3:45.39	37.14	400m:	4:58.53	36.23			
9.	PYRLIK Paulina SO						99	UKP UNIA Oswiecim						5:03.64	460
	50m:	33.74	33.74	150m:	1:49.97	38.68	250m:	3:08.27	39.28	350m:	4:26.31	39.12			
	100m:	1:11.29	37.55	200m:	2:28.99	39.02	300m:	3:47.19	38.92	400m:	5:03.64	37.33			
10.	KANIUCZAK Sylwia						99	KP SOKOL Rzeszow						5:24.14	378
	50m:	35.32	35.32	150m:	1:56.41	41.09	250m:	3:19.20	41.95	350m:	4:45.14	42.79			
	100m:	1:15.32	40.00	200m:	2:37.25	40.84	300m:	4:02.35	43.15	400m:	5:24.14	39.00			

14 years

1.	KACZOR Natalia						01	UKS Junior Kluczbork						5:05.36	453
	50m:	34.29	34.29	150m:	1:53.21	39.68	250m:	3:11.85	39.67	350m:	4:30.94	39.45			
	100m:	1:13.53	39.24	200m:	2:32.18	38.97	300m:	3:51.49	39.64	400m:	5:05.36	34.42			