

2013 LLK - IV runda  
Lublin, 19-10-2013

Konkurencja 13  
2013-10-19 - 16:58

Kobiet, 400m zmienny

13 lat i starsi  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
1.	ZYGO Karolina		96	Olimpia Lublin				<b>4:58.57</b>	668		
	50m:	31.51 31.51	150m:	1:44.99	37.93	250m:	3:05.29	43.05	350m:	4:24.38	34.95
	100m:	1:07.06 35.55	200m:	2:22.24	37.25	300m:	3:49.43	44.14	400m:	4:58.57	34.19
2.	ADAMCZYK Julia		99	Lublinianka				<b>5:08.66</b>	604		
	50m:	33.22 33.22	150m:	1:49.26	37.80	250m:	3:11.82	44.67	350m:	4:32.96	36.55
	100m:	1:11.46 38.24	200m:	2:27.15	37.89	300m:	3:56.41	44.59	400m:	5:08.66	35.70
3.	RUDAWSKA Adrianna		96	Olimpijczyk 23 Lublin				<b>5:10.08</b>	596		
	50m:	33.36 33.36	150m:	1:31.84	20.85	250m:	3:18.42	46.79	350m:	4:37.37	32.84
	100m:	1:10.99 37.63	200m:	2:31.63	59.79	300m:	4:04.53	46.11	400m:	5:10.08	32.71
4.	SZYNAL Ludwika		94	Skarpa Lublin				<b>5:11.10</b>	590		
	50m:	32.67 32.67	150m:	1:49.09	37.85	250m:	3:12.48	46.83	350m:	4:35.95	36.10
	100m:	1:11.24 38.57	200m:	2:25.65	36.56	300m:	3:59.85	47.37	400m:	5:11.10	35.15
5.	SAMUŁA Wiktoria		99	Lublinianka				<b>5:15.35</b>	567		
	50m:	32.84 32.84	150m:	1:53.55	41.81	250m:	3:16.63	42.69	350m:	4:38.84	37.66
	100m:	1:11.74 38.90	200m:	2:33.94	40.39	300m:	4:01.18	44.55	400m:	5:15.35	36.51
6.	CZARNECKA Wiktoria		99	Skarpa Lublin				<b>5:18.75</b>	549		
	50m:	32.29 32.29	150m:	1:53.43	42.50	250m:	3:20.09	46.01	350m:	4:43.08	38.84
	100m:	1:10.93 38.64	200m:	2:34.08	40.65	300m:	4:04.24	44.15	400m:	5:18.75	35.67
7.	OSINIĄK Ewa		00	Olimpijczyk 23 Lublin				<b>5:24.94</b>	518		
	50m:	35.09 35.09	150m:	2:00.26	42.88	250m:	3:26.69	44.59	350m:	4:50.97	38.09
	100m:	1:17.38 42.29	200m:	2:42.10	41.84	300m:	4:12.88	46.19	400m:	5:24.94	33.97
8.	BERNAT Gabriela		99	Skarpa Lublin				<b>5:25.39</b>	516		
	50m:	34.86 34.86	150m:	1:56.41	39.24	250m:	3:25.08	51.69	350m:	4:52.14	36.34
	100m:	1:17.17 42.31	200m:	2:33.39	36.98	300m:	4:15.80	50.72	400m:	5:25.39	33.25
9.	MUDA Weronika		00	Lublinianka				<b>5:40.28</b>	451		
	50m:	35.99 35.99	150m:	2:01.19	44.09	250m:	3:33.89	49.71	350m:	5:02.88	38.68
	100m:	1:17.10 41.11	200m:	2:44.18	42.99	300m:	4:24.20	50.31	400m:	5:40.28	37.40
10.	MAZUREK Magdalena		99	Lublinianka				<b>5:48.17</b>	421		
	50m:	36.68 36.68	150m:	2:03.48	44.39	250m:	3:38.48	51.39	350m:	5:09.51	46.44
	100m:	1:19.09 42.41	200m:	2:47.09	43.61	300m:	4:23.07	44.59	400m:	5:48.17	38.66
11.	MICHAŁOWSKA Olga		98	Skarpa Lublin				<b>5:49.09</b>	418		
	50m:	37.79 37.79	150m:	2:08.46	45.98	250m:	3:41.57	49.66	350m:	5:11.88	40.13
	100m:	1:22.48 44.69	200m:	2:51.91	43.45	300m:	4:31.75	50.18	400m:	5:49.09	37.21
12.	OSMULSKA Adriana		98	Skarpa Lublin				<b>5:49.28</b>	417		
	50m:	36.15 36.15	150m:	2:04.07	46.13	250m:	3:38.75	50.21	350m:	5:10.29	41.76
	100m:	1:17.94 41.79	200m:	2:48.54	44.47	300m:	4:28.53	49.78	400m:	5:49.28	38.99
13.	KRUK Alicja		98	Skarpa Lublin				<b>6:24.56</b>	312		
	50m:	42.07 42.07	150m:	2:23.74	49.21	250m:	4:05.29	54.21	350m:	5:43.81	42.35
	100m:	1:34.53 52.46	200m:	3:11.08	47.34	300m:	5:01.46	56.17	400m:	6:24.56	40.75
14.	TOMASZEWSKA Julia		99	Skarpa Lublin				<b>6:25.57</b>	310		
	50m:	41.81 41.81	150m:	2:21.74	51.79	250m:	4:04.94	56.58	350m:	5:45.57	44.09
	100m:	1:29.95 48.14	200m:	3:08.36	46.62	300m:	5:01.48	56.54	400m:	6:25.57	40.00
15.	DANIEL And elika		99	Olimpia Lublin				<b>7:05.17</b>	231		
	50m:	48.44 48.44	150m:	2:40.68	54.73	250m:	4:29.87	55.49	350m:	6:17.99	51.00
	100m:	1:45.95 57.51	200m:	3:34.38	53.70	300m:	5:26.99	57.12	400m:	7:05.17	47.18
DYSKW.	NOWICKA Natalia		98	Skarpa Lublin							
	<i>KONTAKTZE CIAN NAWROTOW JEDN R K W STYLU KLASYCZNYM</i>										
	50m:		150m:		250m:		350m:				
	100m:		200m:		300m:		400m:				