

2012 Memoriał Henryka Kosakowskiego
Lublin, 21-4-2012

Konkurencja 14
2012-04-21 - 17:29

M czyzn, 400m dowolny

13 lat i starsi
Wyniki

Punkty: FINA 2011

Pozycja			Rok ur.				Czas				Pkt.	
1.	DUBIEL Adam		93		Lublinianka		3:57.16				722	
	50m:	27.43	27.43	150m:	1:27.46	30.02	250m:	2:27.54	29.98	350m:	3:27.35	29.80
	100m:	57.44	30.01	200m:	1:57.56	30.10	300m:	2:57.55	30.01	400m:	3:57.16	29.81
2.	HOŁUB Jan		96		Avia widnik		4:04.28				660	
	50m:	28.68	28.68	150m:	1:30.09	31.15	250m:	2:31.80	30.82	350m:	3:33.69	31.18
	100m:	58.94	30.26	200m:	2:00.98	30.89	300m:	3:02.51	30.71	400m:	4:04.28	30.59
3.	SZYMULA Kamil		96		Avia widnik		4:06.74				641	
	50m:	28.18	28.18	150m:	1:28.99	30.40	250m:	2:30.07	30.53	350m:	3:33.64	32.36
	100m:	58.59	30.41	200m:	1:59.54	30.55	300m:	3:01.28	31.21	400m:	4:06.74	33.10
4.	WIAK Jakub		95		Olimpijczyk 23 Lublin		4:09.18				622	
	50m:	28.09	28.09	150m:	1:30.16	31.50	250m:	2:34.15	31.81	350m:	3:38.15	32.18
	100m:	58.66	30.57	200m:	2:02.34	32.18	300m:	3:05.97	31.82	400m:	4:09.18	31.03
5.	RUTKOWSKI Krzysztof		96		Lublinianka		4:09.44				620	
	50m:	28.88	28.88	150m:	1:30.91	31.15	250m:	2:34.68	31.99	350m:	3:38.96	32.16
	100m:	59.76	30.88	200m:	2:02.69	31.78	300m:	3:06.80	32.12	400m:	4:09.44	30.48
6.	GWIAZDA Michał		94		Skarpa Lublin		4:12.96				595	
	50m:	28.98	28.98	150m:	1:31.58	31.50	250m:	2:36.45	32.47	350m:	3:41.54	32.20
	100m:	1:00.08	31.10	200m:	2:03.98	32.40	300m:	3:09.34	32.89	400m:	4:12.96	31.42
7.	GRABCZAK Dawid		97		Wisła Puławy		4:13.44				591	
	50m:			150m:	1:32.58	32.11	250m:	2:37.47	32.38	350m:	3:42.25	32.16
	100m:	1:00.47		200m:	2:05.09	32.51	300m:	3:10.09	32.62	400m:	4:13.44	31.19
8.	SERHOVETS Michael		95		Rivne		4:22.72				531	
	50m:	29.48	29.48	150m:	1:35.59	33.45	250m:	2:42.94	33.46	350m:	3:50.11	33.26
	100m:	1:02.14	32.66	200m:	2:09.48	33.89	300m:	3:16.85	33.91	400m:	4:22.72	32.61
9.	HAŁACZKIEWICZ Paweł		93		Wisła Puławy		4:23.25				527	
	50m:	28.99	28.99	150m:	1:33.86	32.79	250m:	2:41.45	33.99	350m:	3:49.77	34.13
	100m:	1:01.07	32.08	200m:	2:07.46	33.60	300m:	3:15.64	34.19	400m:	4:23.25	33.48
10.	BASIUK Maciej		96		Avia widnik		4:24.75				519	
	50m:	29.49	29.49	150m:	1:34.63	33.30	250m:	2:41.69	33.72	350m:	3:51.24	35.06
	100m:	1:01.33	31.84	200m:	2:07.97	33.34	300m:	3:16.18	34.49	400m:	4:24.75	33.51
11.	GRZYWA Karol		97		Fala Kra nik		4:25.78				513	
	50m:	29.32	29.32	150m:	1:35.75	33.89	250m:	2:44.12	34.16	350m:	3:52.32	33.93
	100m:	1:01.86	32.54	200m:	2:09.96	34.21	300m:	3:18.39	34.27	400m:	4:25.78	33.46
12.	RUBAJ Adrian		96		Skarpa Lublin		4:26.99				506	
	50m:	30.18	30.18	150m:	1:36.62	33.46	250m:	2:44.44	33.95	350m:	3:52.93	34.43
	100m:	1:03.16	32.98	200m:	2:10.49	33.87	300m:	3:18.50	34.06	400m:	4:26.99	34.06
13.	PYDA Jakub		94		Skarpa Lublin		4:28.00				500	
	50m:	30.55	30.55	150m:	1:37.96	34.02	250m:	2:46.25	34.13	350m:	3:54.83	34.20
	100m:	1:03.94	33.39	200m:	2:12.12	34.16	300m:	3:20.63	34.38	400m:	4:28.00	33.17
14.	LIS Patryk		98		Avia widnik		4:28.11				499	
	50m:	29.26	29.26	150m:	1:35.95	33.84	250m:	2:44.87	34.44	350m:	3:54.46	34.57
	100m:	1:02.11	32.85	200m:	2:10.43	34.48	300m:	3:19.89	35.02	400m:	4:28.11	33.65
15.	SLIVCHUK Evgeniy		97		Rivne		4:29.63				491	
	50m:	30.75	30.75	150m:	1:37.38	33.14	250m:	2:46.19	34.35	350m:	3:56.18	34.90
	100m:	1:04.24	33.49	200m:	2:11.84	34.46	300m:	3:21.28	35.09	400m:	4:29.63	33.45
16.	TCHÓRZEWSKI Maciej		95		Skarpa Lublin		4:32.08				478	
	50m:	31.34	31.34	150m:	1:40.74	35.19	250m:	2:50.74	34.87	350m:	3:59.95	34.27
	100m:	1:05.55	34.21	200m:	2:15.87	35.13	300m:	3:25.68	34.94	400m:	4:32.08	32.13
17.	ZAPALSKI Konrad		98		Fala Kra nik		4:33.46				471	
	50m:	30.43	30.43	150m:	1:38.59	34.63	250m:	2:48.64	34.98	350m:	3:59.09	35.53
	100m:	1:03.96	33.53	200m:	2:13.66	35.07	300m:	3:23.56	34.92	400m:	4:33.46	34.37

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Pozycja			Rok ur.						Czas	Pkt.
18.	BEBESHKO Maxim		98 Rivne						4:35.28	461
	50m:	31.13 31.13	150m:	1:41.35	35.58	250m:	2:51.62	34.79	350m:	4:01.58 34.77
	100m:	1:05.77 34.64	200m:	2:16.83	35.48	300m:	3:26.81	35.19	400m:	4:35.28 33.70
19.	GRZYB Dominik		97 Huragan Mi dzyrzec Podl.						4:39.79	439
	50m:	30.09 30.09	150m:	1:38.51	34.75	250m:	2:51.26	36.67	350m:	4:05.07 37.00
	100m:	1:03.76 33.67	200m:	2:14.59	36.08	300m:	3:28.07	36.81	400m:	4:39.79 34.72
20.	MUDA Paweł		98 Lublinianka						4:41.68	430
	50m:	31.16 31.16	150m:	1:41.33	35.35	250m:	2:54.54	36.77	350m:	4:07.36 36.29
	100m:	1:05.98 34.82	200m:	2:17.77	36.44	300m:	3:31.07	36.53	400m:	4:41.68 34.32
21.	PRÓSZYNSKI Igor		99 Fala Kra nik						4:42.74	426
	50m:	32.40 32.40	150m:	1:43.99	35.84	250m:	2:56.46	36.62	350m:	4:08.96 35.86
	100m:	1:08.15 35.75	200m:	2:19.84	35.85	300m:	3:33.10	36.64	400m:	4:42.74 33.78
22.	PIWKOWSKI Szymon		96 Skarpa Lublin						4:44.36	418
	50m:	30.56 30.56	150m:	1:39.35	35.37	250m:	2:52.82	37.10	350m:	4:08.24 37.46
	100m:	1:03.98 33.42	200m:	2:15.72	36.37	300m:	3:30.78	37.96	400m:	4:44.36 36.12
23.	NIEDZIAŁEK Dominik <i>STYL GRZBIETOWY</i>		98 Skarpa Lublin						4:48.35	401
	50m:	32.46 32.46	150m:	1:46.18	37.40	250m:	3:00.52	37.27	350m:	4:14.08 36.80
	100m:	1:08.78 36.32	200m:	2:23.25	37.07	300m:	3:37.28	36.76	400m:	4:48.35 34.27
24.	SIEJAK Jakub		97 Delfinek Łuków						4:49.31	397
	50m:	30.58 30.58	150m:	1:42.49	36.55	250m:	2:58.28	37.91	350m:	4:13.78 37.79
	100m:	1:05.94 35.36	200m:	2:20.37	37.88	300m:	3:35.99	37.71	400m:	4:49.31 35.53
25.	ZIELI SKI Jarosław		98 Skarpa Lublin						4:51.23	389
	50m:	33.29 33.29	150m:	1:47.36	37.48	250m:	2:58.74	35.95	350m:	4:11.10 35.95
	100m:	1:09.88 36.59	200m:	2:22.79	35.43	300m:	3:35.15	36.41	400m:	4:51.23 40.13
26.	SZELEST Jacek		95 Skarpa Lublin						4:53.58	380
	50m:	32.43 32.43	150m:	1:45.44	37.16	250m:	2:57.68	36.23	350m:	4:09.78 35.84
	100m:	1:08.28 35.85	200m:	2:21.45	36.01	300m:	3:33.94	36.26	400m:	4:53.58 43.80
27.	CZERNAK Konrad		98 Skarpa Lublin						4:54.36	377
	50m:	33.13 33.13	150m:	1:47.58	37.37	250m:	3:01.65	36.91	350m:	4:16.08 36.64
	100m:	1:10.21 37.08	200m:	2:24.74	37.16	300m:	3:39.44	37.79	400m:	4:54.36 38.28
28.	GAJEWSKI Jakub		99 Fala Kra nik						4:55.44	373
	50m:	33.37 33.37	150m:	1:49.37	37.91	250m:	3:04.50	37.13	350m:	4:19.11 36.97
	100m:	1:11.46 38.09	200m:	2:27.37	38.00	300m:	3:42.14	37.64	400m:	4:55.44 36.33
29.	MAŁYSKA Bartosz		99 Skarpa Lublin						4:56.08	371
	50m:	32.98 32.98	150m:	1:48.87	38.63	250m:	3:05.06	38.00	350m:	4:21.55 38.25
	100m:	1:10.24 37.26	200m:	2:27.06	38.19	300m:	3:43.30	38.24	400m:	4:56.08 34.53
30.	BOGUSZEWSKI Maciej		98 Skarpa Lublin						5:02.67	347
	50m:	34.67 34.67	150m:	1:51.39	38.64	250m:	3:08.94	38.71	350m:	4:25.60 38.13
	100m:	1:12.75 38.08	200m:	2:30.23	38.84	300m:	3:47.47	38.53	400m:	5:02.67 37.07
31.	DRZEWIECKI Dawid		99 Lublinianka						5:09.41	325
	50m:	33.74 33.74	150m:	1:50.35	39.22	250m:	3:09.28	39.75	350m:	4:30.85 41.00
	100m:	1:11.13 37.39	200m:	2:29.53	39.18	300m:	3:49.85	40.57	400m:	5:09.41 38.56
32.	PARTYKA Norbert		98 Skarpa Lublin						5:10.13	322
	50m:	34.86 34.86	150m:	1:52.44	39.48	250m:	3:11.59	39.46	350m:	4:31.39 40.10
	100m:	1:12.96 38.10	200m:	2:32.13	39.69	300m:	3:51.29	39.70	400m:	5:10.13 38.74
33.	RADZIKOWSKI Mateusz		99 Lublinianka						5:14.63	309
	50m:	34.76 34.76	150m:	1:53.76	40.00	250m:	3:14.64	40.87	350m:	4:36.08 40.81
	100m:	1:13.76 39.00	200m:	2:33.77	40.01	300m:	3:55.27	40.63	400m:	5:14.63 38.55
34.	SZUMSKI Bartłomiej		98 Skarpa Lublin						5:21.25	290
	50m:	35.08 35.08	150m:	1:56.36	40.84	250m:	3:19.84	41.98	350m:	4:43.40 41.76
	100m:	1:15.52 40.44	200m:	2:37.86	41.50	300m:	4:01.64	41.80	400m:	5:21.25 37.85

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Pozycja				Rok ur.					Czas	Pkt.	
35.	GOSIK Przemysław			99	Lublinianka				5:24.11	282	
	50m:	35.94	35.94	150m:	1:57.08	41.40	250m:	3:19.52	41.13	350m: 4:43.34	41.61
	100m:	1:15.68	39.74	200m:	2:38.39	41.31	300m:	4:01.73	42.21	400m: 5:24.11	40.77
36.	KITKA Jakub			99	Orka Zamo				5:25.51	279	
	50m:	35.44	35.44	150m:	1:57.24	41.18	250m:	3:20.64	41.95	350m: 4:45.33	42.24
	100m:	1:16.06	40.62	200m:	2:38.69	41.45	300m:	4:03.09	42.45	400m: 5:25.51	40.18
37.	SKIBA Kamil			98	Skarpa Lublin				5:31.49	264	
	50m:	36.06	36.06	150m:	1:59.78	42.82	250m:	3:25.75	43.63	350m: 4:52.06	42.46
	100m:	1:16.96	40.90	200m:	2:42.12	42.34	300m:	4:09.60	43.85	400m: 5:31.49	39.43
38.	WI TO Filip			99	Skarpa Lublin				5:37.81	249	
	50m:	37.45	37.45	150m:	2:03.99	43.20	250m:	3:30.63	42.55	350m: 4:56.99	42.91
	100m:	1:20.79	43.34	200m:	2:48.08	44.09	300m:	4:14.08	43.45	400m: 5:37.81	40.82