

2015 OSWS  
Lublin, 10-10-2015

Konkurencja 9  
2015-10-10 - 14:49

Kobiet, 400m zmienny

12 lat i starsi  
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.	CR
<b>12 - 14 lat</b>				
1. ŁYSAKOWSKA Julia	01 Lublinianka	<b>5:29.30</b>	491	+0,84
50m: 35.52 35.52	150m: 1:59.81 43.62	250m: 3:29.66 49.68	350m: 4:54.00 36.18	
100m: 1:16.19 40.67	200m: 2:39.98 40.17	300m: 4:17.82 48.16	400m: 5:29.30 35.30	
2. WILCZEWSKA Aleksandra	02 Olimpia Lublin	<b>5:30.02</b>	488	+0,76
50m: 36.92 36.92	150m: 2:01.75 40.59	250m: 3:29.90 47.74	350m: 4:54.40 37.37	
100m: 1:21.16 44.24	200m: 2:42.16 40.41	300m: 4:17.03 47.13	400m: 5:30.02 35.62	
3. TERLECKA Anna	02 Wodnik Krasnystaw	<b>5:33.43</b>	473	+0,88
50m: 36.63 36.63	150m: 2:04.25 44.84	250m: 3:30.99 45.47	350m: 4:56.39 39.06	
100m: 1:19.41 42.78	200m: 2:45.52 41.27	300m: 4:17.33 46.34	400m: 5:33.43 37.04	
4. BUJAK Maria	01 Skarpa Lublin	<b>5:37.88</b>	454	+0,83
50m: 36.93 36.93	150m: 2:06.47 44.99	250m: 3:36.31 47.07	350m: 5:01.40 38.72	
100m: 1:21.48 44.55	200m: 2:49.24 42.77	300m: 4:22.68 46.37	400m: 5:37.88 36.48	
5. URAWSKA Kaja	03 Olimpia Lublin	<b>5:40.58</b>	444	+0,79
50m: 36.32 36.32	150m: 2:05.37 46.38	250m: 3:37.85 48.16	350m: 5:03.66 37.07	
100m: 1:18.99 42.67	200m: 2:49.69 44.32	300m: 4:26.59 48.74	400m: 5:40.58 36.92	
6. MALINOWSKA Zuzanna	01 Olimpia Lublin	<b>5:51.54</b>	403	+0,88
50m: 37.65 37.65	150m: 2:07.49 45.34	250m: 3:41.71 50.42	350m: 5:13.75 40.97	
100m: 1:22.15 44.50	200m: 2:51.29 43.80	300m: 4:32.78 51.07	400m: 5:51.54 37.79	
7. TOMASZEWSKA Magdalena	02 Wisła Puławy	<b>5:56.65</b>	386	+0,85
50m: 39.27 39.27	150m: 2:11.83 44.46	250m: 3:46.64 52.38	350m: 5:17.25 39.67	
100m: 1:27.37 48.10	200m: 2:54.26 42.43	300m: 4:37.58 50.94	400m: 5:56.65 39.40	
8. BUCO Anna	02 Fala Kra nik	<b>6:02.40</b>	368	+0,74
50m: 42.75 42.75	150m: 2:17.82 44.78	250m: 3:52.51 51.27	350m: 5:24.71 40.37	
100m: 1:33.04 50.29	200m: 3:01.24 43.42	300m: 4:44.34 51.83	400m: 6:02.40 37.69	
9. MAŁEK Martyna	02 Skarpa Lublin	<b>6:05.01</b>	360	+0,70
50m: 38.89 38.89	150m: 2:15.79 49.92	250m: 3:51.25 48.67	350m: 5:25.12 44.58	
100m: 1:25.87 46.98	200m: 3:02.58 46.79	300m: 4:40.54 49.29	400m: 6:05.01 39.89	
10. PASTUSZUK Paulina	03 Olimpia Lublin	<b>6:05.26</b>	360	+0,97
50m: 42.26 42.26	150m: 2:22.29 50.80	250m: 3:55.66 44.63	350m: 5:26.11 45.36	
100m: 1:31.49 49.23	200m: 3:11.03 48.74	300m: 4:40.75 45.09	400m: 6:05.26 39.15	
11. LUTKIEWICZ Gabriela	03 Wisła Puławy	<b>6:12.96</b>	338	
50m: 39.38 39.38	150m: 2:12.95 47.74	250m: 3:53.85 54.82	350m: 5:32.31 43.42	
100m: 1:25.21 45.83	200m: 2:59.03 46.08	300m: 4:48.89 55.04	400m: 6:12.96 40.65	
12. WOJTASZEK Oktawia	02 Fala Kra nik	<b>6:16.87</b>	327	+0,85
50m: 42.64 42.64	150m: 2:21.81 48.34	250m: 4:00.60 52.28	350m: 5:35.94 42.29	
100m: 1:33.47 50.83	200m: 3:08.32 46.51	300m: 4:53.65 53.05	400m: 6:16.87 40.93	
13. WI TEK Martyna	02 Skarpa Lublin	<b>6:17.67</b>	325	+0,75
50m: 40.01 40.01	150m: 2:16.01 46.68	250m: 3:58.32 56.01	350m: 5:37.68 42.17	
100m: 1:29.33 49.32	200m: 3:02.31 46.30	300m: 4:55.51 57.19	400m: 6:17.67 39.99	
14. ADAMEK Barbara	02 Olimpia Lublin	<b>6:31.35</b>	292	+0,72
50m: 43.93 43.93	150m: 2:28.79 48.49	250m: 4:11.57 54.32	350m: 5:49.06 44.71	
100m: 1:40.30 56.37	200m: 3:17.25 48.46	300m: 5:04.35 52.78	400m: 6:31.35 42.29	
<b>15 lat</b>				
1. MUDA Weronika	00 Lublinianka	<b>5:15.44</b>	559	+0,67
50m: 33.10 33.10	150m: 1:52.84 41.28	250m: 3:18.18 44.62	350m: 4:40.01 36.75	
100m: 1:11.56 38.46	200m: 2:33.56 40.72	300m: 4:03.26 45.08	400m: 5:15.44 35.43	
2. MIKOŁAJEK Aleksandra	00 Avia widnik	<b>5:20.37</b>	533	+0,84
50m: 34.34 34.34	150m: 1:56.24 41.99	250m: 3:20.90 44.68	350m: 4:43.89 38.40	
100m: 1:14.25 39.91	200m: 2:36.22 39.98	300m: 4:05.49 44.59	400m: 5:20.37 36.48	

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Lublin, 10-10-2015

Konkurencja 9, Dziewcz t, 400m zmienny, 15 lat

Pozycja			Rok ur.					Czas	Pkt.	CR
3.	MIKOŁAJEK Weronika		00	Avia widnik				<b>5:25.15</b>	510	+0,70
	50m:	34.97 34.97	150m:	1:57.28	43.15	250m:	3:25.89	47.02	350m:	4:50.32 37.13
	100m:	1:14.13 39.16	200m:	2:38.87	41.59	300m:	4:13.19	47.30	400m:	5:25.15 34.83
4.	HAJDENRAICH Julia		00	Fala Kra nik				<b>5:52.25</b>	401	+0,81
	50m:	40.93 40.93	150m:	2:15.40	45.17	250m:	3:49.23	49.37	350m:	5:16.13 36.71
	100m:	1:30.23 49.30	200m:	2:59.86	44.46	300m:	4:39.42	50.19	400m:	5:52.25 36.12

16 lat i starsi

1.	ADAMCZYK Julia SL		99	Lublinianka				<b>4:57.26</b>	668	+0,77
	50m:	32.31 32.31	150m:	1:46.70	38.45	250m:	3:06.95	42.96	350m:	4:24.30 34.56
	100m:	1:08.25 35.94	200m:	2:23.99	37.29	300m:	3:49.74	42.79	400m:	4:57.26 32.96
2.	WIECZOREK Magdalena		98	Fala Kra nik				<b>5:13.71</b>	568	+0,79
	50m:	33.93 33.93	150m:	1:54.74	41.56	250m:	3:18.37	43.80	350m:	4:38.52 36.50
	100m:	1:13.18 39.25	200m:	2:34.57	39.83	300m:	4:02.02	43.65	400m:	5:13.71 35.19
3.	ZYGO Karolina		96	Olimpia Lublin				<b>5:19.37</b>	538	+0,93
	50m:	34.35 34.35	150m:	1:52.70	39.88	250m:	3:19.74	46.89	350m:	4:43.90 36.69
	100m:	1:12.82 38.47	200m:	2:32.85	40.15	300m:	4:07.21	47.47	400m:	5:19.37 35.47
4.	RABCZY SKA Marta		98	Avia widnik				<b>5:38.30</b>	453	+0,79
	50m:	35.38 35.38	150m:	1:59.28	43.42	250m:	3:32.03	50.70	350m:	5:00.98 38.53
	100m:	1:15.86 40.48	200m:	2:41.33	42.05	300m:	4:22.45	50.42	400m:	5:38.30 37.32