

Zimowe Mistrzostwa Polski Juniorów 17-18 lat
Lublin, 11- - 13-3-2016

Konkurencja 12
2016-03-11 - 18:59

Chłopców, 400m zmienny

17 - 18 lat
Wyniki Finał

Rekord Polski OPEN	4:03.20	WOJT Lukasz	POL	Berlin (GER)	2009-11-14
Rekord Polski Juniorów 17 lat	4:11.81	MATCZAK Mateusz	00905	Helsinki (FIN)	2006-12-08
Rekord Polski Juniorów 18 lat	4:09.07	MATCZAK Mateusz	00905	Debrecen (HUN)	2007-12-14

Punkty: FINA 2015

Pozycja			Wiek							Czas	Pkt.
Finał A											
1.	W	GROWSKI Marcel	17	Olimpijczyk Aleksandrów Łódzki						4:15.12	786
	50m:	26.20 26.20	150m:	1:28.91	32.05	250m:	2:37.27	36.95	350m:	3:45.04	30.60
	100m:	56.86 30.66	200m:	2:00.32	31.41	300m:	3:14.44	37.17	400m:	4:15.12	30.08
2.		CHMIELEWSKI Jakub	17	I sk Wrocław						4:16.63	772
	50m:	27.71 27.71	150m:	1:31.19	32.28	250m:	2:39.84	37.23	350m:	3:47.86	30.67
	100m:	58.91 31.20	200m:	2:02.61	31.42	300m:	3:17.19	37.35	400m:	4:16.63	28.77
3.		BUJAK Dominik	17	Salos-Cortile Kielce						4:18.24	758
	50m:	28.12 28.12	150m:	1:33.39	32.95	250m:	2:42.82	36.84	350m:	3:49.53	29.36
	100m:	1:00.44 32.32	200m:	2:05.98	32.59	300m:	3:20.17	37.35	400m:	4:18.24	28.71
4.		ULATOWSKI Wojciech SOL	18	Kormoran Olsztyn						4:21.65	729
	50m:	28.21 28.21	150m:	1:32.84	33.19	250m:	2:42.82	37.49	350m:	3:51.88	31.17
	100m:	59.65 31.44	200m:	2:05.33	32.49	300m:	3:20.71	37.89	400m:	4:21.65	29.77
5.		DANILEWSKI Maciej SOL	18	Juvenia Białystok						4:22.57	721
	50m:	28.14 28.14	150m:	1:33.61	33.73	250m:	2:43.85	38.09	350m:	3:53.27	31.35
	100m:	59.88 31.74	200m:	2:05.76	32.15	300m:	3:21.92	38.07	400m:	4:22.57	29.30
6.		ŁAPOT Radosław SR	17	MOS Katowice						4:26.11	693
	50m:	27.90 27.90	150m:	1:33.53	33.59	250m:	2:44.49	37.97	350m:	3:54.77	31.61
	100m:	59.94 32.04	200m:	2:06.52	32.99	300m:	3:23.16	38.67	400m:	4:26.11	31.34
7.		KEMPA Mikołaj SO	17	MMKS K dzierzyn-Ko le						4:26.90	686
	50m:	28.04 28.04	150m:	1:34.47	34.50	250m:	2:46.25	37.69	350m:	3:56.52	31.38
	100m:	59.97 31.93	200m:	2:08.56	34.09	300m:	3:25.14	38.89	400m:	4:26.90	30.38
8.		BODZIOCH Andrzej SSz	18	MKP Szczecin						4:28.61	673
	50m:	28.39 28.39	150m:	1:34.11	33.40	250m:	2:46.13	38.51	350m:	3:57.62	32.05
	100m:	1:00.71 32.32	200m:	2:07.62	33.51	300m:	3:25.57	39.44	400m:	4:28.61	30.99
9.		DOBRZY SKI Tomasz	18	G-8 Bielany Warszawa						4:31.12	655
	50m:	27.51 27.51	150m:	1:35.62	36.43	250m:	2:49.75	38.58	350m:	4:00.58	31.71
	100m:	59.19 31.68	200m:	2:11.17	35.55	300m:	3:28.87	39.12	400m:	4:31.12	30.54
10.		GAWRON Oskar	17	I sk Wrocław						4:31.56	652
	50m:	28.68 28.68	150m:	1:36.68	35.28	250m:	2:48.98	37.62	350m:	3:59.79	32.80
	100m:	1:01.40 32.72	200m:	2:11.36	34.68	300m:	3:26.99	38.01	400m:	4:31.56	31.77
Finał B											
11.		GOLENIEC Kamil SO	17	Unia O wi cim						4:28.99	671
	50m:	28.71 28.71	150m:	1:36.12	35.09	250m:	2:47.96	37.63	350m:	3:58.74	32.12
	100m:	1:01.03 32.32	200m:	2:10.33	34.21	300m:	3:26.62	38.66	400m:	4:28.99	30.25
12.		LENARTOWICZ Kacper	17	IKS Konstancin						4:31.96	649
	50m:	27.79 27.79	150m:	1:35.14	34.84	250m:	2:48.47	38.83	350m:	4:01.24	32.03
	100m:	1:00.30 32.51	200m:	2:09.64	34.50	300m:	3:29.21	40.74	400m:	4:31.96	30.72
13.		GIERSZEWSKI Jan SB	18	Pi tnastka Bydgoszcz						4:32.76	643
	50m:	28.21 28.21	150m:	1:36.48	36.11	250m:	2:51.73	39.78	350m:	4:02.43	30.61
	100m:	1:00.37 32.16	200m:	2:11.95	35.47	300m:	3:31.82	40.09	400m:	4:32.76	30.33
14.		JAROSZ Dawid SWwa	17	Wodnik Ko skie						4:34.15	633
	50m:	28.72 28.72	150m:	1:37.78	35.97	250m:	2:51.80	38.72	350m:	4:04.14	32.45
	100m:	1:01.81 33.09	200m:	2:13.08	35.30	300m:	3:31.69	39.89	400m:	4:34.15	30.01
15.		HOJDA Bartłomiej SO	18	Unia O wi cim						4:34.38	632
	50m:	29.03 29.03	150m:	1:38.46	35.33	250m:	2:52.29	38.85	350m:	4:04.14	32.23
	100m:	1:03.13 34.10	200m:	2:13.44	34.98	300m:	3:31.91	39.62	400m:	4:34.38	30.24

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Pozycja			Wiek					Czas	Pkt.
16.	CIASTO Sebastian SO		17	Unia O wi cim				4:34.77	629
	50m: 29.74 29.74	150m: 1:38.55	34.79	250m: 2:52.02	38.65	350m: 4:03.33	32.69		
	100m: 1:03.76 34.02	200m: 2:13.37	34.82	300m: 3:30.64	38.62	400m: 4:34.77	31.44		
17.	WASIUK Jakub SO		17	MMKS K dzierzyn-Ko le				4:37.78	609
	50m: 30.24 30.24	150m: 1:41.68	36.21	250m: 2:56.92	39.90	350m: 4:08.59	31.25		
	100m: 1:05.47 35.23	200m: 2:17.02	35.34	300m: 3:37.34	40.42	400m: 4:37.78	29.19		
18.	KUBIAK Bartłomiej		17	Włókniarz 1925 Kalisz				4:38.69	603
	50m: 28.93 28.93	150m: 1:38.10	35.83	250m: 2:52.27	39.51	350m: 4:06.27	33.54		
	100m: 1:02.27 33.34	200m: 2:12.76	34.66	300m: 3:32.73	40.46	400m: 4:38.69	32.42		
19.	ZBRO EK Radosław		17	Galicja Kraków				4:45.98	558
	50m: 29.42 29.42	150m: 1:41.20	37.57	250m: 2:58.90	41.19	350m: 4:13.19	32.75		
	100m: 1:03.63 34.21	200m: 2:17.71	36.51	300m: 3:40.44	41.54	400m: 4:45.98	32.79		
20.	RAMA Gabriel SP		17	Warta Pozna				4:50.28	533
	50m: 28.17 28.17	150m: 1:39.42	37.47	250m: 2:58.75	41.50	350m: 4:16.63	34.71		
	100m: 1:01.95 33.78	200m: 2:17.25	37.83	300m: 3:41.92	43.17	400m: 4:50.28	33.65		