

Grand Prix Małopolski runda II 2015/16  
Bochnia, 8.11.2015

Konkurencja 3  
08.11.2015 - 9:45

Kobiet, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
<b>16 lat i starsi</b>									
1.	ORCZYKOWSKA Wioletta SK		97	MKS Jordan Kraków				<b>4:30.20</b>	653
	50m:	31.08	31.08	150m:	1:38.93	34.36	250m:	2:48.19	34.73
	100m:	1:04.57	33.49	200m:	2:13.46	34.53	300m:	3:22.78	34.59
							350m:	3:57.20	34.42
							400m:	4:30.20	33.00
2.	CAŁKA Anna SO		97	UKP UNIA O wi cim				<b>4:37.94</b>	600
	50m:	33.00	33.00	150m:	1:43.77	35.35	250m:	2:53.79	34.61
	100m:	1:08.42	35.42	200m:	2:19.18	35.41	300m:	3:28.59	34.80
							350m:	4:03.33	34.74
							400m:	4:37.94	34.61
3.	ŁOSAK Wiktoria SK		98	SMS Kraków				<b>4:50.36</b>	526
	50m:	32.85	32.85	150m:	1:44.98	36.48	250m:	2:58.66	37.11
	100m:	1:08.50	35.65	200m:	2:21.55	36.57	300m:	3:36.29	37.63
							350m:	4:13.86	37.57
							400m:	4:50.36	36.50
<b>14 - 15 lat</b>									
1.	NITA Daria		01	KS Korona Kraków				<b>4:33.66</b>	629
	50m:	32.73	32.73	150m:	1:41.87	34.60	250m:	2:51.58	34.61
	100m:	1:07.27	34.54	200m:	2:16.97	35.10	300m:	3:25.97	34.39
							350m:	4:00.60	34.63
							400m:	4:33.66	33.06
2.	ZAWISZA Alina SO		00	UKP UNIA O wi cim				<b>4:33.82</b>	628
	50m:	32.15	32.15	150m:	1:41.26	34.90	250m:	2:51.03	34.95
	100m:	1:06.36	34.21	200m:	2:16.08	34.82	300m:	3:25.72	34.69
							350m:	4:00.20	34.48
							400m:	4:33.82	33.62
3.	ST PI SKA Natalia		01	KS Korona Kraków				<b>4:38.47</b>	597
	50m:	32.93	32.93	150m:	1:44.67	36.14	250m:	2:56.53	36.04
	100m:	1:08.53	35.60	200m:	2:20.49	35.82	300m:	3:32.39	35.86
							350m:	4:06.40	34.01
							400m:	4:38.47	32.07
4.	PISAREK Justyna SO		00	UKP UNIA O wi cim				<b>4:41.15</b>	580
	50m:	32.31	32.31	150m:	1:41.85	35.31	250m:	2:52.58	35.39
	100m:	1:06.54	34.23	200m:	2:17.19	35.34	300m:	3:28.62	36.04
							350m:	4:05.09	36.47
							400m:	4:41.15	36.06
5.	SIKORA Marta		00	UKS Jasie Sucha Beskidzka				<b>4:41.45</b>	578
	50m:	31.68	31.68	150m:	1:41.71	35.29	250m:	2:53.85	36.19
	100m:	1:06.42	34.74	200m:	2:17.66	35.95	300m:	3:30.10	36.25
							350m:	4:06.11	36.01
							400m:	4:41.45	35.34
6.	LEWANDOWSKA Natalia SO		01	UKP UNIA O wi cim				<b>4:44.88</b>	557
	50m:	32.27	32.27	150m:	1:43.18	35.86	250m:	2:55.92	35.97
	100m:	1:07.32	35.05	200m:	2:19.95	36.77	300m:	3:32.90	36.98
							350m:	4:09.25	36.35
							400m:	4:44.88	35.63
7.	KEMPA Anna SO		01	MMKS K dzierzyn Ko le				<b>4:48.70</b>	536
	50m:	33.87	33.87	150m:	1:47.15	37.19	250m:	3:01.63	36.78
	100m:	1:09.96	36.09	200m:	2:24.85	37.70	300m:	3:37.85	36.22
							350m:	4:13.29	35.44
							400m:	4:48.70	35.41
8.	MAZUREK Gabriela		01	KS Korona Kraków				<b>5:11.90</b>	425
	50m:	36.84	36.84	150m:	1:56.78	40.12	250m:	3:16.48	39.84
	100m:	1:16.66	39.82	200m:	2:36.64	39.86	300m:	3:56.03	39.55
							350m:	4:34.74	38.71
							400m:	5:11.90	37.16
9.	ST PAK Weronika		01	Galicja Kraków				<b>5:13.00</b>	420
	50m:	35.87	35.87	150m:	1:54.87	40.05	250m:	3:15.68	40.38
	100m:	1:14.82	38.95	200m:	2:35.30	40.43	300m:	3:55.67	39.99
							350m:	4:34.92	39.25
							400m:	5:13.00	38.08
10.	W SIK Anna		01	KS Korona Kraków				<b>5:16.21</b>	407
	50m:	36.57	36.57	150m:	1:56.99	40.12	250m:	3:17.70	40.18
	100m:	1:16.87	40.30	200m:	2:37.52	40.53	300m:	3:57.42	39.72
							350m:	4:37.32	39.90
							400m:	5:16.21	38.89
11.	AK Natalia		01	KS Korona Kraków				<b>5:35.17</b>	342
	50m:	38.71	38.71	150m:	2:04.37	42.83	250m:	3:30.10	42.57
	100m:	1:21.54	42.83	200m:	2:47.53	43.16	300m:	4:12.67	42.57
							350m:	4:54.90	42.23
							400m:	5:35.17	40.27
12.	DZI GIEL Julia		01	KS Korona Kraków				<b>5:45.02</b>	314
	50m:	39.72	39.72	150m:	2:06.21	43.61	250m:	3:34.26	43.60
	100m:	1:22.60	42.88	200m:	2:50.66	44.45	300m:	4:18.16	43.90
							350m:	5:01.92	43.76
							400m:	5:45.02	43.10

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13 lat

1.	PECIAK Katarzyna	02	Solne Miasto Wieliczka	<b>4:58.06</b>	487
	50m: 33.21 33.21	150m: 1:47.99	38.10 250m: 3:04.24	38.13 350m: 4:21.27	38.29
	100m: 1:09.89 36.68	200m: 2:26.11	38.12 300m: 3:42.98	38.74 400m: 4:58.06	36.79
2.	KUSION Weronika	02	BOSiR Brzesko	<b>5:04.39</b>	457
	50m: 33.25 33.25	150m: 1:48.87	38.62 250m: 3:07.31	39.25 350m: 4:27.27	40.29
	100m: 1:10.25 37.00	200m: 2:28.06	39.19 300m: 3:46.98	39.67 400m: 5:04.39	37.12
3.	KISZKA Dominika	02	Uks Sp 8 Chrzanów	<b>5:04.41</b>	457
	50m: 33.86 33.86	150m: 1:48.12	37.91 250m: 3:06.88	38.90 350m: 4:25.24	39.62
	100m: 1:10.21 36.35	200m: 2:27.98	39.86 300m: 3:45.62	38.74 400m: 5:04.41	39.17
4.	KULISIEWICZ Adrianna	02	Galicja Kraków	<b>5:07.40</b>	444
	50m: 35.32 35.32	150m: 1:53.19	39.51 250m: 3:11.74	39.06 350m: 4:29.70	38.68
	100m: 1:13.68 38.36	200m: 2:32.68	39.49 300m: 3:51.02	39.28 400m: 5:07.40	37.70
5.	RA NA Aleksandra	02	Stowarzyszenie Siemacha ASP Kr	<b>5:08.45</b>	439
	50m: 34.31 34.31	150m: 1:50.82	38.97 250m: 3:10.66	39.81 350m: 4:29.82	39.44
	100m: 1:11.85 37.54	200m: 2:30.85	40.03 300m: 3:50.38	39.72 400m: 5:08.45	38.63
6.	KUMOREK Kamila So	02	"Sokół - Mo cice" - Tarnów	<b>5:11.32</b>	427
	50m:	150m: 1:53.49	39.87 250m: 3:52.74	39.95 350m:	
	100m: 1:13.62	200m: 3:12.79	1:19.30 300m:	400m: 5:11.32	
7.	KAPCI SKA Maja So	02	UKP UNIA O wi cim	<b>5:20.69</b>	391
	50m: 35.99 35.99	150m: 1:57.10	41.47 250m: 3:20.33	41.91 350m: 4:42.23	40.74
	100m: 1:15.63 39.64	200m: 2:38.42	41.32 300m: 4:01.49	41.16 400m: 5:20.69	38.46
8.	SZYMANEK Wiktoria	02	Omega Olkusz	<b>5:25.96</b>	372
	50m: 34.94 34.94	150m: 1:55.52	41.54 250m: 3:20.55	42.55 350m: 4:44.46	41.71
	100m: 1:13.98 39.04	200m: 2:38.00	42.48 300m: 4:02.75	42.20 400m: 5:25.96	41.50
9.	KOCZUR Julia SO	02	Ulks Victoria Kozy	<b>5:26.08</b>	372
	50m: 37.65 37.65	150m: 2:00.35	40.96 250m: 3:23.99	41.91 350m: 4:48.10	42.30
	100m: 1:19.39 41.74	200m: 2:42.08	41.73 300m: 4:05.80	41.81 400m: 5:26.08	37.98
10.	BLACHURA Julia So	02	Ulks Victoria Kozy	<b>5:26.41</b>	370
	50m: 37.90 37.90	150m: 2:00.77	41.77 250m: 3:25.03	42.16 350m: 4:48.61	41.51
	100m: 1:19.00 41.10	200m: 2:42.87	42.10 300m: 4:07.10	42.07 400m: 5:26.41	37.80
11.	NOGIE Aleksandra	02	KS Korona Kraków	<b>5:34.59</b>	344
	50m: 37.11 37.11	150m: 2:00.72	42.54 250m: 3:26.15	43.23 350m: 4:52.46	43.10
	100m: 1:18.18 41.07	200m: 2:42.92	42.20 300m: 4:09.36	43.21 400m: 5:34.59	42.13
12.	SALA Julia	02	Solne Miasto Wieliczka	<b>5:39.30</b>	330
	50m: 37.59 37.59	150m: 2:03.50	43.95 250m: 3:30.99	44.00 350m: 4:58.22	43.12
	100m: 1:19.55 41.96	200m: 2:46.99	43.49 300m: 4:15.10	44.11 400m: 5:39.30	41.08
13.	TOMERA Roksana So	02	UKP UNIA O wi cim	<b>5:41.80</b>	323
	50m: 38.19 38.19	150m: 2:03.83	43.31 250m: 3:32.48	44.45 350m: 5:00.26	43.72
	100m: 1:20.52 42.33	200m: 2:48.03	44.20 300m: 4:16.54	44.06 400m: 5:41.80	41.54