

2015 Zimowe Mistrzostwa Województwa Lubelskiego
Lublin, 5- - 6-12-2015

Konkurencja 11
2015-12-05 - 12:10

Kobiet, 400m zmienny

12 lat i starsi
Wyniki

Rekord LOZP 4:43.91 CHWADECZKO Zuzanna 01103 Ostrowiec Sw. 2012-12-22

Punkty: FINA 2015

Pozycja Wiek Czas Pkt. CR

MŁODZIK

1.	WILCZEWSKA Aleksandra	13	Olimpia Lublin	5:22.26	524	+0,81
	50m: 36.42 36.42	150m: 1:58.77	38.64	250m: 3:22.72	46.38	350m: 4:46.71 37.10
	100m: 1:20.13 43.71	200m: 2:36.34	37.57	300m: 4:09.61	46.89	400m: 5:22.26 35.55
2.	URAWSKA Kaja	12	Olimpia Lublin	5:25.51	508	+0,76
	50m: 35.14 35.14	150m: 1:57.95	42.04	250m: 3:25.07	45.82	350m: 4:48.90 37.30
	100m: 1:15.91 40.77	200m: 2:39.25	41.30	300m: 4:11.60	46.53	400m: 5:25.51 36.61
3.	TERLECKA Anna	13	Wodnik Krasnystaw	5:39.30	449	+0,83
	50m: 35.12 35.12	150m: 2:00.52	43.42	250m: 3:29.97	47.50	350m: 4:59.28 41.98
	100m: 1:17.10 41.98	200m: 2:42.47	41.95	300m: 4:17.30	47.33	400m: 5:39.30 40.02
4.	LUTKIEWICZ Gabriela	12	Wisła Puławy	6:10.99	343	+0,83
	50m: 37.44 37.44	150m: 2:10.45	46.96	250m: 3:50.80	53.90	350m: 5:29.62 43.16
	100m: 1:23.49 46.05	200m: 2:56.90	46.45	300m: 4:46.46	55.66	400m: 6:10.99 41.37

JUNIOR

1.	OSINIAK Ewa	15	Olimpijczyk 23 Lublin	5:02.91	631	+0,73
	50m: 32.60 32.60	150m: 1:48.61	38.10	250m: 3:08.61	42.26	350m: 4:28.40 35.83
	100m: 1:10.51 37.91	200m: 2:26.35	37.74	300m: 3:52.57	43.96	400m: 5:02.91 34.51
2.	MIKOŁAJEK Aleksandra	15	Avia widnik	5:19.07	540	+0,80
	50m: 34.25 34.25	150m: 1:57.66	42.89	250m: 3:23.05	43.46	350m: 4:43.95 36.88
	100m: 1:14.77 40.52	200m: 2:39.59	41.93	300m: 4:07.07	44.02	400m: 5:19.07 35.12
3.	WŁODARCZYK Zuzanna	14	Huragan Mi dzyrzec Podl.	5:48.35	415	+0,91
	50m: 37.78 37.78	150m: 2:08.45	47.24	250m: 3:41.27	47.84	350m: 5:10.53 41.75
	100m: 1:21.21 43.43	200m: 2:53.43	44.98	300m: 4:28.78	47.51	400m: 5:48.35 37.82

OPEN

1.	ADAMCZYK Julia SL	16	Lublinianka	4:52.51	701	+0,73
	50m: 32.15 32.15	150m: 1:45.17	36.35	250m: 3:02.96	42.09	350m: 4:19.42 34.63
	100m: 1:08.82 36.67	200m: 2:20.87	35.70	300m: 3:44.79	41.83	400m: 4:52.51 33.09
2.	OSINIAK Ewa	15	Olimpijczyk 23 Lublin	5:02.91	631	+0,73
	50m: 32.60 32.60	150m: 1:48.61	38.10	250m: 3:08.61	42.26	350m: 4:28.40 35.83
	100m: 1:10.51 37.91	200m: 2:26.35	37.74	300m: 3:52.57	43.96	400m: 5:02.91 34.51
3.	MIKOŁAJEK Aleksandra	15	Avia widnik	5:19.07	540	+0,80
	50m: 34.25 34.25	150m: 1:57.66	42.89	250m: 3:23.05	43.46	350m: 4:43.95 36.88
	100m: 1:14.77 40.52	200m: 2:39.59	41.93	300m: 4:07.07	44.02	400m: 5:19.07 35.12
4.	WILCZEWSKA Aleksandra	13	Olimpia Lublin	5:22.26	524	+0,81
	50m: 36.42 36.42	150m: 1:58.77	38.64	250m: 3:22.72	46.38	350m: 4:46.71 37.10
	100m: 1:20.13 43.71	200m: 2:36.34	37.57	300m: 4:09.61	46.89	400m: 5:22.26 35.55
5.	URAWSKA Kaja	12	Olimpia Lublin	5:25.51	508	+0,76
	50m: 35.14 35.14	150m: 1:57.95	42.04	250m: 3:25.07	45.82	350m: 4:48.90 37.30
	100m: 1:15.91 40.77	200m: 2:39.25	41.30	300m: 4:11.60	46.53	400m: 5:25.51 36.61
6.	KOLENDA Zofia	17	Lider Chełm	5:27.27	500	+0,78
	50m: 34.03 34.03	150m: 1:55.84	41.53	250m: 3:24.45	47.67	350m: 4:51.02 37.95
	100m: 1:14.31 40.28	200m: 2:36.78	40.94	300m: 4:13.07	48.62	400m: 5:27.27 36.25
7.	TERLECKA Anna	13	Wodnik Krasnystaw	5:39.30	449	+0,83
	50m: 35.12 35.12	150m: 2:00.52	43.42	250m: 3:29.97	47.50	350m: 4:59.28 41.98
	100m: 1:17.10 41.98	200m: 2:42.47	41.95	300m: 4:17.30	47.33	400m: 5:39.30 40.02
8.	WŁODARCZYK Zuzanna	14	Huragan Mi dzyrzec Podl.	5:48.35	415	+0,91
	50m: 37.78 37.78	150m: 2:08.45	47.24	250m: 3:41.27	47.84	350m: 5:10.53 41.75
	100m: 1:21.21 43.43	200m: 2:53.43	44.98	300m: 4:28.78	47.51	400m: 5:48.35 37.82

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Konkurencja 11, Kobiet, 400m zmienny, OPEN

Pozycja			Wiek					Czas	Pkt.	CR		
9.	LUTKIEWICZ Gabriela		12	Wisła Puławy				6:10.99	343	+0,83		
	50m:	37.44	37.44	150m:	2:10.45	46.96	250m:	3:50.80	53.90	350m:	5:29.62	43.16
	100m:	1:23.49	46.05	200m:	2:56.90	46.45	300m:	4:46.46	55.66	400m:	6:10.99	41.37
DYSKW.	WIECZOREK Magdalena		17	Fala Kra nik								
PK	SKRZAT Natalia		13	BUKS Warszawa				5:45.04	427	+0,80		
	50m:	36.95	36.95	150m:	2:04.53	44.24	250m:	3:35.75	47.78	350m:	5:06.21	41.71
	100m:	1:20.29	43.34	200m:	2:47.97	43.44	300m:	4:24.50	48.75	400m:	5:45.04	38.83
PK	ZAR BA-PARADOWSKA Julia		13	BUKS Warszawa				5:16.48	553	+0,84		
	50m:	33.56	33.56	150m:	1:53.20	41.03	250m:	3:17.90	43.94	350m:	4:40.03	37.19
	100m:	1:12.17	38.61	200m:	2:33.96	40.76	300m:	4:02.84	44.94	400m:	5:16.48	36.45
PK	SUDAK Zuzanna		14	G8 Bielany Warszawa				5:22.54	522	+0,76		
	50m:	34.78	34.78	150m:	1:58.30	41.56	250m:	3:23.57	43.94	350m:	4:47.20	37.55
	100m:	1:16.74	41.96	200m:	2:39.63	41.33	300m:	4:09.65	46.08	400m:	5:22.54	35.34