

Zimowe Mistrzostwa Polski Juniorów 17-18 lat  
Lublin, 11- - 13-3-2016

Konkurencja 19  
2016-03-12 - 9:30

Kobiet, 400m dowolny

17 - 18 lat  
Wyniki Eliminacje

|                               |         |                   |       |        |            |
|-------------------------------|---------|-------------------|-------|--------|------------|
| Rekord Polski OPEN            | 4:05.77 | BARZYCKA Paulina  | 00114 | Gorzow | 2005-11-26 |
| Rekord Polski Juniorów 17 lat | 4:08.04 | KILIJA SKA Donata | 00612 | Pozna  | 2011-12-17 |
| Rekord Polski Juniorów 18 lat | 4:08.04 | KILIJA SKA Donata | 00612 | Pozna  | 2011-12-17 |

Punkty: FINA 2015

| Pozycja |                              |                     | Wiek                           |                     |     |   |  | Czas | Pkt. |
|---------|------------------------------|---------------------|--------------------------------|---------------------|-----|---|--|------|------|
| 1.      | JANKOWSKA Klaudia            | 18                  | GIM 92 Ursynów W-wa            | <b>4:22.19</b>      | 715 | A |  |      |      |
|         | 50m: 30.29 30.29             | 150m: 1:37.41 33.37 | 250m: 2:44.00 33.01            | 350m: 3:50.00 32.95 |     |   |  |      |      |
|         | 100m: 1:04.04 33.75          | 200m: 2:10.99 33.58 | 300m: 3:17.05 33.05            | 400m: 4:22.19 32.19 |     |   |  |      |      |
| 2.      | WOJCIECHOWSKA Joanna         | 18                  | Orlik Lublin                   | <b>4:22.96</b>      | 709 | A |  |      |      |
|         | 50m: 31.11 31.11             | 150m: 1:38.38 33.56 | 250m: 2:45.07 32.57            | 350m: 3:51.40 33.42 |     |   |  |      |      |
|         | 100m: 1:04.82 33.71          | 200m: 2:12.50 34.12 | 300m: 3:17.98 32.91            | 400m: 4:22.96 31.56 |     |   |  |      |      |
| 3.      | ANDRZEJEWSKA Kamila SL       | 17                  | Lider Chełm                    | <b>4:23.45</b>      | 705 | A |  |      |      |
|         | 50m: 31.52 31.52             | 150m: 1:39.27 33.96 | 250m: 2:46.47 33.19            | 350m: 3:52.48 32.84 |     |   |  |      |      |
|         | 100m: 1:05.31 33.79          | 200m: 2:13.28 34.01 | 300m: 3:19.64 33.17            | 400m: 4:23.45 30.97 |     |   |  |      |      |
| 4.      | JANISZEWSKA Dominika         | 17                  | AZS AWF Warszawa               | <b>4:24.55</b>      | 696 | A |  |      |      |
|         | 50m: 30.06 30.06             | 150m: 1:36.34 33.28 | 250m: 2:43.28 33.31            | 350m: 3:50.62 33.81 |     |   |  |      |      |
|         | 100m: 1:03.06 33.00          | 200m: 2:09.97 33.63 | 300m: 3:16.81 33.53            | 400m: 4:24.55 33.93 |     |   |  |      |      |
| 5.      | PIECHOTA Paulina             | 17                  | UKS 190 Łódź                   | <b>4:25.22</b>      | 691 | A |  |      |      |
|         | 50m: 30.22 30.22             | 150m: 1:36.46 33.27 | 250m: 2:43.24 33.22            | 350m: 3:50.66 33.96 |     |   |  |      |      |
|         | 100m: 1:03.19 32.97          | 200m: 2:10.02 33.56 | 300m: 3:16.70 33.46            | 400m: 4:25.22 34.56 |     |   |  |      |      |
| 6.      | ROMAN Magdalena              | 17                  | G-8 Bielany Warszawa           | <b>4:27.84</b>      | 671 | A |  |      |      |
|         | 50m: 30.70 30.70             | 150m: 1:37.65 33.74 | 250m: 2:45.28 33.71            | 350m: 3:53.81 34.41 |     |   |  |      |      |
|         | 100m: 1:03.91 33.21          | 200m: 2:11.57 33.92 | 300m: 3:19.40 34.12            | 400m: 4:27.84 34.03 |     |   |  |      |      |
| 7.      | WARDZI SKA Martyna           | 18                  | Trójka Łódź                    | <b>4:28.66</b>      | 665 | A |  |      |      |
|         | 50m: 31.17 31.17             | 150m: 1:38.34 33.73 | 250m: 2:46.58 34.06            | 350m: 3:55.06 34.30 |     |   |  |      |      |
|         | 100m: 1:04.61 33.44          | 200m: 2:12.52 34.18 | 300m: 3:20.76 34.18            | 400m: 4:28.66 33.60 |     |   |  |      |      |
| 8.      | GAWLICKA Maja                | 18                  | Korner Zielona Góra            | <b>4:28.92</b>      | 663 | A |  |      |      |
|         | 50m: 31.40 31.40             | 150m: 1:39.87 34.56 | 250m: 2:48.27 33.81            | 350m: 3:56.46 34.06 |     |   |  |      |      |
|         | 100m: 1:05.31 33.91          | 200m: 2:14.46 34.59 | 300m: 3:22.40 34.13            | 400m: 4:28.92 32.46 |     |   |  |      |      |
| 9.      | ZROBEK Natalia               | 17                  | Olimpijczyk Aleksandrów Łódzki | <b>4:30.15</b>      | 654 | A |  |      |      |
|         | 50m: 30.60 30.60             | 150m: 1:37.66 34.03 | 250m: 2:46.83 34.70            | 350m: 3:57.04 34.91 |     |   |  |      |      |
|         | 100m: 1:03.63 33.03          | 200m: 2:12.13 34.47 | 300m: 3:22.13 35.30            | 400m: 4:30.15 33.11 |     |   |  |      |      |
| 10.     | ROGOWSKA Paulina             | 18                  | Salos-Cortile Kielce           | <b>4:30.85</b>      | 649 | A |  |      |      |
|         | 50m: 30.52 30.52             | 150m: 1:38.91 34.52 | 250m: 2:47.63 34.26            | 350m: 3:57.05 34.78 |     |   |  |      |      |
|         | 100m: 1:04.39 33.87          | 200m: 2:13.37 34.46 | 300m: 3:22.27 34.64            | 400m: 4:30.85 33.80 |     |   |  |      |      |
| 11.     | W CŁAWIAK Irena              | 18                  | GIM 92 Ursynów W-wa            | <b>4:31.03</b>      | 647 | B |  |      |      |
|         | 50m: 31.47 31.47             | 150m: 1:39.92 34.68 | 250m: 2:48.81 34.17            | 350m: 3:57.58 34.55 |     |   |  |      |      |
|         | 100m: 1:05.24 33.77          | 200m: 2:14.64 34.72 | 300m: 3:23.03 34.22            | 400m: 4:31.03 33.45 |     |   |  |      |      |
| 12.     | LICHWA Dominika              | 17                  | AZS AWF Katowice               | <b>4:31.14</b>      | 647 | B |  |      |      |
|         | 50m: 31.04 31.04             | 150m: 1:39.21 34.40 | 250m: 2:49.26 35.01            | 350m: 3:58.32 34.30 |     |   |  |      |      |
|         | 100m: 1:04.81 33.77          | 200m: 2:14.25 35.04 | 300m: 3:24.02 34.76            | 400m: 4:31.14 32.82 |     |   |  |      |      |
| 13.     | ZAJ C Oliwia                 | 18                  | Juvenia Wrocław                | <b>4:31.53</b>      | 644 | B |  |      |      |
|         | 50m: 31.23 31.23             | 150m: 1:39.25 34.50 | 250m: 2:48.93 34.89            | 350m: 3:58.38 34.69 |     |   |  |      |      |
|         | 100m: 1:04.75 33.52          | 200m: 2:14.04 34.79 | 300m: 3:23.69 34.76            | 400m: 4:31.53 33.15 |     |   |  |      |      |
| 14.     | SŁUPEK Roksana SB            | 17                  | Pi tnatka Bydgoszcz            | <b>4:31.68</b>      | 643 | B |  |      |      |
|         | 50m: 30.55 30.55             | 150m: 1:38.98 34.74 | 250m: 2:48.71 34.77            | 350m: 3:58.53 34.93 |     |   |  |      |      |
|         | 100m: 1:04.24 33.69          | 200m: 2:13.94 34.96 | 300m: 3:23.60 34.89            | 400m: 4:31.68 33.15 |     |   |  |      |      |
| 15.     | KRÓL Oliwia                  | 17                  | Trójka Łódź                    | <b>4:32.04</b>      | 640 | B |  |      |      |
|         | 50m: 31.56 31.56             | 150m: 1:39.54 34.25 | 250m: 2:48.40 34.37            | 350m: 3:57.95 34.85 |     |   |  |      |      |
|         | 100m: 1:05.29 33.73          | 200m: 2:14.03 34.49 | 300m: 3:23.10 34.70            | 400m: 4:32.04 34.09 |     |   |  |      |      |
| 16.     | LESZCZY SKA Klaudia Julia SO | 17                  | Unia O wi cim                  | <b>4:32.56</b>      | 637 | B |  |      |      |
|         | 50m: 30.40 30.40             | 150m: 1:37.95 33.73 | 250m: 2:46.51 34.36            | 350m: 3:57.50 35.60 |     |   |  |      |      |
|         | 100m: 1:04.22 33.82          | 200m: 2:12.15 34.20 | 300m: 3:21.90 35.39            | 400m: 4:32.56 35.06 |     |   |  |      |      |

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Konkurencja 19, Kobiet, 400m dowolny, Eliminacje, 17 - 18 lat

| Pozycja |                         |       | Wiek          |                     |               |       | Czas           | Pkt.  |   |
|---------|-------------------------|-------|---------------|---------------------|---------------|-------|----------------|-------|---|
| 17.     | ADAMCZYK Agata          |       | 17            | Aligator Gorzyce    |               |       | <b>4:32.82</b> | 635   | B |
|         | 50m: 31.48              | 31.48 | 150m: 1:40.42 | 34.82               | 250m: 2:50.79 | 35.13 | 350m: 4:00.64  | 34.93 |   |
|         | 100m: 1:05.60           | 34.12 | 200m: 2:15.66 | 35.24               | 300m: 3:25.71 | 34.92 | 400m: 4:32.82  | 32.18 |   |
| 18.     | PALKA Maria SO          |       | 17            | Unia O wi cim       |               |       | <b>4:34.25</b> | 625   | B |
|         | 50m: 32.10              | 32.10 | 150m: 1:41.46 | 34.69               | 250m: 2:50.96 | 34.53 | 350m: 4:00.51  | 34.91 |   |
|         | 100m: 1:06.77           | 34.67 | 200m: 2:16.43 | 34.97               | 300m: 3:25.60 | 34.64 | 400m: 4:34.25  | 33.74 |   |
| 19.     | ZADUMI SKA Weronika     |       | 17            | AZS AWF Warszawa    |               |       | <b>4:36.81</b> | 608   | B |
|         | 50m: 31.22              | 31.22 | 150m: 1:40.04 | 34.97               | 250m: 2:50.53 | 35.41 | 350m: 4:01.83  | 35.73 |   |
|         | 100m: 1:05.07           | 33.85 | 200m: 2:15.12 | 35.08               | 300m: 3:26.10 | 35.57 | 400m: 4:36.81  | 34.98 |   |
| 20.     | RZEPCHY SKA Patrycja SO |       | 17            | Unia O wi cim       |               |       | <b>4:36.96</b> | 607   | B |
|         | 50m: 31.01              | 31.01 | 150m: 1:39.90 | 34.96               | 250m: 2:50.87 | 35.36 | 350m: 4:02.29  | 35.73 |   |
|         | 100m: 1:04.94           | 33.93 | 200m: 2:15.51 | 35.61               | 300m: 3:26.56 | 35.69 | 400m: 4:36.96  | 34.67 |   |
| 21.     | BEDNAREK Aleksandra     |       | 18            | Jedynka Łód         |               |       | <b>4:37.42</b> | 604   | R |
|         | 50m: 32.08              | 32.08 | 150m: 1:41.55 | 34.42               | 250m: 2:51.45 | 35.03 | 350m: 4:02.27  | 35.29 |   |
|         | 100m: 1:07.13           | 35.05 | 200m: 2:16.42 | 34.87               | 300m: 3:26.98 | 35.53 | 400m: 4:37.42  | 35.15 |   |
| 22.     | LICZNIAK Weronika SL    |       | 17            | AZS UMCS Lublin     |               |       | <b>4:37.86</b> | 601   | R |
|         | 50m: 31.81              | 31.81 | 150m: 1:41.04 | 34.90               | 250m: 2:51.93 | 35.39 | 350m: 4:02.85  | 35.53 |   |
|         | 100m: 1:06.14           | 34.33 | 200m: 2:16.54 | 35.50               | 300m: 3:27.32 | 35.39 | 400m: 4:37.86  | 35.01 |   |
| 23.     | RUTKOWSKA Wiktoria SB   |       | 17            | Pi tnatka Bydgoszcz |               |       | <b>4:42.27</b> | 573   |   |
|         | 50m: 32.37              | 32.37 | 150m: 1:43.23 | 35.64               | 250m: 2:54.58 | 35.74 | 350m: 4:07.12  | 36.30 |   |
|         | 100m: 1:07.59           | 35.22 | 200m: 2:18.84 | 35.61               | 300m: 3:30.82 | 36.24 | 400m: 4:42.27  | 35.15 |   |
| 24.     | JANECKA Zuzanna         |       | 17            | AZS AWF Katowice    |               |       | <b>4:44.53</b> | 559   |   |
|         | 50m: 31.31              | 31.31 | 150m: 1:41.29 | 35.33               | 250m: 2:53.45 | 36.39 | 350m: 4:07.33  | 37.04 |   |
|         | 100m: 1:05.96           | 34.65 | 200m: 2:17.06 | 35.77               | 300m: 3:30.29 | 36.84 | 400m: 4:44.53  | 37.20 |   |
| 25.     | ŁOSAK Wiktoria SK       |       | 18            | KSZO Ostrowiec w.   |               |       | <b>4:44.66</b> | 559   |   |
|         | 50m: 33.09              | 33.09 | 150m: 1:45.79 | 36.76               | 250m: 2:57.98 | 36.06 | 350m: 4:10.09  | 35.85 |   |
|         | 100m: 1:09.03           | 35.94 | 200m: 2:21.92 | 36.13               | 300m: 3:34.24 | 36.26 | 400m: 4:44.66  | 34.57 |   |
| 26.     | KONDRASIUK Małgorzata   |       | 18            | Warszawianka        |               |       | <b>4:44.71</b> | 558   |   |
|         | 50m: 30.36              | 30.36 | 150m: 1:39.24 | 35.08               | 250m: 2:51.94 | 36.73 | 350m: 4:08.71  | 38.61 |   |
|         | 100m: 1:04.16           | 33.80 | 200m: 2:15.21 | 35.97               | 300m: 3:30.10 | 38.16 | 400m: 4:44.71  | 36.00 |   |
| 27.     | PYRLIK Paulina SO       |       | 17            | Unia O wi cim       |               |       | <b>4:48.66</b> | 536   |   |
|         | 50m: 32.86              | 32.86 | 150m: 1:44.98 | 36.20               | 250m: 2:58.10 | 36.73 | 350m: 4:12.49  | 37.40 |   |
|         | 100m: 1:08.78           | 35.92 | 200m: 2:21.37 | 36.39               | 300m: 3:35.09 | 36.99 | 400m: 4:48.66  | 36.17 |   |
| 28.     | MESJASZ Julia           |       | 18            | Meduza Paj czno     |               |       | <b>4:49.63</b> | 530   |   |
|         | 50m: 32.26              | 32.26 | 150m: 1:43.07 | 35.82               | 250m: 2:57.45 | 37.31 | 350m: 4:13.11  | 37.92 |   |
|         | 100m: 1:07.25           | 34.99 | 200m: 2:20.14 | 37.07               | 300m: 3:35.19 | 37.74 | 400m: 4:49.63  | 36.52 |   |
| 29.     | CIE LIKOWSKA Zuzanna    |       | 17            | Pingwiny Warszawa   |               |       | <b>4:50.11</b> | 528   |   |
|         | 50m: 31.67              | 31.67 | 150m: 1:44.45 | 36.99               | 250m: 2:59.50 | 37.84 | 350m: 4:14.16  | 37.12 |   |
|         | 100m: 1:07.46           | 35.79 | 200m: 2:21.66 | 37.21               | 300m: 3:37.04 | 37.54 | 400m: 4:50.11  | 35.95 |   |
| 30.     | SMOLUCHOWSKA Magdalena  |       | 18            | AZS AWFIS Gda sk    |               |       | <b>4:52.56</b> | 515   |   |
|         | 50m: 32.61              | 32.61 | 150m: 1:45.57 | 37.00               | 250m: 2:59.62 | 37.14 | 350m: 4:15.50  | 37.90 |   |
|         | 100m: 1:08.57           | 35.96 | 200m: 2:22.48 | 36.91               | 300m: 3:37.60 | 37.98 | 400m: 4:52.56  | 37.06 |   |
| 31.     | ZIÓŁKOWSKA Daria        |       | 18            | Delfin Toru         |               |       | <b>4:55.41</b> | 500   |   |
|         | 50m: 33.59              | 33.59 | 150m: 1:46.97 | 36.85               | 250m: 3:01.99 | 37.53 | 350m: 4:18.14  | 38.35 |   |
|         | 100m: 1:10.12           | 36.53 | 200m: 2:24.46 | 37.49               | 300m: 3:39.79 | 37.80 | 400m: 4:55.41  | 37.27 |   |
| 32.     | KUCZMAR Gabriela        |       | 18            | Polonia Warszawa    |               |       | <b>4:57.53</b> | 489   |   |
|         | 50m: 33.37              | 33.37 | 150m: 1:47.87 | 37.76               | 250m: 3:03.81 | 37.79 | 350m: 4:19.47  | 37.80 |   |
|         | 100m: 1:10.11           | 36.74 | 200m: 2:26.02 | 38.15               | 300m: 3:41.67 | 37.86 | 400m: 4:57.53  | 38.06 |   |
| 33.     | TURZA Patrycja          |       | 18            | Huragan Sosnowiec   |               |       | <b>5:02.95</b> | 463   |   |
|         | 50m: 32.94              | 32.94 | 150m: 1:48.52 | 38.60               | 250m: 3:07.06 | 39.29 | 350m: 4:25.74  | 39.62 |   |
|         | 100m: 1:09.92           | 36.98 | 200m: 2:27.77 | 39.25               | 300m: 3:46.12 | 39.06 | 400m: 5:02.95  | 37.21 |   |
| 34.     | SZEWCZYK Dominika       |       | 17            | Ruch Grudzi dz      |               |       | <b>5:11.53</b> | 426   |   |
|         | 50m: 34.80              | 34.80 | 150m: 1:52.58 | 39.38               | 250m: 3:12.15 | 40.12 | 350m: 4:32.45  | 40.35 |   |
|         | 100m: 1:13.20           | 38.40 | 200m: 2:32.03 | 39.45               | 300m: 3:52.10 | 39.95 | 400m: 5:11.53  | 39.08 |   |

Zimowe Mistrzostwa Polski Juniorów 17-18 lat  
Lublin, 11- - 13-3-2016

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Konkurencja 19, Kobiet, 400m dowolny, Eliminacje, 17 - 18 lat

| Pozycja               | Wiek    |       |       |         |       |       |         |       | Czas          | Pkt.           |       |
|-----------------------|---------|-------|-------|---------|-------|-------|---------|-------|---------------|----------------|-------|
| 35. FIL Konstancja SL | 17      |       |       |         |       |       |         |       | Skarpa Lublin | <b>5:13.07</b> | 420   |
| 50m:                  | 34.03   | 34.03 | 150m: | 1:50.43 | 38.78 | 250m: | 3:10.88 | 40.57 | 350m:         | 4:34.18        | 42.07 |
| 100m:                 | 1:11.65 | 37.62 | 200m: | 2:30.31 | 39.88 | 300m: | 3:52.11 | 41.23 | 400m:         | 5:13.07        | 38.89 |
| 36. ŁUCZAK Marta      | 17      |       |       |         |       |       |         |       | Iskra Konin   | <b>5:33.68</b> | 347   |
| 50m:                  | 34.19   | 34.19 | 150m: | 1:55.08 | 41.88 | 250m: | 3:22.82 | 44.16 | 350m:         | 4:50.91        | 43.95 |
| 100m:                 | 1:13.20 | 39.01 | 200m: | 2:38.66 | 43.58 | 300m: | 4:06.96 | 44.14 | 400m:         | 5:33.68        | 42.77 |