

Zimowe Mistrzostwa Polski Juniorów 17-18 lat, Puławy 2011
Puławy, 18- - 20-3-2011

Konkurencja 12
2011-03-18 - 11:15

Chłopców, 400m zmienny

17 - 18 lat
Wyniki Eliminacje

Rekord Polski Open	4:03.20	WOJT Lukasz	POL	Berlin (GER)	2009-11-14
Rekord Polski 17	4:11.81	MATCZAK Mateusz	TRLOD	Helsinki (FIN)	2006-12-08
Rekord Polski 18	4:09.07	MATCZAK Mateusz	TRLOD	Debrecen (HUN)	2007-12-14

Punkty: FINA 2010

Pozycja			Rok ur.			Czas	Pkt.		
1.	PALMI-KUKIEŁKO Mieszko SWR		93	I sk Wrocław		4:26.97	702	A	
	50m:	28.74 28.74	150m:	1:34.98 34.30	250m:	2:47.81 39.11	350m:	3:57.48 30.45	
	100m:	1:00.68 31.94	200m:	2:08.70 33.72	300m:	3:27.03 39.22	400m:	4:26.97 29.49	
2.	KSI EK Michał SK		93	Jordan Kraków		4:27.00	701	A	
	50m:	27.66 27.66	150m:	1:32.56 33.74	250m:	2:43.29 37.72	350m:	3:55.42 32.81	
	100m:	58.82 31.16	200m:	2:05.57 33.01	300m:	3:22.61 39.32	400m:	4:27.00 31.58	
3.	WITKOWSKI Jan		94	Skarpa Lublin		4:27.03	701	A	
	50m:	28.17 28.17	150m:	1:33.90 33.70	250m:	2:45.40 38.53	350m:	3:56.46 32.19	
	100m:	1:00.20 32.03	200m:	2:06.87 32.97	300m:	3:24.27 38.87	400m:	4:27.03 30.57	
4.	ZABOROWSKI Filip SS		94	MKP Szczecin		4:28.18	692	A	
	50m:	28.84 28.84	150m:	1:36.52 34.66	250m:	2:49.00 38.77	350m:	3:58.63 31.01	
	100m:	1:01.86 33.02	200m:	2:10.23 33.71	300m:	3:27.62 38.62	400m:	4:28.18 29.55	
5.	KLIZA Mateusz SK		94	Avia widnik		4:28.31	691	A	
	50m:	28.96 28.96	150m:	1:36.44 35.41	250m:	2:48.44 37.36	350m:	3:57.95 31.49	
	100m:	1:01.03 32.07	200m:	2:11.08 34.64	300m:	3:26.46 38.02	400m:	4:28.31 30.36	
6.	SUZIN Marcin SK		93	Jordan Kraków		4:28.54	689	A	
	50m:	28.23 28.23	150m:	1:36.21 35.28	250m:	2:48.46 37.69	350m:	3:58.51 31.78	
	100m:	1:00.93 32.70	200m:	2:10.77 34.56	300m:	3:26.73 38.27	400m:	4:28.54 30.03	
7.	KACZMARSKI Marcin SS		94	KSZO Ostrzowiec w.		4:29.86	679	B	
	50m:	29.01 29.01	150m:	1:35.26 33.76	250m:	2:48.99 40.98	350m:	4:01.16 30.73	
	100m:	1:01.50 32.49	200m:	2:08.01 32.75	300m:	3:30.43 41.44	400m:	4:29.86 28.70	
8.	GRULA Mateusz		93	G8 Bielany		4:30.02	678	B	
	50m:	28.30 28.30	150m:	1:36.91 36.08	250m:	2:48.33 35.86	350m:	3:59.50 33.50	
	100m:	1:00.83 32.53	200m:	2:12.47 35.56	300m:	3:26.00 37.67	400m:	4:30.02 30.52	
9.	KUT Bartosz SK		93	Boby D bica		4:30.32	676	B	
	50m:	28.57 28.57	150m:	1:37.50 36.70	250m:	2:50.31 37.20	350m:	3:59.95 31.81	
	100m:	1:00.80 32.23	200m:	2:13.11 35.61	300m:	3:28.14 37.83	400m:	4:30.32 30.37	
10.	BARAN Rafał SK		93	Jordan Kraków		4:33.94	649	B	
	50m:	28.73 28.73	150m:	1:37.25 35.71	250m:	2:50.51 38.53	350m:	4:02.27 32.60	
	100m:	1:01.54 32.81	200m:	2:11.98 34.73	300m:	3:29.67 39.16	400m:	4:33.94 31.67	
11.	SZWEDZKI Dawid		94	Pi tka Konstantynów		4:35.54	638	B	
	50m:	29.10 29.10	150m:	1:38.44 35.77	250m:	2:50.54 37.45	350m:	4:02.47 33.12	
	100m:	1:02.67 33.57	200m:	2:13.09 34.65	300m:	3:29.35 38.81	400m:	4:35.54 33.07	
12.	SMEJA Sławomir		94	Astoria Bydgoszcz		4:36.22	633	B	
	50m:	29.25 29.25	150m:	1:40.34 37.33	250m:	2:55.46 39.30	350m:	4:06.46 30.83	
	100m:	1:03.01 33.76	200m:	2:16.16 35.82	300m:	3:35.63 40.17	400m:	4:36.22 29.76	
13.	NOWICKI Mateusz		94	Aqua Bydgoszcz		4:38.03	621	R	
	50m:	28.79 28.79	150m:	1:36.29 34.75	250m:	2:51.42 41.22	350m:	4:06.33 33.15	
	100m:	1:01.54 32.75	200m:	2:10.20 33.91	300m:	3:33.18 41.76	400m:	4:38.03 31.70	
14.	KAMI SKI Maciej		93	Lublinianka		4:40.26	606	R	
	50m:	29.78 29.78	150m:	1:39.50 36.21	250m:	2:54.53 39.53	350m:	4:08.52 33.53	
	100m:	1:03.29 33.51	200m:	2:15.00 35.50	300m:	3:34.99 40.46	400m:	4:40.26 31.74	
15.	STANIELEWICZ Bartosz		94	Olimpijczyk Aleksandrów Łódzki		4:42.79	590		
	50m:	29.78 29.78	150m:	1:39.46 36.23	250m:	2:54.84 39.57	350m:	4:09.13 33.26	
	100m:	1:03.23 33.45	200m:	2:15.27 35.81	300m:	3:35.87 41.03	400m:	4:42.79 33.66	
16.	WI TKIEWICZ Rafał		93	G8 Bielany		4:42.92	589		
	50m:	28.91 28.91	150m:	1:37.88 35.68	250m:	2:54.21 40.90	350m:	4:10.05 34.01	
	100m:	1:02.20 33.29	200m:	2:13.31 35.43	300m:	3:36.04 41.83	400m:	4:42.92 32.87	

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Pozycja	Rok ur.								Czas	Pkt.
17.	ASULIAN Axel		93	AWF Katowice				4:43.67	585	
	50m:	29.19 29.19	150m:	1:38.19 35.69	250m:	2:54.02 40.79	350m:	4:10.17 33.98		
	100m:	1:02.50 33.31	200m:	2:13.23 35.04	300m:	3:36.19 42.17	400m:	4:43.67 33.50		
18.	GAWRY Sebastian		94	Meduza Warszawa				4:50.01	547	
	50m:	29.41 29.41	150m:	1:40.60 37.22	250m:	2:58.99 41.33	350m:	4:15.11 33.66		
	100m:	1:03.38 33.97	200m:	2:17.66 37.06	300m:	3:41.45 42.46	400m:	4:50.01 34.90		
19.	CZWARTOSZ Mateusz SR		93	Delfin Połaniec				4:52.15	535	
	50m:	28.88 28.88	150m:	1:39.48 36.79	250m:	2:58.52 42.55	350m:	4:17.77 35.03		
	100m:	1:02.69 33.81	200m:	2:15.97 36.49	300m:	3:42.74 44.22	400m:	4:52.15 34.38		
20.	PACIOREK Artur SK		93	Jordan Kraków				4:56.05	514	
	50m:	28.95 28.95	150m:	1:39.87 37.79	250m:	2:59.47 42.62	350m:	4:20.40 37.18		
	100m:	1:02.08 33.13	200m:	2:16.85 36.98	300m:	3:43.22 43.75	400m:	4:56.05 35.65		
21.	WASIELEWSKI Filip		94	MKP Szczecin				4:58.35	502	
	50m:	29.57 29.57	150m:	1:39.34 35.82	250m:	3:00.87 45.68	350m:	4:23.33 35.92		
	100m:	1:03.52 33.95	200m:	2:15.19 35.85	300m:	3:47.41 46.54	400m:	4:58.35 35.02		
22.	ZALEWSKI Igor		93	Wodnik Włocławek				5:08.27	455	
	50m:	32.72 32.72	150m:	1:49.06 39.63	250m:	3:14.19 45.75	350m:	4:34.19 36.17		
	100m:	1:09.43 36.71	200m:	2:28.44 39.38	300m:	3:58.02 43.83	400m:	5:08.27 34.08		