

Mi dzynarodowe zawody o Puchar Dyrektora SMS Kraków
Krakow, 28-2- - 1-3-2015

Konkurencja 18
2015-02-28 - 17:15

M czyzn, 400m dowolny

14 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
17 lat i starsi											
1.	JASZCZAK Wiktor		97	WKS I sk Wrocław				3:57.41	714		
	50m:	27.88 27.88	150m:	1:27.49	29.96	250m:	2:27.81	30.14	350m:	3:28.36	30.28
	100m:	57.53 29.65	200m:	1:57.67	30.18	300m:	2:58.08	30.27	400m:	3:57.41	29.05
2.	CI KOWSKI Dominik SK		96	SMS Kraków				4:06.72	636		
	50m:	28.53 28.53	150m:	1:31.91	31.94	250m:	2:35.23	31.37	350m:	3:37.51	30.78
	100m:	59.97 31.44	200m:	2:03.86	31.95	300m:	3:06.73	31.50	400m:	4:06.72	29.21
3.	KUCZMA J drzej		98	WKS I sk Wrocław				4:14.09	582		
	50m:	28.97 28.97	150m:	1:32.50	32.14	250m:	2:37.40	32.61	350m:	3:42.63	32.63
	100m:	1:00.36 31.39	200m:	2:04.79	32.29	300m:	3:10.00	32.60	400m:	4:14.09	31.46
4.	RUSZKOWSKI Kacper SO		97	UKP UNIA O wi cim				4:15.68	572		
	50m:	29.86 29.86	150m:	1:34.28	32.42	250m:	2:39.29	32.25	350m:	3:44.28	32.04
	100m:	1:01.86 32.00	200m:	2:07.04	32.76	300m:	3:12.24	32.95	400m:	4:15.68	31.40
5.	BOCHNOWSKI Maciej SK		98	SMS Kraków				4:18.21	555		
	50m:	29.63 29.63	150m:	1:35.46	33.45	250m:	2:41.68	33.15	350m:	3:47.74	32.52
	100m:	1:02.01 32.38	200m:	2:08.53	33.07	300m:	3:15.22	33.54	400m:	4:18.21	30.47
6.	POTOCKI Daniel		98	WKS I sk Wrocław				4:21.87	532		
	50m:	30.33 30.33	150m:	1:36.47	33.49	250m:	2:42.95	32.66	350m:	3:50.22	33.42
	100m:	1:02.98 32.65	200m:	2:10.29	33.82	300m:	3:16.80	33.85	400m:	4:21.87	31.65
7.	FRÖDEBERG Gustav		97	VSS Vaesby				4:22.60	528		
	50m:	29.19 29.19	150m:	1:34.67	33.08	250m:	2:41.81	33.66	350m:	3:49.42	33.80
	100m:	1:01.59 32.40	200m:	2:08.15	33.48	300m:	3:15.62	33.81	400m:	4:22.60	33.18
8.	BRAUNTSCH Marek SO		98	AZS AWF Katowice				4:30.50	483		
	50m:	29.72 29.72	150m:	1:37.96	34.78	250m:	2:47.86	35.37	350m:	3:57.38	35.12
	100m:	1:03.18 33.46	200m:	2:12.49	34.53	300m:	3:22.26	34.40	400m:	4:30.50	33.12
9.	TUTIK Dmytro		97	KP SOKÓŁ Rzeszów				4:49.44	394		
	50m:	31.70 31.70	150m:	1:42.29	35.88	250m:	2:56.16	37.54	350m:	4:12.19	38.46
	100m:	1:06.41 34.71	200m:	2:18.62	36.33	300m:	3:33.73	37.57	400m:	4:49.44	37.25
15 - 16 lat											
1.	STANEK Adam SO		99	Mks Gogolin				4:07.72	629		
	50m:	29.65 29.65	150m:	1:33.14	31.64	250m:	2:35.37	30.91	350m:	3:37.22	31.04
	100m:	1:01.50 31.85	200m:	2:04.46	31.32	300m:	3:06.18	30.81	400m:	4:07.72	30.50
2.	GOLENIEC Kamil SO		99	UKP UNIA O wi cim				4:13.49	587		
	50m:	28.47 28.47	150m:	1:31.24	31.59	250m:	2:36.16	32.64	350m:	3:42.07	32.90
	100m:	59.65 31.18	200m:	2:03.52	32.28	300m:	3:09.17	33.01	400m:	4:13.49	31.42
3.	MARCZUK Szymon SO		99	UKP UNIA O wi cim				4:15.65	572		
	50m:	29.39 29.39	150m:	1:34.60	32.37	250m:	2:38.98	32.45	350m:	3:43.07	32.38
	100m:	1:02.23 32.84	200m:	2:06.53	31.93	300m:	3:10.69	31.71	400m:	4:15.65	32.58
4.	KOLANOWSKI Wiktor		99	SMS Galicja Kraków				4:20.09	543		
	50m:	30.24 30.24	150m:	1:36.53	33.30	250m:	2:42.64	33.01	350m:	3:48.79	33.00
	100m:	1:03.23 32.99	200m:	2:09.63	33.10	300m:	3:15.79	33.15	400m:	4:20.09	31.30
5.	WINIARSKI Mateusz SK		99	KP SOKÓŁ Rzeszów				4:20.30	542		
	50m:	29.60 29.60	150m:	1:35.37	33.37	250m:	2:42.15	33.30	350m:	3:48.97	33.30
	100m:	1:02.00 32.40	200m:	2:08.85	33.48	300m:	3:15.67	33.52	400m:	4:20.30	31.33
6.	MAZUR Dominik		99	UKP UNIA O wi cim				4:20.34	541		
	50m:	30.19 30.19	150m:	1:35.93	32.89	250m:	2:41.78	32.88	350m:	3:48.34	33.21
	100m:	1:03.04 32.85	200m:	2:08.90	32.97	300m:	3:15.13	33.35	400m:	4:20.34	32.00
7.	PAWLINIAK Mariusz		99	Uks Wodnik 29 Katowice				4:20.56	540		
	50m:	30.41 30.41	150m:	1:36.96	33.40	250m:	2:43.44	33.02	350m:	3:49.32	32.95
	100m:	1:03.56 33.15	200m:	2:10.42	33.46	300m:	3:16.37	32.93	400m:	4:20.56	31.24

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Krakow, 28-2- - 1-3-2015

Konkurencja 18, Chłopców, 400m dowolny, 15 - 16 lat

Pozycja			Rok ur.					Czas	Pkt.		
8.	SUNDBERG Max		99	VSS Vaesby				4:26.03	507		
	50m:	29.92 29.92	150m:	1:36.71	33.61	250m:	2:45.48	34.41	350m:	3:53.85	34.25
	100m:	1:03.10 33.18	200m:	2:11.07	34.36	300m:	3:19.60	34.12	400m:	4:26.03	32.18
9.	SORDYŁ Mateusz SO		99	Ułks Victoria Kozy				4:29.90	486		
	50m:	30.52 30.52	150m:	1:38.68	34.36	250m:	2:48.14	34.76	350m:	3:57.40	34.49
	100m:	1:04.32 33.80	200m:	2:13.38	34.70	300m:	3:22.91	34.77	400m:	4:29.90	32.50
10.	CZURCZAK Jakub		99	KP SOKÓŁ Rzeszów				4:31.67	476		
	50m:	30.59 30.59	150m:	1:38.38	33.99	250m:	2:48.64	35.33	350m:	3:59.35	35.04
	100m:	1:04.39 33.80	200m:	2:13.31	34.93	300m:	3:24.31	35.67	400m:	4:31.67	32.32
11.	TERCZY SKI Szymon		99	Uks Wodnik 29 Katowice				4:33.50	467		
	50m:	31.97 31.97	150m:	1:41.23	34.79	250m:	2:51.00	34.79	350m:	4:00.36	34.64
	100m:	1:06.44 34.47	200m:	2:16.21	34.98	300m:	3:25.72	34.72	400m:	4:33.50	33.14
12.	RÓ ANOWSKI Mateusz		99	SMS Kraków				4:34.68	461		
	50m:	30.94 30.94	150m:	1:40.03	35.00	250m:	2:49.88	34.79	350m:	3:59.73	35.01
	100m:	1:05.03 34.09	200m:	2:15.09	35.06	300m:	3:24.72	34.84	400m:	4:34.68	34.95
13.	GWÓ D Jan SO		99	UKP UNIA O wi cim				4:34.86	460		
	50m:	30.96 30.96	150m:	1:39.14	34.57	250m:	2:49.69	35.40	350m:	4:00.65	35.42
	100m:	1:04.57 33.61	200m:	2:14.29	35.15	300m:	3:25.23	35.54	400m:	4:34.86	34.21
14.	ZBRO EK Radosław		99	SMS Galicja Kraków				4:35.80	455		
	50m:	30.84 30.84	150m:	1:40.35	35.31	250m:	2:51.28	35.41	350m:	4:02.33	35.60
	100m:	1:05.04 34.20	200m:	2:15.87	35.52	300m:	3:26.73	35.45	400m:	4:35.80	33.47
15.	NYBLOM Niklas		99	VSS Vaesby				4:38.30	443		
	50m:	31.14 31.14	150m:	1:40.58	34.94	250m:	2:51.47	35.33	350m:	4:02.90	35.91
	100m:	1:05.64 34.50	200m:	2:16.14	35.56	300m:	3:26.99	35.52	400m:	4:38.30	35.40

14 lat

1.	WÓJCIK Paweł		01	SMS Galicja Kraków				4:28.26	495		
	50m:	30.22 30.22	150m:	1:38.30	34.27	250m:	2:46.86	34.25	350m:	3:55.29	34.30
	100m:	1:04.03 33.81	200m:	2:12.61	34.31	300m:	3:20.99	34.13	400m:	4:28.26	32.97
2.	WI NIEWSKI Paweł		01	Uks Wodnik 29 Katowice				4:53.62	377		
	50m:	33.13 33.13	150m:	1:46.57	36.88	250m:	3:02.72	37.97	350m:	4:18.19	37.50
	100m:	1:09.69 36.56	200m:	2:24.75	38.18	300m:	3:40.69	37.97	400m:	4:53.62	35.43
3.	SUCHAN Przemysław		01	KS Korona Kraków				4:53.77	377		
	50m:	33.70 33.70	150m:	1:48.58	37.48	250m:	3:05.25	38.03	350m:	4:20.83	37.53
	100m:	1:11.10 37.40	200m:	2:27.22	38.64	300m:	3:43.30	38.05	400m:	4:53.77	32.94
4.	SUCHAN Łukasz		01	KS Korona Kraków				5:00.72	351		
	50m:	32.88 32.88	150m:	1:48.57	38.73	250m:	3:06.89	38.77	350m:	4:23.79	38.52
	100m:	1:09.84 36.96	200m:	2:28.12	39.55	300m:	3:45.27	38.38	400m:	5:00.72	36.93
5.	KRAMARCZYK Jakub SO		01	UKP UNIA O wi cim				5:08.13	326		
	50m:	34.64 34.64	150m:	1:52.72	39.52	250m:	3:50.62	1:18.46	350m:		
	100m:	1:13.20 38.56	200m:	2:32.16	39.44	300m:	4:29.75	39.13	400m:	5:08.13	