



Liga Szkół Mistrzostwa Sportowego Runda I
Kraków, 20. - 21.10.2023



Konkurencja 12
20.10.2023 - 17:30

M czyzn, 400m zmienny

14 lat i starsi
Wyniki

Punkty: FINA 2023

Pozycja			Rok ur.					Czas	Pkt.	Dru .
1.	Popiel Mikołaj		06	SMS Lublin				4:21.66	722	29,00
	50m:	27.87 27.87	150m:	1:33.83 34.36	250m:	2:44.65 37.20	350m:	3:52.59 30.52	400m:	4:21.66 29.07
	100m:	59.47 31.60	200m:	2:07.45 33.62	300m:	3:22.07 37.42				
2.	Sucha ski Filip		05	SMS Ostrowiec w.				4:27.07	679	27,00
	50m:	28.15 28.15	150m:	1:33.70 33.16	250m:	2:47.27 41.57	350m:	3:58.14 30.10	400m:	4:27.07 28.93
	100m:	1:00.54 32.39	200m:	2:05.70 32.00	300m:	3:28.04 40.77				
3.	Kapała Bartosz		06	SMS Olsztyn				4:28.74	667	26,00
	50m:	29.22 29.22	150m:	1:36.96 34.84	250m:	2:49.61 38.51	350m:	3:59.06 31.05	400m:	4:28.74 29.68
	100m:	1:02.12 32.90	200m:	2:11.10 34.14	300m:	3:28.01 38.40				
4.	Staniszewski Bartosz		05	SMS Szczecin				4:30.44	654	25,00
	50m:	28.60 28.60	150m:	1:37.72 35.37	250m:	2:51.02 39.40	350m:	4:02.36 31.24	400m:	4:30.44 28.08
	100m:	1:02.35 33.75	200m:	2:11.62 33.90	300m:	3:31.12 40.10				
5.	Kozłowski Igor		05	SMS Lublin				4:31.39	647	24,00
	50m:	28.56 28.56	150m:	1:36.86 35.25	250m:	2:49.93 39.22	350m:	4:01.58 31.85	400m:	4:31.39 29.81
	100m:	1:01.61 33.05	200m:	2:10.71 33.85	300m:	3:29.73 39.80				
6.	Wo niak Piotr		05	SMS Olsztyn				4:32.24	641	23,00
	50m:	29.02 29.02	150m:	1:37.82 35.70	250m:	2:52.08 39.98	350m:	4:03.91 30.61	400m:	4:32.24 28.33
	100m:	1:02.12 33.10	200m:	2:12.10 34.28	300m:	3:33.30 41.22				
7.	Czogała Grzegorz		07	SMS Warszawa Bielany				4:35.03	622	22,00
	50m:	27.80 27.80	150m:	1:36.63 36.83	250m:	2:50.43 37.64	350m:	4:02.78 34.18	400m:	4:35.03 32.25
	100m:	59.80 32.00	200m:	2:12.79 36.16	300m:	3:28.60 38.17				
8.	Wi niewski Wiktor		07	SMS O wi cim				4:37.40	606	21,00
	50m:	28.79 28.79	150m:	1:38.95 37.48	250m:	2:54.81 39.23	350m:	4:07.15 33.16	400m:	4:37.40 30.25
	100m:	1:01.47 32.68	200m:	2:15.58 36.63	300m:	3:33.99 39.18				
9.	Radkiewicz Kajetan		05	SMS Ostrowiec w.				4:37.55	605	20,00
	50m:	29.33 29.33	150m:	1:39.92 35.71	250m:	2:54.88 40.04	350m:	4:08.85 31.97	400m:	4:37.55 28.70
	100m:	1:04.21 34.88	200m:	2:14.84 34.92	300m:	3:36.88 42.00				
10.	Kry Radosław		07	SMS Szczecin				4:37.57	605	19,00
	50m:	29.80 29.80	150m:	1:38.89 35.32	250m:	2:53.92 39.91	350m:	4:06.44 32.21	400m:	4:37.57 31.13
	100m:	1:03.57 33.77	200m:	2:14.01 35.12	300m:	3:34.23 40.31				
11.	Porwik Kacper		06	SMS O wi cim				4:39.29	594	18,00
	50m:	28.65 28.65	150m:	1:38.34 36.19	250m:	2:53.00 38.94	350m:	4:07.23 34.05	400m:	4:39.29 32.06
	100m:	1:02.15 33.50	200m:	2:14.06 35.72	300m:	3:33.18 40.18				
12.	Kobus Tymoteusz		05	SMS Gda sk				4:41.07	583	17,00
	50m:	28.20 28.20	150m:	1:38.29 37.77	250m:	2:55.09 40.01	350m:	4:08.61 33.19	400m:	4:41.07 32.46
	100m:	1:00.52 32.32	200m:	2:15.08 36.79	300m:	3:35.42 40.33				
13.	Wi niewski Jakub		07	SMS Warszawa Bielany				4:44.24	563	16,00
	50m:	28.92 28.92	150m:	1:41.77 38.90	250m:	2:56.71 37.02	350m:	4:11.18 35.19	400m:	4:44.24 33.06
	100m:	1:02.87 33.95	200m:	2:19.69 37.92	300m:	3:35.99 39.28				
14.	Kania Kamil		05	SMS O wi cim				4:45.09	558	-
	50m:	30.38 30.38	150m:	1:42.85 37.76	250m:	2:58.16 38.06	350m:	4:11.56 34.58	400m:	4:45.09 33.53
	100m:	1:05.09 34.71	200m:	2:20.10 37.25	300m:	3:36.98 38.82				
15.	Gohła Kamil		05	SMS Racibórz				4:45.53	556	15,00
	50m:	30.10 30.10	150m:	1:44.81 39.94	250m:	3:03.01 39.17	350m:	4:15.14 31.78	400m:	4:45.53 30.39
	100m:	1:04.87 34.77	200m:	2:23.84 39.03	300m:	3:43.36 40.35				
16.	Lucow Jan		06	SMS Warszawa Konwiktorska				4:45.78	554	14,00
	50m:	29.99 29.99	150m:	1:40.75 35.14	250m:	2:56.31 40.88	350m:	4:13.35 34.98	400m:	4:45.78 32.43
	100m:	1:05.61 35.62	200m:	2:15.43 34.68	300m:	3:38.37 42.06				

Obsługa zawodów: SMS SwimArt My lenice

www.swimart.pl

e-mail: zawody@swimart.pl

Splash Meet Manager, 11.77730

Registered to Polish Swimming Federation

20.10.2023 18:08 - Strona 1





Liga Szkół Mistrzostwa Sportowego Runda I
Kraków, 20. - 21.10.2023



Konkurencja 12, M czynn, 400m zmienny, 14 lat i starsi

Pozycja	Rok ur.	Czas	Pkt.	Dru .
17. Shypin Aliaksandr	07 SMS Warszawa Bielany	4:47.99	542	-
50m: 29.18 29.18	150m: 1:39.69 35.70	250m: 2:57.51 41.78	350m: 4:14.78 33.65	
100m: 1:03.99 34.81	200m: 2:15.73 36.04	300m: 3:41.13 43.62	400m: 4:47.99 33.21	
18. Joachimowicz Patryk	08 SMS Lublin	4:48.45	539	-
50m: 29.42 29.42	150m: 1:41.51 37.15	250m: 2:58.81 41.25	350m: 4:15.51 34.40	
100m: 1:04.36 34.94	200m: 2:17.56 36.05	300m: 3:41.11 42.30	400m: 4:48.45 32.94	
19. Rachwał Patryk	08 SMS Kraków	4:48.46	539	13,00
50m: 29.19 29.19	150m: 1:41.05 38.09	250m: 3:01.44 43.06	350m: 4:17.35 33.11	
100m: 1:02.96 33.77	200m: 2:18.38 37.33	300m: 3:44.24 42.80	400m: 4:48.46 31.11	
20. Burzy ski Oskar	06 SMS Szczecin	4:50.17	529	-
50m: 29.69 29.69	150m: 1:42.35 38.28	250m: 3:00.95 41.78	350m: 4:16.78 33.94	
100m: 1:04.07 34.38	200m: 2:19.17 36.82	300m: 3:42.84 41.89	400m: 4:50.17 33.39	
21. Tarasiewicz Piotr	09 SMS Warszawa Konwiktorska	4:50.96	525	12,00
50m: 29.87 29.87	150m: 1:43.53 37.87	250m: 3:00.73 39.16	350m: 4:16.65 34.77	
100m: 1:05.66 35.79	200m: 2:21.57 38.04	300m: 3:41.88 41.15	400m: 4:50.96 34.31	
22. Potrzebowski Franciszek	09 SMS Warszawa Konwiktorska	4:50.99	525	-
50m: 29.61 29.61	150m: 1:44.22 38.89	250m: 3:03.03 40.59	350m: 4:18.74 33.91	
100m: 1:05.33 35.72	200m: 2:22.44 38.22	300m: 3:44.83 41.80	400m: 4:50.99 32.25	
23. Zieli ski Szymon	09 SMS Szczecin	4:51.19	524	-
50m: 30.58 30.58	150m: 1:43.63 38.06	250m: 3:03.48 41.32	350m: 4:19.93 32.91	
100m: 1:05.57 34.99	200m: 2:22.16 38.53	300m: 3:47.02 43.54	400m: 4:51.19 31.26	
24. Kunicki Maksymilian	07 SMS Racibórz	4:53.04	514	11,00
50m: 30.47 30.47	150m: 1:44.89 39.10	250m: 3:04.84 41.11	350m: 4:20.42 34.58	
100m: 1:05.79 35.32	200m: 2:23.73 38.84	300m: 3:45.84 41.00	400m: 4:53.04 32.62	
25. Bory Wojciech	09 SMS O wi cim	4:54.61	506	-
50m: 30.80 30.80	150m: 1:46.74 39.46	250m: 3:06.71 41.41	350m: 4:22.63 34.44	
100m: 1:07.28 36.48	200m: 2:25.30 38.56	300m: 3:48.19 41.48	400m: 4:54.61 31.98	
26. Maryjowski Marcin	09 SMS Wrocław	4:55.19	503	10,00
50m: 29.97 29.97	150m: 1:43.61 38.06	250m: 3:04.00 43.21	350m: 4:21.98 34.39	
100m: 1:05.55 35.58	200m: 2:20.79 37.18	300m: 3:47.59 43.59	400m: 4:55.19 33.21	
27. Chabowski Nathaniel	06 SMS Gda sk	4:59.33	482	9,00
50m: 29.34 29.34	150m: 1:44.62 38.94	250m: 3:07.51 44.26	350m: 4:27.01 33.53	
100m: 1:05.68 36.34	200m: 2:23.25 38.63	300m: 3:53.48 45.97	400m: 4:59.33 32.32	
28. Dyda Artur	08 SMS Kraków	5:04.24	459	8,00
50m: 31.14 31.14	150m: 1:46.58 37.71	250m: 3:07.96 45.01	350m: 4:29.50 35.80	
100m: 1:08.87 37.73	200m: 2:22.95 36.37	300m: 3:53.70 45.74	400m: 5:04.24 34.74	
29. Ławrynowicz Kacper	09 SMS Bydgoszcz	5:09.56	436	7,00
50m: 31.35 31.35	150m: 1:49.97 40.96	250m: 3:13.27 42.58	350m: 4:34.04 37.55	
100m: 1:09.01 37.66	200m: 2:30.69 40.72	300m: 3:56.49 43.22	400m: 5:09.56 35.52	
30. Balcerowicz Ryszard	08 SMS Gda sk	5:14.00	418	-
50m: 32.01 32.01	150m: 1:49.21 39.65	250m: 3:11.75 43.05	350m: 4:37.07 38.16	
100m: 1:09.56 37.55	200m: 2:28.70 39.49	300m: 3:58.91 47.16	400m: 5:14.00 36.93	