

Grand Prix Puchar Polski  
Lublin, 19- - 20-3-2016

Konkurencja 11  
2016-03-19 - 10:44

Kobiet, 400m dowolny

OPEN  
Wyniki

Punkty: FINA 2015

Pozycja			Wiek				Czas	Pkt.
1.	UKOWSKA Paula	23	Juvenia Wrocław				<b>4:18.68</b>	782
	50m: 30.22 30.22	150m: 1:36.69	33.21	250m: 2:42.62	32.79	350m: 3:46.96	32.02	
	100m: 1:03.48 33.26	200m: 2:09.83	33.14	300m: 3:14.94	32.32	400m: 4:18.68	31.72	
2.	PIECHOTA Paulina	17	UKS 190 Łódź				<b>4:19.44</b>	775
	50m: 30.81 30.81	150m: 1:37.03	33.07	250m: 2:42.57	32.62	350m: 3:47.83	32.40	
	100m: 1:03.96 33.15	200m: 2:09.95	32.92	300m: 3:15.43	32.86	400m: 4:19.44	31.61	
3.	CZERNIAK Monika	24	Kormoran Olsztyn				<b>4:19.52</b>	774
	50m: 30.37 30.37	150m: 1:36.19	32.80	250m: 2:41.99	32.92	350m: 3:48.14	32.90	
	100m: 1:03.39 33.02	200m: 2:09.07	32.88	300m: 3:15.24	33.25	400m: 4:19.52	31.38	
4.	KUNKA Kamila	20	AZS AGH Kraków				<b>4:22.46</b>	749
	50m: 30.84 30.84	150m: 1:37.57	33.65	250m: 2:44.58	33.58	350m: 3:50.90	33.06	
	100m: 1:03.92 33.08	200m: 2:11.00	33.43	300m: 3:17.84	33.26	400m: 4:22.46	31.56	
5.	KARPISZ Milena	19	Piłka Konstantynów Ł.				<b>4:26.89</b>	712
	50m: 31.47 31.47	150m: 1:38.51	33.60	250m: 2:46.11	33.95	350m: 3:53.68	33.76	
	100m: 1:04.91 33.44	200m: 2:12.16	33.65	300m: 3:19.92	33.81	400m: 4:26.89	33.21	
6.	GRALEWSKA Kalina	20	Warszawianka				<b>4:27.73</b>	705
	50m: 30.38 30.38	150m: 1:37.51	33.76	250m: 2:45.51	34.10	350m: 3:54.30	34.36	
	100m: 1:03.75 33.37	200m: 2:11.41	33.90	300m: 3:19.94	34.43	400m: 4:27.73	33.43	
7.	SOKOŁOWSKA Diana	20	AZS AWFIS Gdańsk				<b>4:28.00</b>	703
	50m: 29.98 29.98	150m: 1:36.98	33.73	250m: 2:45.26	34.22	350m: 3:54.53	34.63	
	100m: 1:03.25 33.27	200m: 2:11.04	34.06	300m: 3:19.90	34.64	400m: 4:28.00	33.47	
8.	WÓJTOWICZ Gabriela	21	AZS AWFIS Gdańsk				<b>4:30.55</b>	683
	50m: 30.50 30.50	150m: 1:38.19	33.95	250m: 2:47.91	35.11	350m: 3:58.19	35.19	
	100m: 1:04.24 33.74	200m: 2:12.80	34.61	300m: 3:23.00	35.09	400m: 4:30.55	32.36	
9.	WOJCIECHOWSKA Joanna	18	Orlik Lublin				<b>4:30.75</b>	682
	50m: 31.38 31.38	150m: 1:38.96	34.20	250m: 2:47.36	34.40	350m: 3:56.38	34.65	
	100m: 1:04.76 33.38	200m: 2:12.96	34.00	300m: 3:21.73	34.37	400m: 4:30.75	34.37	
10.	ADAMCZYK Julia SL	17	AZS UMCS Lublin				<b>4:33.83</b>	659
	50m: 32.10 32.10	150m: 1:41.72	34.79	250m: 2:50.83	34.41	350m: 3:59.72	34.59	
	100m: 1:06.93 34.83	200m: 2:16.42	34.70	300m: 3:25.13	34.30	400m: 4:33.83	34.11	
11.	BARYŁA Julia	16	Dwójka Morena Gdańsk				<b>4:36.91</b>	637
	50m: 32.24 32.24	150m: 1:43.47	35.95	250m: 2:54.22	35.01	350m: 4:03.85	34.45	
	100m: 1:07.52 35.28	200m: 2:19.21	35.74	300m: 3:29.40	35.18	400m: 4:36.91	33.06	
12.	ANDRZEJEWSKA Kamila SL	17	Lider Chełm				<b>4:36.95</b>	637
	50m: 32.51 32.51	150m: 1:43.56	35.94	250m: 2:54.29	35.52	350m: 4:03.37	34.15	
	100m: 1:07.62 35.11	200m: 2:18.77	35.21	300m: 3:29.22	34.93	400m: 4:36.95	33.58	
13.	BAKUNIAK Hanna	20	MKP Szczecin				<b>4:37.01</b>	637
	50m: 32.31 32.31	150m: 1:42.17	35.06	250m: 2:51.98	34.56	350m: 4:02.02	35.10	
	100m: 1:07.11 34.80	200m: 2:17.42	35.25	300m: 3:26.92	34.94	400m: 4:37.01	34.99	
14.	JANKOWSKA Klaudia	18	Gim 92 Ursynów W-wa				<b>4:37.20</b>	635
	50m: 31.87 31.87	150m: 1:41.85	34.74	250m: 2:51.79	34.99	350m: 4:02.73	35.75	
	100m: 1:07.11 35.24	200m: 2:16.80	34.95	300m: 3:26.98	35.19	400m: 4:37.20	34.47	
15.	CZARNECKA Wiktoria SL	17	Skarpa Lublin				<b>4:37.92</b>	630
	50m: 32.01 32.01	150m: 1:41.67	35.02	250m: 2:52.23	35.39	350m: 4:03.46	35.60	
	100m: 1:06.65 34.64	200m: 2:16.84	35.17	300m: 3:27.86	35.63	400m: 4:37.92	34.46	
16.	KRAUZE Alicja	15	MAL WOPR Malbork				<b>4:38.85</b>	624
	50m: 31.54 31.54	150m: 1:43.31	36.31	250m: 2:55.06	35.61	350m: 4:05.35	34.83	
	100m: 1:07.00 35.46	200m: 2:19.45	36.14	300m: 3:30.52	35.46	400m: 4:38.85	33.50	
17.	W CŁAWIAK Irena	18	Gim 92 Ursynów W-wa				<b>4:39.37</b>	621
	50m: 32.15 32.15	150m: 1:43.55	36.06	250m: 2:54.79	34.93	350m: 4:05.30	34.76	
	100m: 1:07.49 35.34	200m: 2:19.86	36.31	300m: 3:30.54	35.75	400m: 4:39.37	34.07	

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Pozycja			Wiek				Czas		Pkt.
18.	ORCZYKOWSKA Wioletta	SK	19	Jordan	Kraków		<b>4:40.86</b>	611	
	50m:	31.21	31.21	150m:	1:39.92	34.72	250m:	2:52.06	36.51
	100m:	1:05.20	33.99	200m:	2:15.55	35.63	300m:	3:28.89	36.83
							350m:	4:05.68	36.79
							400m:	4:40.86	35.18
19.	KLUONYTE Liepa		14	Kauno	Centro	SM	<b>4:41.69</b>	605	
	50m:	31.29	31.29	150m:	1:42.17	35.77	250m:	2:54.17	36.10
	100m:	1:06.40	35.11	200m:	2:18.07	35.90	300m:	3:31.35	37.18
							350m:	4:06.45	35.10
							400m:	4:41.69	35.24
20.	BERNAT Gabriela	SL	17	Skarpa	Lublin		<b>4:42.56</b>	600	
	50m:	32.48	32.48	150m:	1:44.32	36.12	250m:	2:56.11	35.62
	100m:	1:08.20	35.72	200m:	2:20.49	36.17	300m:	3:31.74	35.63
							350m:	4:07.49	35.75
							400m:	4:42.56	35.07
21.	ŁYSAKOWSKA Julia	SL	15	AZS	UMCS	Lublin	<b>4:48.44</b>	564	
	50m:	33.83	33.83	150m:	1:46.88	36.83	250m:	3:00.09	36.68
	100m:	1:10.05	36.22	200m:	2:23.41	36.53	300m:	3:36.63	36.54
							350m:	4:13.15	36.52
							400m:	4:48.44	35.29
22.	BORKOWSKA Małgorzata		14	Olimpijczyk	23	Lublin	<b>4:49.45</b>	558	
	50m:	31.11	31.11	150m:	1:44.47	37.54	250m:	2:59.52	37.62
	100m:	1:06.93	35.82	200m:	2:21.90	37.43	300m:	3:36.79	37.27
							350m:	4:13.63	36.84
							400m:	4:49.45	35.82
23.	LICZNIAK Weronika		17	AZS	UMCS	Lublin	<b>4:49.86</b>	556	
	50m:	33.31	33.31	150m:	1:45.82	36.66	250m:	2:59.47	37.00
	100m:	1:09.16	35.85	200m:	2:22.47	36.65	300m:	3:36.59	37.12
							350m:	4:13.62	37.03
							400m:	4:49.86	36.24
24.	MIKOŁAJEK Weronika		16	Avia	widnik		<b>4:50.09</b>	554	
	50m:	32.60	32.60	150m:	1:45.88	37.20	250m:	3:00.45	37.44
	100m:	1:08.68	36.08	200m:	2:23.01	37.13	300m:	3:37.94	37.49
							350m:	4:14.92	36.98
							400m:	4:50.09	35.17
25.	GOŁ BIEWSKA Dominika		15	Gim	92	Ursynów W-wa	<b>4:52.55</b>	540	
	50m:	33.51	33.51	150m:	1:47.99	37.45	250m:	3:03.27	37.71
	100m:	1:10.54	37.03	200m:	2:25.56	37.57	300m:	3:41.00	37.73
							350m:	4:17.87	36.87
							400m:	4:52.55	34.68
26.	CHOJECKA Karolina		16	Olimpic	Warka		<b>4:53.41</b>	536	
	50m:	33.43	33.43	150m:	1:46.83	37.13	250m:	3:02.28	38.03
	100m:	1:09.70	36.27	200m:	2:24.25	37.42	300m:	3:40.65	38.37
							350m:	4:18.29	37.64
							400m:	4:53.41	35.12
27.	WILCZEWSKA Aleksandra		14	Olimpia	Lublin		<b>4:53.44</b>	536	
	50m:	33.40	33.40	150m:	1:47.44	37.42	250m:	3:02.37	37.68
	100m:	1:10.02	36.62	200m:	2:24.69	37.25	300m:	3:40.09	37.72
							350m:	4:17.47	37.38
							400m:	4:53.44	35.97
28.	SULGAITE Viktorija		18	Kauno	Centro	SM	<b>4:56.20</b>	521	
	50m:	31.73	31.73	150m:	1:44.98	37.52	250m:	3:01.75	38.40
	100m:	1:07.46	35.73	200m:	2:23.35	38.37	300m:	3:40.37	38.62
							350m:	4:18.64	38.27
							400m:	4:56.20	37.56
29.	KRYPA Oliwia		14	Manta	Warszawa-Włochy		<b>5:00.01</b>	501	
	50m:	33.12	33.12	150m:	1:48.56	37.94	250m:	3:05.41	38.60
	100m:	1:10.62	37.50	200m:	2:26.81	38.25	300m:	3:43.95	38.54
							350m:	4:22.65	38.70
							400m:	5:00.01	37.36
30.	HAJDENRAICH Julia		16	Fala	Kra	nik	<b>5:02.13</b>	491	
	50m:	33.91	33.91	150m:	1:49.91	38.19	250m:	3:07.46	38.71
	100m:	1:11.72	37.81	200m:	2:28.75	38.84	300m:	3:46.83	39.37
							350m:	4:25.11	38.28
							400m:	5:02.13	37.02
31.	POPIEL Anna		15	CKS-SMS	Szczecin		<b>5:04.36</b>	480	
	50m:	32.64	32.64	150m:	1:48.16	38.37	250m:	3:07.08	39.70
	100m:	1:09.79	37.15	200m:	2:27.38	39.22	300m:	3:47.33	40.25
							350m:	4:26.86	39.53
							400m:	5:04.36	37.50
32.	DZIUBLINSKA Maja		18	CKS-SMS	Szczecin		<b>5:05.77</b>	473	
	50m:	33.57	33.57	150m:	1:49.77	38.41	250m:	3:07.48	38.49
	100m:	1:11.36	37.79	200m:	2:28.99	39.22	300m:	3:47.03	39.55
							350m:	4:26.83	39.80
							400m:	5:05.77	38.94
33.	BALCIUTE Ema		17	Kauno	Centro	SM	<b>5:05.81</b>	473	
	50m:	34.43	34.43	150m:	1:52.24	39.29	250m:	3:10.90	39.39
	100m:	1:12.95	38.52	200m:	2:31.51	39.27	300m:	3:50.27	39.37
							350m:	4:29.32	39.05
							400m:	5:05.81	36.49
34.	TOMASZEWSKA Magdalena		14	Wisła	Puławy		<b>5:10.60</b>	452	
	50m:	33.56	33.56	150m:	1:52.32	40.18	250m:	3:12.64	40.17
	100m:	1:12.14	38.58	200m:	2:32.47	40.15	300m:	3:52.84	40.20
							350m:	4:32.45	39.61
							400m:	5:10.60	38.15
35.	SZEWCZYK Zofia		14	Fala	Kra	nik	<b>5:13.83</b>	438	
	50m:	35.33	35.33	150m:	1:55.05	40.49	250m:	3:15.39	40.02
	100m:	1:14.56	39.23	200m:	2:35.37	40.32	300m:	3:55.67	40.28
							350m:	4:35.70	40.03
							400m:	5:13.83	38.13

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36.	FIL Konstancja SL		17	Skarpa Lublin			<b>5:17.77</b>	422
	50m: 35.04	35.04	150m: 1:54.71	40.88	250m: 3:16.85	41.55	350m: 4:40.29	41.81
	100m: 1:13.83	38.79	200m: 2:35.30	40.59	300m: 3:58.48	41.63	400m: 5:17.77	37.48
37.	HAŁKA Wiktoria		15	Sparta Biłgoraj			<b>5:18.30</b>	419
	50m: 35.71	35.71	150m: 1:56.38	40.84	250m: 3:18.31	40.54	350m: 4:40.08	41.09
	100m: 1:15.54	39.83	200m: 2:37.77	41.39	300m: 3:58.99	40.68	400m: 5:18.30	38.22
38.	KARA Katarzyna		14	Wisła Puławy			<b>5:26.44</b>	389
	50m: 33.53	33.53	150m: 1:54.68	41.54	250m: 3:20.90	43.66	350m: 4:46.95	43.18
	100m: 1:13.14	39.61	200m: 2:37.24	42.56	300m: 4:03.77	42.87	400m: 5:26.44	39.49
39.	WOJTASZEK Oktawia		14	Fala Kra nik			<b>5:29.48</b>	378
	50m: 35.86	35.86	150m: 1:57.17	41.37	250m: 3:21.00	42.23	350m: 4:47.33	43.30
	100m: 1:15.80	39.94	200m: 2:38.77	41.60	300m: 4:04.03	43.03	400m: 5:29.48	42.15